

# URINARY AND FECAL INCONTINENCE: A MULTIDISCIPLINARY APPROACH

October 13-14, 2013 - Hotel Pestana - Salvador, Bahia- Brazil

## Programme

Day 1- October 13<sup>th</sup>

### Session 1: Continence care in children

#### Panel 1. Introductory aspects

- Epidemiology of urinary and fecal incontinence – *Vera Santos (Brazil)*
- Psychosocial impact of urinary and fecal incontinence - *Jacqueline Cahill (Canada)*
- Urinary and Fecal incontinence – The ICS and ICI algorithms- *Adrian Wagg (Canada)*

#### Panel 2. Incontinence in neurological disorders

- How to manage constipation? - *Tania Lima (Brazil)*
- Intermittent catheterization: when should it start? - *Helena Pantaroto (Brazil)*
- Surgical management - *Daniel Silva (Brazil)*

#### Panel 3. Incontinence in non-neurological disorders

- Enuresis -
- Encopresis –
- Skin care – *Donna Bliss (USA)*

### Session 2: Continence care in men

**Lecture 1.** Andropause and incontinence: the state of the art –

#### Panel 1. Post-prostatectomy incontinence

- How to reduce the surgical damage from prostatectomy? *Carlos D'Ancona (Brazil)*
- What is the best evidence-based conservative procedure?
- Impact on sexuality –

### Session 3. Continence care in the elderly

**Lecture 1.** Urogenital aging in women – *Diaa Rizk (Canada)*

**Lecture 2.** Treatment strategies for geriatric incontinence – *Adrian Wagg (Canada)*

## Day 2- October 14<sup>th</sup>

### Session 4: Continence care in women

**Lecture 1.** Pelvic floor anatomic and physiological changes related to pregnancy and childbirth -

**Lecture 2.** Safe and healthy vaginal delivery: how to get there? *Maria Helena Baena de Moraes Lopes (Brazil)*

**Lecture 3.** Prevalence, pathogenesis and consequences of pelvic floor dysfunctions related to pregnancy and childbirth - *Diaa Rizk (Canada)*

#### Panel 1. Pregnancy and incontinence

- The pathogenesis of incontinence during pregnancy- *Nucélio Luiz Barros Moreira Lemos (Brazil)*
- Incontinence management during pregnancy – *Simone Botelho Pereira (Brazil)*
- Prevention of pelvic floor dysfunction during delivery: episiotomy, when and why?

#### Panel 2. Childbirth and incontinence

- Obstetric fecal incontinence: evaluation and management –
- Postpartum urinary incontinence: until when? – *Gisele Regina de Azevedo (Brazil)*
- Prevalence and management of obstetric urinary and fecal fistulae -

#### Panel 3. Pelvic Organ Prolapse (POP)

- Epidemiology – *Beatriz Yamada (Brazil)*
- Is prevention of POP possible? – *Zsuzanna J. Di Bella (Brazil)*
- Evidence-based surgical management - *Diaa Rizk (Canada)*
- Non-surgical management – *Simone Botelho Pereira (Brazil)*

### Session 5. Miscellaneous

**Lecture 1.** Incontinence in athletes - *Simone Botelho Pereira (Brazil)*

**Lecture 2.** Economics and public policies on continence management - *Jacqueline Cahill (Canada)*

**Lecture 3.** Diet and food in continence care: myths and truths – *Donna Bliss (USA)*

**Lecture 4.** The role of patient groups in improving patient education about incontinence care and public access to incontinence services - *Jacqueline Cahill (Canada)*