

Frequency of urinary leakage	81.5	(1280)	8.2	(129)	4.8	(76)	5.5	(86)
	Nothing		Small amount		Moderate amount		Large amount	
	%	(n)	%	(n)	%	(n)	%	(n)
Amount of leakage	59.1	(931)	38.7	(609)	1.5	(24)	0.3	(4)
	Continent (0-2p)		Low impact (3-5p)		Moderate impact (6-7p)		Severe impact (8-10p)	
	%	(n)	%	(n)	%	(n)	%	(n)
Impact on Quality of Life (NRS, 0-10p)	91.4	(1439)	6.3	(99)	1.1	(18)	1.1	(18)

Interpretation of results

This study found that 4.6% of primiparous women reported incontinence of formed or loose stools weekly or more in late pregnancy, while urinary incontinence once per week or more was reported by 18.5%. Impact on quality of life was reported by 8.5% of the women with urinary incontinence. Follow-up of the cohort throughout the first year after delivery will give additional information about development of incontinence related to pregnancy and delivery.

Concluding message

One in five primiparous women experienced weekly anal and/or urinary incontinence during the last weeks of their pregnancy. Strategies to prevent and treat incontinence in women in the childbearing period should be implemented in health care services.

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<i>Is this a clinical trial?</i>	Yes
<i>Is this study registered in a public clinical trials registry?</i>	Yes
<i>Specify Name of Public Registry, Registration Number</i>	ClinicalTrials.gov NCT00970320
<i>Is this a Randomised Controlled Trial (RCT)?</i>	Yes
<i>What were the subjects in the study?</i>	HUMAN
<i>Was this study approved by an ethics committee?</i>	Yes
<i>Specify Name of Ethics Committee</i>	Norwegian Regional Committees for Medical and Health Research Ethics; 2008.1318 Norwegian Social Science Data Services; 21012
<i>Was the Declaration of Helsinki followed?</i>	Yes
<i>Was informed consent obtained from the patients?</i>	Yes