

APPENDIX 1

Application Request to Hold an Add-On ICS Educational Course

Name of ICS Member requesting application:	Gianni Baudino
Country in which course is to be held:	Italy
Proposed City	Crema
Proposed Dates	November 7-8 th 2014
Proposed Venue	Crema Hospital - Auditorium
Accommodation details for speaker(s)	Hotel, dinner, transfer, translation
Number of expected delegates: Include degree of training and discipline	50 specialists (Gyn., Urol., Colorectal.) and residents
What event does the ICS course add on to? i.e. a national annual meeting	Regional annual meeting
Would you like the course to be accredited by the EU-ACME? There is a charge for accreditation so we must ensure that accreditation would be applicable to your delegates.	No
To what local associations are you applying for CPD recognition?	This course is accredited by one of the Italian Associations of Urogynaecology (GLUP)
Will there be an exhibition?	Yes
Other known Urological/Gynaecological meetings in the geographical area occurring 2 months before and 2 months after proposed date	Not yet known
Local information: e.g. weather, national holidays in four week period leading up to and including the course date	Rainy weather November 1 st All Saints' day

Need for course: Why is important that the ICS runs a course for this audience? What do you feel the benefit to you will be? What can ICS provide that local providers will be unable to deliver?

Masterclass on pelvic floor rehabilitation for pelvic dysfunctions.
 1st day: guidelines, opinions, basic science and techniques in pelvic floor treatments
 2nd day: practical training with live demonstrations in small groups (10 people each)
For this course a physiotherapist from ICS would be very appreciated, if ICS could support the flight.

Having the ICS approval and partnership would be remarkable for both the scientific value of the meeting as well as ICS visibility in Italy where very few urogynaecologists are ICS members and attend ICS Scientific Annual Meetings. The limited number of participants is needed to ensure the best hands on training. Experienced faculties have been invited and no costs to cover for ICS are required. I am sure that this collaboration would make the course more attractive, scientifically valid and more importantly increase ICS membership and awareness.

Declaration:

I confirm that the information above is true to the best of my knowledge and that I have read and understood the Education Course Guidelines.

The proposed programme for the course with detailed speakers/topics and timings is attached to the application.

I acknowledge:

- ICS speakers will speak in English. If simultaneous translation or another form of translation required is required then the ICS will not cover the costs for this.
- The ICS may wish to attend the meeting and have an exhibition booth and would expect a free booth to promote the benefits of ICS membership.
- The host organisation will organise and cover hotel costs for the ICS speaker(s)
- The host organisation will organise and cover return transfer costs from the airport to accommodation. If the accommodation is in a different location to the course venue then local ground transport will also be provided
- The ICS will cover the costs of flight and related personal expenses for the speaker(s)
- A post meeting electronic survey will be completed by the delegates and the ICS will be provided with the contact details of the delegates or the survey link will be sent on the ICS's behalf.

Signed:

Dated: February 17th 2014

**ADVANCED PELVIC FLOOR REHABILITATION COURSE FOR PELVIC DYSFUNCTION
CREMA (ITALY) NOVEMBER 7-8TH 2014**

Friday november 7th

08.30

Registration

09.00

Welcome and introduction

09.15

Pelvic floor anatomy

G. Baudino (Crema)

09.45

Pelvic floor muscles evaluation

B. Berghmans (Maastricht)

- Vaginal and perineal examination
- Neurological examination
- Dyagnostics (EMG, Manometry, Ultrasound, MRI, Urodynamics)
- Questionnaires (QoL, Treatment satisfaction, Symptoms' severity)

10.45 Coffee break

11.15

Pelvic floor muscle exercises

M. Seleme (Maastricht)

- Electrical stimulation
- Biofeedback

12.15

Posterior Tibial Nerve Stimulation

A. Digesu (London)

12.45 Lunch

14.00

Video session

M. Seleme (Maastricht)/ B. Berghmans (Maastricht)

16.00 Coffee break

16.15

Case reports, discussion

Saturday november 8th

09.00 – 13.00

Live demonstrations

Five groups of ten people each will attend the demonstrations as follows:

- Room 1 A. Digesu PTNS
- Room 2 B. Berghmans Functional evaluation of the pelvic floor
- Room 3 M. Seleme Pelvic floor muscle exercises
- Room 4 Marco Clavenna Basic science
- Room 5 L. Brusiano Colorectal rehabilitation

