



International Continence Society

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ICS 2013 TRUSTEES' ANNUAL REPORT

AND

**AUDITED FINANCIAL STATEMENTS FOR THE YEAR
ENDED 31 DECEMBER 2013**

FOR

THE INTERNATIONAL CONTINENCE SOCIETY

THE INTERNATIONAL CONTINENCE SOCIETY

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Reference and Administrative Details of the Charity, its Trustees and Advisors

Company Number	3589542
Registered Charity Number	1074929
Registered Office	9 Portland Square, Bristol, BS2 8ST
Correspondence Address	19 Portland Square, Bristol, BS2 8SJ
E-mail	info@icsoffice.org
Website	www.ics.org
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General Secretary	Sender Herschorn – 3 year term began 01/09/11
Treasurer, appointed 29/08/13	Sherif Mourad – 3 year term
Trustees appointed 01/09/11	Jacques Corcos Masayuki Takeda (3 year terms)
Trustees appointed 18/10/12	Katherine Moore Alex Wang (3 year term)
Trustees reappointed 01/09/11	Sherif Mourad Adrian Wagg (3 year terms)
Trustees, 3 year term ended as of 29/08/13	Werner Schaefer Ajay Singla (Treasurer)
Trustees, co-opted for one year as of 11/10/13	David Castro Diaz Steinar Hunskaar
Secretary	Daniel Snowdon (appointed 14/01/2011)
Auditors	Goldwyn's (Bristol) Limited, 9 Portland Square, Bristol BS2 8ST
Solicitors	Veale Wasbrough Vizards, Orchard Lane, Bristol BS1 5WS
Bankers	NatWest Bank, Filton Bristol Branch, PO Box 182, 4 Church Road, Bristol BS99 5AA CCLA Investment Management Ltd, COIF Charity Funds, 80 Cheapside, London, EC2V 6DZ

Staff

Daniel Snowdon	Administrative Director
Dominic Turner	I.T. Director
Avcia Burchill	Projects and Events Manager – part time (on maternity leave from 4 November 2013)
Ashley Brookes	Senior Analyst Programmer
Roger Blackmore	Flash Developer/Graphics Designer
Tracy Griffin	Administrative Assistant – part time
Jane McDowell	Administrative Assistant – part time (appointed 4 November 2013)
Jennifer Ellis	Projects and Events Coordinator
Sophie Mangham	Projects and Events Coordinator
Sarah Waters	Bookkeeper - contract appointment (began 4 September 2013)
Sarah Ashworth	Bookkeeper - contract appointment (began 4 September 2013)
Nicola Walsh	Bookkeeper – contract appointment (contract ended 4 September 2013)

ICS Honorary Members

Peter Caldwell (Deceased)	Patrick Bates	Pieter Donker (Deceased)
Peter Gammelgaard (Deceased)	Eric Glen	Axel Ingelman-Sundberg (Deceased)
Guus Kramer	David Rowan	Paul Abrams
Walter Artibani	Jacques Corcos	Jo Laycock

What is the International Continence Society and what does it do?

The International Continence Society (ICS) is a membership society for professionals working in the field of incontinence.

The objectives for which the Charity has been established are:

- To strive to improve the quality of life for people affected by urinary, bowel and pelvic floor disorders by advancing basic and clinical science through education, research, and advocacy.
- To raise public awareness of both urinary and anal incontinence, and other functional abnormalities, including obstruction and pain, and the fact that it can be corrected, improved or at least better managed, and to enhance the knowledge and skills of health professionals involved in prevention and management of incontinence and thereby to improve the standard of healthcare delivery.

ICS Mission Statement

The International Continence Society is a registered charity with a global health focus which strives to improve the quality of life for people affected by urinary, bowel and pelvic floor disorders by advancing basic and clinical science through education, research, and advocacy.

Considerable public benefit arises from the work of the ICS. With regard to the general public, significant and often harmful misunderstandings and stigma still surround relevant medical conditions. The ICS works to break down this stigma. With regard to healthcare professionals, their knowledge and skills are increased, to the benefit of current and future patients, by the dissemination of knowledge and sharing of best practice at events such as the ICS annual international scientific meeting and the workshops and courses it facilitates (many of which are offered for free). The ICS continues to allow free access to the website to allow non-ICS members to utilise the vast database of incontinence research now held within it. For those interested in becoming members of the ICS, the membership fee remains low and affordable. It is in this regard that the ICS Board of Trustees has considered the public benefit. The ICS clearly fits the Charities Act aims of advancement of education and of health or the saving of lives. The ICS has members in over 70 countries and is therefore helping individuals suffering from incontinence related issues on a global level.

Scientific knowledge and expertise on incontinence issues is exchanged between the multi-disciplinary medical professionals through the various forums which the ICS provides, including the Annual Scientific Meeting, newsletters and publication of research through journals. Best practices from countries with established continence awareness programmes are shared with others who are trying to set up continence programmes within their country, hospital or clinic. With the dissemination of research on incontinence treatment, the direct beneficiaries are the patients of those individuals who are members of the ICS or those who attend our congresses and courses.

The key objectives for 2013 were to hold a successful, surplus-generating annual meeting in Spain, reconsider the format of annual meetings, and to finalise the ICS strategic planning process.

History:

With Peter Caldwell as president, Shedden Alexander as vice president and Eric Glen as the organising secretary, the inaugural meeting of the Continent Club was held in Exeter in 1971. Over 60 participants

attended the meeting from several countries and it was hailed as a great success, both scientifically and socially.

At the third ICS conference held in Copenhagen in 1973, Tage Hald was elected first Chair of the ICS Standardisation Committee. His committee published the first ICS reports between 1976 and 1981. The Society has gone on to publish many reports and retains the copyright, enabling them to be published in a range of international journals.

In 1998 the ICS was set up as a UK Charity under the guidance of Paul Abrams and now boasts a membership of close to 3,000 from 70 different countries covering many disciplines: physicians, surgeons, nurses, physicists, physiotherapists, bio-medical engineers and basic scientists. The founding members agreed that the ICS should meet annually with a different meeting chair and venue each year. This Annual Meeting remains today one of the most valued dates in the urological and gynaecological calendars, attracting in excess of 3,000 delegates from all corners of the globe.

Structure, Governance and Management

Board of Trustees

The ICS Board of Trustees is required to meet twice a year and is responsible for:

- The long-term direction of the ICS
- The development of new projects in line with the charitable aims of the ICS
- Ensuring the Society's charitable aims and objectives are met
- Inspection of the annual accounts
- Ensuring suitable accounting policies are established and applied consistently
- Monitoring and reporting the financial position to membership
- Safeguarding the assets of the Charity and applying them properly
- Ensuring the ICS is operating efficiently and effectively
- Ensuring proper records and reliable financial information are maintained
- Establishing the method, policies and procedures for recruitment, appointment, induction and training of new Trustees

All nominated candidates for Trustee positions will receive documents outlining their duties, responsibilities and any risks pertaining to the role of Trustee. The Nominations Committee will review all candidates for their suitability, prior to their nominations being put to the membership.

Management Structure

The ICS is a Company Limited by Guarantee governed by a Memorandum and Articles of Association, together with regularly updated Bylaws. These reflect the current activities of the Charity.

As a UK Registered Charity, the ICS Trustees are ultimately responsible for the Charity and its affairs. However, the ICS has a management structure and Bylaws which ensure that members have sufficient input on all decisions within the ICS. The Board of Trustees reflects the multi-disciplinary and geographical aspects of the society.

Under supervision of the Trustees and the General Secretary in particular, day-to-day management of the Charity, the ICS, the trading subsidiary and office staff, is delegated to the Administrative Director. The Administrative Director is a full-time ICS employee and its trading subsidiary and reports directly to the Trustees who are ultimately responsible for the management and finances of the ICS, as well as the review and approval of administrative procedures implemented by the Administrative Director.

ICS Committees 2013

The following committees focus on the different aspects of the ICS and through the direction of the Board of Trustees undertake projects to assist the Board to achieve its overall strategy and Charitable aims:

- ICS Children's Committee
- ICS Continence Promotion Committee
- ICS Education Committee
- ICS Ethics Committee
- ICS Fistula Committee
- ICS Meetings Committee
- ICS Neurourology Promotion Committee
- ICS Nursing Committee
- ICS Physiotherapy Committee
- ICS Publications and Communications Committee
- ICS Scientific Committee
- ICS Standardisation Steering Committee
- ICS Urodynamics Committee

A chair for each of the above-mentioned committees is elected by electronic membership ballot, to hold office for three years (with the exception of the Scientific Committee chair who is in post for one year). Further information about the remit of each committee can be found on the ICS website.

Related Parties

The wholly owned subsidiary Conticom ICS Limited was established to undertake the commercial trading activities of the Charity. Conticom ICS Limited gift aids its profits to the Charity.

Risk Management

The Trustees have implemented a formal risk management process to assess business risks and implement risk management strategies.

The Trustees have identified the types of risks the Charity faces, and have prioritised them in terms of potential impact and likelihood of occurrence, and identified, where possible, means of mitigating the risks. The adequacy of internal controls is reviewed and costs of implementing new controls compared to benefits obtained and implemented, if agreed. Procedures have been established for immediate reporting of failure to appropriate levels of management and to the Board of Trustees.

The task of monitoring the financial control systems and procedures of the Charity is delegated to the ICS Treasurer (Sherif Mourad). In conjunction with the Administrative Director and the ICS Auditors (Goldwyn's [Bristol] Limited), the Treasurer reviews and reports to the Trustees on the working of these systems and procedures in relation to the wider issue of managing major risks identified as arising from or in connection with the activities of the Charity.

The Trustees continue to keep under review the adequacy of our systems which are, in our opinion, appropriate for the Charity at present. The reserves policy requires the ICS to retain running costs for two years plus £100,000 in case of unforeseen liabilities.

The Trustees continue to judge that an area of risk requiring particular attention is the ICS Annual Meeting, where possible cancellation or postponement due to terrorist attacks or natural disasters is a major concern. The Charity has passed on the major risk to our permanent Congress Organiser (Kenes International) who, from 2008, has borne the financial risk of any cancellation or postponement. The Trustees also ensure that adequate levels of insurance are sought for each event.

Although all efforts are made to ensure the administration of the ICS could continue efficiently should certain key members of staff leave or be absent for any length of time, the positions of Administrative Director and IT Director are of particular importance.

With regard to the Society's finances, the bookkeeper and Auditors are fully aware of the current status and systems used and could take over from the Administrative Director in this regard in an emergency. A selected group of the Trustees and the Administrative Director are all signatories to the Society's accounts and therefore the accounts can be maintained.

With regard to IT systems, the IT Director is documenting all design and maintenance work to ensure that another IT specialist could take over in an emergency. All systems and the ICS website are backed up and stored off site.

Wherever possible, ICS office staff are trained and briefed in all office procedures. All email communications are also filed for historical purposes.

2013 Objectives and Activities

The strategies employed in the year to achieve the objectives of the Charity were:

- To complete the strategic planning process, with formal presentation and adoption by the members at the 2013 AGM
- To continue and consolidate ICS projects and initiatives such as Educational Courses, Awards and Fellowships and the production of Standardisation reports.
- To host a surplus-generation Annual Scientific Meeting in Barcelona, Spain, resulting in a high quality congress which would open the ICS to new international markets.

Achievements and Performance

ICS Annual Scientific Meeting 2013

The ICS Annual Meeting remains the main focus of the ICS and consists of a scientific programme selected from submitted abstracts, along with workshops, courses, committee meetings as well as the ICS Annual General Meeting.

The 43rd Annual Meeting of the ICS took place in Barcelona, Spain. The meeting was attended by 2,350 delegates with the most significant number of members being from Spain. In excess of 60 countries provided delegates. It was an impressive feat to maintain delegates numbers of this level within an environment where industry support and time available for medical professionals to attend events is declining.

296 abstracts on the latest research in the field were chosen by the ICS Scientific Committee to fill the 3-day scientific programme with podium, poster, and video presentations. The consistently high quality education programme consisted of 31 workshops, chosen from 70 applications. The many

excellent educational and scientific sessions covered different aspects of urinary, bowel and pelvic floor disorders included three state-of-the-art lectures. This year the workshops began from 2pm on Monday, rather than from 9am. This allowed committee meetings to be held on Monday morning, and so enabled committee members to more easily attend and participate in workshops. The 2014 programme will see a return to two full days of workshops, to provide more learning opportunities for delegates.

At the AGM the membership adopted a new code of conduct policy. The membership voted in favour of appointing Sherif Mourad as Treasurer and Adrian Wagg as the first General Secretary-Elect. Adrian will take up post as General Secretary from the 2014 AGM. A difficult decision was announced to the membership that the 2015 joint annual meeting with IUGA was to be cancelled. The trustees clarified that this a purely financial decision, aimed at ensuring the society generates a sufficient surplus each year to drive projects and provide financial security. A vote was held following the AGM and the 2015 meeting was agreed to be held in Montreal, Canada with Jerzy Gajewski as Annual Meeting Chair. An annual meeting rotation policy was agreed to ensure a limitation of risk for the ICS in terms of meeting location.

According to the Annual Scientific Meeting guidelines, the Chairman must identify a Charity or not-for-profit institution with similar aims to the ICS which will receive a donation from the ICS of €50,000. Chairman, David Castro-Diaz, donated the charitable funds to the Sociedad Iberoamericana de Neurourologia y Uro Gineologia (SINUG).

Our sincere thanks go to David Castro-Diaz, Montserrat Espuna Pons and the local organising committee for their hard work and commitment to making ICS 2013 a scientifically successful and memorable meeting. Thanks are also due to the ICS office staff, Board of Trustees and the ICS meeting organiser, Kenes International.

The wholly owned subsidiary of the Charity, Conticom-ICS Limited, operates the Annual Meeting and the profits are donated to the ICS.

Strategic Planning Process

With preparatory work for the process completed by the end of 2012 the trustees were able to proceed with further work. Formal planning days were held in March (Milan) and in May (Toronto). A strategic consultant attended the meetings to help guide discussion. A draft strategic plan was drafted and sent for consultation with the ICS membership in June. An impressive set of 172 responses were received and analysed by the office and the Board. Consequently, a final draft of the strategic plan was completed and shared with the membership. The plan was formally adopted at the 2013 AGM. The aims of the Strategic Plan are to re-establish the ICS as the pre-eminent scientific society in incontinence, pelvic floor disorder and lower urinary tract function.

Awards and Fellowships

In order to offset the zero surplus annual meeting of Beijing, 2012 the trustees agreed to offer a limited set of awards and fellowships. Conference travel awards were maintained in order to facilitate attendance at the annual meeting. The trustees made other decisions to drastically reduce expenditures while maintaining educational and scholarly activity.

Educational Courses 2013

The ICS Education Committee has continued a successful add-on educational course format in which ICS faculty contribute to an existing local meeting. Add-on courses have a number of benefits over

stand-alone courses as they allow the ICS to have more courses at already established meetings ensuring correct target audience and bearing less risk. By focusing on add-on courses a wider range of educational opportunities can be undertaken each year, which allows the ICS to further extend the worldwide sharing of good practice and knowledge.

Educational Courses held in 2013 are outlined below.

Cape Town, South Africa, 24th January 2013

The ICS held its first course in South Africa in Cape Town. This course was organised in conjunction with IUGA and the South African Urogyneological Society at the Stellenbosch University. The ICS was represented by Julia Herbert and Lesley Hanson.

PACS, Dubai, 1st February 2013

Following on from the successful collaboration with the Pan Arab Continence Society in January 2012 the ICS collaborated with PACS to host the 9th Pan Arabic Continence Society Education course held in Abu Dhabi. The programme covered different aspects of evaluation and management of voiding dysfunction and incontinence. Urodynamic and physical medicine workshops were also held within the event. Sherif Mourad was the local host and ICS coordinator on behalf of this course. The ICS funded five speakers to attend, namely Werner Schaefer, Sender Herschorn, Piotr Radziszewski, Bary Berghmans and Sharon Eustice. Following on from the success of the last two year's nursing sessions, the ICS also supported the Nursing Workshop sessions held on Saturday 9th February- funding the ICS Nursing Committee member, Sharon Eustice.

Venezuela, 11-12th March 2013

The ICS in conjunction with the National congress of Gynecology and Obstetrics Venezuelan Society hosted a two day education course in Valencia. The course took place between 11-12th March 2013 at the World trade Centre of Valencia. The ICS speakers for this event were Diaa Rizk, Katherine Moore and Sophie Fletcher.

ICS Cadaver Course, Oporto, Portugal, 19-20th August 2013

The focus of the workshop was for five delegates (originally six) to receive hands on surgical training on pelvic floor reconstruction. The workshop was attended by international delegates from Portugal, Iran, Bosnia, Cyprus, Romania and Turkey. The delegates worked as trainees and residents in Female Pelvic Medicine and Reconstructive surgery and/or Male Urology.

Vancouver, Canada, 8th September 2013

The ICS hosted an afternoon workshop at the Société Internationale d'Urologie annual meeting in Vancouver on Sunday 8th September. The ICS Speakers for this course were; Suzy El Neil, Inder Perakash, Bernhard Liedl and Tomasz Rechberger.

Antalya, Turkey, 3rd October 2013

The ICS hosted a one day education course on Pelvic Organ Prolapse (POP) in Antalya in conjunction with the Turkish Continence Society. This course added on to the 3rd Congress of the Turkish Continence Society on Functional and Female Urology, 4-6th October 2013. The local host for this event was Bulent Cetinel. Sender Herschorn, Dirk De Ridder, Sherif Mourad, and Karl Dietrich Sievert represented the ICS.

Budapest, Hungary, 11-12th October 2013

The ICS hosted a one day education course in Sopron in conjunction with the Hungarian Continence Society. This course added on to the biennial congress of the Hungarian Continence Society, at the Gellert Hotel, 11-12th October 2013. The local host for this event was Dr. Ferenc Katona. Marcus

Drake, Marijke Slieker-Ten Hove, Christine Norton, Helmut Madersbacher and Heinz Koelbl represented the ICS.

Salvador, Brazil, 13-14th October 2013

The ICS in conjunction with the Brazilian Wound, Ostomy and Continence Society hosted a two day education course in Brazil. The course added on to the Brazilian Wound, Ostomy and Continence Societies main annual meeting which took place on 13-17th October 2013 at the Hotel Pestana, Salvador, Bahia. The local host for this event was Beatriz Yamada.

The ICS Speakers and their topics were Adrian Wagg, Donna Bliss, Jacqueline Cahill, and Simone Bothelho Pereira. The ICS office attended this event holding a stand within the main exhibition hall.

Salvador, Brazil, 15-16th November 2013

The ICS hosted an education course entitled "Update in Urogynecology" which was hosted in conjunction with the Internacional Congress of the Brazilian Nucleus of Urogynecology, Federação Brasileira dos Associados de Ginecologia e Obstetrícia (FEBRASGO) and Sociedade Brasileira de Urologia (SBU.) This course took place at the Salvador Convention Centre on 15th & 16th November. The local host for this event was Carlos D'Ancona. The ICS office attended this event holding a stand within the main exhibition hall.

Guest Lectures

Official ICS lectures continue to be another effective and economic form of educational and promotional activity for ICS. These are presented at relevant events by qualified ICS members, either by invitation, or on suggestion and with financial support of the ICS.

Pune, India, 17th January 2013

The ICS held its first Guest lecture in India at the Urological Society of India Annual Meeting. Ajay Singla represented ICS giving two key note lectures; Management of recurrent SUI in women and A panel discussion on surgical treatment of OAB/SUI

Guadalajara, Mexico, 26-27th April 2013

The ICS held a guest lecture in Guadalajara in conjunction with the Sociedad Mexicana De Urologia (SMU), Colegio Mexicano De Urologia (CMU), Consejo Mexicano De Urologia (CONAMEU) and Sociedad Iberoamericana De Neurourologia Y Urologia Ginecologica (SINUG.) This course took place between 26-27th April 2013 at the Fiesta Americana Grand Guadalajara Country Club Hotel. The local host for this event was Dr. Daniel García Sánchez.

Porto, Portugal, 29-30th April 2013

The ICS hosted a hands-on education course on functional bladder in Portugal, April 2013. The course was hosted in conjunction with Santo Antonio Hospital -CHP, Porto, Portugal and the Sociedad IberoAmerican Neurourologia e Uroginecologia (SINUG). The ICS Speakers for this course were; Marcus Drake and Jacques Corcos.

San Diego, United States, 4th May 2013

The ICS were represented at AUA by Francesco Cruz who was a panelist on The Science of Female Pelvic Health session. Francesco also presented a key note lecture entitled Urgency/Bladder Afferent Signaling/Urothelial-Afferent Signaling.

Latina, Italy, 20-22nd June 2013

The ICS attended the Italian Society of Urodynamics (Società Italiana di Urodinamica, SIUD) annual meeting in Italy. The course took place between 20-22nd June 2013 at the Palazzo Della Cultura,

Viale Umberto I, Latina, Italy. The local host for this event was Enrico Finazzi-Agrò. Chris Chapple represented the ICS presenting 'Tissue engineered solutions for lower urinary tract reconstruction.'

Kalamata, Greece, 4th October 2013.

The ICS attended the Hellenic Urological Association (UNUFU) Annual Meeting in Kalamata. The course took place on 4th October 2013 at the Philoxenia Hotel, Kalamata. The local host for this event was Stavros Charalampous. Bertil Blok represented the ICS presenting a key note lecture on Male Incontinence.

Oporto, Portugal, 27-28th September 2013

The ICS hosted a hands-on education course on Urodynamics in Portugal in September 2013. The course was held in conjunction with Santo Antonio Hospital-CHP- Porto, Portugal and the Sociedad Ibero American Neurourologia e Uroginecologia (SINUG.) The ICS Speakers for this course were; Paul Abrams and Peter Rosier.

Kalamata, Greece, 4th October 2013

The ICS attended the Hellenic Urological Association (UNUFU) Annual Meeting in Kalamata. This course took place on 4th October 2013 at the Philoxenia Hotel, Kalamata. The local host for this event was Stavros Charalampous. Bertil Blok represented the ICS presenting a key note lecture on Male Incontinence.

Chiang Mai, Thailand, 6th December 2013

The ICS hosted a one day workshop at the Thai Rehabilitation Medicine Association (TRMA) annual meeting in Chiang Mai on Friday 6th December. Helmut Madersbacher represented the ICS.

Exhibition

Sociedade Brasileira de Urologia (SBU) 16-20th November 2013

The ICS office held a stand at the SBU annual meeting in Natal, Brazil. This was a large event with over 50 stands spread over 2 exhibition halls and over 4000 attendees.

ICS Membership

The ICS recorded 3,081 members for 2013 – a record year! This represented an increase of 259 members compared to 2012. 2013 also proved to be a record year for retention with 2,274 members renewing (2012: 1,736).

The Board voted for an increase in the membership fee from £70 to £75. This is only the second increase in a decade. The decision to increase the rate is based on administration costs incurred by the ICS, which have increased annually for the past 10 years. The ICS tries hard to keep the membership fee as low as possible to keep the ICS accessible.

Other committee activities

There were many projects undertaken in 2013 and some notable achievements are highlighted. The full annual reports of each committee are available on the [ICS website](#).

Children and Young Adults Committee

The Children and Young Adults Committee had a busy year working on their 'Transition from Childhood to adult services paper. The committee now has a deeper understanding of the issues and a baseline data on the current practice and issues surrounding transition and transfer into adult services. The committee held a joint meeting with ICCS in Toronto in June 2013. This was a multi-disciplinary meeting providing a range of perspective and gaps in service identified. The committee will continue working on this project next year with an expected completion by November 2014.

Continence Promotion Committee (CPC)

The 5th World Continence Week was held in 24-30 June 2013. The aim of World Continence Week is to raise awareness of bladder and bowel health issues and improve the lives of people with incontinence worldwide by drawing the attention of the general public and the global medical community to the life situation of people with incontinence. An increasing number of events are being held worldwide to mark this special week. The CPC welcomed a new Chair, Tamara Dickinson. Tamara conducted a review of the committee with the committee members to develop guidance, plans and goals for the committee going forward. The committee are aiming to develop these plans over the next 12 months.

Education Committee

The committee plans and delivers all of the ICS education courses and guest lectures, as outlined in more detail in this report. The committee delivered 19 courses and lectures in 2013. The committee also created an exceptional programme of 31 workshops for the first two days of the ICS annual meeting.

The committee has generated guidelines for experts at the “Meet the Experts” sessions and qualifying criteria for ICS speakers for the future. The subcommittee was involved in selection of workshops for the e-learning modules and the refinement of previous year’s content. Subcommittee members were also involved in writing questions for older content in line with ICS house style. The trainees subcommittee established and analysed a survey of trainees needs. In response to this, a specific trainee’s session has been launched for 2013. The intent is to provide critical appraisal of trainee’s research in a safe forum and allow trainees to network. The subcommittee would like to develop their work and include more non –physician trainees in their activities. The EC would like the Board to consider forming a Trainees committee outside the EC, to promote the needs of trainees within ICS. The subcommittee has additionally produced, with the help of the office, podcasts covering guidelines on good Chairmanship and presentation style and skills which are hosted on the ICS TV website. The subcommittee has also commissioned a podcast on high quality abstracts which will be available after the meeting. A survey of member’s views on a core ICS syllabus was conducted and is undergoing analysis and revision.

Ethics Committee

The EC continues to monitor disclosures at the annual meeting and has discussed efforts to improve that monitoring. The EC is unaware of any disclosure issues that required attention. Some of the EC members participated in the ad hoc Disciplinary committee (Nina Davis, Edward Stanford) joined by 2 others.

Fistula Committee

The ICS ran its fifth practical workshop on Fistula in June 2013. The ICS offered 10 ICS members from underdeveloped countries the chance to attend the 2013 Surgical Repair to Vagina Fistula Workshop in Uganda, 6-8th June 2013 organised by Fistula Committee Chair, Sherif Mourad. The workshop(s) directly meets the aims of the ICS to prevent, treat and care for incontinence.

Nursing Committee

The Nursing Committee held a successful Nurses’ Forum one day prior to the annual scientific meeting in Barcelona. An international complement of nurses gathered to share practice and update on research projects. There was also a dedicated nursing workshop: The Conservative Management of Incontinence. This was a free workshop which exposed attendees to the current evidence on aetiology, assessment and treatment of stress, urge and overflow urinary incontinence in the adult.

The Committee has also been utilising its microsite and adding to the nurses a public forum (a forum for all nursing members to promote education and communication within the field of continence nursing.)

Publications and Communications Committee

The committee ensured that the twice yearly ICS News publication was published to the highest standards. The committee covers a range of areas including e-news, fact sheets and merchandising. The committee also organised the official ICS press conference during the ICS annual meeting.

Physiotherapy Committee

The ICS Physiotherapy Committee ran the 12th Round Table meeting for physiotherapists during the 2013 ICS annual meeting. The committee also held a lunchtime pelvic floor class in Barcelona.

The Committee is now represented on and contributes to the ICS Standardisation and Terminology, Ethics, Scientific, Fistula and Continence Promotion Committees.

The committee continued work on the manuscript created from the 'State-of-the-Science Seminar: Improving pelvic floor muscle training adherence strategies: from theory to practice' which was conducted in the 2 days pre-ICS Meeting in 2011. The committee aims to have this published in the N&U Journal following the annual meeting in Barcelona.

Standardisation Steering Committee

The Standardisation Steering Committee (SSC) continued working on their key terminology documents. The committee has a number of working groups working on these projects;

- Urodynamic equipment; chaired by Andrew Gammie.
- Chronic pelvic pain; chaired by Ragi Doggweiler, mentored by Kristene Whitmore.
- Conservative management of female pelvic floor dysfunction; chaired by Kari Bo [Joint with IUGA], Helena Frawley, mentored by Marcus Drake.
- Good Urodynamic Practice (revision); chaired by Peter Rosier and co-chaired by Werner
- Core LUTS; a WG comprising the SSC itself, likely to consult outside

The committee are looking to add to following working groups to the committee going forward;

- Revision of "Standardisation of terminology of LUT function" (Abrams et al., 2002)
- Neuro-urology
- Basic science
- Bowel dysfunction

The committee has set up a new subcommittee whose focus will be updating and adding to the ICS Wiki page. The ICS Wiki now includes all current standardisation documents. A group of young volunteers are engaged in drafting content with each undertaking the page for 2 symptoms, many of which are already uploaded.

Urodynamics Committee

The Urodynamics Committee (UC) has been busy continuing with and developing new modules for publication in NU&U. The committee have confirmed that 3 new modules will be submitted to NU&U for peer review. A strategy to endorse the modules in ICS has been designed and that new modules are planned and developing using the UC expects. New modules are expected to be finalised by the beginning of 2014.

IT Department – Development Projects

The department supported the ever growing list of systems automating the various processes underpinning the organisation, including membership processing, affiliates organisation membership, documents publishing and forums, voting and vote processing, research database, faculty database, committee microsites, news publishing, website promotions, abstract/workshop submission, review and publishing and social media channels. All of these systems were improved and features added to during the year. The independent film unit created by the IT department was further developed allowing two ICS TV crews to operate at the annual meeting allowing us to film parallel workshops and broaden our coverage of the event.

New domain name ICS.ORG

After ten years of negotiation with the previous owners (the Industrial Computing Society) ICS gained ownership of one of the oldest domain names in the .ORG namespace. ICS.ORG is the best possible domain name for the organisation, being our acronym in the domain for non-profit organisations. This change improves our impact and standing as a brand.

New ICS Website Interface (Codename: Vanilla)

The new website interface was launched with core modules of content management system, website promotions, news publishing, sitemap, search engine. This new interface gives ICS a new modern platform that is highly scalable and performant, integrates well with search engines and translation tools and performs well against a diverse range of web clients from phones and tablets to desktops. Friendly URL's allow easy promotion of URL's in print media and marketing increasing the impact of our brand and improves our ranking with search engines.

New ICS Events Platform

The new Events platform gave ICS the ability to host microsites for all ICS events and was the business development pathway to take over hosting of the ICS Annual Meeting website, a service previously provided by our appointed Permanent Congress Organiser (PCO) Kenes International. This gives enterprise class website services not only to our own annual meeting but also to all of our other events so that this level of service is now available to educational courses. The calendar gives hosting services to 3rd parties with the option of generating revenue for ICS in future.

New ICS Committees Platform

The new Committees platform gives ICS the ability to host microsites for all ICS Committees and replaces the old platform with a new "Vanilla" fluid design with integration with the core CMS system.

New Abstract Keywords System

A new system for Keywords in ICS Abstracts was introduced allowing reviewers to find abstracts based on their keyword, giving a new weapon in their armoury for constructing thematic sessions of scientific interest.

New ICS Workshops Submission and Review Platforms

Workshops submitted in 2013 for the ICS 2014 meeting were collected and evaluated using the new "Vanilla" style platform. Technologies for scoring and reviewing using AJAX javascript technologies were developed that will be utilised for the proposed Abstracts system.

Financial Review

Investment Performance

An investment this year with Santander Fixed Rate Bonds has resulted in a total return for the group of £16,288, which has been declared as Investment Income for the year to 31.12.2013, (2012: £21,348).

Reserves Policy

In order to maintain prudent levels of financial reserves the following conditions should be met:

- a) Provide a safeguard of two years' estimated operating costs of ICS and Conticom ICS Limited, (as ICS operates on an annual cycle and its key annual event, the Annual Meeting, has to be pre-planned on a four year cycle).
 - o Calculations are to be based on estimated future combined operating costs for the next two years.
 - o These operating costs are to only take into account running costs not guaranteed to be financed by matching income.
- b) Provide an element of contingency for unforeseen liabilities.
 - o Which should be £100,000
- c) Provide a permanent base for the Charity and safeguard future projects.

The estimated operating costs of ICS and Conticom ICS Limited for 2014 and 2015 are £484,306 per annum, giving a total of £968,612 for both years. This does not include budgeted expenditure for educational courses, grants, fellowships and awards as these are non-essential expenditure.

This gives a desired level of reserves of £1,068,612 as at 31.12.2013.

As of 31st December 2013, the consolidated balance sheet showed the Charity and its subsidiary had combined carried forward funds of **£1,334,331** (2012: £1,242,990); therefore covering the level of reserves required. This is due to net incoming funds (i.e income less expenditure) for the year ended 31 December 2013 of £91,341. It needs to be noted that this calculation does not take into account charitable activities (Educational courses, grants, fellowships, awards and NUU journal subscription costs) which have been committed of approximately £200,000 per year. It is anticipated these costs will be met from the surplus of the 2014 Rio meeting and membership subscription income.

The Board activated a Strategic Planning Process to undertake the task of increasing the future financial resources of the Charity and therefore make it better equipped to ensure continued success. The Strategic plan was completed in 2013 and costs incurred totalled £37,735 for consultancy fees and meetings of the Board.

The Annual Meeting is an annual international medical and scientific conference for specialists in the medical and scientific disciplines relevant to the charitable objects of ICS. Organisation of the Annual Meeting is contracted to an organiser (this has been Kenes International since 2008 and will continue to be until 2014), by Conticom ICS Limited (the wholly-owned trading subsidiary of ICS).

The terms of the relevant agreement (on which legal advice was taken) provide for the organiser to accept all financial risks and for a proportion of any net surplus to be passed to ICS via Conticom ICS Limited.

Following the nil surplus from the ICS 2012 (Beijing) meeting the Trustees implemented a strict reduction in non-essential ICS expenditure for the 2013 financial year. This was successful in drastically reducing the impact of the nil surplus and combined with the generous surplus received from ICS 2013

(Barcelona) strengthened the charity's financial position. Despite the reduction in expenditure and the ongoing challenging economic climate the Charity has been able to meet its objectives.

In order to mitigate risk the Trustees implemented a policy of rotating annual meeting locations. This reduces the risk to the ICS of locations that may be less likely to generate a surplus. The rotation policy involves meetings alternating between Europe and North America over four years, and a fifth meeting in a location outside Europe or North America; on the provision that a surplus is forecast. The meeting surplus continues to be the major income of the charity so must be protected. The ICS will continue to reach a range of countries through its educational course programme.

Principal Funding sources

The principal funding sources of the charity in the year were the Annual Meeting income of £487,581 (2012: £117,733), membership fees £189,333 (2012: £127,809), royalty income totalling £28,451 (2012: £22,401) and income from Investments of £16,288 (2012: £21,348).

With this funding the Charity has been able to finance: the annual meeting in Barcelona, educational activities, including courses and lectures, the running costs of the ICS Office that continues to support the Board, committees, the annual meeting, the membership of 3,000 and subscriptions to the NUU Journal.

The total profits of the trading subsidiary were £278,501 (2012: loss £101,593), of which £179,593 (2012: £nil) was gifted to the Charity. Profits were retained by the subsidiary to offset the previous year's deficit.

Resources Expended

The principal resources expended by the Charity in the year were Educational Activities £173,719, (2012: £254,330), Annual Meeting expenditure £209,094, (2012: £219,356), Publication of Research £162,586, (2012: £219,008), Governance Costs £84,913 (including Strategic Plan costs of £37,735) (2012: £42,661).

As requested by the membership, the table below shows an overview of the Annual Meeting income and expenditure and surplus.

	£	£	£	£	£
	2009	2010	2011	2012	2013
Sponsorship & exhibition	941,487	1,385,400	1,026,913	543,265	811,951
Registrations	821,835	1,148,963	785,112	565,502	724,500
Other income	106,211	88,983	80,147	22,395	114,230
Total income	1,869,533	2,623,346	1,892,172	1,131,162	1,650,680
Total expenditure	1,533,450	1,787,507	1,460,935	1,205,129	1,266,921
Surplus/(Deficit)	336,083	835,839	431,237	*(73,967)	383,759

Surplus of which Conticom received including Scientific Services Fee	** 426,032	***496,588	**518,399	****80,190	**469,532
Donation to ICS	266,444	338,432	327,035	NIL	179,593

- * The deficit in 2012 was absorbed by Kenes, (per the agreement).
- ** Due to Kenes International now being the permanent congress organiser for the ICS Annual Meeting all surpluses after costs are due to Conticom.
- *** In 2010 the surplus was shared with IUGA as this was a joint meeting
- **** In 2012 the surplus stated relates to the Scientific Services Fee only

Conticom ICS Limited

The trading subsidiary continued to support the Charity in meeting its objectives.

Investment Powers and Policy

Under the Memorandum and Articles of Association, the Charity has the power to invest in any way the Trustees wish. The Trustees, having regard to the liquidity requirements of operating the Charity and to the reserves policy, operated a policy of keeping approximately 50% of total funds available in interest-bearing, yet instant access accounts. During the year, the remaining 50% was deposited into fixed-rate bond accounts, to gain a better rate of interest with minimal related risk.

Plans for Future Periods

ICS Annual Meeting 2014

Annual Meeting Chair: Carlos D'Ancona

Scientific Chair: Nucleio Lemos

The 44th Annual Meeting of the ICS will take place at the Sul America Convention Centre in Rio de Janeiro, Brazil. The meeting will open with ever popular ICS workshops programme and will be followed by the diverse scientific programme which will cover the cutting edge science that has come to be expected of the ICS meeting. This is the first time the ICS annual meeting has been held in South America.

Future Meetings

ICS 2015: Montreal, Canada. Chair: Jerzy Gajewski

ICS 2016: Tokyo, Japan. Chair: Yukio Homma

ICS 2017: Florence, Italy. Chair: Giulio del Popolo

Strategic Planning Process

Implementation of the strategic plan will be of paramount importance. The plan is intended to cover five years with priorities this year to include the amendment of the Articles and Bylaws; a major review of ICS communication and marketing activity; the investigation and formation of an investment strategy; and a consultation with ICS committees resulting in adaptations to committee projects and structure.

Wiley Contract

The contract with the publisher of the society journal, Neurourology and Urodynamics, will be reviewed and renewed.

ICS COMMITTEES

Standardisation Steering Committee

The Standard Steering Committee (SSC) will be focusing on increasing their scientific output in 2014. The committee aims to produce a number of standardisation documents that will bring ICS back to the forefront of scientific research. The committee are already working on the following documents and aim to produce these by the end of 2014;

- Chronic pelvic pain
- Urodynamic Equipment

The committee will also be adding the following new working groups which will cover these areas:

- IUGA - Female PF conservative
- IUGA - Female ano-rectal function
- IUGA - Female POP; Sexual Health
- Good Urodynamics Practice Review
- LUTS
- NeuroUrology
- Colo-rectal
- Basic Science
- Nocturia and Nocturnal enuresis
- Detrusor underactivity

Continance Promotion Committee Public Forum & World Continance Week

The CPC's key focus for 2014 will be World Continance Week and the Public Forum; re-branded this year at the Continance Awareness Forum. World Continance Week 2014 will be a joint committee initiative with the Standardisation Steering Committee; who are launching Bladder Diary Day. By aligning these two initiatives both will hopefully receive greater recognition internationally.

Physiotherapy Committee

The Physiotherapy Committee are working on developing a 'speaker kit'- contains core resources for physiotherapy speakers, which they aim to complete by the end of 2014.

2014 Educational Courses

In 2014, Educational Courses will be added to existing programs at the following locations

- Add on course; Egypt
- Add on course; Nepal
- Add on course; Spain
- Add-on course: Italy (4 courses throughout the year)
- Stand-alone course; Portugal
- Guest lectures covering Mexico, Milan, Glasgow

Information Technology Department – Future Plans

Continuing with the migration of the corporate website to “Vanilla” further systems will be developed in the new framework.

New ICS Abstracts Submission, Review and Publishing System

A new system for abstract submission, review, programme construction and publishing will be developed in the new Vanilla framework. Closer integration with ICSTV will allow webcasts of presentations to be available within Abstracts Search, Author Index and the Scientific Programme.

New eCommerce Platform

A new system to replace the existing merchant services and card payment platform giving modern payments processing to the membership system and enabling sophisticated merchandise sales including multi-region postage support.

New Membership and Contacts Platform

A new system for Membership and Contacts giving a new search engine and membership Directory to the ICS website.

Disclosures Submission and Publishing Platform

A new platform to record membership disclosures of conflicts of interest and publish them.

Geolocation Integration

Further work to integrate members' physical location into the ICS database in order to provide new tools for mapping members and giving new insights based on physical location.

Trustees' Responsibilities in Relation to the Financial Statements

The Trustees (who are also directors of Conticom-ICS Limited for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the Trustees are aware:

- there is no relevant information of which the Auditor of the Charitable Company is unaware; and
- The Trustees have taken all necessary steps to make themselves aware of any relevant information and to establish that the Auditor is aware of that information.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the website of the charitable company. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the Trustees and signed on their behalf by:

Sherif Mourad
Treasurer

Date

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS AND TRUSTEES OF THE INTERNATIONAL CONTINENCE SOCIETY

We have audited the financial statements of The International Continenence Society for the year ended 31 December 2013 which comprise the Statement of Financial Activities, the Consolidated Statement of Financial Activities, the Balance Sheet, the Consolidated Balance Sheet and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and Financial Reporting Standard for Smaller Entities (effective April 2008) (United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities).

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006 and to the charitable company's trustees, as a body, in accordance with regulations made under section 154 of the Charities Act 2011. Our audit work has been undertaken so that we might state to the charitable company's members and its trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company's members as a body and its trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of trustees and auditor

As explained more fully in the Trustees' Responsibilities Statement set out on page 14, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

We have been appointed under the Companies Act 2006 and section 151 of the Charities Act 2011 and report in accordance with those Acts. Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's [(APB's)] Ethical Standards for Auditors.

Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the group's and the parent charitable company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the trustees; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Trustees' Annual Report to identify material inconsistencies with the audited financial statements and to identify any information that is apparently materially incorrect based on, or materially inconsistent with the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the group's and the parent charitable company's affairs as at 31 December 2013 and of the group's incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice (applicable to smaller entities); and
- have been prepared in accordance with the requirements of the Companies Act 2006 and the Charities Act 2011.

Opinion on other matter prescribed by the Companies Act 2006

In our opinion the information given in the Trustees' Annual Report for the financial year for which the financial statements are prepared is consistent with the financial statements.

(continued)

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS AND TRUSTEES
OF THE INTERNATIONAL CONTINENCE SOCIETY**

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 and the Charities Act 2011 requires us to report to you if, in our opinion:

- the parent charitable company has not kept adequate and sufficient accounting records or returns adequate for our audit have not been received from branches not visited by us; or
- the parent charitable company financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption from the requirement to prepare a strategic report or in preparing the directors' report.

*Christopher Brown FCA (Senior Statutory Auditor)
For and on behalf of Goldwyns (Bristol) Limited, Statutory Auditor
9 Portland Square
BRISTOL
BS2 8ST*

Date.....

Goldwyns (Bristol) Limited is eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006.

THE INTERNATIONAL CONTINENCE SOCIETY

STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2013

		Unrestricted Year ended 31.12.13 £	Restricted Year ended 31.12.13 £	Total Year ended 31.12.13 £	Total Year ended 31.12.12 £
	Notes				
Incoming resources					
<i>Incoming resources from generated funds:</i>					
Voluntary Income:					
Donations and gifts	2	-	-	-	20,036
Investment Income:					
Interest income	3	16,274	-	16,274	21,318
Gift aid donation from trading subsidiary	3	179,593	-	179,593	-
<i>Activities for generating funds:</i>					
Subscription and royalty income	4	217,784	-	217,784	150,210
Total incoming resources		413,651	-	413,651	191,564
Resources expended					
<i>Costs of charitable activities:</i>					
Educational activities	5	166,616	7,103	173,719	254,330
Publication of research	5	162,586	-	162,586	219,008
<i>Governance costs</i>	6	84,913	-	84,913	42,661
Total resources expended		414,115	7,103	421,218	515,999
Net (outgoing)/ incoming resources, net movement in funds and net income/(expenditure) for the year		(464)	(7,103)	(7,567)	(324,435)
Fund balances brought forward at 1 January 2013		1,274,205	36,056	1,310,261	1,634,696
Fund balances carried forward at 31 December 2013		1,273,741	28,953	1,302,694	1,310,261

All the above results are derived from continuing activities. All gains and losses recognised in the period are included above.

THE INTERNATIONAL CONTINENCE SOCIETY

CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING CONSOLIDATED INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2013

		Unrestricted Year ended 31.12.13 £	Restricted Year ended 31.12.13 £	Total Year ended 31.12.13 £	Total Year ended 31.12.12 £
	Notes				
Incoming resources					
<i>Incoming resources from generated funds:</i>					
Voluntary Income:					
Donations and gifts	2	-	-	-	20,036
Investment Income:					
Interest income	3	16,288	-	16,288	21,348
<i>Activities for generating funds:</i>					
Subscription and royalty income	4	217,784	-	217,784	150,210
<i>Incoming resources from charitable activities:</i>					
Annual meeting income		487,581	-	487,581	117,733
Other incoming resources					
Total incoming resources		721,653	-	721,653	309,327
Resources expended					
<i>Costs of charitable activities:</i>					
Educational activities	5	166,616	7,103	173,719	254,330
Publication of research	5	162,586	-	162,586	219,008
Annual meeting expenditure	5	209,094	-	209,094	219,356
<i>Governance costs</i>	6	84,913	-	84,913	42,661
Total resources expended		623,209	7,103	630,312	735,355
Net (outgoing)/ incoming resources, net movement in funds and net income/(expenditure) for the year		98,444	(7,103)	91,341	(426,028)
Transfers		-	-	-	-
Fund balances brought forward at 1 January 2013		1,206,934	36,056	1,242,990	1,669,018
Fund balances carried forward at 31 December 2013		1,305,378	28,953	1,334,331	1,242,990

All the above results are derived from continuing activities. All gains and losses recognised in the period are included above.

THE INTERNATIONAL CONTINENCE SOCIETY

BALANCE SHEET AS AT 31 DECEMBER 2013

		2013		2012	
	Note	£	£	£	£
FIXED ASSETS:					
Intangible asset	11		2,795		2,950
Investments	13		1		1
CURRENT ASSETS:					
Debtors	14	481,201		253,100	
Cash at bank and in hand		914,143		1,227,589	
		1,395,344		1,480,689	
CREDITORS: Amounts falling due within one year	15	95,446		173,379	
NET CURRENT ASSETS:			1,299,898		1,307,310
TOTAL ASSETS LESS CURRENT LIABILITIES:			1,302,694		1,310,261
FUNDS:					
Unrestricted funds	17		1,273,741		1,274,205
Restricted funds	17		28,953		36,056
			1,302,694		1,310,261

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2013.

The trustee's have not required the company to obtain an audit of its financial statements for the year ended 31 December 2013 in accordance with Section 476 of the Companies Act 2006.

The trustee's acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the Trustees on and were signed on its behalf by:

Prof. M S Mourad - TRUSTEE

THE INTERNATIONAL CONTINENCE SOCIETY
CONSOLIDATED BALANCE SHEET AS AT 31 DECEMBER 2013

		2013		2012	
	Note	£	£	£	£
FIXED ASSETS:					
Intangible assets	11		2,795		2,950
Tangible assets	12		3,831		4,072
			6,626		7,022
CURRENT ASSETS:					
Stocks		7,658		7,830	
Debtors	14	166,420		50,508	
Cash at bank and in hand		1,267,842		1,367,049	
		1,441,920		1,425,387	
CREDITORS: Amounts falling due within one year	15	114,215		189,419	
NET CURRENT ASSETS:			1,327,705		1,235,968
TOTAL ASSETS LESS CURRENT LIABILITIES:			1,334,331		1,242,990
FUNDS:					
Unrestricted funds	17		1,305,378		1,206,934
Restricted funds	17		28,953		36,056
			1,334,331		1,242,990

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2013.

The trustee's have not required the company to obtain an audit of its financial statements for the year ended 31 December 2013 in accordance with Section 476 of the Companies Act 2006.

The trustee's acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2007).

The financial statements were approved by the Trustees on and were signed on its behalf by:

Prof. M S Mourad - TRUSTEE

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2013

1. ACCOUNTING POLICIES

a) Basis of Preparation

The financial statements have been prepared under the historical cost convention, in accordance with the Statement of Recommended Practice (SORP 2005), Accounting and Reporting by Charities issued in March 2005, applicable accounting standards and the Companies Act 2006.

b) Group Accounts

The results of Conticom - ICS Limited, a wholly owned subsidiary, have been consolidated on a line by line basis in the Statement of Financial Activities and the Balance sheet. Exemption from preparing a cash flow statement under FRS 1 has been taken.

c) Company Status

The charity is a company limited by guarantee. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

d) Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

e) Incoming Resources

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Incoming resources from subscriptions are recognised in the Statement of Financial Activities on a calendar year basis and are deferred where they are received in advance.

f) Resources Expended

All expenditure included in the Statement of Financial Activities is accounted for on an accruals basis.

Charitable activities include expenditure associated with the educational activities and the publication of research and includes both the direct costs and support costs relating to these activities.

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements. Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, e.g. staff costs by their time spent and other costs by their usage.

Any irrecoverable VAT is charged to the Statement of Financial Activities or capitalised as part of the asset cost, where appropriate.

g) Intangible Assets

The domain name is being amortised evenly over the maximum allowance of 20 years.

h) Tangible Fixed Assets Depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and fittings	- 25% on cost
Computer equipment	- 33% on reducing balance

i) Company Investments

The investment in the subsidiary is stated at cost.

j) Foreign Currencies

Transactions in foreign currencies are recorded at the rate ruling at the date of transaction. Monetary assets and liabilities are retranslated at the rate of exchange ruling at the balance sheet date. All differences are taken to the Statement of Financial Activities.

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2013**

k) Hire purchase and leasing commitments
Rentals paid under operating leases are charged to the Statement of Financial Activities over the period to which they relate.

l) Pension costs
The charity operates a defined contribution pension scheme. Contributions payable for the year are charged in the Statement of Financial Activities.

2. DONATIONS AND GIFTS

	Charity		Group	
	2013 £	2012 £	2013 £	2012 £
Other donors	-	20,036	-	20,036
	<u>-</u>	<u>20,036</u>	<u>-</u>	<u>20,036</u>

3. INVESTMENT INCOME

	Charity		Group	
	2013 £	2012 £	2013 £	2012 £
Interest receivable	16,274	21,318	16,288	21,348
Gift aid donation from trading subsidiary	179,593	-	-	-
	<u>195,867</u>	<u>21,318</u>	<u>16,288</u>	<u>21,348</u>

4. SUBSCRIPTION AND ROYALTY INCOME

	Charity & Group	
	2013 £	2012 £
Subscription Income:		
Deferred balance brought forward	14,547	25,470
Membership income received during the year	184,293	116,886
Deferred balance carried forward	(9,507)	(14,547)
	<u>189,333</u>	<u>127,809</u>
Royalty income on subscriptions	28,451	22,401
	<u>217,784</u>	<u>150,210</u>

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2013**

5. ANALYSIS OF CHARITABLE EXPENDITURE

	Educational Activities £	Publication of Research £	Annual meeting £	Total 2013 £	Total 2012 £
Journal and other membership costs	-	87,247	-	87,247	86,625
Travel and subsistence costs	283	283	-	566	1,086
Advertising and promotional events	6,576	-	-	6,576	4,836
Publication committee costs	-	9,811	-	9,811	8,487
Education committee costs	2,009	-	-	2,009	4,080
Nurses meeting costs	998	-	-	998	174
Continence Promotion Committee costs	47	-	-	47	9,660
Standardisation Committee costs	874	-	-	874	4,137
Awards, grants and fellowships	(19,747)	5,500	-	(14,247)	78,160
Educational activity costs	62,923	-	-	62,923	96,313
Printing and postage costs	717	717	-	1,434	19,466
Staff costs	100,012	38,740	-	138,752	123,848
Finance costs	5,275	5,275	-	10,550	15,128
Trustees' board costs	7,625	7,625	-	15,250	7,290
General secretary's costs	-	1,261	-	1,261	1,539
Support costs (detailed in note 7)	6,127	6,127	-	12,254	12,509
Charity total	<u>173,719</u>	<u>162,586</u>	<u>-</u>	<u>336,305</u>	<u>473,338</u>
Annual meeting expenses	-	-	<u>209,094</u>	<u>209,094</u>	<u>219,356</u>
Group total	<u><u>173,719</u></u>	<u><u>162,586</u></u>	<u><u>209,094</u></u>	<u><u>545,399</u></u>	<u><u>692,694</u></u>

6. GOVERNANCE COSTS

	Charity & Group	
	2013 £	2012 £
General Secretary costs	1,260	1,538
Trustees' board costs	15,250	7,290
Staff costs	16,669	15,100
Support costs (detailed in note 7)	<u>51,734</u>	<u>18,733</u>
	<u><u>84,913</u></u>	<u><u>42,661</u></u>

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2013**

7. SUPPORT COSTS

	Educational Activities Costs £	Publication of Research Costs £	Governance Costs £	Charity & Group Total 2013 £	Charity & Group Total 2012 £
Phone	1,544	1,544	-	3,088	2,676
Insurance	338	338	524	1,200	1,044
Rent, rates, light and heat	3,605	3,605	-	7,210	7,254
Sundry	562	562	-	1,124	1,563
Amortisation	78	78	-	156	155
Auditors remuneration (note 10)	-	-	8,940	8,940	-
Legal and professional	-	-	42,270	42,270	12,517
Accountancy	-	-	-	-	6,033
	<u>6,127</u>	<u>6,127</u>	<u>51,734</u>	<u>63,988</u>	<u>31,242</u>

8. TRUSTEES REMUNERATION

The trustees neither received nor waived any emoluments during the period (2012: £Nil).

Out of pocket expenses were reimbursed to trustees as follows:

	Charity & Group 2013 Number	Charity & Group 2012 Number	Charity & Group 2013 £	Charity & Group 2012 £
Travel and meeting expenses	10	8	16,973	10,257
Education course expenses	6	4	14,181	15,110
			<u>31,154</u>	<u>25,367</u>

9. STAFF COSTS

	Charity 2013 £	Charity 2012 £	Group 2013 £	Group 2012 £
Wages and salaries	135,929	119,014	271,858	238,028
National insurance contributions	14,219	12,375	28,438	24,750
Pension contributions	3,810	2,859	7,619	5,718
Recruitment and training	1,462	4,700	2,453	8,450
	<u>155,420</u>	<u>138,948</u>	<u>310,368</u>	<u>276,946</u>

One employee earned more than £60,000 during the year.

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
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The average number of full-time equivalent employees during the year was as follows:

	Charity		Group	
	2013 Number	2012 Number	2013 Number	2012 Number
Governance	0.25	0.5	0.25	0.5
Educational activities	1.25	1	1.25	1
Publication of research	2.5	3	2.5	3
Meeting co-ordinators	-	-	4	4.5

10. AUDITORS REMUNERATION

The auditors' remuneration consists of the following:

	Charity		Group	
	2013 £	2012 £	2013 £	2012 £
For audit services	5,100	-	9,350	-
For accounting services	2,400	-	4,150	-
For preparation of consolidated accounts	1,440	-	-	-
For general advice, meetings & other services	-	-	2,036	-
	<u>8,940</u>	<u>-</u>	<u>15,536</u>	<u>-</u>

11. CHARITY & CONSOLIDATED INTANGIBLE FIXED ASSETS

	Domain name £	Totals £
COST		
At 1 January 2013	3,105	3,105
Additions	-	-
At 31 December 2013	<u>3,105</u>	<u>3,105</u>
AMORTISATION		
At 1 January 2013	155	155
Charge for year	155	155
At 31 December 2013	<u>310</u>	<u>310</u>
NET BOOK VALUE		
At 31 December 2013	<u>2,795</u>	<u>2,795</u>
At 31 December 2012	<u>2,950</u>	<u>2,950</u>

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS
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12. CONSOLIDATED TANGIBLE FIXED ASSETS

	Fixtures and fittings	Computer equipment	Total
	£	£	£
COST:			
At 1 January 2013	9,620	37,136	46,756
Additions	-	3,058	3,058
Disposals	(455)	(1,961)	(2,416)
At 31 December 2013	<u>9,165</u>	<u>38,233</u>	<u>47,398</u>
DEPRECIATION:			
At 1 January 2013	8,932	33,752	42,684
Charge for year	331	2,968	3,299
Eliminated on disposal	(455)	(1,961)	(2,416)
At 31 December 2013	<u>8,808</u>	<u>34,759</u>	<u>43,567</u>
NET BOOK VALUE:			
At 31 December 2013	<u>357</u>	<u>3,474</u>	<u>3,831</u>
At 31 December 2012	<u>688</u>	<u>3,384</u>	<u>4,072</u>

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2013

13. CHARITY FIXED ASSET INVESTMENTS

		£
COST:		
At 1 January 2013		
and 31 December 2013		<u>1</u>
NET BOOK VALUE:		
At 31 December 2013		<u>1</u>
At 31 December 2012		<u>1</u>
	2013	2012
	£	£
Unlisted investments	<u>1</u>	<u>1</u>

The charity's investments at the balance sheet date in the share capital of unlisted companies include the following:

Conticom - ICS Limited

Country of incorporation: England & Wales

Nature of business: Conference facilitator %

Class of shares: holding
Ordinary 100.00

	2013	2012
	£	£
Aggregate capital and reserves	31,637	(67,270)
Profit/(loss) for the year	<u>98,908</u>	<u>(101,593)</u>

Results and net assets/(liabilities) of Conticom – ICS Limited

	£
Turnover:	
Annual meeting income	487,581
Cost of sales:	
Annual meeting expenses	(16,727)
Merchandising stock	<u>(172)</u>
Gross profit	470,682
Administrative expenses (excluding gift aid donation)	<u>(192,195)</u>
Operating profit/(loss)	278,487
Interest receivable and other similar income	<u>14</u>
Net income	278,501
Amount gift-aided to the charity	<u>(179,593)</u>
Retained profit for the year	98,908
Retained profit brought forward	(67,271)
Retained profit/(loss) carried forward	<u>31,637</u>
Assets	484,964
Liabilities	(453,326)

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2013**

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2013	2012	2013	2012
	£	£	£	£
Trade debtors	-	-	115,146	5,779
Prepayments and accrued income	16,126	14,867	18,837	18,013
Amounts due from group undertaking	434,559	211,517	-	-
Other debtors	30,516	26,716	32,437	26,716
	<u>481,201</u>	<u>253,100</u>	<u>166,420</u>	<u>50,508</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2013	2012	2013	2012
	£	£	£	£
Bank overdraft	-	2,371	-	2,371
Trade creditors	-	-	252	397
Other creditors	28,510	26,441	29,700	27,964
Social security and other taxes	-	-	8,200	8,476
Accruals and deferred income	66,936	144,567	75,339	148,917
VAT	-	-	724	1,294
	<u>95,446</u>	<u>173,379</u>	<u>114,215</u>	<u>189,419</u>

16. OPERATING LEASE COMMITMENTS

The following payments are committed to be paid within one year:

	Charity		Group	
	2013	2012	2013	2012
	£	£	£	£
Land and buildings expiring:				
Within one year	-	-	-	-
Between one and five years	7,505	6,875	15,010	13,750
	<u>6,875</u>	<u>6,875</u>	<u>13,750</u>	<u>13,750</u>
Other operating leases expiring:				
Within one year	-	-	-	-
Between one and five years	1,594	1,594	1,594	2,030
Over five years	-	-	-	-
	<u>1,594</u>	<u>1,594</u>	<u>1,594</u>	<u>2,030</u>

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2013

17. STATEMENT OF FUNDS

	At 01 January 2013 £	Income £	Expenditure £	Transfers £	At 31 December 2013 £
Unrestricted funds:					
General fund	1,274,205	413,651	414,115	-	1,273,741
	-----	-----	-----	-----	-----
Total unrestricted funds	1,274,205	413,651	414,115	-	1,273,741
	-----	-----	-----	-----	-----
Restricted funds:					
Laborie Fellowship	20,598	-	7,103	-	13,495
Continence Promotion Committee fund	14,958	-	-	-	14,958
3 rd World Fistula work	500	-	-	-	500
	-----	-----	-----	-----	-----
Total restricted funds	36,056	-	7,103	-	28,953
	-----	-----	-----	-----	-----
Total charity funds	1,310,261	413,651	421,218	-	1,302,694
	-----	-----	-----	-----	-----
Subsidiary	(67,271)	487,595	388,687	-	31,637
Intercompany transactions	-	(179,593)	(179,593)	-	-
	-----	-----	-----	-----	-----
Total consolidated funds	1,242,990	721,653	630,312	-	1,334,331
	=====	=====	=====	=====	=====

The Continence Promotion Committee fund was established to support the activities of the Continence Promotion Committee. The Laborie Fellowship fund relates to a 3 year fellowship programme which commenced on 1 April 2011. A restricted donation was received in the previous year to fund 3rd world Fitsula work.

The General fund represents the free funds of the charity, which are not designated for particular purposes.

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2013

18. ANALYSIS OF NET FUNDS BETWEEN FUNDS

<u>CHARITY</u>	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fund Balances at 31 December 2013 are represented by:			
Fixed assets	-	2,796	2,796
Current assets	28,953	1,366,391	1,395,344
Current liabilities	-	95,446	95,446
Total Net Assets	<u>28,953</u>	<u>1,273,741</u>	<u>1,302,694</u>

<u>GROUP</u>	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fund Balances at 31 December 2013 are represented by:			
Fixed assets	-	6,626	6,626
Current assets	28,953	1,412,967	1,441,920
Current liabilities	-	114,215	114,215
Total Net Assets	<u>28,953</u>	<u>1,305,378</u>	<u>1,334,331</u>

19. PENSION COMMITMENTS

During the year, the group paid into a defined contribution pension scheme. The total for the year of £7,619 (2012: £5,718) is included within staff costs in the Statement of Financial Activities.

There were outstanding group contributions of £531 (2012: £282) as at 31 December 2013.

20. TAXATION

As a registered charity the International Continence Society is exempt from taxation of income and gains falling within Section 505 Taxes Act 1988 or Section 256 Taxation of Chargeable Gains Act 1992 to the extent these are applied to its charitable objects. No tax charge has arisen during the year. No tax charge has arisen in the subsidiary as its profits are donated by way of Gift Aid to the charity.

21. RELATED PARTY DISCLOSURES

During the period a donation of £179,593 (2012: £Nil) was receivable from the charity's subsidiary, Conticom - ICS Limited.

At the balance sheet date the charity was owed £434,559 (2012: £211,517) from Conticom - ICS Limited. This balance is shown in 'amounts due from group undertaking'.

The above balances have been removed from the consolidated accounts.

22. CONTROLLING PARTY

The charity is under the joint control of the trustees, as set out in the trustees report.