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# A1-BLOCKER COADMINISTERED WITH ANTIMUSCARINIC DRUG COMPENSATES FOR THE EMPTYING DYSFUNCTION OF THE DETRUSOR MUSCLE

### Hypothesis / aims of study

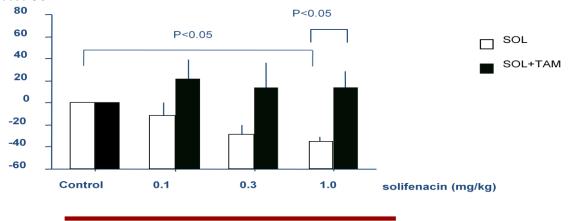
Detrusor overactivity (DO) coexists with bladder outlet obstruction (BOO).  $\alpha_1$ -adrenoceptors ( $\alpha_1$ -ARs) blockers are mainly used to treat voiding and/or storage symptoms suggestive of BOO and DO. However,  $\alpha_1$ -blockers primarily targeting the prostate may not always alleviate storage symptoms in the bladder. Many recent clinical studies indicate the usefulness to combine  $\alpha_1$ -AR blocker and an antimuscarinic agent. In the present study we investigate the use of  $\alpha_1$ -blocker and an antimuscarinic agent on a rat model with DO .

#### Study design, materials and methods

Female Sprague-Dawley rats were used in this study. Control cystometrography (CMG) was followed by left middle cerebral artery occlusion (MCAO). Rats were divided into 4 drug administration groups: 1) tamsulosin intravenous (iv) administration (TAM: 10<sup>-1</sup>-10<sup>3</sup> μg/kg), 2) solifenacin iv administration (SOL: 10<sup>-2</sup>-1.0 mg/kg), 3) solifenacin iv administration (10<sup>-1</sup>, 3 x 10<sup>-1</sup>, 1.0 mg/kg) with 1-hour intervals during continuous iv administration of TAM (10<sup>-2</sup> μg/kg/5 hours), 4) combined iv administration of TAM (10<sup>-2</sup>, 10<sup>-1</sup> μg/kg) and SOL (10<sup>-2</sup> mg/kg).

#### Results

Bladder capacity (BC) was markedly reduced after middle cerebral artery occlusion and remained consistently lower than 50% of the preocclusion volume. Both TAM and SOL alone significantly increased BC in a dose-dependent manner. There were no significant differences in percentage increase in BC between mono-administration of SOL (group 2) and continuous combined administration (group 3). However, combined administration (group 4) with TAM (10<sup>-1</sup> µg/kg) and SOL (10<sup>-2</sup> mg/kg) significantly increased BC by 68.8% of control, when compared to mono-administration of 10<sup>-2</sup> mg/kg SOL (19.8%). No significant difference was found in bladder contraction pressure between groups 2 and 3. SOL dose-dependently decreased bladder contraction duration (BCD) and a significant reduction (by 35.0% of control) was found at the high dose (1.0 mg/kg). In group 3, however, no reduction was found even at the high dose (1.0 mg/kg) of SOL. TAM prevented the reduction in BCD induced by the administration of high-dose SOL.



# Tamsulosin (1 x 10<sup>-2</sup> µg/kg/5h)

Figure: Effect of compounds on the bladder contraction duration. SOL dose-dependently decreased bladder contraction duration. In rats with combined administration, no reduction was found even at the high dose (1.0mg/kg) of SOL.

# Interpretation of results

These results suggest that combination treatment with  $\alpha_1$ -AR blocker and an antimuscarinic drug have an additive effect on DO at low doses. Furthermore, the study indicates the  $\alpha_1$ -AR blocker TAM might have some action in the urethra to compensate for the emptying dysfunction of the detrusor when an antimuscarinic drug is co-administered.

# Concluding message

Combination treatment with  $\alpha$ -AR blocker and antimuscarinic drug is believed to be useful not only for enlargement of the bladder but also compensation for emptying dysfunction.

Specify source of funding or grant	None
Is this a clinical trial?	No
What were the subjects in the study?	ANIMAL
Were guidelines for care and use of laboratory animals followed	Yes
or ethical committee approval obtained?	
Name of ethics committee	University of Fukui