

(Monday 18<sup>th</sup> June to Sunday 24<sup>th</sup> June.)

Please join us as we celebrate World Continence Week. Would you like to know more about your bladder? Do you ever leak when you cough, sneeze or laugh or at the gym? Do you have to run to bathroom once you get the urge? Do you get up frequently at night to empty your bladder? All of these problems can be managed and treated. Come and find out more!

A Specialist Nurse will be present at an information booth on Bladder Health from <u>9AM to 1 PM</u> at Guardian Drug Store in Grand Bay. <u>Monday, June 18<sup>th</sup> 2012</u>

A Specialist Nurse will be present at an information booth on Bladder Health from <u>9AM to 12 Noon</u> at Guardian Drug Store, Loch Lomond Road. <u>Wednesday</u>, <u>20<sup>th</sup> 2012</u>

An information booth on Bladder Health will be set up in the lobby, St Joseph's Hospital <u>Tues 19<sup>th</sup> to Thurs 21<sup>st</sup> from 8:30 AM to 3PM.</u>