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| Title (type in CAPITAL LETTERS, leave one blank line before the text)  |
| TRANSURETHRAL NEEDLE ABLATION (TUNA) OF CHRONIC NONBACTERIAL PROSTATITIS   |
| Aims of Study We investigated the efficacy of transurethral needle ablation(TUNA) of prostate for the treatment of                       |
| chronic nonbacterial prostatitis (Category IIIA according to the classifications of NIH <sup>1</sup> ) not responsive to                 |
| conservative managements.  |
| Methods We performed TUNA in 43 nonbacterial prostatitis patients in whom no clinical management was useful to                           |
| relieve the symptoms and signs of prostatitis. All patients had excessive white blood cells (>10wbc) per high power                      |
| field in expressed prostatic fluid with no bacterial growth on urine and prostatic fluid cultures Preoperatively all                     |
| patients were evaluated using symptom score, patient satisfaction (quality of life) and prostatic fluid examination.                     |
| These parameters were rechecked at 1 and 3 months after TUNA in all patients. Of the total, 10 patients underwent                        |
| pre- and post-operative(at post op 3 mths.) semenalysis  |
| <b>Results</b> The symptom (from $11.02 \pm 2.90$ to $5.00 \pm 2.61$ ) and satisfaction(from $4.84 \pm 0.57$ to $1.26 \pm 1.18$ ) scores |
| were improved significantly (p<0.05) at 3 months after the TUNA. Of the 37 patients with >100 leukocyte count/hpf                        |
| before TUNA, 26 patients (70.3%) became normal at EPS within the 3 months after TUNA. Also, of the 42 patients                           |
| with preoperative abnormal leukocyte counts, 30 patients (71 4%) had normal EPS within the 3 months after TUNA.                          |
| Of the 10 patients who underwent semen analysis, changes of the semen quality was seen in no patient after the                           |
| TUNA   |
| Conclusions TUNA appears to be an effective treatment for some patients with chronic nonhacterial prostatitis                            |

Conclusions\_TUNA appears to be an effective treatment for some patients with chronic nonbacterial prostatitis unresponsive to conservative therapies.

## References

1. Chronic prostattis Workshop; Summary of Statement. Bethesda, MD, National Institute of Health, December 7-8, 1995

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