

TRUSTEES' ANNUAL REPORT
AND
AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2011
FOR
THE INTERNATIONAL CONTINENCE SOCIETY

THE INTERNATIONAL CONTINENCE SOCIETY

**CONTENTS OF THE TRUSTEES' ANNUAL REPORT & FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2011**

	Page
Trustees' Annual Report	1
Report of the Independent Auditors	17
Statement of Financial Activities	19
Consolidated Statement of Financial Activities	20
Balance Sheet	21
Consolidated Balance Sheet	22
Notes to the Financial Statements	23



ICS 2011 Annual Report

Reference and Administrative Details of the Charity, its Trustees and Advisors

Company Number	3589542
Registered Charity Number	1074929
Registered Office	9 Portland Square, Bristol, BS2 8ST
Correspondence Address	19 Portland Square, Bristol, BS2 8SJ
E-mail	info@icsoffice.org
Website	www.icsoffice.org
Telephone	+44 (0) 117 944 4881
Fax	+44 (0) 117 944 4882
General Secretary	Sender Herschorn – 3 year term began 01/09/11 Jacques Corcos – 3 year term ended 01/09/11 Ajay Singla – 3 year term (reappointed 26/08/10)
Treasurer	
Trustee – appointed 02/10/2009	Mary Pat Fitzgerald
Trustee – reappointed 26/08/2010	Werner Schaefer
Trustees – appointed 01/09/11	Jacques Corcos Masayuki Takeda Katherine Moore (one year only, special dispensation) Sender Herchorn
Trustees – reappointed 01/09/11	Sherif Mourad Adrian Wagg
Trustees, 3 year term ended as of 1/09/11	Ted Arnold Chantal Dumoulin Mandy Fader Jerzy Gajewski Heinz Koelbl Limin Liao Helmut Madersbacher Jane Meijlink Katherine Moore Christopher Payne Piotr Radziszewski Jennifer Skelly Vasan Srini Jean-Jacques Wyndaele
Secretary	Avicia Burchill (resigned 13/01/2011) Daniel Snowdon appointed 14/01/2011
Auditors	Goldwyns (Bristol) Limited, 9 Portland Square, Bristol BS2 8ST
Solicitors	Henriques Griffiths, 18-20 Portland Square, Bristol BS2 8SJ
Bankers	NatWest Bank, Filton Bristol Branch, PO Box 182, 4 Church Road, Bristol BS99 5AA CCLA Investment Management Ltd, COIF Charity Funds, 80 Cheapside, London, EC2V 6DZ
Staff	
Daniel Snowdon	Administration Manager – acting during maternity cover for Avicia Burchill
(Avicia Burchill	(Administration Manager - on maternity leave with effect 17/12/10 - 17/02/12)
Dominic Turner	IT Director
Ashley Brookes	Senior Analyst Programmer
Tracy Griffin	Administrative Assistant – part time, one year contract (appointed 29/03/11)
Kirsty Sims	Administrative Assistant – part time. Role changed to Projects and Events Coordinator, fixed term contract, as of 14/3/11
Helen Parker	Projects and Events Coordinator (resigned 11/2/11)
Jennifer Ellis	Projects and Events Coordinator, permanent contract as of 14/02/11
Chris Angle	Flash Developer/Designer
Nicola Walsh	Bookkeeper – contract appointment

ICS Honorary Members

Peter Caldwell (Deceased)
Peter Gammelgaard (Deceased)
Guus Kramer
Walter Artibani

Patrick Bates
Eric Glen
David Rowan
Jacques Corcos

Pieter Donker (Deceased)
Axel Ingelman-Sundberg (Deceased)
Paul Abrams

What is the International Continence Society and what does it do?

The International Continence Society (ICS) is a membership society for professionals working in the field of incontinence.

The objectives for which the Charity has been established are:

- The advancement of basic and clinical sciences concerned with the function and dysfunction of the urinary tract, bowel and pelvic floor.
- To raise public awareness of both urinary and anal incontinence, and other functional abnormalities, including obstruction and pain, and the fact that it can be corrected, improved or at least better managed, and to enhance the knowledge and skills of health professionals involved in prevention and management of incontinence and thereby to improve the standard of healthcare delivery.

Considerable public benefit arises from these two aspects of the Society's educational work. With regard to the general public, significant and often harmful misunderstandings and stigmas still surround relevant medical conditions. The ICS works to break down these stigmas. With regard to healthcare professionals, their knowledge and skills are increased, to the benefit of current and future patients, by the dissemination of knowledge and sharing of best practice at events such as the Society's annual international scientific meeting and the workshops and courses it facilitates (many of which are offered for free). The ICS continues to allow free access to its website to allow non-ICS members to utilise the vast database of incontinence research now held within it. For those interested in becoming members of the ICS, the membership fee remains low and affordable. It is in this regard that the ICS Board of Trustees has considered the public benefit of the ICS. The ICS feels that it clearly fits the Charities Act aims of advancement of education and of health or the saving of lives. The ICS now has members in over 70 countries and is therefore helping individuals suffering from incontinence related issues on a global level.

Scientific knowledge and expertise on incontinence issues is exchanged between the multi-disciplinary medical professionals through the various forums which the ICS provides, including the Annual Scientific Meeting, newsletters and publication of research through journals. Best practices from countries with established continence awareness programmes are shared with others who are trying to set up continence programmes within their country, hospital or clinic. With the dissemination of research into incontinence relief, the direct beneficiaries are the patients of those individuals who are members of the ICS or those who attend our congresses and courses.

The main objectives for 2011 were to finalise the activities identified as part of the three year strategy. Other aims were to continue to increase membership through affiliating with other similar societies or with countries which hosted an ICS sponsored educational event and to review ICS Governance.

History:

With Peter Caldwell as president, Shedden Alexander as vice president and Eric Glen as the organising secretary, the inaugural meeting of the Continent Club was held in Exeter in 1971. Over 60 participants attended the meeting from several countries and it was hailed as a great success, both scientifically and socially.

At the third ICS conference held in Copenhagen in 1973, Tage Hald was elected first Chair of the ICS Standardisation Committee. His committee published the first ICS reports between 1976 and 1981. The Society has gone on to publish many reports and retains the copyright, enabling them to be published in a range of international journals.

In 1998 the Society was set up as a UK Charity under the guidance of Paul Abrams and now boasts a membership of close to 3,000 from 70 different countries covering many disciplines including physicians, surgeons, nurses, physicists, physiotherapists, bio-medical engineers and scientists. The founder members decided that the Society should meet annually with a different meeting chair and venue each year. This Annual Meeting remains today one of the most valued dates in the urological and gynaecological calendars, attracting in excess of 3,000 delegates from all corners of the globe.

Structure, Governance and Management

Board of Trustees

The Board of Trustees is required to meet two times per year and is responsible for:

- The long-term direction of the Society
- The development of new projects in line with the Society's charitable aims
- Ensuring the Society's charitable aims and objectives are met
- Inspection of the Society's annual accounts
- Ensuring suitable accounting policies are established and applied consistently
- Monitoring and reporting the financial position to membership
- Safeguarding the assets of the charity and applying them properly
- Ensuring the Society is operating efficiently and effectively
- Ensuring proper records and reliable financial information are maintained
- Establishing the Method, policies and procedures for recruitment, appointment, induction and training of new Trustees

All nominated candidates for Trustee positions will receive documents outlining their duties, responsibilities and any risks pertaining to the role of Trustee. The Nominations Committee will review all candidates for their suitability, prior to their nominations being put to the membership. All Trustees are elected by the membership.

The Trustees have initiated a Statement of Policy with regard to the recruitment, induction and training of committee members. This endeavours to ensure that individuals with an interest in the works of the charity, with appropriate range of expertise and sufficiently diverse skills to provide a reasonable representation of the community are recruited, appointed and subsequently adequately versed in the affairs of the charity and the requirements and responsibilities of charity trusteeship.

Management Structure

The ICS is a Company Limited by Guarantee governed by its Memorandum and Articles of Association, together with regularly updated Bylaws. These reflect the current activities of the Charity.

As a UK Registered Charity, the ICS Trustees are held responsible ultimately for the Charity and its affairs. However, the Society has a management structure and Bylaws which ensure that members have sufficient input on all decisions within the Society. The ICS is now made up of a Board of Trustees which reflects the multi-disciplinary and geographical aspects of the society. These Trustees were nominated and elected by the membership and all major disciplines of the ICS are represented.

Under supervision of the Trustees and the General Secretary in particular, day-to-day management of the Charity, the Society, its trading subsidiary and office staff, is delegated to the Administrative Director. The Administrative Director is a full-time employee of the Society and its trading subsidiary and reports directly to the Trustees who are ultimately responsible for the management and finances of the Society, as well as the review and approval of administrative procedures implemented by the Administrative Director.

ICS Committees 2011

The ICS currently has the following committees which focus on the different aspects of the ICS and through the direction of the Board of Trustees undertake projects to assist the Board to achieve its overall strategy and for the Charity to meet its aims.

- ICS Children's Committee
- ICS Continence Promotion Committee
- ICS Education Committee
- ICS Ethics Committee
- ICS Fistula Committee
- ICS Meetings Committee
- ICS Neurourology Promotion Committee
- ICS Nursing Committee
- ICS Physiotherapy Committee
- ICS Publications and Communications Committee
- ICS Scientific Committee
- ICS Standardisation Steering Committee
- ICS Urodynamics Committee

A chair for each of the above-mentioned committees is elected by electronic membership ballot, to hold office for three years (with the exception of the Scientific Committee chair who is in post for one year). Further information about the remit of each committee can be found on the ICS website.

Related Parties

The wholly owned subsidiary Conticom ICS Limited was established to undertake the commercial trading activities of the Charity. Conticom ICS Limited gift aids its profits to the Charity.

Risk Management

The Trustees have implemented a formal risk management process to assess business risks and implement risk management strategies.

The Trustees have identified the types of risks the Charity faces, and have prioritised them in terms of potential impact and likelihood of occurrence, and identified, where possible, means of mitigating the risks. The adequacy of internal controls is reviewed and costs of implementing new controls compared to benefits obtained and implemented, if agreed. Procedures have been established for reporting failure, immediately, to appropriate levels of management and to the Board of Trustees.

The task of monitoring the financial control systems and procedures of the Charity is delegated to the ICS Honorary Treasurer (Ajay Singla). In conjunction with the Administrative Director and the ICS auditors (Goldwyns [Bristol] Limited), the Treasurer reviews and reports to the Trustees on the working of these systems and procedures in relation to the wider issue of managing major risks identified as arising from or in connection with the activities of the Charity.

The Trustees continue to keep under review the adequacy of our systems which are, in our opinion, appropriate for the Charity at present. In 2011 the Board amended the reserves policy to include running costs for two years plus £100,000 in case of unforeseen liabilities.

The Trustees believe an area of risk requiring particular attention is the ICS Annual Meeting, where possible cancellation or postponement due to terrorist attacks or natural disasters is a major concern. The Charity has passed on the major risk to our permanent Congress Organiser (Kenes International) who, from 2008, has borne the financial risk of any cancellation or postponement. The Trustees are also ensuring that adequate levels of insurance are sought for each event.

A Nominations Committee has now been established to ensure that suitable Trustee candidates are put forward for ballot by the membership.

Although all efforts are made to ensure the administration of the Society could continue efficiently should certain key members of staff leave or be absent for any length of time, the positions of Administrative Director and IT Director are of particular importance.

With regard to the Society's finances, the bookkeeper and Auditors are fully aware of the current status and systems used and could take over from the Administrative Director in this regard in an emergency. A selected group of the Trustees and the Administrative Director are all signatories to the Society's accounts and therefore the accounts can be maintained.

With regard to IT systems, the IT Director is documenting all design and maintenance work to ensure that another IT specialist could take over in an emergency. All systems and the ICS website are backed up and stored off site.

Wherever possible, all ICS office staff are trained and briefed in all office procedures. All email communications are also filed for historical purposes.

Objectives and Activities

The strategies employed in the year under review to achieve the objectives of the Charity were:

- Implementation of the activities identified as part of the three year strategy
- To review the governance structure of the Board of Trustees

- To host the 2011 Annual Meeting in Glasgow, resulting in a high quality congress with sufficient surplus funds to allow the charity to continue with its charitable aims.
- To increase membership levels, in particular via group affiliation.

Achievements and Performance

ICS Three Year Strategy

Jacques Corcos, appointed ICS General Secretary in 2008, agreed a three year strategy with the Board of Trustees and the ICS membership. The main objectives were:-

- The development of science with greater accessibility by all to research, training and scientific information
- A revisit of the Society's structure and governance, including a deep analysis of how our money is acquired and spent
- Attention and pro-action to address incontinence among the disadvantaged

The taskforces, which were set up in 2009, finalised their work and each produced a summary report complete with recommendations for the future. The following summarises their key achievements.

Meetings Task Force:

Reviewed and clarified the relationship between the Board of Trustees and directors of Conticom-ICS. Reviewed all guidelines for the conduct of joint meetings with IUGA. Revised and rewrote the annual meeting guidelines. Recommendations on set limits for social event costs were implemented, resulting in greater cost control.

Awards Task Force:

The Task Force implemented new awards and fellowships, to join the existing opportunities available for the public benefit of the ICS membership and beyond. The new awards began in full from 2011 and included three new fellowships and an essay award. The process for receiving and reviewing applications was clarified and will be considered further in 2012.

Scientific Task Force:

The new research grants were launched, with two available: the Emerging Team grant, and the Pilot Research Grant. In total these awards offer £60,000 in funding for the selected candidates.

Industry Task Force: The Task Force produced a report on the relationship between the ICS and industry. Opportunities were presented for the ICS to closer align with industry contacts in order to gain increased financial support for the charity. This was considered in the context of legislation imposed on industry and on the ethical responsibilities of both parties to not to be in a conflict of interest.

Foreign Affairs Task Force:

Four new societies affiliated with the ICS in 2011: the Iranian Continence Society, the Pan Arab Continence Society, Sociedad Colombiana de Urologica (SCU) and Société Interdisciplinaire Francophone d'UroDynamique (SIFUD). Affiliations continued with the Turkish Continence Society and the Italian Society for Urodynamics (SIUD). In total 587 members were affiliated in 2011.

This year, for the first time, the task force organised a session together with the Continence Promotion Committee (CPC) called "ICS Meets National Continence Societies". All current and

many potential affiliate organisations were invited for a working lunch which was very well attended and received.

Governance Task Force:

Following meetings held during 2010 the group proposed to the Board of Trustees that a new governance model for the ICS be introduced in 2011. Key changes included reducing the Board to nine members, eliminating the Executive Committee, a two year term for the General Secretary, and creating a new General Secretary-elect post. All changes were approved by the ICS membership by format vote at the 2011 AGM. The Task Force also ensured that all ICS committees had a valid and coherent terms of reference document.

ICS Annual Scientific Meeting 2011

The Annual Meeting remains the main focus of the ICS and consists of a scientific programme selected from submitted abstracts, along with workshops, courses, committee meetings and the Society's Annual General Meeting. The ICS policies in relation to the Annual Meeting are found in 'The ICS Annual Meeting Guidelines', which are available from the ICS office or [website](#)

The 41st Annual Meeting of the International Continence Society took place this year in Glasgow, Scotland. The meeting was attended by 2790 delegates from 70 countries, and had over 40 exhibition stands. The Trustees were very pleased to see such a strong attendance, far higher than initially predicted and especially encouraging considering that the meeting took place during the continuing economic downturn.

The meeting achieved the highest ever number of submitted abstracts for a standalone ICS meeting at 1025, with 908 accepted and 287 presented across podium, video and poster sessions. This is another strong indication that the ICS annual meetings are valued scientifically by medical professionals internationally. Once again, in order to care for the environment and to provide a better service to participants, all 2011 abstracts were made available on a usb stick given to each delegate. All abstracts are also available to read in full on the ICS website.

The education programme consisted of 48 workshops, chosen from 64 applications. The workshops were attended by 1793 delegates. A very busy AGM saw the re-appointment of three Trustees and the appointment of one new Trustee. A new General Secretary, Sender Herschorn, was also appointed to replace the outgoing General Secretary, Jacques Corcos. The membership also voted in favour of all amendments to the ICS Articles of Association and the ICS Bylaws.

According to the Annual Scientific Meeting guidelines, the Chairman must identify a Charity or not-for-profit institution with similar aims to the ICS which will receive a donation from the ICS of €50,000. Chairman, Ian Ramsay, donated his funds to the NHS Lothian Research and Development department.

Our sincere thanks go to Ian Ramsay, Laurence Stewart and their organising committee for their hard work and commitment to making the ICS 2011 meeting the success it was.

The wholly owned subsidiary of the Charity, Conticom-ICS Limited, operates the Annual Meeting and its profits are donated to the ICS.

Educational Courses 2011

The ICS Education Committee has continued a successful add-on educational course format in which ICS faculty contribute to an existing local meeting. Add-on courses have a number of benefits over

stand-alone courses as they allow the ICS to have more courses at already established meetings ensuring correct target audience and bearing less risk.

Therefore, by focusing on add-on courses a wider range of educational opportunities can be undertaken each year, which allows the ICS to further extend the worldwide sharing of good practice and knowledge.

Educational Courses held in 2011 are outlined below.

Dubai, UAE, 3-5th February 2011

The first add-on education course of 2011 was held in collaboration with the 7th Pan Arab Continence Society (PACS) meeting and the American Urological Association and International Children's Continence Society. The ICS funded six speakers to attend: Werner Schaefer, Dirk De Ridder, Kenneth Peters, Heinz Kölbl, Ervin Kocjancic and Jacques Corcos. The meeting was attended by 200 delegates over the 3 day meeting.

Porto Alegre, Brazil, 14-15th June 2011

This was the first ICS Education Course to be held in Porto Alegre and was held in collaboration with the Brazilian Society of Urology (SBU). The course focused on pelvic floor disorders and voiding dysfunction because this is one of the areas of medicine with more growth in terms of research and technological development. In Latin America these pathologies play an important role in the daily practice of urologists, gynecologists, coloproctologists, physiatrists, geriatricians and general practitioners, as well as physical therapists and nurses specialising in this area. The ICS funded two speakers to attend this event: Helmut Madersbacher and Werner Schaefer.

Hue, Vietnam, 22-26th June 2011

In June 2011, Hue University of Medicine and the Hue Central Hospital in conjunction with the Vietnamese Urology and Nephrology Association, VUNA, the Association of Urology and Renal Study Thua Thien Hue and the International Continence Society (ICS) collaborated to host a Science Congress specialised on all aspects of urinary incontinence.

The purpose of the conference was to tighten the relationship between regions of the country, as well as expand international relations. The ICS funded five speakers: Helmut Madersbacher and Jean-Jacques Wyndaele, both with a long-standing relationship to Vietnam, and Werner Schaefer, Gunnar Lose and Joan Ostaszkiwicz.

First ICS Cadaver Course, Oporto, Portugal; 4-5th July 2011

The focus of the workshop was for five delegates (originally six) to receive hands on surgical training on pelvic floor reconstruction. The workshop was attended by international delegates from Honduras, South Africa, Brazil, Greece and Colombia. The delegates worked as trainees and residents in Female Pelvic Medicine and Reconstructive surgery and/or Male Urology.

Cartagena, Colombia, 3-7th August 2011

The ICS, in conjunction with the Colombian Society of Urology (SCU) developed an education course in pelvic floor disorders and voiding dysfunction due to the important role these play in the daily practice of urologists, gynaecologists, nurses and physiotherapists in this area. The ICS funded five speakers to speak at this event: Ajay Singla, Helmut Maderbacher, Steven Swift, Anthony Stone and Chantale Dumoulin

Florianopolis, Brazil, 22nd November 2011

The ICS, in conjunction with the Brazilian Urology Association (SBU) held a joint one day session during the 33rd Brazilian Congress of Urology Event. The event covered a range of topics including advanced urodynamics, uro-neurology and benign prostatic obstruction. The ICS funded three speakers: Carlos d'Ancona, Peter Rosier, Enrico Finazzi Agrò

China, Guangzhou, 13th November 2011

The ICS held its 5th education course in China on 13th November in Guangzhou. The event was hosted in conjunction with the Chinese Continence Society (CCS), Chinese Urology Association (CUA) and the Chinese School of Urology (CSU.) These courses added on to the 2011 OAB & Prostate Diseases Forum. The ICS funded two speakers to attend this event: Werner Schaefer and Anders Mattiasson.

Lasko, Slovenia, 17-19th November 2011

This was the first ICS course held in Slovenia for 20 years. The course was multidisciplinary focusing on male and female incontinence and took place during the Biannual International Slovenian Urologic Association meeting. The ICS funded four speakers to attend this event: Ervin Kocjancic, Ajay Singla, Sherif Mourad, Kristine Whitmore.

Guest lectures

Official ICS lectures continue to be another effective and economic form of educational and promotional activity for ICS. These are presented at relevant events by qualified ICS members, either by invitation, or on suggestion and with financial support of the ICS.

Delhi, India, 13th March 2011

Ajay Singla gave a presentation entitled 'Advances in Urodynamics in 21st Century' at the International Urodynamics Live Work Shop organised by Dr Manu Gupta in Sir Ganga Ram Hospital, India.

Turin, Italy, 11th June 2011

James Malone-Lee presented an ICS lecture entitled 'Pragmatism and the successful management of lower urinary tract symptoms in the elderly' at the SIUD's (Societa Italiana di Urodinamica) annual congress in Verona.

Berlin, Germany, 16th October 2011

Werner Schaefer presented an ICS lecture entitled 'Urodynamics and Biomechanics of Female Incontinence' at the 31st Societe Internationale D'Urologie (SIU) event in Berlin.

Eilat, Israel, 13-16th December 2011

Three ICS speakers, John Heesakkers, Howard Goldman and Werner Schaefer presented at the Israeli Urological Association's three day conference.

ICS Membership

For the fourth year running the ICS achieved a record number of membership subscriptions, totalling in 2011 (2456 in 2010; a rise of over 20% in one year!). The increase in membership was represented by 979 new members and 1991 returning members, a very impressive retention ratio of 81%. An impressive total of 587 affiliates contributed greatly to the level of increase. The Annual Membership subscription fee remains at £50. Although this is at a loss to the ICS, it is felt that it is important to keep the subscription low to encourage more members from varying disciplines and those with lower incomes.

Other committee activities

There were several projects that occurred in 2011 and some notable achievements are highlighted.

Fistula Committee

The ICS ran its second workshop on Fistula in April 2011. The ICS offered 5 ICS members from underdeveloped countries the chance to attend the 2011 Surgical Repair to Vagina Fistula Workshop in Uganda. The workshop took place between 28th-30th April in Kampala at the Kibuli Hospital and was organised by Fistula Committee Chair, Sherif Mourad. The trainees were ICS members from Burkina Faso, Jordan, Egypt, Canada and Mexico.

The workshop directly meets the aims of the ICS to prevent, treat and care for incontinence. This also meets the third item of the 3 year action plan, to pro-actively address incontinence among the disadvantaged.

Continence Promotion Committee

The third World Continence Week was held in 2011 from June 19-25. The aim of World Continence Week is to raise awareness of bladder and bowel health issues and improve the lives of people with incontinence worldwide by drawing the attention of the general public and the global medical community to the life situation of people with incontinence. An increasing number of events are being held worldwide to mark this special week. The CPC introduced the new World Continence Week (WCW) awards during 2011. Six applications were received, the winners of which were announced at the annual meeting in Glasgow.

Publications and Communications Committee

The committee ensured that the twice yearly ICS News publication was published to the highest standards. The committee covers a range of areas including e-news, fact sheets and merchandising. The committee also organised the official ICS press conference during the ICS annual meeting.

Nursing Committee

The ICS Nursing Committee held a successful Nurses' Forum, held prior to the annual scientific meeting in Glasgow. The meeting was supported by the Association for Continence Advice (ACA), a UK professional membership organisation. Over 50 nurses from different parts of the globe gathered here to share practice and update on research projects. The morning session included an ACA presentation on its research findings on continence education for UK undergraduate students entitled 'A survey of continence undergraduate education (SECURE)'. The ACA also presented the 'Teenage Pelvic Floor Guide' which was designed to give teenagers detailed information on the pelvic floor muscles. This colourful and dynamic booklet is being considered for publication in different languages. Joan Ostaszewicz presented two papers on reuse of catheters for intermittent self-catheterisation and leg bags in the community, which led to a useful debate on international differences in accessing products.

Education Committee

The committee plans and delivers all of the ICS education courses and guest lectures, as explained in more detail in this report. The committee delivered its highest ever number both of courses and lectures in 2011. The committee also created an exceptional programme of 48 workshops for the first two days of the ICS annual meeting.

Physiotherapy Committee

The committee ran the 10th Round Table meeting for physiotherapists during the ICS annual meeting. The ICS Physiotherapy Committee partnered with the UK Association of Chartered

Physiotherapists in Women's Health (ACPWH) for a full day of programming and learning on the Sunday before the annual meeting began. The physiotherapy committee welcomed its new chair Helena Frawley and looks forward to continued growth of the committee.

Physiotherapy was represented at the ICS 2011 annual scientific meeting with nine workshops chaired by physiotherapists and many other workshops with physiotherapy speakers.

Physiotherapy involvement in the International Continence Society was highlighted with the award of the second ICS Lifetime Achievement Award to Jo Laycock at the Gala dinner Thursday night. Jo has certainly contributed greatly to the advancement of physiotherapy in pelvic floor dysfunction and we are grateful for her work

State of the Science Seminar

The Physiotherapy Committee held a State of the Science Seminar, *Improving pelvic floor muscle training adherence strategies: from theory to practice*, in Glasgow on 26th and 27th August 2011. The objective of this meeting was to bring clinicians and researchers together to share knowledge and facilitate discussion regarding the challenges of pelvic floor muscle (PFM) training adherence and strategies which may improve this problem. The Committee invited a multidisciplinary panel to the meeting covering a range of areas including; Physiotherapist, Psychologists, Urologists, Nurses and GPs. Following the seminar various adherence approaches and strategies were offered that should be incorporated into research protocols and daily clinical practice.

IT Department – Development Projects

2011 was a record year for abstract submission to the ICS Annual meeting with 1025 submissions. The IT department launched an online reviewing platform that greatly assisted the ICS Scientific Committee in their review and decision-making.

The new flash based eLearning platform passed through the pilot phase and is now available to members. When finalised the platform will provide CME accredited eLearning content on the ICS website. By utilising existing webcasts and recordings of workshops work is underway to transform them into eLearning modules, with video and slide presentations, handouts, multiple choice questions, evaluation and feedback and CME points and certificates.

The IT department provided a number of new systems that facilitated the wider work of the ICS office, the committees and the Board. These included updates to the workshop application and review system, the creation of a database of ICS faculty members, and the update of the vastly expanding ICS documents system.

Conticom ICS Limited

The trading subsidiary continued to support the Charity in meeting its objectives.

Financial Review

Investment Performance

As a result of the decision made in early 2011 to continue with the investments into NatWest Fixed Rate Bonds, (in the face of low interest rates offered from elsewhere), a healthy £21,597 has been declared as earned in Investment Income for the year to 31.12.2011.

Reserves Policy

The Trustees of the ICS revised the reserves policy in August 2011 and decided that in order to maintain prudent levels of financial reserves the following would still be adhered to:

- a) To provide a safeguard of two years' estimated operating costs of ICS and Conticom ICS Limited, (as ICS operates on an annual cycle and its key annual event (the Annual Meeting) has to be pre-planned on a four year cycle).
- b) To provide an element of contingency for unforeseen liabilities.
- c) To provide a permanent base for the Charity and safe guard future projects.

With the following revisions:

- a) Calculations would be based on estimated future combined operating costs for the next two years rather than the last two years.
- b) The amount for unforeseen liabilities would be increased from £50,000 to £100,000.

The estimated operating costs of ICS and Conticom ICS Limited for 2012 and 2013, (including budgeted expenditure for educational courses, grants, fellowships and awards of £200,000) total £790,308 per annum, giving a total of £1,580,616 for both years.

This gives a desired level of reserves of £1,680,616 as at 31.12.2011.

As of 31st December 2011, the consolidated balance sheet showed the Charity and its subsidiary had combined carried forward funds of **£1,669,019**, (2010: £1,760,667); approximately that which has been calculated as the desired level of reserves.

The Annual Meeting is an annual international medical and scientific conference for specialists in the medical and scientific disciplines relevant to the charitable objects of ICS. Organisation of the Annual Meeting is contracted to an organiser (this has been Kenes International since 2008 and will continue to be until 2013), by Conticom ICS Limited (the wholly-owned trading subsidiary of ICS).

The terms of the relevant agreement (on which legal advice was taken) provide for the organiser to accept all financial risks and for a proportion of any net surplus to be passed to ICS via Conticom ICS Limited.

Principal funding sources

The principal funding sources of the Charity in the year were the annual meeting income of £528,353, (2010: £503,986), membership fees £132,642, (2010: £118,433), donations and gifts totalling £54,074, (2010: £42,207) and income from investments of £21,597 (2010: £3,528).

With this funding the Charity has been able to finance: the annual meeting in Glasgow, additional educational activities, the running costs of the ICS Office that continues to produce newsletters and manage subscriptions to the NUU Journal. In addition it has allowed Board and necessary Committee meetings outside of the Annual Meeting; these are extremely useful in driving forward ongoing projects.

2011 also saw the production of the long planned History Book, the costs of which were also successfully absorbed. This is a great achievement as the history book provides an essential record of the 40 year history of the ICS and the development of research and clinical care of incontinence.

The total profits of the trading subsidiary were £327,433, (2010: £339,717), of which £327,035, (2010: £338,432) was gifted to the Charity.

Resources Expended

The principle resources expended by the Charity in the year were Educational Activities £204,034, (2010: £141,436), Publication of Research £349,821, (2010: £173,863), Annual Meeting expenditure £201,166, (2010: £164,276) and Governance Costs £73,294, (2010: £116,913). Expenditure on Educational Activities and Publication of Research have both increased this year as a result of the Charity committing more funds to these activities.

As requested by the membership, below is an overview of the Annual Meeting income and expenditure and surplus.

	£	£	£	£	£
	2007	2008	2009	2010	2011
Sponsorship & exhibition	1,049,986	654,254	941,487	1,385,400	1,026,913
Registrations	766,605	721,975	821,835	1,148,963	785,112
Other income	86,453	76,252	106,211	88,983	80,147
Total income	1,903,044	1,452,481	1,869,533	2,623,346	1,892,172
Total expenditure	1,617,964	1,144,711	1,533,450	1,787,507	1,460,935
Surplus	285,080	307,770	336,083	835,839	431,237
Surplus of which Conticom received including Scientific Services Fee	323,333	** 457,148	** 426,032	*** 496,588	**518,399
Donation to ICS	190,319	227,912	266,444	338,432	327,035

** Due to Kenes International now being the permanent congress organiser for the ICS Annual Meeting all surplus after costs are due to Conticom.

*** In 2010 the surplus was shared with IUGA as this was a joint meeting

Investment Powers and Policy

Under the Memorandum and Articles of Association, the charity has the power to invest in any way the Trustees wish. The Trustees, having regard to the liquidity requirements of operating the Charity and to the reserves policy, operated a policy of keeping approximately 50% of total funds available in interest bearing, yet instant access accounts. During the year, the remaining 50% was deposited into fixed rate bond accounts, to gain a better rate of interest with minimal related risk.

Plans for Future Periods

The Board of Trustees will continue its work surrounding a strategy for the ICS and will and continue its work to initiate and deliver more projects and activities that meet the charitable aims of the society. The following initiatives planned for 2012 will draw on the excess reserves held by the society and will extend the charitable activities of the ICS.

ICS Annual Meeting 2012

Chair— Limin Liao —

The 42nd Annual Meeting of the International Continence Society will take place at the China National Exhibition Centre (CNCC) in Beijing, China. This will be the first time the ICS annual meeting has been held in China. The meeting will open with ever popular ICS workshops programme (15 – 16th October), and will be followed by the diverse scientific programme (17 – 19th October) which will cover the cutting edge science that has come to be expected of the ICS meeting. The ICS expects this to be one of the most socially exciting meetings too, with Chinese culture evident in spirit and flavour.

Future Meetings

ICS 2013 - Barcelona, Spain. Chair: David Castro

ICS 2014 - Rio de Janeiro, Brazil. Chair: Carlos D'Ancona

IUGA - ICS 2015 - Lyon, France. Chairs: Emmanuel Chartier-Kastler, Brigitte Fatton

Continence Promotion Committee Public Forum & World Continence Week

The CPC will once again focus on the World Continence Week and ensure a public forum occurs in Glasgow.

Strategic Planning Process

The incoming General Secretary, Sender Herschorn initiated a 5-year strategic planning process for the ICS. It is now increasingly important that the society considers its future and the activities required to ensure the continued success the society has enjoyed in the past decade. Formal consultation on the plan will begin in earnest during 2012.

IT Department – Development Projects

E-Learning: Rolling out the eLearning System to members, filming more workshops and creating more online video eLearning content.

Webcasting: bringing this in-house, resulting in greater control over content and increased funds for the ICS.

Webcasting: The ICS website will be updated, resulting in a more visually enticing and user friendly service to users.

Internal IT systems: further improving internal systems in order to facilitate office working and provide a more efficient service to ICS members. The ever growing documents system will be reviewed.

International Consultation on Incontinence-International Continence Society (ICI-ICS) Joint project
Work continued on the ICIInternational Consultation on Incontinence -ICS Joint project to create a continence products advisor website that would provide independent evidence based advice, tips, feedback and references for patients and professionals.

2012 Educational Courses

In 2012, Educational Courses will be added to existing programs at the following locations

- Add-on course, Dubai
- Add-on course, Vietnam
- Add-on course, Brazil
- Add-on course, Colombia
- Add-on course, China
- Add-on course, Slovenia

2nd Cadaver Course

The first cadaver training course, held in 2011, was a great success. The ICS will repeat the course in 2012 and annually thereafter in Porto, Portugal. The course allows up to 6 delegates (young surgeons) to receive hands on surgical training on pelvic floor reconstruction.

Fistula Course

Building on the success of the 2010 course in Cairo and the 2011 course in Uganda, the Fistula Committee plans to hold two fistula training courses in 2012. These will again be primarily aimed at applicants from lesser developed countries. The two courses will be held in Egypt and Uganda.

Trustees' Responsibilities in Relation to the Financial Statements

The Trustees (who are also directors of Conticom-ICS Limited for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the Trustees are aware:

- there is no relevant audit information of which the charitable company's auditor is unaware; and
- the Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the website of the charitable company. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Auditors

A resolution will be proposed at the Annual General Meeting that Goldwyns (Bristol) Limited be re-appointed as auditors to the Charity for the ensuing year.

Approved, on behalf of the Trustees, by:

Ajay Singla
Treasurer

25th August 2012

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS AND TRUSTEES OF THE INTERNATIONAL CONTINENCE SOCIETY

We have audited the financial statements of The International Continence Society for the year ended 31 December 2011 which comprise the Statement of Financial Activities, the Consolidated Statement of Financial Activities, the Balance Sheet, the Consolidated Balance Sheet and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and Financial Reporting Standard for Smaller Entities (effective April 2008) (United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities).

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006 and to the charitable company's trustees, as a body, in accordance with regulations made under section 154 of the Charities Act 2011. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of trustees and auditor

As explained more fully in the Trustees' Responsibilities Statement set out on page 15, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

We have been appointed under the Companies Act 2006 and section 151 of the Charities Act 2011. Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's [(APB's)] Ethical Standards for Auditors.

Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the group's and the parent charitable company's circumstances and have been consistently applied and adequately disclosed, the reasonableness of significant accounting estimates made by the trustees, and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Trustees' Annual Report to identify material inconsistencies with the audited financial statements. If we become aware of any apparent material misstatements or inconsistencies we will consider the implications for our report.

Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 December 2011 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice (applicable to smaller entities); and
- have been prepared in accordance with the requirements of the Companies Act 2006 and the Charities Act 2011.

Opinion on other matter prescribed by the Companies Act 2006

In our opinion the information given in the Trustees' Annual Report for the financial year for which the financial statements are prepared is consistent with the financial statements.

(continued)

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS AND TRUSTEES
OF THE INTERNATIONAL CONTINENCE SOCIETY**

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 and the Charities Act 2011 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemption in preparing the Trustees' Annual Report.

*Christopher Brown FCA (Senior Statutory Auditor)
For and on behalf of Goldwyns (Bristol) Limited, Statutory Auditor
9 Portland Square
BRISTOL
BS2 8ST*

Goldwyns (Bristol) Limited is eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006.

25th August 2012

THE INTERNATIONAL CONTINENCE SOCIETY
STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2011

		Unrestricted Year ended 31.12.11 £	Restricted Year ended 31.12.11 £	Total Year ended 31.12.11 £	Total Year ended 31.12.10 £
	Notes				
Incoming resources					
<i>Incoming resources from generated funds:</i>					
Voluntary Income:					
Donations and gifts	2	37,400	16,674	54,074	42,207
Investment Income:					
Interest income	3	21,351	-	21,351	3,521
Gift aid donation from trading subsidiary	3	327,035	-	327,035	338,432
<i>Activities for generating funds:</i>					
Subscription income	4	132,642		132,642	118,433
Other incoming resources	5	-	-	-	7,076
Total incoming resources		518,428	16,674	535,102	509,669
Resources expended					
<i>Costs of charitable activities:</i>					
Educational activities	6	193,337	10,697	204,034	141,436
Publication of research	6	349,821	-	349,821	173,863
<i>Governance costs</i>	7	73,294	-	73,294	116,913
Total resources expended		616,452	10,697	627,149	432,212
Net (outgoing)/ incoming resources and net movement in funds for the year		(98,024)	5,977	(92,047)	77,457
Fund balances brought forward at 1 January 2011		1,705,075	21,668	1,726,743	1,649,286
Fund balances carried forward at 31 December 2011		1,607,051	27,645	1,634,696	1,726,743

All the above results are derived from continuing activities. All gains and losses recognised in the period are included above.

THE INTERNATIONAL CONTINENCE SOCIETY

CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING CONSOLIDATED INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2011

		Unrestricted Year ended 31.12.11 £	Restricted Year ended 31.12.11 £	Total Year ended 31.12.11 £	Total Year ended 31.12.10 £
	Notes				
Incoming resources					
<i>Incoming resources from generated funds:</i>					
Voluntary Income:					
Donations and gifts	2	37,400	16,674	54,074	42,207
Investment Income:					
Interest income	3	21,597	-	21,597	3,528
<i>Activities for generating funds:</i>					
Subscription income	4	132,642	-	132,642	118,433
<i>Incoming resources from charitable activities:</i>					
Annual meeting income		528,353	-	528,353	503,986
Other incoming resources	5	-	-	-	7,076
Total incoming resources		719,992	16,674	736,666	675,230
Resources expended					
<i>Costs of charitable activities:</i>					
Educational activities	6	193,337	10,697	204,034	141,436
Publication of research	6	349,821	-	349,821	173,863
Annual meeting expenditure	6	201,166	-	201,166	164,276
<i>Governance costs</i>	7	73,294	-	73,294	116,913
Total resources expended		817,618	10,697	828,315	596,488
Net incoming/(outgoing) resources and net movement in funds for the year		(97,626)	5,977	(91,649)	78,742
Transfers		-	-	-	-
Fund balances brought forward at 1 January 2011		1,738,999	21,668	1,760,667	1,681,925
Fund balances carried forward at 31 December 2011		1,641,373	27,645	1,669,018	1,760,667

All the above results are derived from continuing activities. All gains and losses recognised in the period are included above.

THE INTERNATIONAL CONTINENCE SOCIETY

BALANCE SHEET AS AT 31 DECEMBER 2011

		2011		2010	
	Note	£	£	£	£
FIXED ASSETS:					
Investments	13		1		1
CURRENT ASSETS:					
Debtors	14	595,210		516,014	
Cash at bank and in hand		<u>1,215,991</u>		<u>1,238,991</u>	
		1,811,201		1,755,005	
CREDITORS: Amounts falling due within one year	15	<u>176,506</u>		<u>28,263</u>	
NET CURRENT ASSETS:			<u>1,634,695</u>		<u>1,726,742</u>
TOTAL ASSETS LESS CURRENT LIABILITIES:			<u>1,634,696</u>		<u>1,726,743</u>
FUNDS:					
Unrestricted funds	17		1,607,051		1,705,075
Restricted funds	17		<u>27,645</u>		<u>21,668</u>
			<u>1,634,696</u>		<u>1,726,743</u>

These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the Trustees on 25th August 2012 and were signed on its behalf by:

A Singla - TRUSTEE

THE INTERNATIONAL CONTINENCE SOCIETY
CONSOLIDATED BALANCE SHEET AS AT 31 DECEMBER 2011

		<u>2011</u>		<u>2010</u>	
	Note	£	£	£	£
FIXED ASSETS:					
Tangible assets	12		8,338		9,450
CURRENT ASSETS:					
Stocks		5,342		-	
Debtors	14	483,166		462,730	
Cash at bank and in hand		<u>1,373,568</u>		<u>1,337,110</u>	
		1,862,076		1,799,840	
CREDITORS: Amounts falling due within one year	15	<u>201,396</u>		<u>48,623</u>	
NET CURRENT ASSETS:			<u>1,660,680</u>		<u>1,751,217</u>
TOTAL ASSETS LESS CURRENT LIABILITIES:			<u>1,669,018</u>		<u>1,760,667</u>
FUNDS:					
Unrestricted funds	17		1,641,373		1,738,999
Restricted funds	17		<u>27,645</u>		<u>21,668</u>
			<u>1,669,018</u>		<u>1,760,667</u>

These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2007).

The financial statements were approved by the Trustees on 25th August 2012 and were signed on its behalf by:

A Singla - TRUSTEE

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2011

1. ACCOUNTING POLICIES

a) Basis of Preparation

The financial statements have been prepared under the historical cost convention, in accordance with the Statement of Recommended Practice (SORP 2005), Accounting and Reporting by Charities issued in March 2005, applicable accounting standards and the Companies Act 2006.

b) Group Accounts

The results of Conticom - ICS Limited, a wholly owned subsidiary, have been consolidated on a line by line basis in the Statement of Financial Activities and the Balance sheet. Exemption from preparing a cash flow statement under FRS 1 has been taken.

c) Company Status

The charity is a company limited by guarantee. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

d) Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

e) Incoming Resources

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Incoming resources from subscriptions are recognised in the Statement of Financial Activities on a calendar year basis and are deferred where they are received in advance.

f) Resources Expended

All expenditure included in the Statement of Financial Activities is accounted for on an accruals basis.

Charitable activities include expenditure associated with the educational activities and the publication of research and includes both the direct costs and support costs relating to these activities.

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements. Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, e.g. staff costs by their time spent and other costs by their usage.

Any irrecoverable VAT is charged to the Statement of Financial Activities or capitalised as part of the asset cost, where appropriate.

g) Tangible Fixed Assets Depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and fittings	- 25% on cost
Computer equipment	- 33% on reducing balance

h) Company Investments

The investment in the subsidiary is stated at cost.

i) Foreign Currencies

Transactions in foreign currencies are recorded at the rate ruling at the date of transaction. Monetary assets and liabilities are retranslated at the rate of exchange ruling at the balance sheet date. All differences are taken to the Statement of Financial Activities.

j) Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities over the period to which they relate.

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2011**

k) Pension costs

The charity operates a defined contribution pension scheme. Contributions payable for the year are charged in the Statement of Financial Activities.

2. DONATIONS AND GIFTS

	Charity		Group	
	2011	2010	2011	2010
	£	£	£	£
Royalty income	22,967	23,397	22,967	23,397
Other donors	31,107	18,810	31,107	18,810
	<u>54,074</u>	<u>42,207</u>	<u>54,074</u>	<u>42,207</u>

3. INVESTMENT INCOME

	Charity		Group	
	2011	2010	2011	2010
	£	£	£	£
Interest receivable	21,351	3,521	21,597	3,528
Gift aid donation from trading subsidiary	327,035	338,432	-	-
	<u>348,386</u>	<u>341,953</u>	<u>21,597</u>	<u>3,528</u>

4. SUBSCRIPTION INCOME

	Charity & Group	
	2011	2010
	£	£
Deferred balance brought forward	12,710	12,135
Membership income received during the year	145,402	119,008
Deferred balance carried forward	<u>(25,470)</u>	<u>(12,710)</u>
	<u>132,642</u>	<u>118,433</u>

5. OTHER INCOMING RESOURCES

	Charity		Group	
	2011	2010	2011	2010
	£	£	£	£
Exchange rate gain	-	7,076	-	7,076
	<u>-</u>	<u>7,076</u>	<u>-</u>	<u>7,076</u>

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2011**

6. ANALYSIS OF CHARITABLE EXPENDITURE

	Educational Activities £	Publication of Research £	Annual meeting £	Total 2011 £	Total 2010 £
Journal and other membership costs	-	82,943	-	82,943	75,750
Travel and subsistence costs	1,841	1,841	-	3,682	40
Advertising and promotional events	-	6,581	-	6,581	2,653
Publication committee costs	-	2,084	-	2,084	753
Education committee costs	5,184	-	-	5,184	8,562
Nurses meeting costs	2,349	-	-	2,349	340
Continence Promotion Committee costs	18,830	-	-	18,830	11,917
Standardisation Committee costs	719	-	-	719	1,165
Awards, grants and fellowships	45,718	114,714	-	160,432	9,216
Educational activity costs	85,558	-	-	85,558	72,184
Printing and postage costs	1,374	22,208	-	23,582	13,481
Staff costs	23,162	93,808	-	116,970	98,276
Finance costs	5,631	5,631	-	11,262	7,072
Trustees' board costs	7,164	7,164	-	14,328	-
General secretary's costs	-	6,343	-	6,343	-
Support costs (detailed in note 8)	6,504	6,504	-	13,008	13,890
Charity total	<u>204,034</u>	<u>349,821</u>	<u>-</u>	<u>553,855</u>	<u>315,299</u>
Annual meeting expenses	-	-	<u>201,166</u>	<u>201,166</u>	<u>164,276</u>
Group total	<u>204,034</u>	<u>349,821</u>	<u>201,166</u>	<u>755,021</u>	<u>479,575</u>

7. GOVERNANCE COSTS

	Charity & Group	
	2011 £	2010 £
General Secretary costs	6,344	8,519
Trustees' board costs	14,328	66,516
Staff costs	16,051	13,295
Support costs (detailed in note 8)	<u>36,571</u>	<u>28,583</u>
	<u>73,294</u>	<u>116,913</u>

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2011**

8. SUPPORT COSTS

	Educational Activities Costs £	Publication of Research Costs £	Governance Costs £	Charity & Group Total 2011 £	Total 2010 £
Phone	1,274	1,274	-	2,548	2,106
Insurance	324	324	407	1,055	1,253
Rent, rates, light and heat	4,084	4,084	-	8,168	8,202
Sundry	822	822	-	1,644	3,188
Auditors remuneration (note 11)	-	-	9,600	9,600	11,459
Legal and professional	-	-	26,564	26,564	16,265
	<u>6,504</u>	<u>6,504</u>	<u>36,571</u>	<u>49,579</u>	<u>42,473</u>

9. TRUSTEES REMUNERATION

The trustees neither received nor waived any emoluments during the period (2010: £Nil).

Out of pocket expenses were reimbursed to trustees as follows:

	Charity & Group 2011 Number	2010 Number	Charity & Group 2011 £	2010 £
Travel and meeting expenses	16	21	29,389	72,402
Education course expenses	8	6	27,256	16,265
			<u>56,645</u>	<u>88,667</u>

10. STAFF COSTS

	Charity 2011 £	2010 £	Group 2011 £	2010 £
Wages and salaries	120,778	95,217	203,299	190,434
National insurance contributions	9,015	9,963	13,017	19,927
Pension contributions	2,511	1,602	5,022	3,204
Recruitment and training	718	4,789	1,104	8,825
	<u>133,022</u>	<u>111,571</u>	<u>222,442</u>	<u>222,390</u>

One employee earned more than £60,000 during the year.

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2011**

The average number of full-time equivalent employees during the year was as follows:

	Charity		Group	
	2011 Number	2010 Number	2011 Number	2010 Number
Governance	1	1	1	1
Educational activities	2	1	2	1
Publication of research	3	2	3	2
Meeting co-ordinators	2	2	2	2

11. AUDITORS REMUNERATION

The auditors' remuneration consists of the following:

	Charity		Group	
	2011 £	2010 £	2011 £	2010 £
For audit services	5,280	5,400	9,780	10,000
For accounting services	2,760	2,760	5,510	4,610
For preparation of consolidated accounts	1,560	1,560	1,560	1,560
For general advice, meetings & other services	-	1,739	-	2,529
	<u>9,600</u>	<u>11,459</u>	<u>16,850</u>	<u>18,699</u>

12. CONSOLIDATED TANGIBLE FIXED ASSETS

	Fixtures and Fittings	Computer Equipment	Total
	£	£	£
COST:			
At 1 January 2011	9,099	34,144	43,243
Additions	-	4,458	4,458
Disposals	(195)	(4,316)	(4,511)
At 31 December 2011	<u>8,904</u>	<u>34,286</u>	<u>43,190</u>
DEPRECIATION:			
At 1 January 2011	7,443	26,350	33,793
Charge for year	753	4,325	5,078
Eliminated on disposals	(195)	(3,824)	(4,019)
At 31 December 2011	<u>8,001</u>	<u>26,851</u>	<u>34,852</u>
NET BOOK VALUE:			
At 31 December 2011	<u>903</u>	<u>7,435</u>	<u>8,338</u>
At 31 December 2010	<u>1,656</u>	<u>7,794</u>	<u>9,450</u>

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2011**

13. CHARITY FIXED ASSET INVESTMENTS

	£
COST:	
At 1 January 2011	
and 31 December 2011	<u>1</u>
NET BOOK VALUE:	
At 31 December 2011	<u>1</u>
At 31 December 2010	<u>1</u>
	2011
	£
	2010
	£
Unlisted investments	<u>1</u>
	<u>1</u>

The charity's investments at the balance sheet date in the share capital of unlisted companies include the following:

Conticom - ICS Limited

Country of incorporation: England & Wales

Nature of business: Conference facilitator %

Class of shares: holding
Ordinary 100.00

	2011	2010
	£	£
Aggregate capital and reserves	34,323	33,925
Profit for the year	<u>398</u>	<u>1,285</u>

Results and net assets/(liabilities) of Conticom – ICS Limited

	£
Turnover:	
Annual meeting income	528,353
Cost of sales:	
Annual meeting expenses	<u>(13,359)</u>
Gross profit	514,994
Administrative expenses (excluding gift aid donation)	<u>(187,807)</u>
Operating profit	327,187
Interest receivable and other similar income	246
Net income	<u>327,433</u>
Amount gift-aided to the charity	<u>(327,035)</u>
Retained profit for the year	398
Retained profit brought forward	33,924
Retained profit/(loss)carried forward	<u>34,322</u>
Assets	599,326
Liabilities	565,003

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2011**

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2011	2010	2011	2010
	£	£	£	£
V.A.T	-	-	966	-
Trade debtors	-	-	424,917	426,370
Prepayments	32,120	9,635	34,153	12,800
Amounts due from group undertaking	540,113	482,972	-	-
Other debtors	22,977	23,407	23,130	23,560
	<u>595,210</u>	<u>516,014</u>	<u>483,166</u>	<u>462,730</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2011	2010	2011	2010
	£	£	£	£
Bank overdraft	1,841	-	1,841	-
Trade creditors	3,844	-	11,335	101
Other creditors	30,277	5,091	31,983	7,289
Social security and other taxes	-	-	8,557	9,864
Accruals and deferred income	140,544	23,172	147,680	30,472
VAT	-	-	-	897
	<u>176,506</u>	<u>28,263</u>	<u>201,396</u>	<u>48,623</u>

16. OPERATING LEASE COMMITMENTS

The following payments are committed to be paid within one year:

	Charity		Group	
	2011	2010	2011	2010
	£	£	£	£
Land and buildings expiring:				
Within one year	4,500	-	9,000	-
Between one and five years	-	6,750	-	13,500
	<u>4,500</u>	<u>6,750</u>	<u>9,000</u>	<u>13,500</u>
	2011	2010	2011	2010
	£	£	£	£
Other operating leases expiring:				
Within one year	-	-	-	513
Between one and five years	1,594	-	2,117	523
Over five years	-	938	-	938
	<u>1,594</u>	<u>938</u>	<u>2,117</u>	<u>1,974</u>

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2011

17. STATEMENT OF FUNDS

	At 01 January 11 £	Income £	Expenditure £	Transfers £	At 31 December 11 £
Unrestricted funds:					
General fund	1,705,075	518,428	616,452	-	1,607,051
Total unrestricted funds	<u>1,705,075</u>	<u>518,428</u>	<u>616,452</u>	<u>-</u>	<u>1,607,051</u>
Restricted funds:					
Laborie Fellowship	10,946	10,543	4,747	-	16,742
Continence Promotion Committee fund	10,722	6,131	5,950	-	10,903
Total restricted funds	<u>21,668</u>	<u>16,674</u>	<u>10,697</u>	<u>-</u>	<u>27,645</u>
Total charity funds	<u>1,726,743</u>	<u>535,102</u>	<u>627,149</u>	<u>-</u>	<u>1,634,696</u>
Subsidiary	33,924	528,599	528,201	-	34,322
Intercompany transactions	-	(327,035)	(327,035)	-	-
Total consolidated funds	<u>1,760,667</u>	<u>736,666</u>	<u>828,315</u>	<u>-</u>	<u>1,669,018</u>

The Continence Promotion Committee fund was established to support the activities of the Continence Promotion Committee. The Laborie Fellowship fund relates to a 3 year fellowship programme which commenced on 1 April 2011.

The General fund represents the free funds of the charity, which are not designated for particular purposes.

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2011

18. ANALYSIS OF NET FUNDS BETWEEN FUNDS

CHARITY

Fund Balances at 31 December 2011
are represented by:

	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fixed assets	-	1	1
Current assets	27,645	1,783,556	1,811,201
Current liabilities	-	176,506	176,506
Total Net Assets	27,645	1,607,051	1,634,696

GROUP

Fund Balances at 31 December 2011
are represented by:

	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fixed assets	-	8,338	8,338
Current assets	27,645	1,834,431	1,862,076
Current liabilities	-	201,396	201,396
Total Net Assets	27,645	1,641,373	1,669,018

19. PENSION COMMITMENTS

During the year, the group paid into a defined contribution pension scheme. The total for the year of £5,022 (2010: £3,204) is included within staff costs in the Statement of Financial Activities.

There were outstanding group contributions of £Nil (2010: £Nil) as at 31 December 2011.

20. TAXATION

As a registered charity the International Continence Society is exempt from taxation of income and gains falling within Section 505 Taxes Act 1988 or Section 256 Taxation of Chargeable Gains Act 1992 to the extent these are applied to its charitable objects. No tax charge has arisen during the year. No tax charge has arisen in the subsidiary as its profits are donated by way of Gift Aid to the charity.

21. RELATED PARTY DISCLOSURES

During the period a donation of £327,035 (2010: £338,432) was receivable from the charity's subsidiary, Conticom - ICS Limited.

At the balance sheet date the charity was owed £540,113 (2010: £482,972) by Conticom - ICS Limited. This balance is shown in 'amounts due from group undertaking'.

The above balances have been removed from the consolidated accounts.

22. CONTROLLING PARTY

The charity is under the joint control of the trustees, as set out in the trustees report.