ICS NewsletterIssue N1 January 2005 **ICS/IUGA Paris 2004**

The 34th meeting of the ICS took place this year in conjunction with IUGA, held in Paris from 23/27th August 2004. This was an enormously successful meeting with a record attendance of 3,400 participants. The Scientific Committee and in particular the local organisers, lead by Bernard Jacquetin and François Haab are to be congratulated on the faultless organisation and exceptional programme – both scientific and social. There was a high standard of science which is a trademark of the ICS combined with state-of-theart clinical debates, characteristic of IUGA.

As ever the Scientific Committee had hard choices to make in awarding prizes however, they finally selected the following from the excellent programme:

• M. Slieker-ten-Hove (4) – Distribution of Pelvic Organ Prolapse (POP) In the General Population: Prevalence, Severity, Etiology And Relation With The Function Of Pelvic Floor Muscles (Best Non Clinical Abstract)

• R Goldburg (8) –Delivery Mode is the Major Determinant of SUI in Parous Women: Analysis of 288 Identical Twins (Best Clinical Presentation)

• F Hayshi (42) - Increased Gap Junction Connectivity And Focal Pacemaker Activity In The Bladder Following Spinal Cord Injury May Lead To Urinary Incontinence – Revealed Through Optical Imaging (Best Non-Clinical Presentation)

• K Suzuki (72) – Regeneration of Hypogastric Nerve Using a Polyglycolic Acid (PGA) Collagen Nerve Conduit Filled with Collagen Sponge Proved Electrophysiologically in a Canine Model (Best Clinical Abstract)

The Education Committee, Chairman and participants of the workshops and ICS Education Courses are to be congratulated on providing such a diverse yet comprehensive and universally excellent programme as evidenced by the letters from participants.

In an age where there is an increasing number of professional and academic meetings it is clear that



there are a number of challenges for the ICS in the future. We need to strive to maintain the multi disciplinary nature, high integrity, academic standards, critical review and discussion of data and new ideas so characteristic of the ICS.

Having attended the meeting for ninteen years under the stewardship of Paul Abrams and now Walter Artibani, I have no doubt these traditions will be maintained despite the inevitable growth in commercial pressures and its consequences for a rapidly-expanding meeting.

On a personal note, I am honoured and delighted to have been asked to chair the newly established Publications Committee. This newsletter is one of the first produced for the new publication committee and I would appreciate any comments which members may have about the future direction and activities of this committee or newsletter and look forward to serving the ICS with the other members of the Publication Committee.

Last, but certainly not least, I must thank Vicky Facey and her team for the fantastic job which they do for the ICS without whom none of these activities would have been possible, including the production of the newsletter.

I look forward to seeing everyone in Montreal. With best wishes

Christopher Chapple, ICS Publications Committee Chair

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ICS Educational Course Barcelona

There have been many requests for ICS Educational activities outside the annual scientific meeting. We therefore propose to run a 2-day ICS educational course in Barcelona on 11th and 12th November 2005.

Should this European "stand alone" course prove Day Two successful then we plan to extend such courses to Asia, Africa and other developing parts of the world where there are problems accessing information and up to date medical training.

The programme to be chaired by Linda Cardozo will be in English and speakers will include Paul Abrams, Walter Artibani, Philip Van Kerrebroeck, Jean Jacques Wyndaele, Karl-Erik Andersson, Michael Craggs, Derek Griffiths, Peter Sand, Kari Bo, Adrian Wagg and Werner Schaefer along with other leading professionals in the field:

Day One

- The ICS Past and Present
- Standardisation and Terminology
- Discussion
- Good Urodynamic Practice

- Discussion
- ICI Algorithims
- Neurourology Update

- To cover drugs recommended for OAB
- Physiotherapy
- Tape recommended for SUI
- Debate on Urodynamics prior to surgery for
- SUI
- Clinical Problems
- Mixed Incontinence
- SUI and Urogenital Prolapse

There will be a drinks reception on the first day of the course, which will be included for all registered delegates. The programme is varied and should be of interest especially to young medical professionals, seeking to improve their knowledge in the field of incontinence. There will be space to accommodate a maximum of 400 delegates with a



small area for exhibitions. We hope to keep the registration fee to around £100 with lunch on both days of the meeting and a drinks reception on the first day included.

If you are interested in attending or exhibiting at this course. please email me on maxine@icsoffice.org.

Maxine Wall

ICS Education Coordinator

ICS Education Committee

The ICS Education Committee has a huge remit as almost all ICS activities are or should be educational! At the joint ICS/IUGA Meeting in Paris in August 2004, the ICS office, for the first time, ran six educational courses which were chaired by ICS members invited by the Education Committee.

These courses were semi-structured and high quality "handouts" were provided to the delegates. Evaluation forms were handed in by the course attendees in order that they could receive their certificates of attendance. The evaluations are currently being scrutinised to decide whether the same courses should be run in 2005 in Montreal or whether some changes should be made.

However, in view of the success of these courses it is envisaged that 10-12 such courses will be held in association with the Montreal ICS Annual Meeting August 2005. In addition to the ICS educational courses there were over twenty workshops which were chaired at the request of ICS members and represented the views of those who spoke at the workshops rather than the voice of the ICS. The majority of these courses were also well received and ICS members have submitted well over forty workshops proposals for the Montreal Meeting.

During 2004 the only meeting of the ICS Education Committee was at the Paris joint Meeting, but it is proposed that in future, the Education Committee will meet on a separate occasion in order to broaden the educational activities of the ICS throughout the year.

For the first time in 2005, the ICS will run a separate educational course. This is planned for Barcelona 11th and 12th November 2005 - see the article above for more details. It should be exciting and appeal to a younger audience, many of whom would not normally attend the Annual ICS Meeting.

In addition, the Education Committee has undertaken the task of accrediting urodynamic courses and to date two courses have been accredited by the ICS and a further group of courses are undergoing scrutiny.

In order to ensure that the programme for the Montreal ICS Annual Meeting August 2005 is of the highest possible educational standard the Chairman of the Education Committee attends the last day or two of the Scientific Committee Meeting in May to help to provide a balanced programme of value to the diverse community of clinicians and non-clinical participants attending the meetings each year.

The members of the Education Committee represent most specialities who attend the ICS Meetings and the various small sub committees are working to produce documents to help to provide basic standards for training of medical students, doctors in training, physiotherapists and nurses in "incontinence". In addition, continuing professional development/continuous medical education has been addressed in order to provide the necessary "credits" in association with attending the ICS Annual Meeting, ICS courses, workshops and in future the separate educational activities of the ICS.

Linda Cardozo - ICS Education Committee Chair

NOMINATIONS FOR ICS OFFICIAL POSITIONS

Applications by ICS members to be received at the ICS office on info@icsoffice.org by 1st April 2005 for the following positions:

Meeting Chair ICS 2009 (Bid for the Annual Meeting) Non-Clinical Representative to the Scientific Committee 2006-2009 Clinical Representative to the Scientific Committee 2006-2009 Chair of the Standardisation Committee 2006-2012



What better way to discover a charming city than to take part in a unique discussion forum like ours! Montréal, Canada will host the our 35th Annual Meeting, which will be held in the height of the summer, from August 29th to September 2nd, 2005.

We expect more than 2,500 participants in Montréal who will all get a chance to enjoy an outstanding scientific programme as well as an exciting destination renowned for its legendary joie de vivre.

The ICS 2005 Organising Committee is working hard to put together a programme which will be both informative and entertaining. Already, acclaimed speakers from the world over have confirmed their interest in sharing their latest discoveries and research results at ICS Montréal 2005.

Also worth visiting will be the conference exhibition which will highlight the latest practical innovations in the fields of urology, urogynecology, physiotherapy, pharmacology and urodynamics. ICS Montréal 2005

is definitely a rendez-vous not to be missed.

For the latest news on this important gathering, visit www.opus3.com/ics2005. Abstract submissions opens from 1st January 2005 at www.icsoffice.org. Abstract deadline 1st April 2005. Registration for Montréal begins 1st April 2005 at www.icsoffice.org

See you all in Montréal in 2005!

Dr. Jacques Corcos, ICS 2005 Meeting Chairman

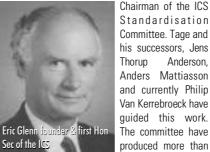
The International Continence Society: 33 years young and still growing.

In 1971 Eric Glen organised the inaugural meeting of the ICS in Exeter, England. From the outset ICS was a multi-disciplinary society and the Exeter meeting was attended by Urologists, Gynaecologists, General Surgeons, Bio-engineers, Physicists and individuals from the industry.

There were 60 participants from several countries and two of them still attend ICS annually. Derek Griffiths and Stuart Stanton both theoretically retired, but both still very active academically, being involved in workshops at ICS Paris 2004.

At the initial meeting the importance of standardised nomenclature was recognised. Two years later in 1973 Tage Hald was elected first





20 reports which have created a set of standardised definitions accepted worldwide.

Eric Glen, as first General Secretary saw the ICS through infancy and childhood and handed over a healthy rapidly expanding society to Paul Abrams in 1986. The annual meetings around the globe have

> attracted an increasing number of delegates, whilst retaining that essence of ICS meetings; high quality and good natured debate.

The quality of the meetings became enhanced when in 1995 Neurourology and Urodynamics, our official journal produced an abstract issue which was made available to members before the meeting.

As the ICS became larger, senior members such as Werner Schaefer, who succeeded the first membership secretary, David Rowan, and Jean



Jacques Wyndaele, who succeeded our first Treasurer, Patrick Bates, made the case for opening the ICS office which was established in December 1999 with Vicky Facey (née Rees) as our Administrator.

With outside IT expertise, the ICS office developed the ICS website, on-line membership renewal and the sophisticated web-based abstract system used for the annual scientific committee.

This has now been broadened to include a webbased registration system, providing the ICS with a system far more advanced than any other society we know of

Since Walter Artibani took over as General Secretary in 2003 the development of ICS has accelerated with the office staff increasing from two to five and the range of activities broadening considerably.

Paul Abrams

ICS General Secretary 1986 - 2003

History of the ICS

Chairman of the ICS

Anderson,

ICS Website News

The ICS Website has grown significantly over the years both in content and functionality. As well as storing membership details, committee structures, policy and guideline documents, it has become a valuable on-line research tool for continence allowing visitors to search our growing database of abstracts.

For members the website has developed to allow committees to review drafts of documents for approval, submit abstracts for review and since ICS 2004 to register for the annual congress.

Behind the scenes, the tools developed to accompany the website produce many of the ICS publications and statistics (the members book, member's certificates and journals to name but a few) with databases and programs assisting the Scientific Committee in the difficult task of collating and reviewing each year's abstracts.

As the number of abstracts submitted each year has grown it is hard to imagine going back to the paper-based systems of old.

As an evolving website, the registration system is being upgraded for next year to make it easier to use for those attending and to give more assistance to the local organising committee, block bookers, corporate sponsors and other interested parties.

The website is scheduled for a complete face-lift for late 2005, bringing together many of the existing office functions and databases and moving them onto the website.

Look forward to new features in the future, including discussion forums for specialities and committees and a new look to our website.

Remember to keep us informed of any changes to your membership details, especially email addresses, so that we can keep you informed of ICS news and events. You can update your details at any time in the membership section.

Dominic Turner, ICS I.T. Manager



ICS Office: Treasurer's Update

As I am sure you are aware the ICS has become a large society with many more activities being planned than ever before. To ensure the continued efficiency of the central administration, it became necessary to restructure the ICS office further.



In addition to Vicky Facey, our administrator who manages all activities in the central office, Carole Sales is now employed as membership and registration secretary, Maxine Wall as Education Coordinator and Lauren Elias as part-time Administration Assistant.

The latest to join the ICS Office is Dominic Turner employed as Information Technology Manager. He will be responsible for development and

maintenance of the ICS website, and for the ICS I.T. systems such as the membership database, abstract submission system, meeting registration system, ICS course database, and much more.

The ICS Office works under the general supervision of the Secretary General and in close collaboration with the other officers including myself.

I am convinced that with this new structure, the ICS



is fully prepared for the multiple, challenging tasks we face in the years ahead.

It is good for you to know that the financial means have been assured for these developments and I will keep you informed of your society's financial situation at regular intervals.

I am happy that our first newsletter is finally out.

Jean Jacques Wyndaele, ICS Treasurer.

Editorials from members in developing countries

We would like to receive contributions to our newsletter from members who live in developing countries. It can cover any aspect of your work and can be a day in your life, research that is taking place and/or the most common health issue in relation to incontinence in your locality.

Tell us about your community or the communities you are working with and health facilities available. Please email your contributions to maxine@icsoffice.org.



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