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THE AGE-RELATED CHANGE IN NITRIC OXIDE (NO) RELEASE AND NO SYNTHASE (NOS) IN THE HUMAN PROSTATE

# Aims of study

Nitric Oxide (NO) is suggested as a mediator involved in the regulation of smooth muscle tone in the genitourinary tract. The present study was designed to evaluate age-related NO releases induced by electrical field stimulation in human prostate strips using high-performance liquid chromatography (HPLC) coupled with microdialysis procedure Furthermore, nicotinamide adenine dinucleotide phosphate diaphorase (NADPH-d) histochemistry and immunohistochemistry of neuronal NOS (nNOS) were also observed.

## Methods

Human prostates were obtained from patients with cysturethrectomy due to bladder malignancy (h=25, mean age  $\pm$  S E.M.; 65.4  $\pm$  7.1 years) The strips of human prostate were suspended in thermostatically controlled 20 ml muscle bath filled with oxygenated Krebs-Henselait solution for isometric tension recordings. Electrical field stimulation (main interval 60 s, supramaximal voltage, 2 msec duration, frequency 1-20 Hz and 3 sec train) was applied to prostate preparations precontracted with 1  $\mu$ M phenylephrine in the presence of 10  $\mu$ M guanethidine, 10  $\mu$ M atropine and 10  $\mu$ M indomethacine. Furthermore, the microdialysis probe was inserted into the strip, and Ringer's solution was perfused into the probe. The dialysate during electrical field stimulation was collected for 10 min (20  $\mu$ I), and the amount of NO<sub>2</sub><sup>-</sup>/NO<sub>3</sub> released in the dialysate was measured by HPLC and NOx analyzer based on the Greiss method. To evaluate NOS-positive neurons, NADPH-d staining and immunohistochemistry with nNOS antibody was performed in the same tissue.

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#### Results

In all specimens, electrical field stimulation caused frequency-dependent relaxations of prostate strips (Figure 1). The amount of basal NO<sub>2</sub><sup>-</sup>/NO<sub>3</sub><sup>-</sup> release before electrical field stimulation was 23.8 ± 2 1 pmol/g weight of prostate. The NO<sub>2</sub><sup>-</sup>/NO<sub>3</sub><sup>-</sup> released by EFS increased in a frequency-dependent manner (Figure 2). The pretreatment with L-NNA (100  $\mu$ M) completely inhibited NO release. The amount of NO<sub>2</sub><sup>-</sup>/NO<sub>3</sub><sup>-</sup> release by EFS is significantly less in the old group (≥ 65 years, n=11) than in the young one (< 65 years, n=14). (Figure 3). In the prostatic tissue, NADPH-d staining and immunochemistry of nNOS revealed the existence of a dense nitrergic innervation, which was weaker in the old group than in the young one.



## Conclusions

The present data suggest there are age-related decreases in the releases of NO from nitrergic nerve and nNOS activity in the human prostate, which may contribute to the prostatic urethral function in the aged.

### References

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