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# EIGHT-YEAR OUTCOMES OF THE IRIS PROCEDURE FOR TREATMENT OF FEMALE STRESS URINARY INCONTINENCE: COMPARISON WITH TVT PROCEDURE

## Hypothesis / aims of study

We evaluated the long-term efficacy and safety of the IRIS(Innovative replacement of Incontinence Surgery, B. Braun Korea & Dow Medics Co., Ltd, Seoul) procedure and compared it with TVT (tension free vaginal tape) for the treatment of female stress urinary incontinence.

## Study design, materials and methods

We included all 59 consecutive women who underwent IRIS (n=31) or TVT (n=28) between February 2002 and April 2003 and followed them up for at least 8 years postoperatively. We analyzed the 8-year success rate and postoperative complications in the IRIS procedure and compared to the results of TVT procedure.

#### Results

The 8-year success rate was 94.2% for the IRIS and 93.7% for the TVT, and the satisfaction rates were 92.3% and 89.4%, respectively. Intraoperative complications for the IRIS group included 3 cases of bladder perforation, and there were 3 cases of bladder perforation for the TVT group. The postoperative complications for the IRIS group included 3 patients with *de novo* urgency and one patient with mesh erosion. Five patients with the TVT developed *de novo* urgency. One case of each group showed temporary voiding difficulty.

### Interpretation of results

On the basis of our results, the IRIS may be an effective and safe procedure.

#### Concluding message

The IRIS may be an effective and safe procedure as compared to the TVT for more than 8 years.

#### Disclosures

Funding: None Clinical Trial: No Subjects: HUMAN Ethics not Req'd: this study is not clinical trial Helsinki: Yes Informed

Consent: No