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ELEVEN-YEAR OUTCOMES OF THE IRIS PROCEDURE FOR TREATMENT OF FEMALE STRESS URINARY INCONTINENCE: COMPARISON WITH TVT PROCEDURE

Hypothesis / aims of study

We evaluated the long-term efficacy and safety of the IRIS procedure and compared it with TVT (tension free vaginal tape) for the treatment of female stress urinary incontinence.

Study design, materials and methods

We included all 58 consecutive women who underwent IRIS (n=30) or TVT (n=28) between February 2002 and April 2003 and followed them up for at least 11 years postoperatively. We analyzed the 11-year success rate and postoperative complications in the IRIS procedure and compared to the results of TVT procedure.

Results

The 11-year success rate was 92.2% for the IRIS and 91.4% for the TVT, and the satisfaction rates were 92.1% and 87.7%, respectively. Intraoperative complications for the IRIS group included 3 cases of bladder perforation, and there were 3 cases of bladder perforation for the TVT group. The postoperative complications for the IRIS group included 3 patients with *de novo* urgency and one patient with mesh erosion. Five patients with the TVT developed *de novo* urgency. One case of each group showed temporary voiding difficulty.

Interpretation of results

By these results, the IRIS may be an effective and safe procedure.

Concluding message

The IRIS may be an effective and safe procedure as compared to the TVT for more than 11 years.

Disclosures

Funding: No fund or grant **Clinical Trial:** Yes **Public Registry:** No **RCT:** No **Subjects:** HUMAN **Ethics not Req'd:** this study is only retrospective chart review study and absolutely we took informed consents of patients. **Helsinki:** Yes **Informed Consent:** Yes