

Improving content and delivery of training in the Bladder, Bowel & Pelvic Health team - Abstract #689



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Background

- Time is precious & training is vital
- How do we maximise time and opportunities, and develop relationships inside & outside the Trust?
- How do we ringfence time for training?
- Training sessions were hard to co-ordinate across three sites, and more time was spent travelling than training
- Difficult to meet everyone’s differing needs

Process

- We developed a full day training programme to run every three months – talks, external speakers, case studies, product demos, journal club, feedback from courses and conferences and portfolio planning are the key parts
- We have resourced a team library
- Feedback has been used to inform changes
- Nurses, physios, midwives, administrators participate - plus lunch & cake!

Example of a training day agenda

08.55 – Start and introductions

09.00 – UTI/Hiprex (GH)

09.45 – Expert patient (SS)
Innovative surgery for Parkinson’s disease and its impact on pelvic health

10.30 – Coffee/tea & cake - discussion with SS

11.00 – Research and clinical practice (CA)

11.45 – Learning Disabilities (MA)
Issues in pelvic health and top tips

12.15 – Break and arrival of lunch

12.30 – Online webinar (AR) *with lunch*
Menopause and the bladder

13.30 – Rep – Effercitrate (video link) *with lunch*

14.00 – Break

14:15 – Journal club (FR)

14:45 – 10 minute feedback:
MSK proforma (GB);
“Manual of Me” (MR);
Peristeen Light (AO);
Bladder diverticuli (NW)

15.25 – Case studies
Anal cancer (MR)
Misunderstanding anatomy (FR)

15.55 – Portfolio check

16.00 – Finish for external members (feedback)
Whole team meeting (BBPH)

16.30 – Finish for BBPH team

Results

- Extremely popular within the team and for external pelvic health clinicians – excellent feedback
- Developing a wider pelvic health network across LGT
- External attendees pay a nominal sum to the LGT charity for training resources
- Days planned a year ahead
- Ensures protected time
- Great networking
- Excellent team building

Really enjoyed this training day - thought it was one of the best I’ve attended yet!

Great, informal atmosphere which really facilitated interaction

It was really informative and helpful

Next Steps

- Practical “hands on” event planned for 2025
- Keen to share our format with others



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