Full-term report of ICS Nursing Committee

Prepared by Donna Bliss, Chair

1. Activities and achievements over the past year

- Reorganize Committee Structure, Operations, and Communication
 - Chair and Committee voted to modify the TOR and structure of the committee which was sent to ICS Trustees for approval—pending. The Education and Practice subcommittees were merged into one and the descriptions of the subcommittees were revised to be less overlapping.
 - A member functioning as a secretary or deputy chair to assist the chair is sought. Subcommittees are led by chars but members assist with different activities as needed and are not assigned to a subcommittee. Inactive task forces were ended
 - Communication among Nursing Committee now regularly uses online ICS forums with very good response by members. Three first quarterly conference calls to plan and update activities of the committee ware held and were thought to be beneficial by the committee.
- <u>Committee Recognition Awards for Members</u>
 - A proposal of 4 recognition awards for nurse members of ICS by the Nursing Committee was sent to the Trustees. Nursing Committee was asked to reframe the proposal so the recognitions could apply to and be used by all ICS committees and not only the Nursing Committee as ICS was looking to increase recognition of members' contributions to the society and achievements. Donna sent information to the ICS staff who is assisting to revise the proposal.
- <u>Other</u>
 - The Committee chair is participating on a task force to review TORs and structure for all ICS committees
- Education Subcommittee Activities
 - Annual ICS meeting sessions
 - The Education subcommittee and the Nursing Committee Chair planned and developed the Nursing Workshop and Nursing forum to be held in Montreal. Following a model that has been well received, the Nursing workshop features nurse speakers local to the country of the meeting (Canada). The timing and content of both sessions was revised to fit the new schedule of the annual meeting. The Nursing forum will have two international nurse speakers and a report of the results of an international survey re: the role of the continence nurse supported by the ICS Nursing Committee will be made.

• External Sponsorship

SCA agreed to sponsor the nurse award for conservative management of incontinence and translation of the Nursing workshop in French but did not have funds to sponsor a lunch symposium as hoped this year.

- <u>Research Subcommittee Activities</u>
 - Three Nursing Committee members and one alternate were nominated for and completed reviews of scientific abstracts for the main scientific meeting
 - Research abstract presentations were discontinued at the Nursing Committee Forum and new investigators were encouraged to submit to the new investigator session.
 - The Nursing Committee through Donna Bliss, Chair, provided input re: reclassification of categories for scientific abstracts at the annual meeting to the planners for 2015 to better reflect multi-disciplinary research. Subject categories were modified.
 - The Nursing Committee Chair Donna Bliss provided input re: scheduling sessions for nurses and other allied heath delegates to engage them more throughout the annual meeting. The 2015 meeting schedule reflects change.
- <u>Communications Subcommittee Activities</u>

We developed new postings and features for the Nursing Committee webpage to increase the communication and engagement of the ICS Nursing Committee regarding committee activities as well as achievements of its members in the field of continence nursing and ICS news items.

- The following were initiated on the ICS Nursing Committee microsite:
- Introduction of a new <u>Nursing Library resource</u> of documents developed by ICS nurses to support or promote continence nursing research and practice to the ICS Nursing webpage,
 - News of the new feature and invitation to submit resources was circulated by a news item via social media and a mailer to all nurse members.
 - Criteria and procedures for review of submitted documents to the Nursing Library resource and a guidance for those submitting were developed and used.
 - Several relevant documents have been posted
- A <u>Listing of Continence Nursing References</u> of publications by ICS nurses was started on the ICS nursing microsite. Citations of research studies, review articles or practice pieces for 2014 were uploaded for one year. 2015 citations will be uploaded in Jan. 2016 an so on. Regular news items with a strap line to funnel nurse members to our website.
 - News of the new feature and invitation to submit citations was circulated to members.
- <u>Listing of Honors/Awards of ICS nurses members</u> was started on the nursing microsite as a way to acknowledge the achievements of nurse members

- Honors/awards of three members were posted.
- Abstracts from ICS Rio 2014 were available for access on our website until 31 March 2015 when new abstracts were used to be submitted.
- Recent sub-committee reports and were uploaded into the relevant microsite pages and will be a regular feature.
- The Nursing Committee submitted articles to the ICS newsletter as requested

2. Plans for the next year

- <u>Continuing Activities</u>
 - Plan and hold a Nursing Workshop at the ICS annual meeting in Tokyo in 2016. Meet with Japanese ICS members to plan the details for the workshop.
 - $\circ~$ Plan and hold a Nursing Forum at the ICS annual meeting in Tokyo in 2016.
 - Track and promote as needed participation of nurses in workshops submitted for ICS annual meeting in 2016 and beyond.
 - Collaborate with nurse members of ICS Education Committee to identify opportunities for nurse speakers at ICS educational courses.
 - Develop an ongoing strategy to ensure nurse participation in abstract reviews for the main scientific meeting.
 - Identify ways to increase submission of research abstracts by nurse members.
 - Continue feeding news items to the ICS e-news/social media e.g. Nursing contribution to ICS Montreal.
 - Continue to populate the Nursing Library resource.
 - Update the Listing of Continence Nursing Related References
 - Continue to contribute to the ICS newsletter
- <u>New Activities</u>
 - Nursing Committee chair, Donna Bliss, will meet with the SCA representative in Montreal to discuss <u>future opportunities for sponsorship</u>, including the 2016 meeting.
 - Develop and implement procedures and criteria for Nursing <u>Committee Recognition</u> <u>Awards</u> if approved by Trustees
 - We are planning to develop a <u>Best Practice document for Bladder (and Possibly</u> <u>Bowel) Training</u> and will submit a proposal to the Trustees for this activity
 - As ICI 6 will be conducting a systematic review of conservative therapies for incontinence, we determined that an educational-practice "how-to" document for Bladder (and Possibly Bowel) Training is needed and will supplement any ICI6 outcomes without over lapping efforts. As there is limited research supporting such a document, a Best Practice consensus is appropriate and will fill a gap
 - Review a past document "Guideline for Collaborative Continence Nursing Research" to assess whether it should be archived or implemented.
 - Explore opportunities for participation of ICS nurse members in an international lecture or for developing an educational add-on course for nurses.

3. Notification of any new subcommittees (as the Trustees should formally approve these, per the ICS Bylaws)

• Proposal to merge Education and Practice Subcommittees is awaiting approval of ICS Trustees

4. Confirmation of whether the committee will call for expressions of interest for new committee members, as of the 2015 AGM in Montreal

We confirm that 3 individuals applied and are being recommended to be new members of the Nursing Committee. Because we had 4 openings on our committee, the char is co-opting 1 additional new member for a one year appointment

5. Requested budget for the coming year

- <u>Committee communications</u>
 - Online forums--We will use online ICS forums to discuss numerous activities of committee over the year—at least 1/month on average.
 - Conference calls –Quarterly Conference calls, each of 1.5 hours in length, for Nursing Committee to discuss work plans and activities not as amenable to online forum discussion
 - Website updates and social media We are planning to continue to engage members and attract new/renewed members with new postings on our ICS website page and using social media (twitter and Facebook) to let members know about strategic/key information and to encourage people to go to the website for more information.
- <u>Nursing Committee meeting</u>, workshop and forum at annual ICS meeting in 2016 in <u>Tokyo</u>
 - A 2-2.5 hr meeting during meeting in Montreal + some light refreshment (e.g. coffee, tea, rolls if a 7 am meeting.)
 - Nursing workshop
 - Free registration for nurses for Nursing Workshop at 2015 Tokyo
 - Nursing Forum
- Education and Practice Document Development
 - Staff assistance is required for developing a <u>Best Practice document for Bladder</u> <u>and possibly Bowel Training</u> if project proposal is approved (see New activities above for more info)
- <u>Committee Recognition/Awards</u> –we will develop name of award, criteria and scoring of applications if proposal is approved by trustees
 - Committee Recognition/Awards for innovation/success in incontinence practice or an educational program, research pioneer or research career award, and ICS leadership in service are being considered