

**Presentation speech by Chantal Dumoulin at the Annual Meeting Glasgow Scotland
September 1, 2011**

Good evening, we are delighted to be able to present the lifetime Achievement Award to Dr. Jo Laycock here in Scotland. Jo has made enormous contributions to physiotherapy and continence care and has led the way in pelvic floor research so that it has become the evidence based practice it is today. She has done this with a lightness of touch emphasizing the science whilst strengthening the science and learning.

She obtained her PhD entitled "Assessment and treatment of pelvic floor dysfunction" in 1992 from the University of Bradford and was cutting edge at the time in holding a doctoral degree in Physiotherapy. In her 42 year career she has had many accomplishments --- let me tell you about a few.

- She began attending ICS meeting, in 1985 and attended annually until her retirement in 2005.
- Was the first physiotherapist on the ICS Board of Directors
- Has actively contributed to pre conference workshops and papers at the ICS meetings.
- Was a co-author of the landmark paper: standardization of terminology of pelvic floor muscle function published in 2005.

She is known for her keen interest in clinical questions, critically exploring new ways of assessing and treating the pelvic floor. A great accomplishment was the development and validation of a PFM assessment tool (PERFECT Scale) -- currently used by many professionals worldwide.

Dr Laycock has published extensively in the field, co-edited or contributed to several text books on continence and pelvic floor rehabilitation.

For her services to continence, she was honoured by her country in 2001 when she received the prestigious Order of the British Empire (OBE) from the Queen.

Dr. Jo Laycock has been a catalyst in the worldwide network of pelvic floor physiotherapists. She has mentored, supported, and encouraged young researchers and clinicians pursuing careers in continence research, education or continence practice around the world.

She placed the contribution of continence physiotherapy before the other members of our society, the surgeons, the physicians, the nurses and the engineers.

Many healthcare professionals globally working in continence care were trained, guided or influenced by Jo. The ICS Life Time Achievement Award is a well deserved acknowledgement of her work and impact on continence care worldwide.