

**TRUSTEES' ANNUAL REPORT**  
**AND**  
**AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2010**  
**FOR**  
**THE INTERNATIONAL CONTINENCE SOCIETY**

**THE INTERNATIONAL CONTINENCE SOCIETY**

**CONTENTS OF THE TRUSTEES' ANNUAL REPORT & FINANCIAL STATEMENTS FOR THE YEAR  
ENDED 31 DECEMBER 2010**

	<b>Page</b>
<b>Trustees' Annual Report</b>	<b>1</b>
<b>Report of the Independent Auditors</b>	<b>17</b>
<b>Statement of Financial Activities</b>	<b>19</b>
<b>Consolidated Statement of Financial Activities</b>	<b>20</b>
<b>Balance Sheet</b>	<b>21</b>
<b>Consolidated Balance Sheet</b>	<b>22</b>
<b>Notes to the Financial Statements</b>	<b>23</b>



## ICS 2010 Annual Report

### Reference and Administrative Details of the Charity, its Trustees and Advisors

Company Number	3589542			
Registered Charity Number	1074929			
Registered Office	9 Portland Square, Bristol, BS2 8ST			
Correspondence Address	19 Portland Square, Bristol, BS2 8SJ			
E-mail	<a href="mailto:info@icsoffice.org">info@icsoffice.org</a>			
Website	<a href="http://www.icsoffice.org">www.icsoffice.org</a>			
Telephone	+44 (0) 117 944 4881			
Fax	+44 (0) 117 944 4882			
General Secretary	Jacques Corcos – 3 year term (appointed 24/10/08) Executive Committee Member			
Treasurer	Ajay Singla – 3 year term (reappointed 26/08/10) Executive Committee Member			
Trustee	Executive Committee Member			
Trustee	Heinz Koelbl - 3 year term (appointed 24/10/08) Executive Committee Member			
Trustee	Adrian Wagg - 3 year term (appointed 24/10/08) Executive Committee Member			
Trustee	Sherif Mourad - 3 year term (appointed 24/10/08) Executive Committee Member			
Trustees – appointed 24/10/08	Ted Arnold	Chantale Dumoulin	Mandy Fader	Jerzy Gajewski
	Limin Liao	Helmut Madersbacher	Jane Meijlink	Katherine Moore
	Christopher Payne	Piotr Radziszewski	Werner Schaefer	Jennifer Skelly
	Vasan Srini	Jean-Jacques Wyndaele		
Trustee – appointed 02/10/09	Mary Pat Fitzgerald			
Trustee – reappointed 26/08/10	Werner Schaefer			
Resigned Trustees	Dirk De Ridder (resigned 07/05/10) Clare Fowler (resigned 13/10/10)			
Secretary	Jordan’s Secretarial Services (resigned 16/04/2010) Avicia Burchill appointed 16/04/10			
Auditors	Goldwyns (Bristol) Limited, 9 Portland Square, Bristol BS2 8ST			
Solicitors	Henriques Griffiths, 18-20 Portland Square, Bristol BS2 8SJ			
Bankers	NatWest Bank, Filton Bristol Branch, PO Box 182, 4 Church Road, Bristol BS99 5AA CCLA Investment Management Ltd, COIF Charity Funds, 80 Cheapside, London, EC2V 6DZ			
Staff				
Avicia Burchill	Administrative Manager - Senior staff member delegated day-to-day management of ICS office. On maternity leave with effect from 17/12/10. Daniel Snowdon to replace during the maternity period.			
Dominic Turner	IT Director			
Daniel Snowdon	Projects and Events Manager			

Ashley Brookes	Analyst Programmer
Sarah Morris	Administrative Assistant – part time (appointed 04/09 – resigned 06/10)
Kirsty Sims	Administrative Assistant – part time (appointed 06/10)
Helen Parker	Projects and Events Coordinator (appointed 07/10)
Jennifer Ellis	Projects and Events Coordinator, fixed term contract (appointed 12/10)
Chris Angle	Flash Developer/Designer (appointed 07/10)
Nicola Walsh	Bookkeeper – contract appointment

#### **ICS Honorary Members**

Peter Caldwell	(Deceased)	Patrick Bates	Pieter Donker	(Deceased)
Peter Gammelgaard	(Deceased)	Eric Glen	Axel Ingelman-Sundberg	(Deceased)
Guus Kramer		David Rowan	Paul Abrams	
Walter Artibani				

## **What is the International Continence Society and what does it do?**

The International Continence Society (ICS) is a membership society for professionals working in the field of incontinence.

The objectives for which the Charity has been established are:

- The advancement of basic and clinical sciences concerned with the function and dysfunction of the urinary tract, bowel and pelvic floor.
- To raise public awareness of both urinary and anal incontinence, and other functional abnormalities, including obstruction and pain, and the fact that it can be corrected, improved or at least better managed, and to enhance the knowledge and skills of health professionals involved in prevention and management of incontinence and thereby to improve the standard of healthcare delivery

Considerable public benefit arises from these two aspects of the Society's educational work. With regard to the general public, significant and often harmful misunderstandings and stigmas still surround relevant medical conditions. With regard to healthcare professionals, their knowledge and skills are increased, to the benefit of current and future patients, by the dissemination of knowledge and sharing of best practice at events such as the Society's annual international scientific meeting and the workshops and courses it facilitates (many of which are offered for free). The ICS continues to allow free access to its website to allow non-ICS members to utilise the vast database of incontinence research now held within it. For those interested in becoming members of the ICS, the membership fee remains low and affordable. It is in this regard that the ICS Board of Trustees has considered the public benefit of the ICS. The ICS feels that it clearly has the Charities Act aims of advancement of education and of health or the saving of lives. The ICS now has members in over 70 countries and therefore is helping individuals suffering from incontinence related issues on a global level.

Scientific knowledge and expertise on incontinence issues are exchanged between the multi-disciplinary medical professionals through the various forums which the ICS provides, including the Annual Scientific Meeting, newsletters and publication of research through Journals. Best practices from countries with established continence awareness programmes are shared with others who are trying to set up continence programmes within their country, hospital or clinic. With the dissemination of research into incontinence relief, the direct beneficiaries are the patients of those individuals who are members of the ICS or those who attend our congresses and courses.

The main objectives for 2010 were to put in place the activities identified as part of the three year strategy. In addition, overall aims were to continue increasing the membership of the Society, through affiliating with other similar societies, and from countries visited by the ICS to hold an Education Course. In addition, the Charity aimed to encourage more delegates to submit abstracts for presentation at the Annual Meeting. This in turn is expected to encourage a greater attendance at the Annual Meeting.

### **History:**

With Peter Caldwell as president, Shedden Alexander as vice president and Eric Glen as the organising secretary, the inaugural meeting of the Continent Club was held in Exeter in 1971. Over 60 participants attended the meeting from several countries and it was hailed as a great success, both scientifically and socially.

At the same meeting Dr Smeekes, from The Hague, emphasised the importance of standardising the nomenclature used in urodynamics.

At the third ICS conference held in Copenhagen in 1973, Tage Hald was elected first Chair of the ICS Standardisation Committee. His committee published the first ICS reports between 1976 and 1981. The Society has gone on to publish many reports and retains the copyright, enabling them to be published in a range of international journals.

In 1998 the Society was set up as a UK Charity under the guidance of Paul Abrams and now boasts a membership of over 2,000 from 70 different countries covering many disciplines including physicians, surgeons, nurses, physicists, physiotherapists, bio-medical engineers and scientists. The founder members decided that the Society should meet annually with a different meeting chair and venue each year. This Annual Meeting remains today one of the most valued dates in the urological and gynaecological calendars, attracting in excess of 3,000 delegates from all corners of the globe.

## **Structure, Governance and Management**

### **Board of Trustees**

The Board of Trustees is required to meet two times per year and is responsible for:

- The long-term direction of the Society
- The development of new projects in line with the Society's charitable aims
- Ensuring the Society's charitable aims and objectives are met
- Inspection of the Society's annual accounts
- Ensuring suitable accounting policies are established and applied consistently
- Monitoring and reporting the financial position to membership
- Safeguarding the assets of the charity and applying them properly
- Ensuring the Society is operating efficiently and effectively
- Ensuring proper records and reliable financial information are maintained
- Method, policies and procedures for recruitment, appointment, induction and training of new trustees

All nominated candidates for trustee positions will receive documents outlining their duties,

responsibilities and any risks pertaining to the role of trustee. They can request attendance at a meeting of the Board of Trustees as observers, in preparation of their possible appointment, with the agreement of the Board.

The Nominations Committee will review all candidates for their suitability, prior to their nominations being put to the membership. All trustees are elected by the membership.

The Trustees have initiated a Statement of Policy with regard to the recruitment, induction and training of committee members. This endeavours to ensure that individuals with an interest in the works of the charity, with appropriate range of expertise and sufficiently diverse skills to provide a reasonable representation of the community are recruited, appointed and subsequently adequately versed in the affairs of the charity and the requirements and responsibilities of charity trusteeship.

## **Management Structure**

The ICS is a Company Limited by Guarantee governed by its Memorandum and Articles of Association, together with regularly updated Bylaws. These reflect the current activities of the Charity.

As a UK Registered Charity, the ICS Trustees are held responsible ultimately for the Charity and its affairs. However, the Society has a management structure and Bylaws which ensure that members have sufficient input on all decisions within the Society. The ICS is now made up of a large reinforced Board of Trustees which reflects the multi-disciplinary and geographical aspects of the society. These Trustees were nominated and elected by the membership and all major disciplines of the ICS are represented. Day-to-day management of the ICS has been delegated to the Executive Committee of the Board of Trustees. The Executive Committee are members of the Board of Trustees and were voted in by the Trustees.

Under supervision of the Trustees and the Executive Committee, day-to-day management of the Charity, the Society, its trading subsidiary and office staff, is delegated to the Administrative Manager. The Administrative Manager is a full-time employee of the Society and its trading subsidiary and reports directly to the Trustees who are ultimately responsible for the management and finances of the Society, as well as the review and approval of administrative procedures implemented by the Administrative Manager.

## **ICS Committees 2010**

The ICS currently has the following committees which focus on the different aspects of the ICS and through the direction of the Board of Trustees undertake projects to assist the Board to achieve its overall strategy and for the Charity to meet its aims.

- ICS Education Committee
- ICS Standardisation Committee
- ICS Children's Committee
- ICS Continence Promotion Committee
- ICS Publications and Communications Committee
- ICS Neurourology Promotion Committee
- ICS Ethics Committee
- ICS Meetings Committee

- ICS Scientific Committee
- ICS Nursing Committee
- ICS Physiotherapy Committee
- ICS Fistula Committee
- ICS Urodynamics Committee (newly formed in 2010)

A chair for each of the above-mentioned committees is elected by electronic membership ballot, to hold office for three years (with the exception of the Scientific Committee chair who is in post for one year). Further information about the remit of each committee can be found on the ICS website.

### **Related Parties**

The Charity's wholly owned subsidiary Conticom ICS Limited was established to undertake the commercial trading activities of the Charity. Conticom ICS Limited gift aids its profits to the Charity.

### **Risk Management**

The Trustees have implemented a formal risk management process to assess business risks and implement risk management strategies.

The Trustees have identified the types of risks the Charity faces, and have prioritised them in terms of potential impact and likelihood of occurrence, and identified, where possible, means of mitigating the risks. The adequacy of internal controls is reviewed and costs of implementing new controls compared to benefits obtained and implemented, if agreed. Procedures have been established for reporting failure, immediately, to appropriate levels of management and to the Board of Trustees.

The task of monitoring the Charity's financial control systems and procedures is delegated to the ICS Treasurer (Ajay Singla). In conjunction with the Administrative Manager and the Charity's auditors (Goldwyns [Bristol] Limited), the Treasurer reviews and reports to the Trustees on the working of these systems and procedures in relation to the wider issue of managing major risks identified as arising from or in connection with the Charity's activities.

The Trustees continue to keep under review the adequacy of our systems which are, in our opinion, appropriate for the Charity at present.

The Trustees believe an area of risk requiring particular attention is the ICS Annual Meeting, where possible cancellation or postponement due to terrorist attacks or natural disasters is a major concern. The Charity has passed on the major risk to our new permanent Congress Organiser who, from 2008, has borne the financial risk of any cancellation or postponement. The Trustees are also ensuring that adequate levels of insurance are sought for each event.

A Nominations Committee has now been established to ensure that suitable Trustee candidates are put forward for ballot by the membership.

Although all efforts are made to ensure the administration of the Society could continue efficiently should certain key members of staff leave or be absent for any length of time, the positions of Administrative Manager and IT Director are of particular importance.

With regard to the Society's finances, the bookkeeper and Auditors are fully aware of the current status and systems used and could take over from the Administrative Manager in an emergency. A selected group of the Trustees and the Administrative Manager are all signatories to the Society's accounts and therefore the accounts can be maintained.

With regard to IT systems, the IT Director is documenting all design and maintenance work to ensure that another IT specialist could take over in an emergency. All systems and the ICS website are backed up and stored off site.

Wherever possible, all ICS office staff are trained and briefed in all office procedures.

## **Objectives and Activities**

The strategies employed in the year under review to achieve the Charity's objectives were:

- Implementation of the activities identified as part of the three year strategy
- To host the 2010 Annual Meeting in Toronto joint with the International Urogynecological Association (IUGA) and to increase delegate numbers and therefore income.
- To continue Educational Courses
- To increase membership levels

## **Achievements and Performance**

### **ICS Three Year Strategy**

Jacques Corcos, appointed ICS General Secretary in 2008, agreed a three year strategy with the Board of Trustees and the ICS membership. The main objectives are:-

- The development of science with greater accessibility by all to research, training and scientific information
- A revisit of the Society's structure and governance, including a deep analysis of how our money is acquired and spent
- Attention and pro-action to address incontinence among the disadvantaged

The taskforces, which were set up in 2009, continued with their work, bringing recommendations to the Board for agreement. The following describes their individual achievements.

#### **Meetings Task Force:**

Introduced benchmarked Annual Scientific Meeting (ASM) budgets and updated the ASM guidelines accordingly. In addition, in light of results from the annual meeting survey, the cost of ICS social events has been allocated set limits.

**Industry Task Force:** This Task Force has been looking into ways in which the ICS can enter into relationships with industry while doing so in an ethical way and one that helps the ICS meet its objectives.

#### **Awards Task Force:**

The Task Force has implemented new awards and fellowships, to join the existing opportunities available for the public benefit of the ICS membership and beyond. The new awards/fellowships are fellowships in research/clinical and neurourology/urodynamics; the latter is supported by Laborie.



**Scientific Task Force:**

Plans for research grants are now finalised, with two available: the Emerging Team grant, and the Pilot Research Grant. In total these awards offer £60,000 in funding for the selected candidates.

**Foreign Affairs Task Force:**

Continued affiliations with the Turkish Continence Society and the Italian Society for Urodynamics (SIUD). Plans are in motion for the Iranian Continence Society and the Pan Arab Continence Society to affiliate in late 2010 or early 2011. Discussions are underway with a number of other societies who are interested in affiliating in 2011. The Task Force also plan to hold a special meeting at the 2011 annual meeting, whereby the ICS will meet national societies to better explain the benefits of affiliating with the the ICS. Affiliation and close links to other societies remains a strategy of the ICS.

**Governance Task Force:**

The group modified its structure to include more trustees, and changed its title to the Internal Structure Governance Task Force. The main roles/objectives are to consider external advice and then amend the governance structure of the ICS to suit strategical requirements. The group held its third meeting in December 2010. It was agreed to propose to the Board of Trustees that a new governance model for the ICS be introduced in 2011. The Task Force is also working to ensure that all ICS committees have a valid and coherent terms of reference document. When complete, these will be placed on the ICS website for reference by the ICS membership.

**Incontinence and Fistula for the Disadvantaged Task Force:**

This Task Force has now been disbanded and set up instead as a formal Fistula Committee. The committee ran its first fistula surgical training course in Cairo, Egypt in January 2010. Evaluation results from the course were positive and more courses are now in the planning stages.

**ICS Annual Scientific Meeting 2010**

The Annual Meeting remains the main focus of the ICS and consists of a scientific programme selected from submitted abstracts, along with workshops, courses, committee meetings and the Society's Annual General Meeting. The ICS policies, with respect to the Annual Meeting, are to be found in 'The ICS Annual Meeting Guidelines', which is available from the ICS office or website ([www.icsoffice.org](http://www.icsoffice.org)).

The 40th Annual Meeting of the International Continence Society took place this year in Toronto, Canada. This was the third joint meeting with IUGA (International Urogynecological Association). The meeting was attended by 3534 delegates from 74 countries, and had over 40 exhibition stands. The Trustees were very pleased to see a record attendance, especially considering that the meeting took place during the continuing economic downturn.

The joint meeting achieved its highest ever number of submitted abstracts at 1374, with 1253 accepted and 298 presented orally in 30 sessions. This is a strong indication that the joint meetings are valued scientifically by medical professionals internationally. All 2010 abstracts were made available on a usb stick given to each delegate. All abstracts are also available to read in full on the ICS website.

The education programme consisted of 48 workshops, chosen from a record 108 applications. Attendance was slightly lower than normal in these workshops and this will be taken into consideration for the future. The AGM saw the re-appointment of a Trustee and the Treasurer. The membership also voted in favour of amendments to the ICS Articles of Association.

According to the Annual Scientific Meeting guidelines, the Chairman must identify a Charity or not-for-profit institution with similar aims to the ICS which will receive a donation from the ICS of €50,000. Due to the joint meeting, this year €50,000 was allocated to each joint chairman: Sender Herschorn as the ICS representative, and Harold Drutz as the IUGA representative. Sender Herschorn's charitable donation was to the Mount Sinai Hospital, Gynecology Research Fund. Harold Drutz's charitable donation was to Sunnybrook Health Sciences Centre, Urology, Education and Research Fund.

Our sincere thanks go to Sender Herschorn, Harold Drutz and their organising committee for their hard work and commitment to making the joint ICS-IUGA meeting the success it was.

The Charity's wholly owned subsidiary Conticom-ICS Limited, operates the Annual Meeting and its profit is gift aided to the ICS.

### **Educational Courses 2010**

The ICS Education Committee has continued its successful add-on educational course format. Add-on courses are where the ICS contributes with faculty to an existing local meeting. Add-on courses have a number of benefits over stand-alone courses as they allow the ICS to have more courses at already established meetings ensuring correct target audience and bearing less risk.

Therefore, by focusing on add-on courses a wider range of educational opportunities can be undertaken each year, which allows the ICS to further extend the sharing of good practice and knowledge. The Educational Course Guidelines have been updated in general, and work is underway to make the development of add-on courses more inclusive across other ICS medical disciplines.

Courses held in 2010 are outlined below.

#### **Sharm, Egypt, 4-6 February 2010**

The first add-on education course of 2010 was held in collaboration with the 6th Pan Arab Continence Society (PACS) meeting. Six ICS speakers attended the meeting: Werner Schaefer, Soren Brostrøm, Jacques Corcos, Marcus Drake, Hashim Hashim and Helmut Madersbacher. The 2.5 day programme was attended by approximately 180 delegates.

#### **Santiago, Chile, 22-24 April 2010**

In April 2010, the ICS and the Chilean Society of Urology jointly held an education course focused on Dysfunction of the Lower Urinary Tract, in Santiago, Chile. The course began with a Urodynamics workshop attended by 60 delegates. The full education course was held over 23-24 April and was attended by no fewer than 200 participants from Chile, Argentina and Peru. The ICS sent four speakers. The speakers' chosen subjects were greatly valued by the delegates who actively participated during the round table sessions.

#### **Bucharest, Romania, 7-8 May 2010**

The first ICS educational course in Romania was held as an add-on course to the 7th National Congress of the Romanian Society of Uro-Gynaecology. Eight ICS speakers presented at the course, including topics in the field of nursing, urology, gynaecology and physiotherapy. There were 400 registered participants, including, gynaecologists, neurologists, rehabilitation medicine doctors, urologists, physiotherapists and nurses. The objectives of this course were: to present the current standards of incontinence care to the different specialities involved, to raise the interest of the physiotherapist in pelvic floor rehabilitation, to start nurses training as continence nurses, to give a state-of-the-art presentation on neuro-urology.

**Istanbul, Turkey, 22-24 September 2010**

A highly successful multi-disciplinary education course on prevention of childbirth-induced pelvic floor dysfunction was held in Istanbul, Turkey. The course was offered in collaboration with the meeting of the Turkish Society of Urogynecology and Pelvic Reconstructive Surgery. Thirteen faculty from Turkey and four international faculty attended from the ICS. Course content was comprehensive and based on the most current research evidence. Topics addressed the physiological changes of the pelvic floor during childbirth and injury and epidemiology of childbirth-related pelvic floor dysfunction.

**Beijing, China, 26-27 September 2010**

The fourth visit of the ICS to China was held at the brand new and impressive University of Peking Wu Xieping Urology Center in Beijing. The visit was ground-breaking, as it included for the first time in China an ICS specialist continence nursing course. This was run for a full day by ICS speakers, Mandy Fader and Katherine Moore, and was attended by 300 nurses in a well-filled auditorium. On the medical side, a well-attended urodynamics workshop was run by ICS speakers, Marcus Drake and Werner Schaefer, covering technical and clinical aspects of good urodynamic practice.

**Limassol, Cyprus, 23-27 October 2010**

The second ICS course in Greece was held as an add-on course to the 20th National Congress of the Panhellenic Annual Urological Meeting. Six ICS speakers presented at the course, including topics in the field of urology, gynecology. Stavros Charalambous, the host to the ICS, described the course as a truly an invaluable experience.

**Guest lectures**

Official ICS lectures continue to be another effective and economic form of educational and promotional activity for ICS. These are presented at relevant events by qualified ICS members, either by invitation, or on suggestion and with financial support of the ICS.

**Belgium**

Dirk de Ridder presented an ICS lecture at the Fédération des Associations et Sociétés d'Urologie (FASULF) meeting held in Brussels, Belgium

**Italy**

Karl-Dietrich Sievert delivered a lecture, titled "Stem cells and Nerve re-routing in lower urinary tract dysfunctions. What is true and what is false?" to the SIUD's annual meeting in Verona, Italy.

**Brazil**

Werner Schaefer delivered an internet lecture to to the South Brazilian Urology Conference, held in Porto Alegre, Brazil.

**Chile**

Francesco Pesce gave a lecture on "Pudanal Neuropathy" at the 2010 CAU meeting in Santiago, Chile.

**Turkey**

Peter Rosier presented a lectures on "ICS standardisation of terminology" at the annual meeting of the Turkish Association of Urology. Peter, Victor Nitti, Ajay Singla and Roger Dmochowski represented the ICS at a Urodynamic training workshop also held during the conference.

## **South Africa**

The ICS sent two speakers to Durban, South Africa to present at the 28th Biannual Congress Of The Urological Association Of South Africa (SAUA 2010). An ICS office member also attended to promote the ICS at the meeting's exhibition.

## **ICS Membership**

For the third year running the ICS achieved its record number of membership subscriptions of 2403 in 2010 (2341 in 2009). Increase in membership was represented by 484 new members and 1919 returning members, a very impressive retention ratio of 80%. The Annual Membership subscription fee remains at £50 even though this is at a loss to the ICS, it is felt that it is important to keep the subscription low to encourage more members from varying disciplines and to not discriminate those with lower incomes.

The ICS would have expected a larger increase in 2010, but the joint annual meeting meant that membership was split across IUGA and the ICS in order to achieve the annual meeting discount. The ICS hopes, and expects break our membership record for the fourth year running in 2011.

## **Other committee activities**

There were several projects that occurred in 2010 and some notables achievements are highlighted.

## **Fistula Committee**

The ICS ran its first workshop on Fistula in January 2010. The workshop was held at Ain Shams University Hospital in Cairo, Egypt. Applications were requested for places on the workshop, with 5 spaces offered as full contribution (flights, course fees and accommodation covered by the ICS), 3 as partial contribution (course fees and accommodation covered by the ICS), and 2 as no contribution (all fees paid by the participant). The group were involved intraoperatively with the repair of 6 real life fistula cases with variable causes. Evaluation scores were impressive, with one participant saying that he now felt much more confident to use the techniques he had just learnt, while another was really excited to be equipped with the requisite experience and know-how to be able to operate on cases waiting for him at his hospital. The workshop directly meets the aims of the ICS to prevent, treat and care for incontinence. This also meets the third item of the 3 year action plan, to pro-actively address incontinence among the disadvantaged. A further two workshops are planned for 2011.

## **Continence Promotion Committee**

The second World Continence Week was held in 2010 from June 21-27. The aim of World Continence Week is to raise awareness of bladder and bowel health issues and improve the lives of people with incontinence worldwide by drawing the attention of the general public and the global medical community to the life situation of people with incontinence. An increasing number of events are being held worldwide to mark this special week, ranging from public forums in Japan to a public outdoor health fayre in Chicago, USA.

## **Publications and Communications Committee**

The committee ensured that the twice yearly ICS News publication was published to the highest standards. The team behind ICS News received a warm round of applause at the AGM. The committee is now looking at a more engaging way of sending ICS news items to members. The committee also organised the official ICS press conference during the annual meeting.

## **Nursing Committee**

The committee's Nursing Practice sub-committee sent out two international surveys regarding

nursing practices. The results of these surveys were presented at the nursing forum during the annual meeting. The committee plan to make more extensive use of the ICS website in their communication with nurses and ICS members.

### **Education Committee**

The committee plans and delivers all of the ICS education courses and guest lectures, as explained in more detail in this report. The committee delivered its highest number ever of both courses and lectures in 2010.

### **Physiotherapy Committee**

The committee ran the 9<sup>th</sup> Round Table meeting for physiotherapists during the ICS annual meeting. The committee is also creating a complete list of interested physiotherapist speakers for educational courses. Work was also begun on creating a website with educational, scientific and communication information for medical professionals.

### **Nerve Re-routing meeting**

A research meeting was led by Jacques Corcos (ICS General Secretary) in mid October 2010. A group of experts, invited on the basis of their experience in the nerve re-routing concept and it's clinical applications, met in South Florida for a brainstorming meeting. The goal of this intensive review of existing data and in-depth discussion was to allow the International Continence Society to adopt a position regarding this technique and to decide whether future research in this field should be supported by the Society. A consultation will subsequently be held with the ICS membership.

### **IT Department – Development Projects**

The IT department grew to 3 staff in 2010 with the addition of Chris Angle, ICS Flash Developer/Designer. He has added some key design skills to the ICS team and will be working on the new eLearning Platform, as well as many graphical design tasks within the organisation.

The General Secretary was very keen to see changes to the ICS website to make it friendlier, more useful and easier to use for our members. For some time the Publications and Communications Committee have been working on advancing the website to deliver on these challenges and much work has been done to launch it before the Toronto meeting. The new website is more than just a cosmetic change - this is probably the biggest “look and feel” change we have made on the website since the new branding designs for the ICS in 2005.

After all records were broken for Workshop and Abstract submission, this year all workshops and abstracts have been reviewed online with the latest systems being the workshops module and online video review system

The IT department has been developing a new flash based eLearning platform. The new platform will provide CME accredited eLearning content on the website. By utilising existing webcasts of workshops work is underway to transform them into eLearning modules, with video and slide presentations, handouts, multiple choice questions, evaluation and feedback and CME points and certificates.

### **Conticom ICS Limited**

The trading subsidiary continued to support the Charity in meeting its objectives.

## **Financial Review**

### **Investment Performance**

Surplus funds invested during the year in interest bearing deposit accounts earned income of £3,528 (2009 £12,166)

### **Reserves Policy**

The Trustees of ICS have adopted this reserves policy in order to determine prudent levels of financial reserves which ICS should maintain. The process for setting and monitoring the annual budget will take account of the level of reserves set by this policy. Reserves are maintained:-

- a) To provide a safeguard of two years' estimated operating costs of ICS and Conticom ICS Limited.
- b) To provide an element of contingency for unforeseen liabilities.
- c) To provide a permanent base for the Charity and safe guard future projects.

In determining the level of reserves the Trustees have taken into account the average annual combined operating costs of the last two years; 2010: £596,488; 2009: £546,698. They have also allowed, within the contingency element, a figure of £50,000 in case of liabilities arising against ICS in respect of the Annual Meeting. The Trustees consider it appropriate to retain two years' operating costs as ICS operates on an annual cycle and its key annual event (the Annual Meeting) has to be pre-planned on a four year cycle. Therefore, the aimed level of reserves for year ended 31.12.2010 should be two years at an average of £571,593 plus the contingency of £50,000, giving a total of £1,193,186.

The Annual Meeting is an annual international medical and scientific conference for specialists in the medical and scientific disciplines relevant to the charitable objects of ICS. Organisation of the Annual Meeting is contracted to an organiser (this has been Kenes International, since 2008 and will continue to be until 2014), by Conticom ICS Limited (the wholly-owned trading subsidiary of ICS).

The terms of the relevant agreement (on which legal advice was taken) provide for the organiser to accept all financial risks and for a proportion of any net surplus to be passed to ICS via Conticom ICS Limited. However, notwithstanding the provision regarding financial risks, the trustees consider it prudent to retain the contingency figure stated in case any liability should be alleged against ICS in the event of a major failure of the Annual Meeting, such as cancellation.

As of 31st December 2010, the consolidated balance sheet showed the Charity and its subsidiary had combined carried forward funds of £1,760,667, (2009: £1,681,925). The Trustees are aware of the surplus reserves held and are considering ways in which to utilise these extra funds in line with the charitable aims of the Charity.

### **Principal funding sources**

The principal funding sources of the Charity in the year were the annual meeting income of £503,986 (2009: £467,214), membership fees £118,433 (2009: £112,116) and donations and gifts totalling £42,207 (2009: £20,342).

With this funding the Charity has been able to finance the annual meeting in Toronto, additional educational activities, the running costs of the ICS Office and continues to produce the membership book and newsletters and the subscriptions to the NUU Journal. In addition it has allowed the Trustees, Executive, Education, Publication and Communication and Continence Promotion

Committees to meet outside of the Annual Meeting which has been found to be extremely useful in driving forward their ongoing projects.

The total profits of the trading subsidiary were £339,717 (2009: £267,268), of which £338,432 (2009: £266,444) was gifted to the Charity to minimise any tax liability. The Trustees are pleased with the commercial success of the subsidiary which supports the Charity in meeting its objectives.

### Resources Expended

The principle resources expended of the Charity in the year were Educational Activities £141,436 (2009: £96,641), Publication of Research £173,863 (2009: £171,331), Annual Meeting expenditure £164,276 (2009: £200,029) and Governance Costs £116,913 (2009: £78,697).

As requested by the membership below is an overview of the Annual Meeting income and expenditure and surplus.

	£	£	£	£	£
	2006	2007	2008	2009	2010
<b>Sponsorship &amp; exhibition</b>	623,872	1,049,986	654,254	941,487	1,385,400
<b>Registrations</b>	534,042	766,605	721,975	821,835	1,148,963
<b>Other income</b>	49,208	86,453	76,252	106,211	88,983
<b>Total income</b>	1,207,122	1,903,044	1,452,481	1,869,533	2,623,346
<b>Total expenditure</b>	882,614	1,617,964	1,144,711	1,533,450	1,787,507
<b>Surplus</b>	324,509	285,080	307,770	336,083	835,839
<b>Surplus of which Conticom received including Scientific Services Fee</b>	243,381	323,333	** 457,148	** 426,032	*** 496,588
<b>Donation to ICS</b>	309,033	190,319	227,912	266,444	338,432

\*\* Due to Kenes International now being the permanent congress organiser for the ICS Annual Meeting all surplus after costs are due to Conticom.

\*\*\* In 2010 the surplus was shared with IUGA as this was a joint meeting

### Investment Powers and Policy

Under the Memorandum and Articles of Association, the charity has the power to invest in any way the Trustees wish. The Trustees, having regard to the liquidity requirements of operating the Charity and to the reserves policy, operated a policy of keeping approximately 50% of total funds available in interest bearing, yet instant access accounts. During the year, the remaining 50% was deposited into a fixed rate bond account, to gain a better rate of interest with minimal related risk.

## **Plans for Future Periods**

The Board of Trustees will continue its work surrounding the strategy and continue its work within the taskforces with the aim to produce more projects and activities that meet the charitable aims of the society. The following initiatives planned for 2011 will draw on the excess reserves held by the society and will extend the charitable activities of the ICS.

### **ICS Annual Meeting 2011**

Chair– Ian Ramsay

The 41<sup>st</sup> Annual Meeting of the International Continence Society will take place at the Scottish Exhibition and Conference Centre (SECC) in Glasgow, Scotland. This will be the second time the ICS annual meeting has been held in Glasgow, with 1975 being the first occasion. The meeting will open with ever popular ICS workshops programme (29<sup>th</sup> – 20<sup>th</sup> August), and will be followed by the diverse scientific programme (31<sup>st</sup> August to 2<sup>nd</sup> September) which will cover the cutting edge science that has come to be expected of the ICS meeting. The ICS expects this to be one of the most socially exciting meetings too, with plenty of Scottish spirit and flavour.

### **Future Meetings**

ICS 2012 - Beijing, China. Chair, Limin Liao

ICS 2013 - Barcelona, Spain. Chair, David Castro

ICS 2014 - Rio de Janeiro, Brazil. –Chair: Carlos D’Ancona

### **ICS History**

The ICS History book, encapsulating the first 40 years of the ICS, is planned to be unveiled at the annual meeting in Glasgow. Sincere thanks go to Ted Arnold, Eric Glen and Norman Zimmer for their time and dedication in creating this momentous publication.

### **Continence Promotion Committee Public Forum & World Continence Week**

The CPC will once again focus on the World Continence Week and ensure a public forum occurs in Glasgow.

### **Awards and Fellowships**

An increase in the number of awards and fellowship opportunities available to members. This will include two research grants per year.

### **IT Department – Development Projects**

E-Learning: Rolling out the eLearning System to members, filming more workshops and creating more online video eLearning content.

ICS Research Community Network: This initiative will create a database to store members interested in participating in research projects to allow members to network and create teams and find volunteer centres for their studies.

ICS Faculty: Creating an ICS Faculty database to store speakers from ICS courses, their interests, specialty, educational qualifications, geographical location and feedback from past events.

Affiliates Admin: A streamlined user-friendly system to allow admin staff to import affiliate members.

### **2011 Educational Courses**

The following Educational Courses are currently planned for 2011.

- Add-on course, Dubai



- Add-on course, Vietnam
- Add-on course, Brazil
- Add-on course, Colombia
- Add-on course, China
- Add-on course, Slovenia

### **Cadaver Course**

The ICS will investigate the feasibility of running a cadaveric training course, once per year in Porto, Portugal. The focus of the course would be to allow up to 6 delegates (young surgeons) to receive hands on surgical training on pelvic floor reconstruction. The course would be open to all international delegates with a preference for trainees and residents in Female Pelvic Medicine and Reconstructive surgery and/or Male Urology and those working in developing and resource-constrained countries.

### **Fistula Course**

Building on the success of the 2010 course in Cairo, the newly formed Fistula Committee aims to hold two more fistula training courses in 2011. These will again be primarily aimed at applicants from lesser developed countries. Possible destinations for the course include Uganda, China and a return to Egypt.

## **Trustees' Responsibilities in Relation to the Financial Statements**

The trustees (who are also directors of [name of charity] for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditor is unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

#### **Auditors**

A resolution will be proposed at the Annual General Meeting that Goldwyns (Bristol) Limited be re-appointed as auditors to the Charity for the ensuing year.

Approved, on behalf of the Trustees, by:

Treasurer  
Ajay Singla

Date

## **REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF THE INTERNATIONAL CONTINENCE SOCIETY**

We have audited the financial statements of The International Continence Society for the year ended 31 December 2010 which comprise the Statement of Financial Activities, the Consolidated Statement of Financial Activities, the Balance Sheet, the Consolidated Balance Sheet and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and Financial Reporting Standard for Smaller Entities (effective April 2008) (United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities).

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members as a body, for our audit work, for this report, or for the opinions we have formed.

### **Respective responsibilities of trustees and auditor**

As explained more fully in the Trustees' Responsibilities Statement set out on page 15, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's [(APB's)] Ethical Standards for Auditors.

### **Scope of the audit of the financial statements**

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the trustees; and the overall presentation of the financial statements.

### **Opinion on financial statements**

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 December 2010 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice (applicable to smaller entities); and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### **Opinion on other matter prescribed by the Companies Act 2006**

In our opinion the information given in the Trustees' Annual Report for the financial year for which the financial statements are prepared is consistent with the financial statements.

(continued)

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF  
THE INTERNATIONAL CONTINENCE SOCIETY**

**Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption in preparing the Trustees' Annual Report.

*Christopher Brown FCA (Senior Statutory Auditor)  
For and on behalf of Goldwyns (Bristol) Limited, statutory auditor  
9 Portland Square  
BRISTOL  
BS2 8ST*

*Date:*

THE INTERNATIONAL CONTINENCE SOCIETY

STATEMENT OF FINANCIAL ACTIVITIES  
(INCLUDING INCOME & EXPENDITURE ACCOUNT)  
FOR THE YEAR ENDED 31 DECEMBER 2010

		Unrestricted Year ended 31.12.10 £	Restricted Year ended 31.12.10 £	Total Year ended 31.12.10 £	Total Year ended 31.12.09 £
	Notes				
<b>Incoming resources</b>					
<b><i>Incoming resources from generated funds:</i></b>					
Voluntary Income:					
Donations and gifts	2	23,397	18,810	42,207	20,342
Investment Income					
Interest income	3	3,521	-	3,521	12,121
Gift aid donation from trading subsidiary	3	338,432	-	338,432	266,444
<b><i>Activities for generating funds:</i></b>					
Subscription income	4	118,433	-	118,433	112,116
<b><i>Incoming resources from charitable activities:</i></b>					
Educational activities		-	-	-	-
Other incoming resources	5	7,076	-	7,076	393
<b>Total incoming resources</b>		490,859	18,810	509,669	411,416
<b>Resources expended</b>					
<b><i>Costs of charitable activities:</i></b>					
Educational activities	6	140,986	450	141,436	96,641
Publication of research	6	173,863	-	173,863	171,331
<b><i>Governance costs</i></b>	7	116,913		116,913	78,697
<b>Total resources expended</b>		431,762	450	432,212	346,669
<b>Net incoming resources and net movement in funds for the year</b>		59,097	18,360	77,457	64,747
Transfers					-
Fund balances brought forward at 1 January 2010		1,645,978	3,308	1,649,286	1,584,539
Fund balances carried forward at 31 December 2010		1,705,075	21,668	1,726,743	1,649,286

All the above results are derived from continuing activities. All gains and losses recognised in the period are included above.

THE INTERNATIONAL CONTINENCE SOCIETY

CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES  
(INCLUDING CONSOLIDATED INCOME & EXPENDITURE ACCOUNT)  
FOR THE YEAR ENDED 31 DECEMBER 2010

		Unrestricted Year ended 31.12.10 £	Restricted Year ended 31.12.10 £	Total Year ended 31.12.10 £	Total Year ended 31.12.09 £
	Notes				
<b>Incoming resources</b>					
<b><i>Incoming resources from generated funds:</i></b>					
Voluntary Income:					
Donations and gifts	2	23,397	18,810	42,207	20,342
Investment Income					
Interest income	3	3,528	-	3,528	12,166
<b><i>Activities for generating funds:</i></b>					
Subscription income	4	118,433	-	118,433	112,116
<b><i>Incoming resources from charitable activities:</i></b>					
Educational activities		-	-	-	-
Annual meeting income		503,986	-	503,986	467,214
Other incoming resources	5	7,076	-	7,076	431
<b>Total incoming resources</b>		656,420	18,810	675,230	612,269
<b>Resources expended</b>					
<b><i>Costs of charitable activities:</i></b>					
Educational activities	6	140,986	450	141,436	96,641
Publication of research	6	173,863	-	173,863	171,331
Annual meeting expenditure	6	164,276	-	164,276	200,029
<b><i>Governance costs</i></b>	7	116,913		116,913	78,697
<b>Total resources expended</b>		596,038	450	596,488	546,698
<b>Net incoming/(outgoing) resources and net movement in funds for the year</b>		60,382	18,360	78,742	65,571
Transfers		-	-	-	-
Fund balances brought forward at 1 January 2010		1,678,617	3,308	1,681,925	1,616,354
Fund balances carried forward at 31 December 2010		1,738,999	21,668	1,760,667	1,681,925

All the above results are derived from continuing activities. All gains and losses recognised in the period are included above.

THE INTERNATIONAL CONTINENCE SOCIETY

BALANCE SHEET AS AT 31 DECEMBER 2010

		2010		2009	
	Note	£	£	£	£
<b>FIXED ASSETS:</b>					
Investments	13		1		1
<b>CURRENT ASSETS:</b>					
Debtors	14	516,014		517,847	
Cash at bank and in hand		<u>1,238,991</u>		<u>1,159,594</u>	
		1,755,005		1,677,441	
<b>CREDITORS:</b> Amounts falling due within one year	15	<u>28,263</u>		<u>28,156</u>	
<b>NET CURRENT ASSETS:</b>			<u>1,726,742</u>		<u>1,649,285</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES:</b>			<u>1,726,743</u>		<u>£1,649,286</u>
<b>FUNDS:</b>					
Unrestricted funds	17		1,705,075		1,645,978
Restricted funds	17		<u>21,668</u>		<u>3,308</u>
			<u>1,726,743</u>		<u>£1,649,286</u>

These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the Trustees on ..... and were signed on its behalf by:

A Singla - TRUSTEE

THE INTERNATIONAL CONTINENCE SOCIETY

CONSOLIDATED BALANCE SHEET AS AT 31 DECEMBER 2010

		2010		2009	
	Note	£	£	£	£
<b>FIXED ASSETS:</b>					
Tangible assets	12		9,450		9,841
<b>CURRENT ASSETS:</b>					
Debtors	14	462,730		357,800	
Cash at bank and in hand		<u>1,337,110</u>		<u>1,360,259</u>	
		1,799,840		1,718,059	
<b>CREDITORS:</b> Amounts falling due within one year	15	<u>48,623</u>		<u>45,975</u>	
<b>NET CURRENT ASSETS:</b>			<u>1,751,217</u>		<u>1,672,084</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES:</b>			<u><u>1,760,667</u></u>		<u><u>1,681,925</u></u>
<b>FUNDS:</b>					
Unrestricted funds	17		1,738,999		1,678,617
Restricted funds	17		<u>21,668</u>		<u>3,308</u>
			<u><u>1,760,667</u></u>		<u><u>1,681,925</u></u>

These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2007).

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THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2010

1. ACCOUNTING POLICIES

a) **Basis of Preparation**

The financial statements have been prepared under the historical cost convention, in accordance with the Statement of Recommended Practice (SORP 2005), Accounting and Reporting by Charities issued in March 2005, applicable accounting standards and the Companies Act 2006.

b) **Group Accounts**

The results of Conticom - ICS Limited, a wholly owned subsidiary, have been consolidated on a line by line basis in the Statement of Financial Activities and the Balance sheet. Exemption from preparing a cash flow statement under FRS 1 has been taken.

c) **Company Status**

The charity is a company limited by guarantee. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

d) **Fund Accounting**

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

e) **Incoming Resources**

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Incoming resources from subscriptions are recognised in the Statement of Financial Activities on a calendar year basis and are deferred where they are received in advance.

f) **Resources Expended**

All expenditure included in the Statement of Financial Activities is accounted for on an accruals basis. Charitable activities include expenditure associated with the educational activities and the provision of membership services and includes both the direct costs and support costs relating to these activities. Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements. Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, e.g. staff costs by their time spent and other costs by their usage. Any irrecoverable VAT is charged to the Statement of Financial Activities or capitalised as part of the asset cost, where appropriate.

g) **Tangible Fixed Assets Depreciation**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and fittings	- 25% on cost
Computer equipment	- 33% on reducing balance

h) **Company Investments**

The investment in the subsidiary is stated at cost.

i) **Foreign Currencies**

Transactions in foreign currencies are recorded at the rate ruling at the date of transaction. Monetary assets and liabilities are retranslated at the rate of exchange ruling at the balance sheet date. All differences are taken to the Statement of Financial Activities.

j) **Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities over the period to which they relate.

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2010

k) **Pension costs**

The charity operates a defined contribution pension scheme. Contributions payable for the year are charged in the Statement of Financial Activities.

2. **DONATIONS AND GIFTS**

	Charity		Group	
	2010	2009	2010	2009
	£	£	£	£
Royalty income	23,397	20,342	23,397	20,342
Other donors	18,810	-	18,810	-
	<u>42,207</u>	<u>20,342</u>	<u>42,207</u>	<u>20,342</u>

3. **INVESTMENT INCOME**

	Charity		Group	
	2010	2009	2010	2009
	£	£	£	£
Interest receivable	3,521	12,121	3,528	12,166
Gift aid donation from trading subsidiary	338,432	266,444	-	-
	<u>341,953</u>	<u>278,565</u>	<u>3,528</u>	<u>12,166</u>

4. **SUBSCRIPTION INCOME**

	Charity & Group	
	2010	2009
	£	£
Deferred balance brought forward	12,135	4,990
Membership income received during the year	119,008	119,261
Deferred balance carried forward	<u>(12,710)</u>	<u>(12,135)</u>
	<u>118,433</u>	<u>112,116</u>

5. **OTHER INCOMING RESOURCES**

	Charity		Group	
	2010	2009	2010	2009
	£	£	£	£
Expenses reimbursement	-	356	-	356
Exchange rate gain	7,076	-	7,076	-
HMRC on-line filing incentive	-	37	-	75
	<u>7,076</u>	<u>393</u>	<u>7,076</u>	<u>431</u>

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2010

6. ANALYSIS OF CHARITABLE EXPENDITURE

	Educational Activities	Publication of Research	Annual meeting	Total 2010	Total 2009
	£	£	£	£	£
Journal and other membership costs	-	75,750	-	75,750	76,409
Travel and subsistence costs	20	20	-	40	3,977
Advertising and promotional events	-	2,653	-	2,653	15,611
Publication committee costs	-	753	-	753	407
Education committee costs	8,562	-	-	8,562	9,223
Nurses meeting costs	340	-	-	340	8,352
Nurses website costs	-	-	-	-	-
Advisory committee costs	-	-	-	-	-
Continence Promotion Committee costs	11,917	-	-	11,917	10,480
Standardisation Committee costs	1,165	-	-	1,165	5,060
Awards, grants and fellowships	9,216	-	-	9,216	4,433
Educational activity costs	72,184	-	-	72,184	27,388
Printing and postage costs	2,449	11,032	-	13,481	15,804
Staff costs	27,152	71,124	-	98,276	68,879
Finance costs	1,486	5,586	-	7,072	11,629
Support costs (detailed in note 8)	6,945	6,945	-	13,890	10,320
<b>Charity total</b>	<u>141,436</u>	<u>173,863</u>	<u>-</u>	<u>315,299</u>	<u>267,972</u>
Annual meeting expenses	<u>-</u>	<u>-</u>	<u>164,276</u>	<u>-</u>	<u>200,029</u>
<b>Group total</b>	<u>141,436</u>	<u>173,863</u>	<u>164,276</u>	<u>315,299</u>	<u>468,001</u>

7. GOVERNANCE COSTS

	Charity & Group	
	2010	2009
	£	£
General Secretary costs	8,519	4,871
Printing and postage costs	-	724
Trustees' board costs	66,516	36,343
Staff costs	13,295	12,394
Support costs (detailed in note 8)	28,583	24,365
	<u>116,913</u>	<u>78,697</u>

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2010

8. SUPPORT COSTS

	Educational Activities Costs £	Publication of Research Costs £	Governance Costs £	Charity & Group	
				Total 2010 £	Total 2009 £
Phone	1,053	1,053	-	2,106	1634
Insurance	197	197	859	1,253	768
Rent, rates, light and heat	4,101	4,101	-	8,202	6,874
Sundry	1,594	1,594	-	3,188	1,286
Auditors remuneration (note 11)	-	-	11,459	11,459	11,882
Legal and professional	-	-	16,265	16,265	12,241
	<u>6,945</u>	<u>6,945</u>	<u>28,583</u>	<u>42,473</u>	<u>34,685</u>

9. TRUSTEES REMUNERATION

The trustees neither received nor waived any emoluments during the period (2009: £Nil).

Out of pocket expenses were reimbursed to trustees as follows:

	Charity & Group		Charity & Group	
	2010 Number	2009 Number	2010 £	2009 £
Travel and meeting expenses	21	19	72,402	43,787
Education course expenses	6	6	<u>16,265</u>	<u>8,371</u>
			<u>88,667</u>	<u>52,158</u>

10. STAFF COSTS

	Charity		Group	
	2010 £	2009 £	2010 £	2009 £
Wages and salaries	95,217	71,346	190,434	142,718
National insurance contributions	9,963	7,367	19,927	14,733
Pension contributions	1,602	1,910	3,204	3,821
Recruitment and training	4,789	650	8,825	1,398
	<u>111,571</u>	<u>81,273</u>	<u>222,390</u>	<u>162,670</u>

One employee earned more than £60,000 during the year.

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2010

The average number of full-time equivalent employees during the year was as follows:

	Charity		Group	
	2010	2009	2010	2009
	Number	Number	Number	Number
Governance	1	1	1	1
Educational activities	1	1	1	1
Publication of research	2	1	2	1
Meeting co-ordinators	2	2	2	2

11. AUDITORS REMUNERATION

The auditors' remuneration consists of the following:

	Charity		Group	
	2010	2009	2010	2009
	£	£	£	£
For audit services	5,400	4,700	10,000	8,900
For accounting services	2,760	2,350	4,610	4,950
For preparation of consolidated accounts	1,560	2,325	1,560	2,325
For general advice, meetings & other services	1,739	2,507	2,529	2,997
	<u>11,459</u>	<u>11,882</u>	<u>18,699</u>	<u>19,172</u>

12. CONSOLIDATED TANGIBLE FIXED ASSETS

	Fixtures and Fittings	Computer Equipment	Total
	£	£	£
<b>COST:</b>			
At 1 January 2010	8,553	32,298	40,851
Additions	607	4,610	5,217
Disposals	(61)	(2,764)	(2,825)
	<u>9,099</u>	<u>34,144</u>	<u>43,243</u>
At 31 December 2010			
<b>DEPRECIATION:</b>			
At 1 January 2010	6,117	24,893	31,010
Charge for year	1,387	3,840	5,227
Eliminated on disposals	(61)	(2,383)	(2,444)
	<u>7,443</u>	<u>26,350</u>	<u>33,793</u>
At 31 December 2010			
<b>NET BOOK VALUE:</b>			
At 31 December 2010	<u>1,656</u>	<u>7,794</u>	<u>9,450</u>
At 31 December 2009	<u>2,436</u>	<u>7,405</u>	<u>9,841</u>

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2010

13. CHARITY FIXED ASSET INVESTMENTS

	£	
<b>COST:</b>		
At 1 January 2010		
and 31 December 2010		<u>1</u>
<b>NET BOOK VALUE:</b>		
At 31 December 2010		<u>1</u>
At 31 December 2009		<u>1</u>
	2010	2009
	£	£
Unlisted investments	<u>1</u>	<u>1</u>

The charity's investments at the balance sheet date in the share capital of unlisted companies include the following:

**Conticom - ICS Limited**

Country of incorporation: England & Wales

Nature of business: Conference facilitator %

Class of shares: holding

Ordinary 100.00

	2010	2009
	£	£
Aggregate capital and reserves	33,925	32,640
Profit/(loss) for the year	<u>1,285</u>	<u>824</u>

**Results and net assets/(liabilities) of Conticom – ICS Limited**

	£
Turnover:	
Annual meeting income	503,986
Cost of sales:	
Annual meeting expenses	<u>(34,435)</u>
Gross profit	469,551
Administrative expenses (excluding gift aid donation)	<u>(129,841)</u>
Operating profit/(loss)	339,710
Interest receivable and other similar income	<u>7</u>
Net income/(loss)	339,717
Amount gift-aided to the charity	<u>(338,432)</u>
Retained profit for the year	1,285
Retained profit brought forward	32,639
Retained profit/(loss)carried forward	<u>33,924</u>
Assets	537,257
Liabilities	503,332

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2010

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2010	2009	2010	2009
	£	£	£	£
V.A.T	-	-	-	-
Trade debtors	-	-	426,370	327,298
Prepayments	9,635	6,214	12,800	10,150
Amounts due from group undertaking	482,972	491,281	-	-
Other debtors	23,407	20,352	23,560	20,352
	<u>516,014</u>	<u>517,847</u>	<u>462,730</u>	<u>357,800</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2010	2009	2010	2009
	£	£	£	£
Trade creditors	-	-	101	89
Other creditors	5,091	4,642	7,289	6,753
Social security and other taxes	-	-	9,864	8,061
Accruals and deferred income	23,172	23,514	30,472	30,914
VAT	-	-	897	158
	<u>28,263</u>	<u>28,156</u>	<u>48,623</u>	<u>45,975</u>

16. OPERATING LEASE COMMITMENTS

The following payments are committed to be paid within one year:

	Charity		Group	
	2010	2009	2010	2009
	£	£	£	£
Land and buildings expiring:				
Within one year	-	6,750	-	13,500
Between one and five years	6,750	-	13,500	-
	<u>6,750</u>	<u>6,750</u>	<u>13,500</u>	<u>13,500</u>
	2010	2009	2010	2009
	£	£	£	£
Other operating leases expiring:				
Within one year	-	-	513	111
Between one and five years	-	-	523	676
Over five years	938	938	-	938
	<u>938</u>	<u>938</u>	<u>1,036</u>	<u>1,725</u>

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2010

17. STATEMENT OF FUNDS

	At 01 January 10 £	Income £	Expenditure £	Transfers £	At 31 December 10 £
<b>Unrestricted funds:</b>					
General fund	1,645,978	490,859	431,762	-	1,705,075
<b>Total unrestricted funds</b>	1,645,978	490,859	431,762	-	1,705,075
<b>Restricted funds:</b>					
Laborie Fellowship	-	10,946	-	-	10,946
Continence Promotion Committee fund	3,308	7,864	450	-	10,722
<b>Total restricted funds</b>	3,308	18,810	450	-	21,668
<b>Total charity funds</b>	1,649,286	509,669	432,212	-	1,726,743
<b>Subsidiary</b>	32,639	503,993	502,708	-	33,924
<b>Intercompany transactions</b>	-	(338,432)	(338,432)	-	-
<b>Total consolidated funds</b>	1,681,925	675,230	596,488	-	1,760,667

The Continence Promotion Committee fund was established to support the activities of the Continence Promotion Committee. The Laborie Fellowship fund relates to a 3 year fellowship programme commencing on 1 April 2011.

The General fund represents the free funds of the charity, which are not designated for particular purposes.



THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2010

18. ANALYSIS OF NET FUNDS BETWEEN FUNDS

**CHARITY**

**Fund Balances at 31 December 2010  
are represented by:**

	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fixed assets	-	1	1
Current assets	21,668	1,733,337	1,755,005
Current liabilities	-	28,263	28,263
<b>Total Net Assets</b>	<b>21,668</b>	<b>1,705,075</b>	<b>1,726,743</b>

**GROUP**

**Fund Balances at 31 December 2010  
are represented by:**

	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fixed assets	-	9,450	9,450
Current assets	21,668	1,778,172	1,799,840
Current liabilities	-	48,623	48,623
<b>Total Net Assets</b>	<b>21,668</b>	<b>1,738,999</b>	<b>1,760,667</b>

19. PENSION COMMITMENTS

During the year, the group paid into a defined contribution pension scheme. The total for the year of £3,204 (2009: £3,821) is included within staff costs in the Statement of Financial Activities.

There were outstanding group contributions of £Nil (2009: £203) as at 31 December 2010.

20. TAXATION

As a registered charity the International Continence Society is exempt from taxation of income and gains falling within Section 505 Taxes Act 1988 or Section 256 Taxation of Chargeable Gains Act 1992 to the extent these are applied to its charitable objects. No tax charge has arisen during the year. No tax charge has arisen in the subsidiary as its profits are donated by way of Gift Aid to the charity.

21. RELATED PARTY DISCLOSURES

During the period a donation of £338,432 (2009: £266,444) was receivable from the charity's subsidiary, Conticom - ICS Limited.

At the balance sheet date the charity was owed £482,972 (2009: £491,281) by Conticom - ICS Limited. This balance is shown in 'amounts due from group undertaking'.

The above balances have been removed from the consolidated accounts.

22. CONTROLLING PARTY

The charity is under the joint control of the trustees, as set out in the trustees report.