

Case:

Female: age, 43 years

Referral from Family doctor to the Department of Urology Leiden
University Medical Center, the Netherlands

History:

Diagnosis:

Stress Urinary Incontinence

Urge Urinary Incontinence

Urgency

Bladder pain

Gravida1/Para1 (casarean section)

2010 Lichen Planus

Hypertensive

2011 heart catheterization (atherosclerosis)

Domain micturition:

Since 2 months increasing complaints with unknown cause

Abdominal pain in bladder region when bladder is filled

Urgency is painful

During micturition, burning pain

SUI wit intra-abdominal pressure ↑

Loss of urine only in the daytime

Dribble

Inlay: 1 /day

Frequency: 12/4

Fluid intake: 1 ½ liter

Lifestyle: seems okay

Hesitancy

Urine comes spontaneously

Flow is strong

Bladder is completely empty

Trouble with cystitis 2 -3 / year in 2012

Domain defecation:

Bowel motion 2-4/week

Consistency hard

Bowel is not completely empty after bowel movement

Needs to use hands (perineal)

Good feeling of stool coming out

Hemorrhoids

Sometimes medicine to influence the stool

Domain: Sexual function:

Urine Leakage during intercourse

Sometimes pain on penetration

Domain Pelvic pain:

Sometimes pain labia

Sometimes abdominal pain in bladder region

Domain Prolaps: -

Negative experiences: + (within marriage)

Complementary Investigations:

No abnormalities in Urodynamics and Cystoscopy

Digital Palpation:

No pain

Good sensory feeling

Voluntary Pelvic floor muscle contraction

Voluntary relaxation

No left -right differences

EMG investigation:

1-minute rest:	5 μ V
10 x MVC:	12 μ V
3 x Endurance (30 s):	6 μ V

