

TRUSTEES' ANNUAL REPORT

AND

**INDEPENDENTLY EXAMINED CONSOLIDATED FINANCIAL STATEMENTS FOR THE YEAR
ENDED 31 DECEMBER 2012**

FOR

THE INTERNATIONAL CONTINENCE SOCIETY



ICS 2012 Annual Report

Reference and Administrative Details of the Charity, its Trustees and Advisors

Company Number	3589542
Registered Charity Number	1074929
Registered Office	9 Portland Square, Bristol, BS2 8ST
Correspondence Address	19 Portland Square, Bristol, BS2 8SJ
E-mail	info@icsoffice.org
Website	www.ics.org
Telephone	+44 (0) 117 944 4881
Fax	+44 (0) 117 944 4882
General Secretary	Sender Herschorn – 3 year term began 01/09/11
Treasurer	Ajay Singla – 3 year term (reappointed 26/08/10)
Trustee reappointed 26/08/2010	Werner Schaefer (3 year term)
Trustees appointed 01/09/11	Jacques Corcos Masayuki Takeda (3 year terms)
Trustees appointed 18/10/12	Katherine Moore Alex Wang (3 year term)
Trustees reappointed 01/09/11	Sherif Mourad Adrian Wagg (3 year terms)
Trustee, 3 year term ended as of 18/10/12	Mary Pat Fitzgerald
Secretary	Daniel Snowdon (appointed 14/01/2011)
Independent Examiners	Goldwyns (Bristol) Limited, 9 Portland Square, Bristol BS2 8ST
Solicitors	Veale Wasbrough Vizards, Orchard Lane, Bristol BS1 5WS
Bankers	NatWest Bank, Filton Bristol Branch, PO Box 182, 4 Church Road, Bristol BS99 5AA CCLA Investment Management Ltd, COIF Charity Funds, 80 Cheapside, London, EC2V 6DZ
Staff	
Daniel Snowdon	Administrative Director (formally appointed February 2012)
Dominic Turner	I.T. Director
Avicia Burchill	Projects and Events Manager – part time (formally appointed February 2012). Formerly Administration Manager (to February 2012)
Ashley Brookes	Senior Analyst Programmer
Roger Blackmore	Flash Developer/Graphics Designer (appointed 18 June 2012)
Tracy Griffin	Administrative Assistant – part time (permanent appointment from 17/02/12)
Kirsty Sims	Administrative Assistant – part time (<i>resigned 18 January 2012</i>)

Jennifer Ellis
Sophie Mangham
Chris Angle
Nicola Walsh

Projects and Events Coordinator
Projects and Events Coordinator (appointed 23 February 2012)
Flash Developer/Designer (resigned – 10 February 2012)
Bookkeeper – contract appointment

ICS Honorary Members

Peter Caldwell (Deceased)
Peter Gammelgaard (Deceased)
Guus Kramer
Walter Artibani

Patrick Bates
Eric Glen
David Rowan
Jacques Corcos

Pieter Donker (Deceased)
Axel Ingelman-Sundberg (Deceased)
Paul Abrams
Jo Laycock

What is the International Continence Society and what does it do?

The International Continence Society (ICS) is a membership society for professionals working in the field of incontinence.

The objectives for which the Charity has been established are:

- To strive to improve the quality of life for people affected by urinary, bowel and pelvic floor disorders by advancing basic and clinical science through education, research, and advocacy.
- To raise public awareness of both urinary and anal incontinence, and other functional abnormalities, including obstruction and pain, and the fact that it can be corrected, improved or at least better managed, and to enhance the knowledge and skills of health professionals involved in prevention and management of incontinence and thereby to improve the standard of healthcare delivery.

[Link](#) to ICS Mission and Vision statements

Considerable public benefit arises from these two aspects of the Society's educational work. With regard to the general public, significant and often harmful misunderstandings and stigmas still surround relevant medical conditions. The ICS works to break down these stigmas. With regard to healthcare professionals, their knowledge and skills are increased, to the benefit of current and future patients, by the dissemination of knowledge and sharing of best practice at events such as the Society's annual international scientific meeting and the workshops and courses it facilitates (many of which are offered for free). The ICS continues to allow free access to its website to allow non-ICS members to utilise the vast database of incontinence research now held within it. For those interested in becoming members of the ICS, the membership fee remains low and affordable. It is in this regard that the ICS Board of Trustees has considered the public benefit of the ICS. The ICS feels that it clearly fits the Charities Act aims of advancement of education and of health or the saving of lives. The ICS now has members in over 70 countries and is therefore helping individuals suffering from incontinence related issues on a global level.

Scientific knowledge and expertise on incontinence issues is exchanged between the multi-disciplinary medical professionals through the various forums which the ICS provides, including the Annual Scientific Meeting, newsletters and publication of research through journals. Best practices from countries with established continence awareness programmes are shared with others who are trying to set up continence programmes within their country, hospital or clinic. With the dissemination of research into incontinence relief, the direct beneficiaries are the patients of those individuals who are members of the ICS or those who attend our congresses and courses.

The main objectives for 2012 were to hold a challenging annual meeting in an emerging market (China), consolidate ICS projects and to begin preparations for a comprehensive strategic planning process.

History:

With Peter Caldwell as president, Shedden Alexander as vice president and Eric Glen as the organising secretary, the inaugural meeting of the Continent Club was held in Exeter in 1971. Over 60 participants attended the meeting from several countries and it was hailed as a great success, both scientifically and socially.

At the third ICS conference held in Copenhagen in 1973, Tage Hald was elected first Chair of the ICS Standardisation Committee. His committee published the first ICS reports between 1976 and 1981. The Society has gone on to publish many reports and retains the copyright, enabling them to be published in a range of international journals.

In 1998 the Society was set up as a UK Charity under the guidance of Paul Abrams and now boasts a membership of close to 3,000 from 70 different countries covering many disciplines including physicians, surgeons, nurses, physicists, physiotherapists, bio-medical engineers and scientists. The founder members decided that the Society should meet annually with a different meeting chair and venue each year. This Annual Meeting remains today one of the most valued dates in the urological and gynaecological calendars, attracting in excess of 3,000 delegates from all corners of the globe.

Structure, Governance and Management

Board of Trustees

The Board of Trustees is required to meet twice a year and is responsible for:

- The long-term direction of the Society
- The development of new projects in line with the Society's charitable aims
- Ensuring the Society's charitable aims and objectives are met
- Inspection of the Society's annual accounts
- Ensuring suitable accounting policies are established and applied consistently
- Monitoring and reporting the financial position to membership
- Safeguarding the assets of the charity and applying them properly
- Ensuring the Society is operating efficiently and effectively
- Ensuring proper records and reliable financial information are maintained
- Establishing the method, policies and procedures for recruitment, appointment, induction and training of new Trustees

All nominated candidates for Trustee positions will receive documents outlining their duties, responsibilities and any risks pertaining to the role of Trustee. The Nominations Committee will review all candidates for their suitability, prior to their nominations being put to the membership. All Trustees are elected by the membership.

Management Structure

The ICS is a Company Limited by Guarantee governed by its Memorandum and Articles of Association, together with regularly updated Bylaws. These reflect the current activities of the Charity.

As a UK Registered Charity, the ICS Trustees are held ultimately responsible for the Charity and its

affairs. However, the Society has a management structure and Bylaws which ensure that members have sufficient input on all decisions within the Society. The ICS is now made up of a Board of Trustees which reflects the multi-disciplinary and geographical aspects of the society. These Trustees were nominated and elected by the general ICS membership.

Under supervision of the Trustees and the General Secretary in particular, day-to-day management of the Charity, the Society, its trading subsidiary and office staff, is delegated to the Administrative Director. The Administrative Director is a full-time employee of the Society and its trading subsidiary and reports directly to the Trustees who are ultimately responsible for the management and finances of the Society, as well as the review and approval of administrative procedures implemented by the Administrative Director.

ICS Committees 2012

The ICS currently has the following [committees](#) which focus on the different aspects of the ICS and through the direction of the Board of Trustees undertake projects to assist the Board to achieve its overall strategy and for the Charity to meet its aims.

- ICS Children's Committee
- ICS Continence Promotion Committee
- ICS Education Committee
- ICS Ethics Committee
- ICS Fistula Committee
- ICS Meetings Committee
- ICS Neurourology Promotion Committee
- ICS Nursing Committee
- ICS Physiotherapy Committee
- ICS Publications and Communications Committee
- ICS Scientific Committee
- ICS Standardisation Steering Committee
- ICS Urodynamics Committee

A chair for each of the above-mentioned committees is elected by electronic membership ballot, to hold office for three years (with the exception of the Scientific Committee chair who is in post for one year). Further information about the remit of each committee can be found on the ICS website.

Related Parties

The wholly owned subsidiary Conticom ICS Limited was established to undertake the commercial trading activities of the Charity. Conticom ICS Limited gift aids its profits to the Charity.

Risk Management

The Trustees have implemented a formal risk management process to assess business risks and implement risk management strategies.

The Trustees have identified the types of risks the Charity faces, and have prioritised them in terms of potential impact and likelihood of occurrence, and identified, where possible, means of mitigating the risks. The adequacy of internal controls is reviewed and costs of implementing new controls compared to benefits obtained and implemented, if agreed. Procedures have been established for reporting failure, immediately, to appropriate levels of management and to the Board of Trustees. The task of monitoring the financial control systems and procedures of the Charity is delegated to

the ICS Honorary Treasurer (Ajay Singla). In conjunction with the Administrative Director and the ICS Independent Examiners (Goldwyns [Bristol] Limited), the Treasurer reviews and reports to the Trustees on the working of these systems and procedures in relation to the wider issue of managing major risks identified as arising from or in connection with the activities of the Charity.

The Trustees continue to keep under review the adequacy of our systems which are, in our opinion, appropriate for the Charity at present. The reserves policy requires the ICS to retain running costs for two years plus £100,000 in case of unforeseen liabilities.

The Trustees believe an area of risk requiring particular attention is the ICS Annual Meeting, where possible cancellation or postponement due to terrorist attacks or natural disasters is a major concern. The Charity has passed on the major risk to our permanent Congress Organiser (Kenes International) who, from 2008, has borne the financial risk of any cancellation or postponement. The Trustees also ensure that adequate levels of insurance are sought for each event.

A Nominations Committee continues to ensure that suitable Trustee candidates are put forward for ballot by the membership.

Although all efforts are made to ensure the administration of the Society could continue efficiently should certain key members of staff leave or be absent for any length of time, the positions of Administrative Director and IT Director are of particular importance.

With regard to the Society's finances, the bookkeeper and Independent Examiners are fully aware of the current status and systems used and could take over from the Administrative Director in this regard in an emergency. A selected group of the Trustees and the Administrative Director are all signatories to the Society's accounts and therefore the accounts can be maintained.

With regard to IT systems, the IT Director is documenting all design and maintenance work to ensure that another IT specialist could take over in an emergency. All systems and the ICS website are backed up and stored off site.

Wherever possible, all ICS office staff are trained and briefed in office procedures. All email communications are also filed for historical purposes.

2012 Objectives and Activities

The strategies employed in the year to achieve the objectives of the Charity were:

- To begin preparations for a comprehensive strategic planning process.
- To consolidate ICS projects and initiatives such as Educational Courses and Awards and Fellowships
- To host the 2012 Annual Meeting in Beijing, China, resulting in a high quality congress which will open the ICS to new international markets.

Achievements and Performance

ICS Annual Scientific Meeting 2012

The Annual Meeting remains the main focus of the ICS and consists of a scientific programme selected from submitted abstracts, along with workshops, courses, committee meetings and the Society's Annual General Meeting.

The 42nd Annual Meeting of the International Continence Society took place this year in Beijing, China. The meeting was attended by 1965 delegates with over a quarter of delegates from China. In excess of 60 countries provided delegates at the meeting. The Trustees were pleased to see such a strong local presence, validating the aim of the ICS to grow its membership and activity in the central Asia region.

282 abstracts were chosen by the ICS Scientific Committee to fill the 3-day scientific programme with podium, poster, and video presentations on the latest research in the field. The consistently high quality education programme consisted of 47 workshops, chosen from 62 applications. The many excellent educational and scientific sessions covering different aspects of urinary, bowel and pelvic floor disorders included three very different state-of-the-art lectures.

Following a review of 2011 procedures, the format of the AGM was reorganised and a far smoother experience was enjoyed by all in Beijing. General Secretary, Sender Herschorn delivered a positive report on his first year in charge and outlined plans for the ICS strategic process that would take place in 2013. The membership voted in favour of all appointing two specially appointed trustees: an Allied Health and a Gynecological representative.

According to the Annual Scientific Meeting guidelines, the Chairman must identify a Charity or not-for-profit institution with similar aims to the ICS which will receive a donation from the ICS of €50,000. Chairman, Limin Liao, donated his funds to the Wu Jieping Medical Foundation.

Our sincere thanks go to Limin Liao, Lan Zhu, Werner, Schaefer and the local organising committee for their hard work and commitment to making ICS 2012 a scientifically successful and memorable meeting. Thanks are also due to the ICS office staff, Board of Trustees and the ICS meeting organiser, Kenes International.

The wholly owned subsidiary of the Charity, Conticom-ICS Limited, operates the Annual Meeting and its profits are donated to the ICS.

Strategic Planning Process

Preparatory work for the process was completed. Following a comprehensive search and interview process a consultancy company was appointed; Compass. A survey was completed by ICS members, the results of which will contribute to the draft strategic plan. Together with Compass and key office staff the Board has planned the steps required to achieve the aim of having a final strategy document in place before December 2013.

Awards and Fellowships

The ICS has extended its already comprehensive range of awards and fellowships and the process for application and receipt of funds will be streamlined. Three abstract awards, four fellowships, two major research grants and one lifetime achievement and essay award are offered. In 2012, ten conference travel awards will be bestowed; the highest number to date. These awards will assist members from three key groups who are likely to lack resources to travel and attend the annual meetings.

Educational Courses 2012

The ICS Education Committee has continued a successful add-on educational course format in which ICS faculty contribute to an existing local meeting. Add-on courses have a number of benefits over stand-alone courses as they allow the ICS to have more courses at already established meetings ensuring correct target audience and bearing less risk. By focusing on add-on courses a wider range of educational opportunities can be undertaken each year, which allows the ICS to further extend the worldwide sharing of good practice and knowledge.

Educational Courses held in 2012 are outlined below.

Dubai, UAE, 27-29th January 2012

The first add-on education course of 2012 was held in collaboration with the 8th Pan Arab Continence Society (PACS) meeting and the American Urological Association and International Children's Continence Society. The ICS funded four speakers to attend: Ruth Kirschner-Hermanns, Patrick Woodman, Gopal Badlani, Diane Newman. A fifth ICS speaker attended funded by the ICS Nursing Committee; Mandy Wells. The meeting was attended by 200 delegates over the 3 day meeting.

Jakarta, Indonesia, 25-26th May 2012

The ICS was invited to host a standalone 2 day course in conjunction with the Ministry of Health Republic of Indonesia and Fatmawati General Hospital. This course was endorsed by The Indonesian Continence Society & The Indonesian Physical Medicine and Rehabilitation Association. The ICS funded five speakers to attend; Helmut Madersbacher, Dora Mair, Helena Frawley, John Heesakkers and Werner Schaefer. The course aimed to improve knowledge in the area of management of Urinary Incontinence for local doctors, nurses and physiotherapists.

Buenos Aires, Argentina, 15th June 2012

The ICS in conjunction with the SAU hosted an education course in Buenos Aires. This course was an add-on to the annual Symposium of the SAU - Simposio Avances en Urología 2012 held on 15th June 2012 at the Hilton Buenos Aires Hotel. The ICS speakers for this event were Werner Schaefer, Beth Shelly and Howard Goldman.

Valencia, Venezuela, 25-28th July 2012

The ICS, in conjunction with the Venezuelan Society of Urology held a one day education course in Valencia. The course added on to the Venezuelan Society of Urology's annual meeting, which took place between 25-28th July at the Convention Centre, Hesperia Hotel. The ICS speakers for this event were Andrea Marques, Patrick Woodman and Ajay Singla.

Second ICS Cadaver Course, Oporto, Portugal; 20-21st August 2012

The focus of the workshop was for five delegates (originally six) to receive hands on surgical training on pelvic floor reconstruction. The workshop was attended by international delegates from Indonesia, Venezuela, Czech Republic, Romania and Mexico. The delegates worked as trainees and residents in Female Pelvic Medicine and Reconstructive surgery and/or Male Urology.

Krakow, Poland, 22-23rd November 2012

This was the first ICS education course in Poland and was hosted in conjunction with Practical Medicine "Gynecology and Obstetrics". The course added on to the 9th Practical Medicine Conference 2012 held 22-23rd November 2012. The ICS speakers for this event were Stefano Salvatore, Alois Martan, Annette Kuhn, Rona Mackenzie and Bartek Dybowski.

Manila, Philippines, 30th November-1st December 2012

The ICS in conjunction with the Philippine Urological Association hosted a three hour afternoon Urodynamics workshop and a half day morning course in Manila. The course took place between 30th November and 1st December 2012 at the Dusit Thani Manila Hotel. The ICS speakers for this event were Margaret Sherburn, Vincent Tse and Patrick Woodman.

Guest lectures

Official ICS lectures continue to be another effective and economic form of educational and promotional activity for ICS. These are presented at relevant events by qualified ICS members, either by invitation, or on suggestion and with financial support of the ICS.

Nusa Dua, Indonesia, 21st May 2012

The ICS hosted a one day workshop focusing on Neurogenic Bladder Management at the 3rd Asia-Oceanian Conference of Physical and Rehabilitation Medicine. The ICS was represented by Werner Schaefer and Helmut Madersbacher.

Florence, Italy, 24-25th May 2012

The ICS participated at the 36th Annual congress of the Italian Society of Urodynamics (SIUD) 2012 in Florence (Italy). The ICS was represented by Mark Slack who gave a key note lecture entitled "FDA caution advice on the use of meshes in urogynecology".

Antigua, Guatemala, 2-4th August 2012

The ICS participated in the Asociación Guatemalteca de Urología Annual meeting in Antigua, Guatemala. The ICS was represented by Werner Schaefer who gave two keynote lectures.

Cartagena, Colombia, 4-8th September 2012

The ICS participated in the Confederación Americana de Urología (CAU) Annual meeting in Cartagena, Colombia. The ICS was represented by Victor Nitti who gave keynote lectures on four topics.

Cadiz, Spain, 20-22nd September 2012

The ICS participated in the 12th Annual Congress of the Sociedad Iberoamericana De Neurourology Y Uroginecologia (SINUG) 2012 annual conference held in Cadiz, Spain. The ICS was represented by Werner Schaefer (ICS Education Committee Chair) and Jacques Corcos (Former ICS General Secretary.) Werner Schaefer gave a key note lecture entitled 'Good Urodynamic Practice' and Jacques Corcos gave a key note lecture entitled 'Current management of Neurogenic voiding dysfunction.'

Leipzig, Germany, 26-29th September 2012

The ICS participated in the Deutsche Gesellschaft für Urologie Annual meeting in Leipzig, Germany. The ICS was represented by Werner Schaefer who gave a key note lecture on The Overactive Bladder: A Critical Review, "How much brain does the bladder need?"

Sicily, Italy, 15-16th November 2012

The ICS participated in the AIUG Associazione Italiana di Urologia Ginecologica e del Pavimento Pelvico conference 2012 in Sicily. The programme was entitled 'Female pelvic floor dysfunction in the Mediterranean: a multidisciplinary approach'. The ICS was represented by Sherif Mourad and Mandy Wells, who have four and three keynote lectures respectively.

ICS Membership

The ICS recorded 2822 members for 2012. This represented a small dip in comparison to 2011 figures (2970). A reduction was expected for this year with the ICS annual meeting being in a location outside of North America and Europe. A positive indicator was that more new members joined the ICS in 2012 than in 2011. This reflects the focus on increasing the number of affiliate memberships from other societies and in growing the ICS membership from regions outside North America and Europe. We fully expect the ICS membership to grow again in 2013.

This year the board voted for the first rise in the membership fee in over a decade, from £50 to £70. The decision to increase the rate is based on administration costs incurred by the ICS, which have increased annually for the past 10 years, but these rises have not been reflected in the rate charged to members. The ICS tries hard to keep the membership fee as low as possible to make the society open to as many people as possible. Even at the new rate of £70, the ICS does not profit on membership fees.

Other committee activities

There were many projects undertaken in 2012 and some notable achievements are highlighted. The full annual reports of each committee are available on the ICS website.

Fistula Committee

The ICS ran its third practical workshop on Fistula in April 2012. The ICS offered 10 ICS members from underdeveloped countries the chance to attend the 2012 Surgical Repair to Vagina Fistula Workshop in Luxor. The workshop took place between 5th-7th April in Luxor at the Luxor International Hospital and was organised by Fistula Committee Chair, Sherif Mourad. The trainees were ICS members from Egypt, Jordan, Puntland in Somalia, Turkey, Switzerland, United Arab Emirates and United Kingdom. The Committee also held a fourth workshop in Fistula's in December 2012, 8 ICS members were offered a place on this course which took place 13-15th December in Kampala Uganda. The workshop(s) directly meets the aims of the ICS to prevent, treat and care for incontinence.

The Fistula Committee adjusted the number and formation of its membership.

Continence Promotion Committee

The fourth World Continence Week was held in 2012 from June 18-24. The aim of World Continence Week is to raise awareness of bladder and bowel health issues and improve the lives of people with incontinence worldwide by drawing the attention of the general public and the global medical community to the life situation of people with incontinence. An increasing number of events are being held worldwide to mark this special week. The CPC also organised the second "ICS meets continence organisations" working lunch in Beijing in collaboration with the ICS board of trustees. This initiative will enable ICS/CPC to understand the needs of these groups better and will help us direct our activities in collaboration with several groups existing and already promoting incontinence around the world.

Publications and Communications Committee

The committee ensured that the twice yearly ICS News publication was published to the highest standards. The committee covers a range of areas including e-news, fact sheets and merchandising. The committee also organised the official ICS press conference during the ICS annual meeting. The Committee was also involved in promotional activity and securing merchandise for the members.

Nursing Committee

The ICS Nursing Committee held a successful Nurses' Forum one day prior to the annual scientific meeting in Beijing. An international complement of nurses gathered to share practice and update on research projects. There was also a dedicated nursing workshop; The Conservative Management of Incontinence. This was a free workshop for delegates to attend covering conservative management of urinary incontinence which exposed attendees to the current evidence on aetiology, assessment and treatment of stress, urge and overflow urinary incontinence in the adult.

The Committee has also updated its microsite and now has a public forum for all nursing members to use to promote education and communication within the field of incontinence nursing.

Education Committee

The committee plans and delivers all of the ICS education courses and guest lectures, as outlined in more detail in this report. The committee delivered 14 courses and lectures in 2012. The committee also created an exceptional programme of 47 workshops for the first two days of the ICS annual meeting.

The Committee re-arranged their sub-committees this year and introduced a new Trainee sub-committee. The committee recruited 4 trainee members who will represent the views and educational needs of trainees and ensure trainee representation on the other subcommittees.

Physiotherapy Committee

The committee ran the 11th Round Table meeting for physiotherapists during the ICS annual meeting. The ICS Physiotherapy Committee held a full day of programming and learning on the Sunday before the annual meeting began.

The Committee is now represented on and contributors to the ICS Standardisation and Terminology Sub-committees; Chronic Pelvic Pain and Conservative Management of Female Pelvic Floor Dysfunction.

The Physiotherapy Committee are also working closely with the Education Committee to provide assistance in sourcing local speakers for events. The Physiotherapy Committee were represented at the Argentina and Jakarta Education Courses in 2012.

IT Department – Development Projects

The department supported the ever growing list of systems automating the various processes underpinning the organisation, including membership processing, affiliates organisation membership, documents publishing and forums, voting and vote processing, research database, faculty database, committee microsites, news publishing, website promotions, abstract/workshop submission, review and publishing. All of these systems were improved and features added to during the year.

Continence Products Advisor Website (CPA)

The new Continence Products Advisor Website (CPA) was previewed at the Nursing Forum at Beijing 2012 to international acclaim. This joint project with the ICI was a test bed of new technologies for use in the forthcoming Codename "Vanilla" new website for the ICS. This website was a great collaboration with ICS providing the technical resources for developing the website and ICI giving permission to use the algorithms and evidence base from the latest International Consultation on Incontinence. The CPA provides an independent evidence-based online encyclopaedic knowledge

base covering all continence products and is a great educational resource to both users and professionals. The CPA site also ties in with the activities of the ICS Continence Promotion Committee and traffic is generated in both directions.

Social Media Channel

Social Media played a growing part in the ICS communication channels, with a streamlining of efforts between ICS and the appointed permanent congress organiser (Kenes International). Previously both ICS and Kenes kept and maintained social media channels on Facebook and Twitter. As well as a duplication of effort, the effect of both was diluted – ICS had a stronger Facebook presence and was available all year round whereas Kenes had more followers on Twitter but was only active the month before the meeting. In 2012 we merged our channels to the benefit of both with editorial functions being shared increasing the amount of content and followers making our channels more active and popular.

ICS TV

YouTube was a new effort for ICS with the launch of ICS TV (www.youtube.com/icstelevision) our new video social media platform. The IT department filmed a great deal of the ICS 2012 Annual Meeting in Beijing giving both webcasts and video interviews and feedback on the debates, experts and speakers and was very popular with ICS members. Despite the lack of industry funding ICS was able to produce very high quality content on a micro budget utilising the equipment we already had for workshop filming and the world class expertise and enthusiasm of our members and staff. Video shot at the meeting was edited and broadcast over the year to give our members constant updates until the promotion of the next meeting started.

Conticom ICS Limited

The trading subsidiary continued to support the Charity in meeting its objectives.

Financial Review

Investment Performance

With the continuance of investments into NatWest Fixed Rate Bonds, a return for the group of £21,348 has been declared as Investment Income, for the year to 31.12.2012, (2011: £21,597).

Reserves Policy

In order to maintain prudent levels of financial reserves the following conditions should be met:

- a) To provide a safeguard of two years' estimated operating costs of ICS and Conticom ICS Limited, (as ICS operates on an annual cycle and its key annual event; the Annual Meeting, has to be pre-planned on a four year cycle).
 - o Calculations are to be based on estimated future combined operating costs for the next two years.
 - o These operating costs are to only take into account running costs not guaranteed to be financed by matching income.
- b) To provide an element of contingency for unforeseen liabilities.
 - o Which should be £100,000
- c) To provide a permanent base for the Charity and safe guard future projects.

The estimated operating cost of ICS and Conticom ICS Limited for 2013 and 2014 are £507,308 per annum, giving a total of £1,014,617 for both years. This does not include budgeted expenditure for educational courses, grants, fellowships and awards as these are non-essential expenditure.

This gives a desired level of reserves of £1,114,617 as at 31.12.2012.

As of 31st December 2012, the consolidated balance sheet showed the Charity and its subsidiary had combined carried forward funds of **£1,242,990**, (2011: £1,669,018); therefore covering the level of reserves required. It needs to be noted that this calculation does not take into account charitable activities which have been committed to, of approximately £200k per year. It is anticipated these costs will be met from the surplus of the 2013 Barcelona meeting. Also, a strategic process planning committee has been put in place to undertake the task of increasing the future financial resources of the Charity and therefore making it better equipped to ensure continued success in the future.

The Annual Meeting is an annual international medical and scientific conference for specialists in the medical and scientific disciplines relevant to the charitable objects of ICS. Organisation of the Annual Meeting is contracted to an organiser (this has been Kenes International since 2008 and will continue to be until 2014), by Conticom ICS Limited (the wholly-owned trading subsidiary of ICS).

The terms of the relevant agreement (on which legal advice was taken) provide for the organiser to accept all financial risks and for a proportion of any net surplus to be passed to ICS via Conticom ICS Limited.

Principal Funding sources

Although the Beijing Annual Meeting was a success in terms of reaching a new audience, it did not make a surplus. Therefore, for the first time in many years, the principal funding source of income was membership fees generating £127,809, (2011: £132,642), with the annual meeting bringing in £117,733, (2011: £528,353), donations and gifts totalling £42,437, (2011: £54,074), and income from investments of £21,348, (2011: £21,597).

Resources Expended

The principle resources expended by the Charity in the year were Educational Activities £254,330, (2011: £204,034), Annual Meeting expenditure £219,356, (2011: £201,166), Publication of Research £219,008, (2011: £349,821), and Governance Costs £42,661, (2011: £73,294).

As requested by the membership, the table below shows an overview of the Annual Meeting income and expenditure and surplus.

	£	£	£	£	£
	2008	2009	2010	2011	2012
Sponsorship & exhibition	654,254	941,487	1,385,400	1,026,913	883,308
Registrations	721,975	821,835	1,148,963	785,112	919,464
Other income	76,252	106,211	88,983	80,147	36,412
Total income	1,452,481	1,869,533	2,623,346	1,892,172	1,839,184
Total expenditure	1,144,711	1,533,450	1,787,507	1,460,935	1,959,449
Surplus	307,770	336,083	835,839	431,237	*(120,265)
Surplus of which Conticom received including Scientific	** 457,148	** 426,032	***496,588	**518,399	****80,190

Services Fee					
Donation to ICS	227,912	266,444	338,432	327,035	NIL

* The deficit in 2012 was absorbed by Kenes, (as per the agreement).

** Due to Kenes International now being the permanent congress organiser for the ICS Annual Meeting all surpluses after costs are due to Conticom.

** *In 2010 the surplus was shared with IUGA as this was a joint meeting

****: In 2012 the surplus stated relates to the Scientific Services Fee only

The Trustees are satisfied that despite the challenging economic climate and ultimate financial consequences to the Charity, it has still been able to meet its objectives.

As a result of there being no surplus of funds from the Beijing meeting the charity was required to use some of its brought forward reserves to finance activities in the year.

The £NIL surplus from the annual meeting ultimately generated a loss of £101,593 in the trading subsidiary, making a donation to the Charity impractical, in comparison with 2011 which made a profit of £327,433, of which £327,035 was gifted by donation to the Charity.

Investment Powers and Policy

Under the Memorandum and Articles of Association, the charity has the power to invest in any way the Trustees wish. The Trustees, having regard to the liquidity requirements of operating the Charity and to the reserves policy, operated a policy of keeping approximately 50% of total funds available in interest bearing, yet instant access accounts. During the year, the remaining 50% was deposited into fixed rate bond accounts, to gain a better rate of interest with minimal related risk.

Plans for Future Periods

ICS Annual Meeting 2012

Annual Meeting Chair: David Castro-Díaz

Scientific Chair: Montserrat Espuña-Pons

The 43rd Annual Meeting of the International Continence Society will take place at the International Convention Centre in Barcelona, Spain. The meeting will open with ever popular ICS workshops programme and will be followed by the diverse scientific programme which will cover the cutting edge science that has come to be expected of the ICS meeting. In an attempt to assist the increasingly busy diaries of medical professionals the annual meeting will be run over five rather than six days this year. The ICS expects this to be an especially well attended meeting.

Future Meetings

ICS 2014: Rio de Janeiro, Brazil. Chair: Carlos D'Ancona

IUGA/ICS 2015 (Joint meeting): Lyon, France. Chair: Emmanuel Chartier-Kastler

ICS 2016: Tokyo, Japan. Chair: Yukio Homma

Strategic Planning Process

Work will begin in earnest on the 5-year strategic planning process for the ICS. It is now vital that the society considers its future and the activities required to ensure the continued success the

society has enjoyed in the past decade. A plan of action has been agreed between the Board and the appointed consultants. This includes three meetings of the Board to create a draft strategy process by the end of May. Formal consultation with the ICS membership on the draft plan will begin in late May/early June. The Board fully understands the necessity of engaging the membership in this process to ensure that the eventual strategy is the best possible fit for an organisation that must consider an international and multi-disciplinary membership.

Industry Relations

The Board will forge closer working relations with key industry supporters. This will be a key facet of the strategy process.

Continence Promotion Committee Public Forum & World Continence Week

The CPC will increase its focus on World Continence Week and apply for WHO recognition. If achieved this would greatly assist the international status of the event.

IT Department – Development Projects

Some seminal projects are planned for 2013 that will transform how members interact with the society and better target our efforts to achieve our goals as an organisation.

New ICS Website Interface (Codename: Vanilla)

Work is already in progress for the biggest IT project undertaken to date by ICS – the development of the new ICS website platform. Many technologies have been developed for use in this to respond to current demands – mobile devices and a website that has grown to be vast in scope with new systems and databases being added every year since 1999. The new website has 3 main goals:

- Ease of Navigation
- Performance
- Adaptive Interface

Some technologies that will be used have already been developed in the CPA website like the advanced content management system, Twitter Bootstrap, friendly URL's. Other performance features have already been undertaken, rewriting large sections of legacy code dating back a decade and giving substantial performance benefits to the website – making it more efficient and scalable than ever before. To our members and users this will mean faster pages, with more relevant content on whatever device they happen to use.

ICS Abstracts – Keywords System

A new keywords facility will be added to the ICS Abstracts system – this will allow authors to categorise their abstracts during submission and give reviewers a much better tool to construct sessions in the scientific programme. With the multi-specialty and wide remit of the ICS, single categories often made it difficult to find abstracts that fitted with the theme of a session, but with multiple keywords thematic filtering will be possible – giving better targeted sessions at the annual meeting with themes and topics matching the educational goals of the programme.

Educational Course Review System

A new educational course review system will allow the Education Committee to review courses online and track their progress within an open framework that will give greater transparency and value to the organisation while matching our strategic goals and charitable objectives.

2013 Educational Courses

In 2013, Educational Courses will be added to existing programs at the following locations

- Add-on course: Dubai
- Add-on course, Venezuela
- Add-on course, Brazil (Nursing)
- Add-on course, Brazil (Gynecological)
- Add-on course, Hungary
- Add-on course, South Africa
- Add-on course, Turkey
- Guest lectures covering Greece, Mexico, India and Thailand

Trustees' Responsibilities in Relation to the Financial Statements

The Trustees (who are also directors of Conticom-ICS Limited for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the Trustees are aware:

- there is no relevant information of which the charitable company's Independent Examiner is unaware; and
- the Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant information and to establish that the Independent Examiner is aware of that information.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the website of the charitable company. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved, , by the Trustees and signed on their behalf by:

Ajay Singla
Treasurer

Date

**INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES
OF THE INTERNATIONAL CONTINENCE SOCIETY**

I report on the accounts of the charity for the year ended 31 December 2012 which comprise the Statement of Financial Activities, the Consolidated Statement of Financial Activities, the Balance Sheet, the Consolidated Balance Sheet and the related notes.

Respective responsibilities of trustees and examiner

As explained more fully in the Trustees' Responsibilities Statement set out on page 15, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England & Wales.

Having satisfied myself that the charity is not subject to audit under the company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 or the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charitieshave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Christopher Brown FCA

*9 Portland Square
BRISTOL
BS2 8ST*

Date

THE INTERNATIONAL CONTINENCE SOCIETY

STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2012

		Unrestricted Year ended 31.12.12 £	Restricted Year ended 31.12.12 £	Total Year ended 31.12.12 £	Total Year ended 31.12.11 £
	Notes				
Incoming resources					
<i>Incoming resources from generated funds:</i>					
Voluntary Income:					
Donations and gifts	2	27,770	14,667	42,437	54,074
Investment Income:					
Interest income	3	21,318	-	21,318	21,351
Gift aid donation from trading subsidiary	3	-	-	-	327,035
<i>Activities for generating funds:</i>					
Subscription income	4	127,809	-	127,809	132,642
Total incoming resources		176,897	14,667	191,564	535,102
Resources expended					
<i>Costs of charitable activities:</i>					
Educational activities	5	248,074	6,256	254,330	204,034
Publication of research	5	219,008	-	219,008	349,821
<i>Governance costs</i>	6	42,661	-	42,661	73,294
Total resources expended		509,743	6,256	515,999	627,149
Net (outgoing)/ incoming resources, net movement in funds and net income/(expenditure) for the year		(332,846)	8,411	(324,435)	(92,047)
Fund balances brought forward at 1 January 2012		1,607,051	27,645	1,634,696	1,726,743
Fund balances carried forward at 31 December 2012		1,274,205	36,056	1,310,261	1,634,696

All the above results are derived from continuing activities. All gains and losses recognised in the period are included above.

THE INTERNATIONAL CONTINENCE SOCIETY
CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING CONSOLIDATED INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2012

	Unrestricted Year ended 31.12.12 £	Restricted Year ended 31.12.12 £	Total Year ended 31.12.12 £	Total Year ended 31.12.11 £
Notes				
Incoming resources				
<i>Incoming resources from generated funds:</i>				
Voluntary Income:				
Donations and gifts	2	27,770	14,667	42,437
			42,437	54,074
Investment Income:				
Interest income	3	21,348	-	21,348
			21,348	21,597
<i>Activities for generating funds:</i>				
Subscription income	4	127,809	-	127,809
			127,809	132,642
<i>Incoming resources from charitable activities:</i>				
Annual meeting income		117,733	-	117,733
			117,733	528,353
Other incoming resources				
Total incoming resources		294,660	14,667	309,327
			309,327	736,666
Resources expended				
<i>Costs of charitable activities:</i>				
Educational activities	5	248,074	6,256	254,330
			254,330	204,034
Publication of research	5	219,008	-	219,008
			219,008	349,821
Annual meeting expenditure	5	219,356	-	219,356
			219,356	201,166
<i>Governance costs</i>	6	42,661	-	42,661
			42,661	73,294
Total resources expended		729,099	6,256	735,355
			735,355	828,315
Net (outgoing)/ incoming resources, net movement in funds and net income/(expenditure) for the year		(434,439)	8,411	(426,028)
			8,411	(91,649)
Transfers		-	-	-
			-	-
Fund balances brought forward at 1 January 2012		1,641,373	27,645	1,669,018
			1,669,018	1,760,667
Fund balances carried forward at 31 December 2012		1,206,934	36,056	1,242,990
			1,242,990	1,669,018

All the above results are derived from continuing activities. All gains and losses recognised in the period are included above.

THE INTERNATIONAL CONTINENCE SOCIETY

BALANCE SHEET AS AT 31 DECEMBER 2012

		2012		2011	
	Note	£	£	£	£
FIXED ASSETS:					
Intangible asset	11		2,950		
Investments	13		1		1
CURRENT ASSETS:					
Debtors	14	253,100		595,210	
Cash at bank and in hand		<u>1,227,589</u>		<u>1,215,991</u>	
			1,480,689		1,811,201
CREDITORS: Amounts falling due within one year	15		<u>173,379</u>		<u>176,506</u>
NET CURRENT ASSETS:			<u>1,307,310</u>		<u>1,634,695</u>
TOTAL ASSETS LESS CURRENT LIABILITIES:			<u><u>1,310,261</u></u>		<u><u>1,634,696</u></u>
FUNDS:					
Unrestricted funds	17		1,274,205		1,607,051
Restricted funds	17		<u>36,056</u>		<u>27,645</u>
			<u><u>1,310,261</u></u>		<u><u>1,634,696</u></u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2012.

The trustee's have not required the company to obtain an audit of its financial statements for the year ended 31 December 2012 in accordance with Section 476 of the Companies Act 2006.

The trustee's acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the Trustees on and were signed on its behalf by:

A Singla - TRUSTEE

THE INTERNATIONAL CONTINENCE SOCIETY
CONSOLIDATED BALANCE SHEET AS AT 31 DECEMBER 2012

		2012		2011	
	Note	£	£	£	£
FIXED ASSETS:					
Intangible assets	11		2,950		-
Tangible assets	12		4,072		8,338
			7,022		8,338
CURRENT ASSETS:					
Stocks		7,830		5,342	
Debtors	14	50,508		483,166	
Cash at bank and in hand		1,367,049		1,373,568	
		1,425,387		1,862,076	
CREDITORS: Amounts falling due within one year	15	189,419		201,396	
NET CURRENT ASSETS:			1,235,968		1,660,680
TOTAL ASSETS LESS CURRENT LIABILITIES:			1,242,990		1,669,018
FUNDS:					
Unrestricted funds	17		1,206,934		1,641,373
Restricted funds	17		36,056		27,645
			1,242,990		1,669,018

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2012.

The trustee's have not required the company to obtain an audit of its financial statements for the year ended 31 December 2012 in accordance with Section 476 of the Companies Act 2006.

The trustee's acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2007).

The financial statements were approved by the Trustees on and were signed on its behalf by:

A Singla - TRUSTEE

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2012

1. ACCOUNTING POLICIES

a) **Basis of Preparation**

The financial statements have been prepared under the historical cost convention, in accordance with the Statement of Recommended Practice (SORP 2005), Accounting and Reporting by Charities issued in March 2005, applicable accounting standards and the Companies Act 2006.

b) **Group Accounts**

The results of Conticom - ICS Limited, a wholly owned subsidiary, have been consolidated on a line by line basis in the Statement of Financial Activities and the Balance sheet. Exemption from preparing a cash flow statement under FRS 1 has been taken.

c) **Company Status**

The charity is a company limited by guarantee. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

d) **Fund Accounting**

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

e) **Incoming Resources**

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Incoming resources from subscriptions are recognised in the Statement of Financial Activities on a calendar year basis and are deferred where they are received in advance.

f) **Resources Expended**

All expenditure included in the Statement of Financial Activities is accounted for on an accruals basis.

Charitable activities include expenditure associated with the educational activities and the publication of research and includes both the direct costs and support costs relating to these activities.

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements. Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, e.g. staff costs by their time spent and other costs by their usage.

Any irrecoverable VAT is charged to the Statement of Financial Activities or capitalised as part of the asset cost, where appropriate.

g) **Intangible Assets**

The domain name is being amortised evenly over the maximum allowance of 20 years.

h) **Tangible Fixed Assets Depreciation**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and fittings	- 25% on cost
Computer equipment	- 33% on reducing balance

i) **Company Investments**

The investment in the subsidiary is stated at cost.

j) **Foreign Currencies**

Transactions in foreign currencies are recorded at the rate ruling at the date of transaction. Monetary assets and liabilities are retranslated at the rate of exchange ruling at the balance sheet date. All differences are taken to the Statement of Financial Activities.

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2012**

k) Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities over the period to which they relate.

l) Pension costs

The charity operates a defined contribution pension scheme. Contributions payable for the year are charged in the Statement of Financial Activities.

2. DONATIONS AND GIFTS

	Charity		Group	
	2012 £	2011 £	2012 £	2011 £
Royalty income	22,402	22,967	22,402	22,967
Other donors	20,035	31,107	20,035	31,107
	<u>42,437</u>	<u>54,074</u>	<u>42,437</u>	<u>54,074</u>

3. INVESTMENT INCOME

	Charity		Group	
	2012 £	2011 £	2012 £	2011 £
Interest receivable	21,318	21,351	21,348	21,597
Gift aid donation from trading subsidiary	-	327,035	-	-
	<u>21,318</u>	<u>348,386</u>	<u>21,348</u>	<u>21,597</u>

4. SUBSCRIPTION INCOME

	Charity & Group	
	2012 £	2011 £
Deferred balance brought forward	25,470	12,710
Membership income received during the year	116,886	145,402
Deferred balance carried forward	<u>(14,547)</u>	<u>(25,470)</u>
	<u>127,809</u>	<u>132,642</u>

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2012**

5. ANALYSIS OF CHARITABLE EXPENDITURE

	Educational Activities £	Publication of Research £	Annual meeting £	Total 2012 £	Total 2011 £
Journal and other membership costs	-	86,625	-	86,625	82,943
Travel and subsistence costs	543	543	-	1,086	3,682
Advertising and promotional events	4,836	-	-	4,836	6,581
Publication committee costs	-	8,487	-	8,487	2,084
Education committee costs	4,080	-	-	4,080	5,184
Nurses meeting costs	174	-	-	174	2,349
Continence Promotion Committee costs	9,660	-	-	9,660	18,830
Standardisation Committee costs	4,137	-	-	4,137	719
Awards, grants and fellowships	24,300	53,860	-	78,160	160,432
Educational activity costs	96,313	-	-	96,313	85,558
Printing and postage costs	764	18,702	-	19,466	23,582
Staff costs	92,060	31,788	-	123,848	116,970
Finance costs	7,564	7,564	-	15,128	11,262
Trustees' board costs	3,645	3,645	-	7,290	14,328
General secretary's costs	-	1,539	-	1,539	6,343
Support costs (detailed in note 7)	6,254	6,255	-	12,509	13,008
Charity total	<u>254,330</u>	<u>219,008</u>	<u>-</u>	<u>473,338</u>	<u>553,855</u>
Annual meeting expenses	<u>-</u>	<u>-</u>	<u>219,356</u>	<u>219,356</u>	<u>201,166</u>
Group total	<u><u>254,330</u></u>	<u><u>219,008</u></u>	<u><u>219,356</u></u>	<u><u>692,694</u></u>	<u><u>755,021</u></u>

6. GOVERNANCE COSTS

	Charity & Group	
	2012 £	2011 £
General Secretary costs	1,538	6,344
Trustees' board costs	7,290	14,328
Staff costs	15,100	16,051
Support costs (detailed in note 7)	18,733	36,571
	<u>42,661</u>	<u>73,294</u>

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2012**

7. SUPPORT COSTS

	Educational Activities Costs £	Publication of Research Costs £	Governance Costs £	Charity & Group Total 2012 £	Charity & Group Total 2011 £
Phone	1,338	1,338	-	2,676	2,548
Insurance	318	318	408	1,044	1,055
Rent, rates, light and heat	3,627	3,627	-	7,254	8,168
Sundry	782	781	-	1,563	1,644
Amortisation	77	78	-	155	-
Auditors remuneration (note 10)	-	-	-	-	9,600
Legal and professional	112	113	12,292	12,517	26,564
Accountancy	-	-	6,033	6,033	-
	<u>6,254</u>	<u>6,255</u>	<u>18,733</u>	<u>31,242</u>	<u>49,579</u>

8. TRUSTEES REMUNERATION

The trustees neither received nor waived any emoluments during the period (2011: £Nil).

Out of pocket expenses were reimbursed to trustees as follows:

	Charity & Group 2012 Number	Charity & Group 2011 Number	Charity & Group 2012 £	Charity & Group 2011 £
Travel and meeting expenses	8	16	10,257	29,389
Education course expenses	4	8	15,110	27,256
			<u>25,367</u>	<u>56,645</u>

9. STAFF COSTS

	Charity 2012 £	Charity 2011 £	Group 2012 £	Group 2011 £
Wages and salaries	119,014	120,778	238,028	241,375
National insurance contributions	12,375	9,015	24,750	18,038
Pension contributions	2,859	2,511	5,718	5,022
Recruitment and training	4,700	718	8,450	1,104
	<u>138,948</u>	<u>133,022</u>	<u>276,946</u>	<u>265,531</u>

One employee earned more than £60,000 during the year.

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2012**

The average number of full-time equivalent employees during the year was as follows:

	Charity		Group	
	2012 Number	2011 Number	2012 Number	2011 Number
Governance	0.5	0.5	0.5	0.5
Educational activities	1	1	1	1
Publication of research	3	3	3	3
Meeting co-ordinators	-	-	4.5	4.5

10. AUDITORS REMUNERATION

The auditors' remuneration consists of the following:

	Charity		Group	
	2012 £	2011 £	2012 £	2011 £
For audit services	-	5,280	-	9,780
For accounting services	-	2,760	-	5,510
For preparation of consolidated accounts	-	1,560	-	1,560
For general advice, meetings & other services	-	-	-	-
	<u>-</u>	<u>9,600</u>	<u>-</u>	<u>16,850</u>

11. CHARITY & CONSOLIDATED INTANGIBLE FIXED ASSETS

	Domain Name £	Totals £
COST		
At 1 January 2012	-	-
Additions	3,105	3,105
At 31 December 2012	<u>3,105</u>	<u>3,105</u>
AMORTISATION		
At 1 January 2012	-	-
Charge for year	155	155
At 31 December 2012	<u>155</u>	<u>155</u>
NET BOOK VALUE		
At 31 December 2012	<u>2,950</u>	<u>2,950</u>
At 31 December 2011	<u>-</u>	<u>-</u>

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2012

12. CONSOLIDATED TANGIBLE FIXED ASSETS

	Fixtures and Fittings	Computer Equipment	Total
	£	£	£
COST:			
At 1 January 2012	8,904	34,286	43,190
Additions	716	2,850	3,566
At 31 December 2012	<u>9,620</u>	<u>37,136</u>	<u>46,756</u>
DEPRECIATION:			
At 1 January 2012	8,001	26,851	34,852
Charge for year	931	6,901	7,832
At 31 December 2012	<u>8,932</u>	<u>33,752</u>	<u>42,684</u>
NET BOOK VALUE:			
At 31 December 2012	<u>688</u>	<u>3,384</u>	<u>4,072</u>
At 31 December 2011	<u>903</u>	<u>7,435</u>	<u>8,338</u>

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2012

13. CHARITY FIXED ASSET INVESTMENTS

		£
COST:		
At 1 January 2012		
and 31 December 2012		<u>1</u>
NET BOOK VALUE:		
At 31 December 2012		<u>1</u>
At 31 December 2011		<u>1</u>
	2012	2011
	£	£
Unlisted investments	<u>1</u>	<u>1</u>

The charity's investments at the balance sheet date in the share capital of unlisted companies include the following:

Conticom - ICS Limited

Country of incorporation: England & Wales

Nature of business: Conference facilitator %

Class of shares: holding
Ordinary 100.00

	2012	2011
	£	£
Aggregate capital and reserves	(67,270)	34,323
Profit/(loss) for the year	<u>(101,593)</u>	<u>398</u>

Results and net assets/(liabilities) of Conticom – ICS Limited

	£
Turnover:	
Annual meeting income	117,733
Cost of sales:	
Annual meeting expenses	<u>(37,625)</u>
Gross profit	80,108
Administrative expenses (excluding gift aid donation)	<u>(181,731)</u>
Operating profit/(loss)	(101,623)
Interest receivable and other similar income	30
Net income	<u>(101,593)</u>
Amount gift-aided to the charity	-
Retained profit for the year	(101,593)
Retained profit brought forward	34,322
Retained profit/(loss) carried forward	<u>(67,271)</u>
Assets	160,287
Liabilities	227,557

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2012

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2012 £	2011 £	2012 £	2011 £
V.A.T	-	-	-	966
Trade debtors	-	-	5,779	424,917
Prepayments	14,867	32,120	18,013	34,153
Amounts due from group undertaking	211,517	540,113	-	-
Other debtors	26,716	22,977	26,716	23,130
	<u>253,100</u>	<u>595,210</u>	<u>50,508</u>	<u>483,166</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2012 £	2011 £	2012 £	2011 £
Bank overdraft	2,371	1,841	2,371	1,841
Trade creditors	-	-	397	7,491
Other creditors	26,441	34,121	27,964	35,827
Social security and other taxes	-	-	8,476	8,557
Accruals and deferred income	144,567	140,544	148,917	147,680
VAT	-	-	1,294	-
	<u>173,379</u>	<u>176,506</u>	<u>189,419</u>	<u>201,396</u>

16. OPERATING LEASE COMMITMENTS

The following payments are committed to be paid within one year:

	Charity		Group	
	2012 £	2011 £	2012 £	2011 £
Land and buildings expiring:				
Within one year	-	4,500	-	9,000
Between one and five years	6,875	-	13,750	-
	<u>6,875</u>	<u>4,500</u>	<u>13,750</u>	<u>9,000</u>
Other operating leases expiring:				
Within one year	-	-	-	-
Between one and five years	1,594	1,594	2,030	2,117
Over five years	-	-	-	-
	<u>1,594</u>	<u>1,594</u>	<u>2,030</u>	<u>2,117</u>

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2012

17. STATEMENT OF FUNDS

	At 01 January 2012 £	Income £	Expenditure £	Transfers £	At 31 December 2012 £
Unrestricted funds:					
General fund	1,607,051	176,897	509,743	-	1,274,205
	-----	-----	-----	-----	-----
Total unrestricted funds	1,607,051	176,897	509,743	-	1,274,205
	-----	-----	-----	-----	-----
Restricted funds:					
Laborie Fellowship	16,742	10,112	6,256	-	20,598
Continence Promotion Committee fund	10,903	4,055	-	-	14,958
3 rd World Fistula work	-	500	-	-	500
	-----	-----	-----	-----	-----
Total restricted funds	27,645	14,667	6,256	-	36,056
	-----	-----	-----	-----	-----
Total charity funds	1,634,696	191,564	515,999	-	1,310,261
	-----	-----	-----	-----	-----
Subsidiary	34,322	117,763	219,356	-	(67,271)
Intercompany transactions	-	-	-	-	-
	-----	-----	-----	-----	-----
Total consolidated funds	1,669,018	309,327	735,355	-	1,242,990
	=====	=====	=====	=====	=====

The Continence Promotion Committee fund was established to support the activities of the Continence Promotion Committee. The Laborie Fellowship fund relates to a 3 year fellowship programme which commenced on 1 April 2011. A restricted donation was received in the year to fund 3rd world Fitsula work.

The General fund represents the free funds of the charity, which are not designated for particular purposes.

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2012

18. ANALYSIS OF NET FUNDS BETWEEN FUNDS

<u>CHARITY</u>	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fund Balances at 31 December 2012 are represented by:			
Fixed assets	-	2,951	2,951
Current assets	36,056	1,444,633	1,480,689
Current liabilities	-	173,379	173,379
Total Net Assets	<u>36,056</u>	<u>1,274,205</u>	<u>1,310,261</u>

<u>GROUP</u>	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fund Balances at 31 December 2012 are represented by:			
Fixed assets	-	7,022	7,022
Current assets	36,056	1,389,331	1,425,387
Current liabilities	-	189,419	189,419
Total Net Assets	<u>36,056</u>	<u>1,206,934</u>	<u>1,242,990</u>

19. PENSION COMMITMENTS

During the year, the group paid into a defined contribution pension scheme. The total for the year of £5,718 (2011: £5,022) is included within staff costs in the Statement of Financial Activities.

There were outstanding group contributions of £282 (2011: £Nil) as at 31 December 2012.

20. TAXATION

As a registered charity the International Continence Society is exempt from taxation of income and gains falling within Section 505 Taxes Act 1988 or Section 256 Taxation of Chargeable Gains Act 1992 to the extent these are applied to its charitable objects. No tax charge has arisen during the year. No tax charge has arisen in the subsidiary as its profits are donated by way of Gift Aid to the charity.

21. RELATED PARTY DISCLOSURES

During the period a donation of £Nil (2011: £327,035) was receivable from the charity's subsidiary, Conticom - ICS Limited.

At the balance sheet date the charity was owed £211,517 (2011: £540,113) from Conticom - ICS Limited. This balance is shown in 'amounts due from group undertaking'.

The above balances have been removed from the consolidated accounts.

22. CONTROLLING PARTY

The charity is under the joint control of the trustees, as set out in the trustees report.