

2012 ICS Physiotherapy Committee Annual Report

Chair: Helena Frawley, PhD, FACP
Term of office: Aug 2011 – Aug 2013
Date report submitted: 31 August 2012
Committee members: Marijke van Kampen, Pauline Chiarelli, Chantale Dumoulin, Els Bakker, Margaret Sherburn, Jacqueline de Jong, Beth Shelly, Doreen McClurg, Fetske Hogen Esch, Stephanie Knight, Melanie Morin.
(Education Committee Representative: Marijke Slieker-ten Hove)

The Physiotherapy Committee represents and supports ICS physiotherapy members and the physiotherapy contribution to various ICS committees in order to encourage and maintain the multidisciplinary strength of the ICS. It acts as a liaison body between the Chair of ICS, ICS Board of Trustees and its physiotherapy members regarding matters of mutual concern. The Physiotherapy Committee has 3 functions: communication, research and education.

2 x Committee meetings in past 12 months: Glasgow, Aug 2011; Teleconference, Jan 2012.

Activities and achievements over the past year:

- Membership and Communication sub-committee:
 - Organisation of the Beijing 'Physiotherapy Round-table' meeting
 - Ongoing contributions and improvements to the 'ICS Physiotherapy Committee News' page on the ICS website
 - Compilation and finalisation of 'The History of Physiotherapy in the ICS' document
 - Contribution to 'ICS Newsletter', summary of Physiotherapy activities
- Scientific and Research sub-committee
 - Successful delivery of the 'State-of-the-Science Seminar: Improving pelvic floor muscle training adherence strategies: from theory to practice' which was conducted in the 2 days pre-ICS Meeting in 2011. Ongoing follow-ups from this activity include:
 - Presentation of key findings from this Seminar at the 2012 Physiotherapy round-table meeting
 - Review of theories and strategies which promote adherence to exercise
 - Determinants of adherence to pelvic floor muscle training in the treatment of incontinence, including participants' perspectives
 - Analysis of results from SurveyMonkey survey, completed by >500 ICS members
 - Preparation of 'Consensus Statement' and several related manuscripts (x 3) for publication, as outcomes from this research activity
 - Committee representation and contribution to ICS Standardisation and Terminology Sub-committees:
 - Chronic Pelvic Pain: Helena Frawley

- Conservative Management of Female Pelvic Floor Dysfunction: Helena Frawley (Mentor); Beth Shelly (Working Party)
 - Contribution to Scientific Program for 2012:
 - Lunchtime pelvic floor muscle exercise classes
- Education and Professional Development
 - External to Physiotherapy committee:
 - Physiotherapy representation to ICS education committee: review of workshop submissions, contribution to all other Education committee activities as relevant.
 - Co-ordination and liaison of physiotherapy speakers to ICS Educational Courses: Argentina, Jakarta
 - Submission of Physiotherapy Educational Workshop for 2012 Meeting
 - Internal to Physiotherapy committee:
 - Preparation of Physiotherapy 'Competence Profile'

Plans for the next year:

- Membership and Communication sub-committee:
 - Planning for 2013 Round-table, inclusion of local speakers and liaison with local members
 - Approach relevant ICS committees who do not have physiotherapy input or representation, to establish if a contribution can be made
- Scientific and Research sub-committee:
 - Submit manuscripts from 'State-of-the-Science Seminar: Improving pelvic floor muscle training adherence strategies: from theory to practice' to N7U Journal for publication
- Education and Professional Development:
 - Continue to raise awareness of Physiotherapy contribution to multidisciplinary educational activities
 - Contact key physiotherapy members to contribute to submission or workshops for 2013 Meeting

Notification of any new subcommittees (as the Trustees should formally approve these, as per the ICS Bylaws):

- nil

Details of any budget requests:

- Jan teleconference 2013
- June / July teleconference 2013 (pre-ICS meeting, to ensure all activities and items are on track)

Confirmation whether the committee will call for expressions of interest for new committee members, as of the 2012 AGM in Beijing:

- Committee will approach any Spanish Physiotherapy members who are potentially able to assist local planning and organising for 2013 Barcelona Physiotherapy Round-table Meeting

Special request for any members whose terms are ending to be renewed for one more term. This is permitted assuming this Bylaw change is voted in by the membership at the 2012 AGM:

- Not known at this stage