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# ALPHA-1 ADRENOCEPTOR ANTAGONIST IMPROVES IRRITATIVE SYMPTOMS; VIA CENTRAL PATHWAY? IN VIVO ANIMAL MODEL

## Hypothesis / aims of study

Although it is reported that alpha-1 adrenoceptor (AR) antagonist, including tamsulosin, improves not only voiding symptoms but also storage symptoms, the mechanism of alpha-1 AR antagonists to improve OAB remains controversial. The crucial aspect for tamsulosin is its ability to cross the blood-brain barrier (1,2). The present study is to investigate the effects of tamsulosin on urinary bladder functions and central micturition reflex by cystometric variables and c-Fos, nitric oxide synthase (NOS) expression in the medial preoptic area (MPA), ventrolateral periaqueductal gray (vIPAG), pontine micturition center (PMC) and spinal cord following cyclophosphamide-induced OAB rat model.

## Study design, materials and methods

Female Sprague-Dawley rats (250 ~300 gm) were divided into 5 groups (n = 8, each group): the normal control group (Group I), the cyclophspamide (cp)-injection disease control group (Group II), the cp-injection and 0.01 mg/kg tamsulosin-treated group (Group IV), the cp-injection and 1 mg/kg tamsulosin-treated group (Group V). Cystometrography was performed and the pattern of non-voiding bladder contraction (NVC) was monitored. After cystometry, the animal was sacrificed immediately. Then the brain and spinal cord (L4-L5) were dissected for the pathologic examination. To assess c-Fos and NOS expression in the MPA, PMC, vIPAG, spinal cord (L4-L5) regions, immunohistochemistry was done. The data was analyzed by one-way ANOVA followed by Duncan's post-hoc test.

#### Results

Cyclophsphamide enhanced NVC pressure and duration in Group II compared to Group I. In treatment groups (Group III-V) it was significantly suppressed. This suppression was reversely proportional to the dose of tamsulosin (Table). The expression of c-Fos and NOS in all the CNS region was significantly enhanced in Group II compared to Group I. In treatment groups (Group III-V) it was significantly suppressed in all the CNS regions. This suppression was also reversely proportional to the dose of tamsulosin as the pattern of NVC (Table).

## Interpretation of results

Alpha-1 AR antagonist, tamsulosin, improved cyclophospamide-induced NVC pattern. This might be caused by the suppression of central afferent/efferent activation on the lower urinary tract.

# Concluding message

The present results demonstrated that symptoms of OAB could be alleviated by alpha-1 AR antagonist, tamsulosin through the suppression of the central activation. This might be considered as a one of the possible central mechanisms of alpha-1 AR antagonist, tamsulosin to improve OAB.

Group	NVC	NVC	spinal cord	MPA	vIPAG	PMC
	pressure (cmH₂O)	duration (sec)	(number of c-Fos positive cells/section) (number of NADPH-d positive cells/section)			
Group I	3.40±0.27	20.80±0.87	9.30±1.48 3.04±1.62	73.12±7.53	26.46±2.59 19.72+2.45	15.60±1.70 11.63±2.16
Group II	9.12±0.62	29.74±0.96	30.00±1.48	142.00±8.17	61.07±3.60	49.84±5.59
Group III	4.13±0.02	16.92±0.40	47.70±5.02 16.62±1.81	93.75±18.22	87.75±6.15 28.42+3.20	70.52±6.13 26.71+2.15
Oroup III	4.13±0.02	10.32±0.40	20.05±1.72	33.73±10.22	38.04±2.45	29.75±2.87
Group IV	5.40±0.43	16.98±0.02	22.84±1.70 36.75±1.50	115.33±11.9 8	39.68±2.36 51.28±2.87	37.23±2.43 48.62±2.17
Group V	6.20±1.61	18.79±0.56	24.4±1.97 35.80±1.80	136.75±10.7 9	44.26±3.27 62.75±3.34	36.00±2.12 49.03±2.15

NVC: non-voiding bladder contraction; MPA: medial preoptic area; vIPAG: ventrolateral periaqueductal gray; PMC: pontine micturition center

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