## APPENDIX 1

## **Application Request to Hold an Add-On ICS Educational Course**

Name of ICS Member requesting application:	Bary Berghmans PhD MSc RPT	
Country in which course is to be held:	The Netherlands	
Proposed City	Nunspeet	
Proposed Dates	23 January 2015	
Proposed Venue	HOTEL NH Veluwe Conference Centre	
	Sparrenhorst, Nunspeet	
Accommodation details for speaker(s)	Speakers will be accommodated in the	
	hotel where the congress will be held	
Number of expected delegates:	300	
Include degree of training and discipline	Pelvic physiotherapists, nurses, advanced,	
	urogynecology, functional urology,	
	neurourology	
What event does the ICS course add on to? i.e. a	Post ICS-IUGA congress 2015 (in 2013 and	
national annual meeting	2014 also held with much success	
Would you like the course to be accredited by the	Yes, and also accreditation for the pelvic	
EU-ACME? There is a charge for accreditation so we	physiotherapy registry	
must ensure that accreditation would be applicable		
to your delegates.		
To what local associations are you applying for CPD recognition?	Royal Dutch Society for Physiotherapy	
Will there be an exhibition?	Yes	
Other known Urological/Gynaecological meetings in	none	
the geographical area occurring 2 months before		
and 2 months after proposed date		
Local information: e.g. weather, national holidays in	Winter time is usually mild in January, 3	
four week period leading up to and including the	weeks after New Year, 3 week before	
course date	Carnival	

Need for course: Why is important that the ICS runs a course for this audience? What do you feel the benefit to you will be? What can ICS provide that local providers will be unable to deliver?

This is a very promotional Post ICS-IUGA course involving keynote speakers from ICS like dr. Alex Digesu, dr. Steven Swift (USA), dr. Marijke Slieker (NL), dr. Maura Seleme (Brazil), dr. Bary Berghmans (NL). Program is is related to the latests Annual Meetings of ICS and IUGA. The Post ICS-IUGA congresses promote activities of ICS and stimulates research and education in the field of pelvic floor dysfunctions. They have a multidisciplinary character.

€500 are requested to cover some of the CPD application's fee.

Alex Digesu, Marijke Slieker and Bary Berghmans will present ICS as speakers.

Declaration:

I confirm that the information above is true to the best of my knowledge and that I have read and understood the Education Course Guidelines.

The proposed programme for the course with detailed speakers/topics and timings is attached to the application.

## I acknowledge:

- ICS speakers will speak in English. If simultaneous translation or another form of translation required is required then the ICS will not cover the costs for this.
- The ICS may wish to attend the meeting and have an exhibition booth and would expect a free booth to promote the benefits of ICS membership.
- The host organisation will organise and cover hotel costs for the ICS speaker(s)
- The host organisation will organise and cover return transfer costs from the airport to accommodation. If the accommodation is in a different location to the course venue then local ground transport will also be provided
- The ICS will cover the costs of flight and related personal expenses for the speaker(s)
- A post meeting electronic survey will be completed by the delegates and the ICS will be provided with the contact details of the delegates or the survey link will be sent on the ICS's behalf.

Signed:

Dated: 16 September 2014

	pelvic physiotherapists		midwives/pregnancy trainiers
08.30 - 09.00	registratie		registratie
09.00 - 09.15	opening - chair - Jacqueline de Jong		opening - chair mariel croon (midwife/author/editor)
09.15 - 09.45	Alex Digasu neurological diseases and PFD		LUMC - midwife (mailed) to be asked subject to choose
09.45 - 10.15	Fetske Hogen Esch update on pain		Obstetrician - to be asked Pain control during delivery
10.15 - 10.45	Hester Pastoor, sexologist update sexology		<b>Pro and con in delivery</b> view of the midwife
10.45 - 11.15		coffee	
11.15 - 12.00	Steven Swift update urogenital prolapse - controverses in surgery which kind of surgery related to age, consequences	11.15 - 11.45	Hester Pastoor sex peripartum
	which kind of surgery related to age, consequences	11.45 - 12.15	Dr. Vera Kempe
12.00 - 12.15	Discussion Alex and Steven and Bary and Marijke		constipation during pregnancy
12.30 - 14.00	lunch - company workshops		
14.00 - 14.45	Jan Willem de Leeuw, protecting the perineum		
14.45 - 15.30	Steven Swift - Pytha - Bary	14.45 - 15.30	Jan Willem de Leeuw
	prevention postpartum after protecting the perineum		workshop supporting perineum? Practice
15.30 - 16.15	Fetske Hogen Esch- Maura Seleme - Alex	15.30 - 16.15	Aryanne Kolsters-van Spijk
	CPPS - workshop-pudendus release-case studies		workshop pelvic girdle pain, a new protocol, case studies
16.20 - 17.15	case report with the experts - case to solve - 2 months in advance to send		
17.00 - 18.00	drinks and goody bags		
19.00	dinner		