

TRANS-UMBILICAL LAPAROENDOSCOPIC SINGLE SITE SURGERY IN VESICO-VAGINAL FISTULA REPAIR. FIRST EXPERIENCE

Introduction

Transumbilical Laparoendoscopic Single Site Surgery (U-LESS) has emerged as an attempt to further enhance cosmetic benefits and reduce morbidity of minimally invasive surgery. The objectives are to present the initial report of U-LESS during laparoscopic repair of a vesico-vaginal fistula

Design

A woman 32 years old with a vesico-vaginal fistula underwent repair with U-LESS access. The patient had a big fistulous tract at the supratrigonal area after an open hysterectomy for miomas. An informed consent was obtained prior to the U-LESS.

Technique: In this case, a single port access device was not used. A 4-cms skin trans-umbilical incision was made and the fascia below was dissected. At this point, 3 aponeurotic incisions with 1cm of distance between them were made; the first over the umbilical scar for a 10mm trocar, and the other two in a lateral and caudal position for two 5mm-trocars each. 30 degree scope and laparoscopic flexible instruments were used.

The steps of the technique were the same for the laparoscopic repair of a vesico-vaginal fistula (adhesionlysis, cystotomy over the fistulous tract, vaginotomy, dissection of the plane between the bladder and the vagina, tissue interposition, suture-repair of the bladder incision).

Results

The O.R. time was 305 min, blood loss was 550 cc. The patient underwent an open re-intervention one week after the surgery, because the output was high and the Blake drain left out. During the second surgery a 5mm non water-tied suture was seen at the bottom of bladder incision and it was repaired.

Concluding message

U-LESS for repair of vesico-vaginal fistula is feasible, but not an easy technique, it demands special skills and greater experience. Nevertheless, U-LESS is easier to perform in other non reconstructive procedures and without U-LESS access devices.

<i>Specify source of funding or grant</i>	NO
<i>Is this a clinical trial?</i>	No
<i>What were the subjects in the study?</i>	HUMAN
<i>Was this study approved by an ethics committee?</i>	No
<i>This study did not require ethics committee approval because</i>	It is a report of case and informed consent was obtained prior to surgery
<i>Was the Declaration of Helsinki followed?</i>	Yes
<i>Was informed consent obtained from the patients?</i>	Yes