

# #668 Managing urinary incontinence by general practitioners - a survey

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## INTRODUCTION

- In the Netherlands nearly one million people experience urinary incontinence.
- General practitioners (GPs) have a gatekeeper function and are first health care professionals to be consulted by patients.
- It is unclear how GPs provide specific advices concerning continence aids to their patients and provide care in case of continence pad prescription.

We aimed to provide insight how GPs manage care for urinary incontinence.

## METHODS

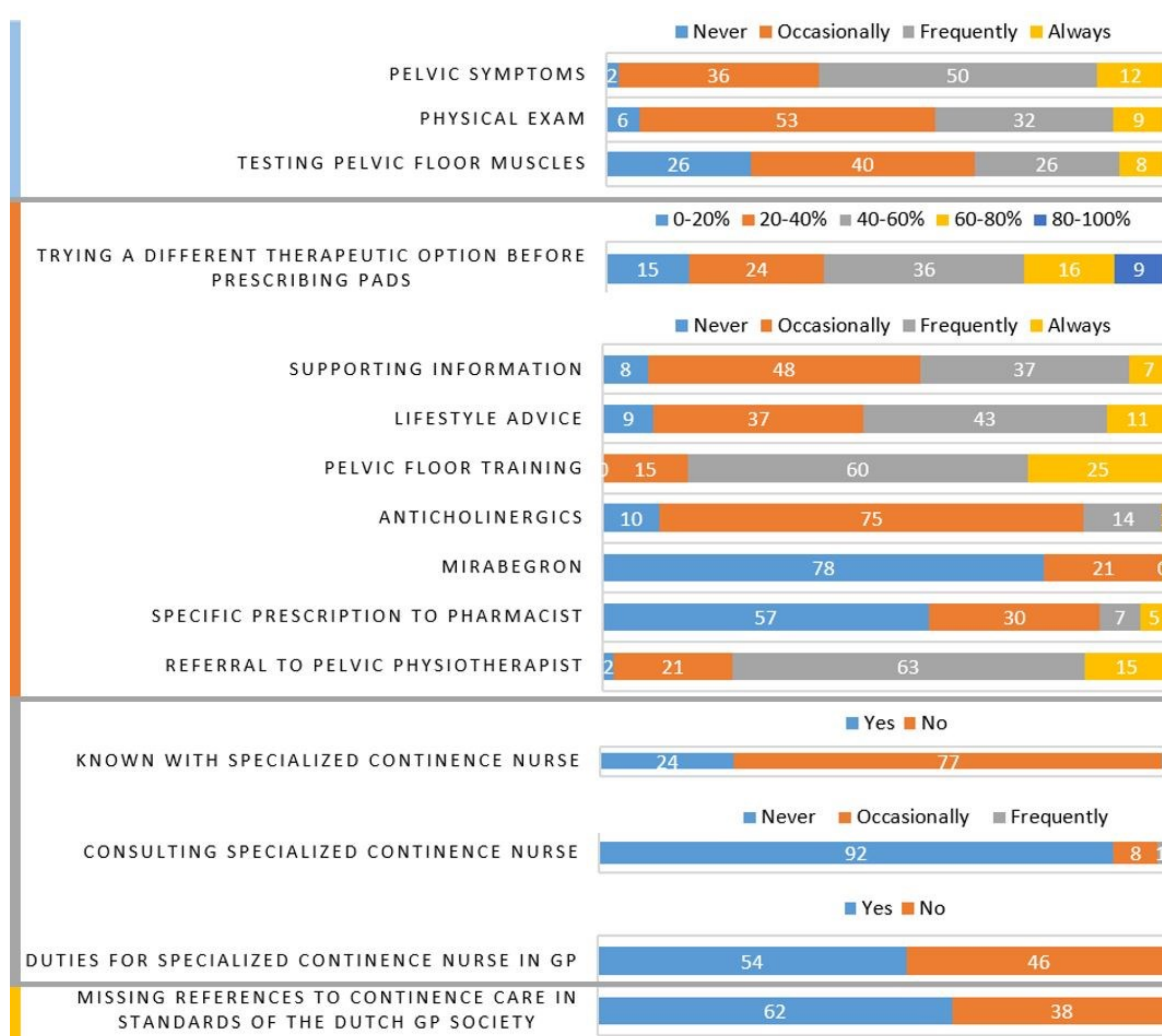
**Design:** online survey with a self-constructed questionnaire concerning care provided by GPs in case of continence pad prescription.

**Participants:** GPs reached through a national or regional Dutch network for GPs.

**Themes:**

- 1) Clinical assessment;
- 2) Management of incontinence;
- 3) Familiarity with the continence nurse;
- 4) Need for continence care in GP guidelines.

## RESULTS (138 GPs)



## CONCLUSION

This small online survey suggests that continence care is not in accordance with the Dutch GP guideline, in case continence aids are prescribed. There is need to improve history taking, physical examination and providing of proper support to patients. Next, collaboration with continence nurses may be explored for the support of continence care in general practice.

