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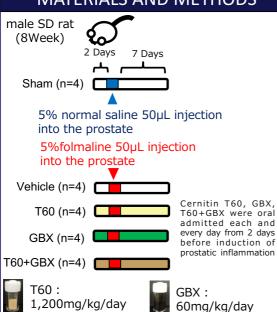
CERNITIN POLLEN EXTRACT CAN IMPROVE OVERACTIVE BLADDER CONDITION IN A RAT MODEL OF NON-BACTERIAL PROSTATITIS IN SHORT TERM.

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# **AIMS OF STUDY**

- The treatment of non-bacterial prostatic inflammation still has not been established.
- Cernitin pollen extract (composed of Cernitin T60 and Cernitin GBX) improves human male LUTS of prostatic inflammation, nevertheless the detailed mechanism of that is unknown.
- Therefore, we investigated the effect of Cernitin pollen extract in a rat model with nonbacterial prostatic inflammation.

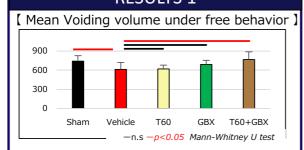
# **MATERIALS AND METHODS**



### On day7

- The voiding volume and voiding interval under free behavior
- The evaluation of mRNA expression of inflammatory cytokines in prostate
- The histological analysis (Hematoxylin-Eosin Stains)

# **RESULTS 1**

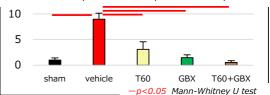


 The mean voiding volume was increased in T60+GBX group compared with vehicle group.

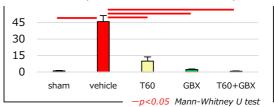
#### **RESULTS 2**

### [ mRNA expression in prostate ]

Relative mRNA expression of IL-1 $\beta$  to GAPDH in prostate

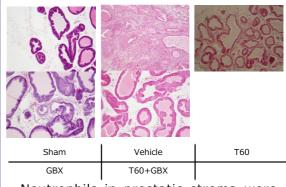


Relative mRNA expression of NLRP3 to GAPDH in prostate



 mRNA expression of IL-1β and NLRP3 were significantly increased in vehicle group compared with sham group. In contrast, those of them were decreased in T60, GBX and T60+GBX group compared with vehicle group.

#### [ Hematoxylin Eosin Stain of Prostate ]



 Neutrophils in prostatic stroma were increased of vehicle group compared with sham group. However, neutrophils were decreased in T60, GBX, T60+GBX order.

# **CONCLUSIONS**

- In mRNA expression of inflammatory cytokines in prostate, Cernitin T60, GBX and T60+GBX each improved nonbacterial prostatic inflammation in short term. And The improvement rate were larger in T60, GBX, T60+GBX order.
- In the H-E stain, the same result was shown in the prostate.
- However, to improve the mean voiding volume in short term, T60 and GBX combination was needed.

## **REFERENCES**

- Effects of Estrogen Receptor β Stimulation in a Rat Model of Non-Bacterial Prostatic Inflammation., Mizoguchi et al., Prostate. 2017 May;77(7):803-811.
- Effects of Cernitin Pollen-Extract on Inflammatory cytokines in Sex-Hormone-Induced Nonbacterial Prostatitis Rats., Asakawa et al., Acta Urol. Jpn. 47: 459-465, 2001