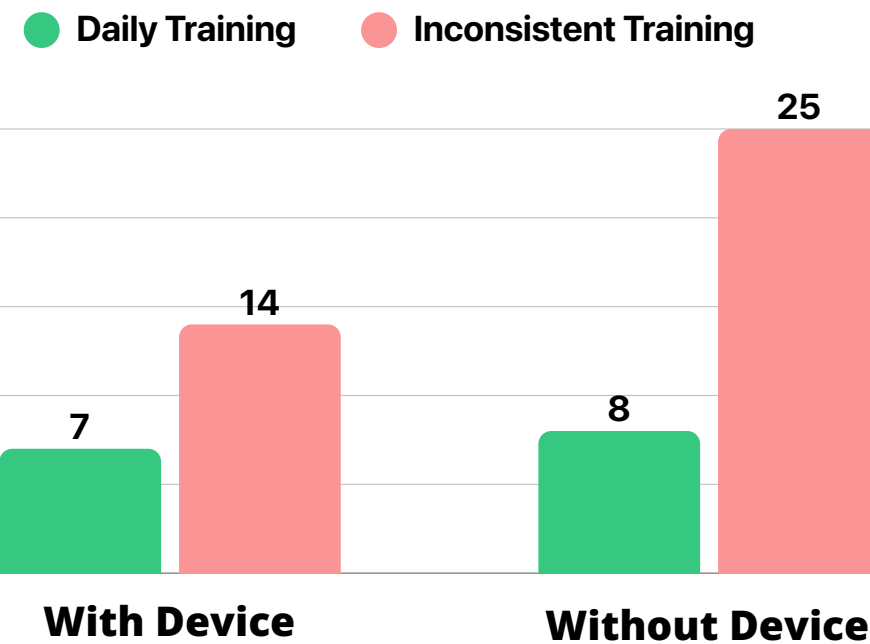


Retrospective analysis of data from 40 women

(ages 27-42) with SUI after
vaginal childbirth who trained
using an app with an individually
adaptive program

Time to Complete Symptom Resolution (in Weeks)



A reduction in leakage was reported by 100%
of participants, with 85% achieving complete
symptom resolution

**Training regularity is the
key factor for success**



Device or No Device?

What works faster for stress urinary incontinence



ASK ME

What's the
main secret
of the method?

The individual adaptive program
is effective and safe even without
direct specialist supervision

ANASTASIYA
KUCHERYAVAYA

