# EFFECT OF A SPECULUM BLADE ON DYNAMIC MRI EVALUATION OF PELVIC ORGAN PROLAPSE

### Hypothesis / aims of study

To evaluate whether the use of a speculum blade modifies the evaluation of pelvic organ prolapse as assessed by dynamic MRI.

# Study design, materials and methods

Women with POP-Q stage II or greater, who were due to undergo genital prolapse surgery, were evaluated using dynamic MRI. The procedure was repeated using the posterior blade of a standard plastic Grave's speculum to successively retract the anterior and posterior vaginal walls. Pelvic organ position, prolapsed compartments, and prolapse degree were evaluated according to the use of a speculum blade

#### **Results**

Twenty seven patients were enrolled in this pilot study. Standard POP-Q was 15% stage II, 59% stage III, and 26% stage IV prolapse.

The use of a blade evidenced hidden pelvic prolapsed compartments in 59% (n=16) of cases. For 48% of patients (n=13), the variation of the leading edge of at least one additional prolapsed compartment was diagnosed as more than 20mm. Using a speculum blade, patients were significantly more often diagnosed with POP of more than one compartment (p=0.0015).

#### Interpretation of results

The use of a speculum blade during dynamic MRI modifies the pelvic organ prolapse evaluation in a large proportion of patients who require prolapse surgery.

## Concluding message

The results of this study point to a role for the use of a speculum blade during MRI POP evaluation.

#### (2 references)

**References** 

- 1. Delaney S, Fernandez P, N'Guyen A, Salomon L, Carbonne B, Laissy JP, Ansquer Y. Effetc of a speculum blade on dynamic MRI evaluation of pelvic organ prolapse. Acta Obstet Gynaecol Scand 2009; In Press
- Comiter C, Vasavada S, Barbaric Z, Gousse A, Raz S. Grading pelvic prolapse and pelvic floor relaxaxation using dynamic magnetic resonance imaging. urology 1999; 54: 454-7

Specify source of funding or grant	no souce of funding or grant
Is this a clinical trial?	No
What were the subjects in the study?	HUMAN
Was this study approved by an ethics committee?	Yes
Specify Name of Ethics Committee	Comité d'Ethique de la recherche en Gynécologie Obstétrique
Was the Declaration of Helsinki followed?	Yes
Was informed consent obtained from the patients?	Yes