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**Title:** ERECT STRESS TEST VS PAD TEST

**Aim:**

To determine if Erect Stress Test is more quantitative than modified 1-hour pad test.

**Method:**

This is a retrospective study involving 50 patients with complains of urinary incontinence at our urogynaecology clinic.

Modified 1-hour pad test was done, followed by Erect Stress Test (the patient coughs 10 times over a pre-weighed incontinent sheet with her legs slightly apart. The difference in weight of the sheet is recorded). A filling and voiding cystometry is then performed. Erect Stress Test was repeated at maximum cystometric capacity.

**Results:**

Erect Stress Test was shown to be more quantitative than the modified 1-hour pad test and could be performed at maximum cystometric capacity during cystometry.

**Conclusion:**

Erect Stress Test shortened patient waiting time, required less physical exertion and less nursing care than modified 1-hour pad test. It is also more quantitative than the modified 1-hour pad test.