



Complete your Bladder Diary during **World Continence Week 2014** (23<sup>th</sup>-29<sup>th</sup> June) and join in with the biggest study in the history of the **International Continence Society**. We will collect thousands of Bladder Diaries from people all over the world to establish what is 'normal' with regards to urinary continence.

**This will be a milestone in understanding bladder function. Be a part of it and download the diary now!**

**[www.ics.org/diary](http://www.ics.org/diary)**

 **#BDD14**

