

## 1. Video Abstract Submission

- a) All submissions must be made via the ICS website ([www.ics.org](http://www.ics.org)), following instructions provided on the website, before 3rd April 23:59 BST (GMT+1).
- b) The Video must be received by 3rd April 23:59 BST (GMT+1) upload it to:  
<https://www.ics.org/upload>  
Please give us the Abstract Tracking Number in the filename of your video!
- c) All accepted abstracts videos will be published on the ICS website exactly as submitted.
- d) Abstract videos presentations will be published in Neurourology & Urodynamics.
  - [View definitions of all presentation types at ICS Meetings](#)
  - [View reviewer guidelines for scoring abstracts](#)

## 2. Formatting (Written Abstract)

- a) Video abstracts must not exceed 1 page but may be less. This must include the title and section headings.
- b) Video abstracts are composed of a title and these sections:
  - Introduction
  - Design
  - Results
  - Conclusions
- c) Video abstracts must have a title and some text included in each section, or will be rejected.
- d) Video abstracts text must not include any reference tables or charts.

## 3. Formatting (Video)

- a) All videos must be 5 minutes or less in length from start to finish. This time includes any time used to show the title, or any information associated with the video.
- b) The video must be in MP4 format, please contact [info@ics.org](mailto:info@ics.org) for any submission questions regarding video quality or format.
- c) Is there music in the video? If so you must provide copyright permission.

## 4. Scoring

- a) Selection of the video abstracts and videos for the meeting will be scored by a sub-committee of the scientific committee.
- b) The top rated abstracts will be presented at a podium session.

## 5. Check List

- Is the abstract content less than one page?
- Does the abstract have a title and text in each of the four sections of the abstract?
- Make sure there are no reference tables and charts in the video abstract text?
- Is video length less than 5 minutes?
- Is the video in MP4 format and received by the ICS office?
- Has informed consent been obtained?

**IF YOU VIOLATE ANY ABSTRACT SUBMISSION RULE, YOUR  
ABSTRACT WILL BE REJECTED**