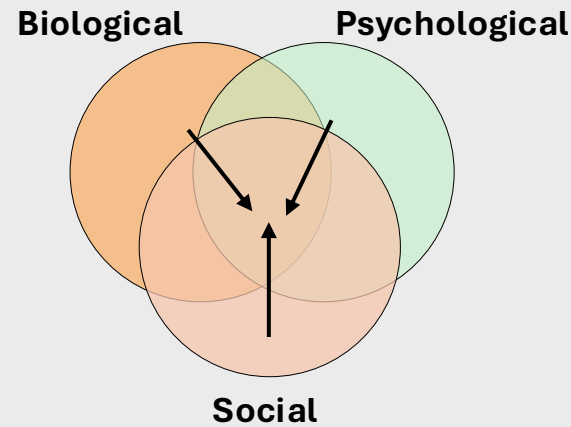


Women with Chronic Urinary Tract Infections (CUTI) cluster into 3 distinct profiles that can guide support needs & recovery.

A Biopsychosocial View of CUTI



The psychological impact of CUTI, can affect the biological processes that maintain CUTI. The treatment journey can also impact both psychology & biology. Dismissal, inadequate prophylaxis and lack of access to appropriate treatment can worsen and/or maintain infections and cause distress and helplessness.

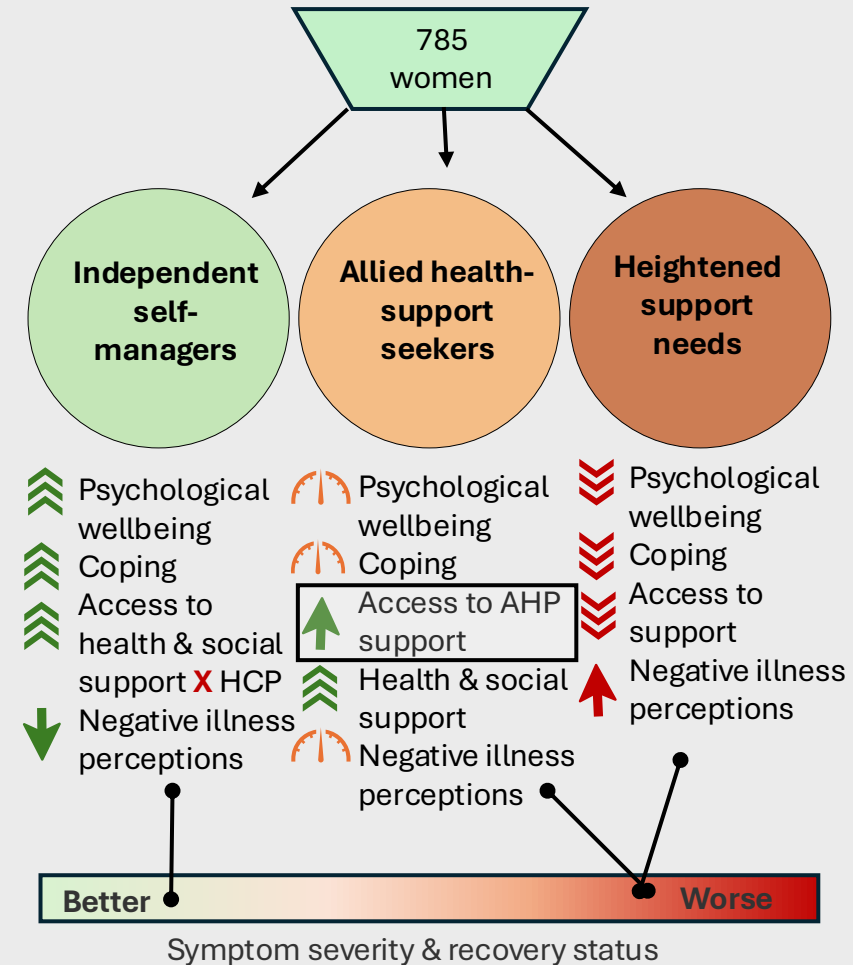
Study Methods

Data was collected from women with present or past chronic/ recurrent urinary tract infection through an online survey.

Latent Profile Analysis was applied to assess the clustering of distinct profiles from a range of psychosocial variables:

- Illness perceptions
- Wellbeing
- Health-related social support
- Allied HCP support
- Relational social support
- Positive & negative psychological strategies

Study Results



Study Results

Allied Health Support Seekers have better psychological wellbeing, illness perceptions and coping than those with Heightened Support Needs, despite having similar symptom severity and recovery levels. The key difference is access to allied health professional support, indicating the importance of mitigating the impact of CUTI of AHPs for overall patient wellbeing.

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