Hypothesis / aims of study
A recent vaginal mesh kit for pelvic organ prolapse, Prolift +M™ (Gynecare, Somerville, NJ), has been engineered to reduce host mesh burden by replacing a portion of the mesh with delayed absorbable fibers. As meshes with increased stiffness have been associated with increased rates of erosions and complications, we hypothesized that the resorption process would reduce mesh stiffness. Thus, we aimed to determine the uniaxial tensile properties of the mesh pre- and post-absorption.

Study design, materials and methods
Five separate sterile mesh samples of Prolift + M™ were divided in half, and one half underwent a resorption process as described by the manufacturer. The ex-vivo resorbed and unresorbed mesh specimens were loaded to failure to determine stiffness, failure load, and relative elongation at failure. Additional samples underwent 3 separate protocols for cyclic loading to determine permanent deformation with submaximal cyclic loading. Gynemesh PS™ as Prolift™ (Gynecare, Somerville, NJ) underwent the same resorption and testing as a control. Its permanent polypropylene fibers should not be affected by the resorption process.

Results
The load-elongation curves demonstrated a bilinear response with a period of lower stiffness (N/mm), followed by a period of higher stiffness (figure 1). The maximal load at failure was lower in Prolift +M™ after resorption (5.32 vs. 7.83N, p=0.008, figure 2). There were no other differences in the biomechanical properties between pre- and post-resorption specimens for Prolift +M™ including low stiffness, high stiffness, relative elongation at inflection point between low and high stiffness, and relative elongation at mesh failure. Gynemesh PS™ demonstrated no differences for any parameters before and after resorption. Prolift +M™ was significantly different from Gynemesh PS™ even prior to resorption.

Figure 1: Typical Load- Relative Elongation Curve with Bilinear Behavior

![Image of Load- Relative Elongation Curve](image-url)
It was less stiff in both the high and low regions of the load-elongation curve (0.24 vs. 1.37N/mm, 0.01 vs. 0.29N/mm, p≤0.001) with a higher inflection point to high stiffness (46.5% vs. 25.0%, p=0.003). It had a lower failure load but higher relative elongation at failure (7.83N vs. 46.25N, 87.92% vs. 66.67%, p≤0.001). Compared to Gynemesh PS™, Prolift +M™ had higher permanent deformation with submaximal cyclic loading (44.29 vs. 5.66%, p≤0.001).

Interpretation of results
Resorption of the delayed absorbable portion of the Prolift +M™ mesh had little impact on the ex-vivo tensile properties of the material. However, it is significantly less stiff than Gynemesh PS™ regardless of resorption status, which may be predictive of lower patient morbidity. It is not clear whether the decrease in failure load will impact clinical outcomes such as surgical failure and recurrence of prolapse. Further experiments are underway to define in vivo behavior.

Concluding message
Although designed to reduce the resultant mesh burden experienced by the patient, there is little evidence that resorption of the delayed absorbable filaments of the Prolift +M™ mesh have any effect on the tensile properties of the mesh. The only difference after resorption is a reduction in the maximal load at mesh failure, a property with no clinical benefit. Prolift +M™ is significantly less stiff than Gynemesh PS™, the gold-standard pelvic mesh, which should help reduce mesh erosions when compared to this product.

Specify source of funding or grant
We are supported by grants from the National Institute of Health via grant NIH HD061811 with Pamela Moalli as principal investigator. We have no other conflicts of interest or funding or significant disclosures.

Is this a clinical trial? No

What were the subjects in the study? NONE