

## **Minutes of the Inaugural Meeting of ICS Advisory Conservative Treatment Research Group**

On: Tuesday 21<sup>st</sup> August 2007  
At: The Westin Hotel Rotterdam  
From: 12.00 hours  
To: 13.00 hours

### **1. Present**

Professor Grace Dorey (chair), Professor Marijke Van Kampen, Dr Suzanne Hagen, Dr Andrei Manu-Marin, Professor Mauro Cervigni, Mário João Gomes, Professor Jean Wyman, Professor Werner Schaefer, Kay Crotty (PhD student), Ulla Due, Dr Bary Berghmans, Professor Kari Bo, Professor Donna Bliss, Professor Linda Brubaker, Associate Professor Siv Morkved, Dr Rufus Cartwright, Dr Kathryn Burgio, Professor Doctor Dirk de Ridder, Professor Christopher Chapple.

### **2. Apologies**

Dr Jean Hay-Smith, Associate Professor Peter Herbison, Dr Sandra Engberg, Professor PEP Petros, Dr Pauline Chiarelli, Dr Janis Miller, Associate Professor Joao Luiz Amaro, Associate Professor Chris Constantinou, Joao Luis Amaro, Associate Professor Chris Constantinou, Alain Bourcier, Professor Michael Craggs, Dr Chantale Dumoulin, Professor Katherine Moore, Dr Adrian Wagg, Dr Carlos Perez-Martinez.

### **3. Aim of the group**

It was agreed that the aim of the group was:

**To stimulate good research within ICS by helping new researchers.**

### **4. How we can help novice researchers**

There was a great deal of discussion how best we could help new researchers.

Some members of the group thought that we should help members embarking on research at Masters and PhD level whilst others felt that we should only concentrate on helping those at PhD level.

Some members of the group only wanted to help those researchers who explored areas solely from the ICI wish list whilst others felt that we should not stifle new research but allow members to explore novel areas about which they feel passionate to allow diversification.

It was felt that research design and statistics could be addressed at Universities.

**It was agreed by the group that we should run a free workshop for those embarking on PhD research at ICS Cairo 2008.**

**After the course there would be an informal opportunity for researchers to meet each other and to meet a Professor.**

**New researchers who ask for advice can also be put in touch with group members.**

We discussed the transfer of knowledge gained from research findings into best practice but there were no ideas how best we could take this forward.

**5. Multi-centre trials**

We discussed the idea of multi-centre trials in which new researchers could gain experience and agreed that this was a good idea but there were no ideas forthcoming.

**6. Providing information to the Standardization Committee**

It was felt that our group should link in with the Standardization Committee and the Educational committee.

It was good to have the Chairman of the Standardization Committee, Professor Doctor Dirk De Ridder present and also the committee member with a special interest in our group, Professor Chris Chapple.

*Grace Dorey*  
*27<sup>th</sup> August 2007*

### List of members interested in helping those undertaking research into the effectiveness of conservative treatment

Name	Profession	Area of expertise	e-mail
<b>Dr Bary Berghmans PhD</b> University Hospital Maastricht, Netherlands	Physiotherapist Epidemiologist	Incontinence research	bary.berghmans@epid.unimaas.nl
<b>Dr Rufus Cartwright</b> Kings College Hospital, London. UK	Urogynaecologist	Lifestyle interventions in overactive bladder	rufus.cartwright@gmail.com
<b>Professor Grace Dorey PhD FCSP</b> University of the West of England, Bristol	Physiotherapist	Male incontinence and erectile dysfunction research	grace.dorey@virgin.net
<b>Dr Chantale Dumoulin PhD</b> School of Rehabilitation, Faculty of Medicine University of Montreal, Qc, Canada	Physiotherapist	Individual and group PFM training, Female urinary incontinence, PFM measuring tool development (dynamometry, MRI)	Chantal.dumoulin@umontreal.ca
<b>Dr Jean Hay-Smith PhD MNZCP</b> University of Otago, New Zealand	Physiotherapist	Conservative management female urinary incontinence, qualitative and quantitative methods including systematic review and meta-analysis	jean.hay-smith@otago.ac.nz
<b>Associate Professor Peter Herbison</b> University of Otago, New Zealand	Biostatistician	Biostatistics	peter.herbison@otago.ac.nz
<b>Associate Dean Professor Katherine Moore PhD RN</b> University of Alberta, Edmonton, Canada	Nurse	Clinical research	katherine.moore@ualberta.ca
<b>Professor Marijke Van Kampen PhD</b> University of Leuven, Belgium	Physiotherapist	Conservative treatment of men, women and children	marijke.vankampen@uz.kuleuven.ac.be
<b>Dr Suzanne Hagen PhD</b>	Statistician/Health Services Researcher	Conservative intervention for urogenital problems	s.hagen@gcal.ac.uk
<b>Ragi Doggweiler MD</b> Associate Professor, University of Tennessee Knoxville, USA	Urologist	Voiding dysfunction, interstitial cystitis, pelvic pain, neurogenic bladder	rdoggweiler@yahoo.com
<b>Dr Sandra Engberg PhD, RN, CRNP</b>	Nurse practitioner	Behavioral therapy, acupuncture, geriatrics, nursing research	sje1@pitt.edu
<b>Professor Werner Schaefer DI</b> University of Pittsburgh, USA	Biomedical engineer	Urinary incontinence researcher	schaeferw@dom.pitt.edu
<b>Dr Kathryn Burgio</b> University of Alabama, Birmingham, USA	Behavioural Science Researcher	Behavioural science, gerontology	kburgio@aging.uab.edu.
<b>Professor PEP Petros MB BS (Syd) D Med Sc (Uppsala) DS (UWA) MD (Syd) FRCOG (Lond) FRANZCOG CU, Australia</b>	Urogynaecologist		kvinno@highway1.com.au
<b>Associate Professor João Luiz Amaro</b> Department of Urology School of Medicine, Botucatu, Brazil	Urologist	Evaluation (pelvic floor muscle strength, urodynamic) and Management (electrical stimulation, biofeedback) of Female and Male Urinary Incontinence	jamaro@fmb.unesp.br
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<b>Professor Jean Wyman, PhD, RN, FAAN</b> University of Minnesota, USA	Nurse	Conservative treatments for women and long-term care residents with urinary incontinence; quality of life assessment; clinical trial methodology	wyman002@umn.edu
<b>Associate Professor Sakineh Hajebrاهيم MD</b> Tabriz University of Medical Sciences, Iran	Female Urologist	Female urology, female sexual dysfunction	hajebrahimis@yahoo.com, ebrahimis@tbzmed.ac.ir
<b>Professor Alan J. Wein, MD, PhD (Hon)</b> University of Pennsylvania, Philadelphia, USA	Urologist	Evaluation and Management of Voiding Dysfunction, Evaluation and Management of Urinary Incontinence, Overactive Bladder, Interstitial Cystitis	alan.wein@uphs.upenn.edu
<b>Professor Donna Z. Bliss, PhD, RN, FAAN</b> University of Minnesota, Minneapolis, USA	Nurse		
<b>Alain P Bourcier</b> Tenon Hospital, Monceau Clinique, Paris, France	Physiotherapist	Biofeedback, Electrical stimulation, Incontinence in sports, P.O.P and PFR	abjjud@aol.com
<b>Professor Michael Craggs PhD CSci FIPeM</b> Spinal Research Centre, RNOHT, Stanmore, UK	Consultant Clinical Scientist	Spinal Cord Injury, Neurourology, Neurophysiology	michael.craggs@ucl.ac.uk
<b>Adrian Wagg MB FRCP</b> University College Hospital, London	Consultant & Senior Lecturer in Geriatric Medicine	Geriatric Medicine Research	a.wagg@ucl.ac.uk
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<b>Dr Andrei Valentin Manu-Marin</b> Bucharest, Roumania	Urologist	Neurogenic bladder, Interstitial cystitis, Dysfunctional voiding	andri_66@yahoo.com
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<b>Associate Professor Chris Constantinou PhD</b> Stanford University School of Medicine, California, USA	Biomedical Engineer		ceconst@stanford.edu
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<b>Professor Christopher Chapple</b> Sheffield Teaching Hospitals NHS Trust, Sheffield Hallam University, Sheffield UK	Urologist	Functional reconstruction, urodynamics, incontinence, BPH	c.r.chapple@shef.ac.uk