



ICS Trustee Application Form

To apply for an ICS Trustee position you must be nominated and seconded by two ICS members. Please advise them to send an e-mail to the ICS office confirming this. Please complete the information below and send the completed form to Nickie@ics.org by 1 April 2015 in order for your nomination to be considered.

We also ask that in addition to the below you also update your online “Biography” with a mission statement (no more than 300 words) outlining your goals and initiatives should you be elected as a Trustee:

<https://www.ics.org/ContactEdit.aspx>

Language

Whilst the ICS is an international organisation, English is the official language of the society. It is expected therefore that Trustees members must have a good understanding of spoken and written English, and should feel confident speaking within the Board environment.

Name	Tamara Dickinson
Occupation	Continence Nurse
Country of Residence	United States
Qualifications	Registered nurse, board certified in urology and continence nursing
ICS Membership Number	2237

Position applying for	Trustee-Allied Health Representative
Nominated by	Adrian Wagg
Seconded by	Donna Bliss

300 word Mission statement to include your aims, goals and initiatives should you be elected

I have been a member of the ICS for a number of years and am active in the Urodynamics and Neurology committees. I was elected chair of the Continence Promotion Committee in 2013. I have chaired the CPC sponsored workshops the last two annual meetings.

I have a proven leadership record as a past treasurer and president of the Society of Urologic Nurses and Associates (SUNA) in the United States. As an organizational leader, I understand board and organizational dynamics. All members contribute varied experiences and opinions and benefit the good of the whole. Communication and respect are vital. I bring a strong budget background from 4 years as SUNA treasurer. A budget is a guideline and must be constantly re-evaluated for changes and adjustments as needed. In this difficult economic time, fiscal responsibility to an organization is one of the most important agenda items for the leadership of an organization and it must be monitored on a continuous basis.

In the new strategic plan there is discussion regarding organizational effectiveness and I believe this is necessary to its long term livelihood. While on the board of SUNA it was imperative that we critically evaluated the work and outcomes of standing committees. We also formed short term task forces to work on short term focused projects. At times there is a need for reorganization in order to improve the value of the work being done.

Member engagement is vital. I support encouraging people who are prepared to step up and work on behalf of the ICS and as a way to develop leaders for the Society. I agree that leaders must separate their own agendas for the

good of the organization's future growth and development.

Outline the skills, abilities and experience and what qualifications, if any, you could bring to this position, in pursuit of the Mission you have outlined? (200 words maximum)

I have worked in the field of continence nursing for over 20 years. Frequent national presenter on Urodynamics. Currently working in continence and voiding dysfunction with special interest in neurourology.

- 2013 Elected Chair of ICS Continence Promotion Committee
- 2011 recipient of the NAFC Rodney Appell Continence Care Champion Award
- 2005-2013 member of ICS CPC
- 2005 recipient of the SUNA President's Trophy for outstanding contributions to SUNA
- 2005 recipient of the SUNA Past President's Lectureship Award
- member of the ICS Urodynamics committee since its inception
- Board certified in Urology nursing and Continence nursing
- currently pursuing Master's Degree in Nursing
- SUNA Treasurer for 2 terms (2 years each term), significantly changes procedures and policies to ensure more fiduciary responsibility
- Served 3 years as SUNA President Elect, then President, then Immediate Past President. Dealt with difficult issues related to collaboration with AUA and inappropriate behavior of a volunteer leader
- AUA Annual Meeting Urodynamics and Allied Health Course Director for 3 years
- Board Member of the Biofeedback Certification Institute of America for 2 years

Do you already hold the position and are standing for re-election? **Yes/No**

Check list

- I am an ICS member
- I have completed an online disclosure here: <http://www.icsoffice.org/Disclosures/DisclosureStatement.aspx>
- I have uploaded a photo to my membership profile <https://www.icsoffice.org/ContactEdit.aspx>
- I submit a short CV alongside this form (6 pages maximum)
- I have read the below canvassing policy. See Appendix I

I hereby confirm that I have completed my disclosure form/declaration of interest via my membership record on the ICS website, that I have read and understood the ICS Memorandum, Articles, and Bylaws, and the ICS Code of Conduct and agree to abide by these. If elected I understand what would be required of me to undertake an ICS position, and that I would accept the position. I also note that I am unable to canvass for my election to this post. In addition, I confirm that I am an upstanding member of the ICS and can confirm that I am not the subject of any disciplinary investigations, internal or external to my workplace.

Click here to view the [ICS Bylaws and Code of Conduct](#) & [Memorandum and Articles of Association](#)

Signed: Tamara Dickinson Date: 30 Mar 2015

APPENDIX I

ICS policy on campaigning

Campaigning for ICS elected positions is not permitted by applicants or members. Any campaigning, be it positive or negative, will result in the disqualification of the candidate. The Board of Trustees' judgement will be final in determining whether a candidate has engaged in positive or negative campaigning. Negative campaigning is not permitted by any candidate or ICS member and will be considered a violation of the ICS Code of Conduct. This policy is in effect at all times and for any position.

During the voting period candidates' application forms will be circulated by the ICS office for all members to view. In addition, the ICS office will periodically contact all ICS members to encourage voting and provide direct links to the voting section of the ICS website.

Date of Revision: July 19, 2014

Curriculum Vitae
Tamara Dickinson, RN, CURN, CCCN, BCIA-PMDB

Present Title and Affiliation: Clinical Staff Nurse
Urodynamics Coordinator
May, 2014 to present

Birthdate and Place: September 17, 1968
Memphis, Tennessee

Home Address and Telephone: 1905 Bluebonnet Drive
Fort Worth, TX 76111
817-202-5728

Office Address UT Southwestern Medical Center
Phone/Fax Department of Urology
Email 5323 Harry Hines Blvd.
Dallas, TX 75390-9164
Phone 214-645-8787
Fax 214-645-8766
Tamara.dickinson@utsouthwestern.edu

Nursing Licensure:

- Board of Nurse Examiners for the State of Texas, Registered Nurse, License Number 654855, August 1998 to present

Board Certification:

- Certification Board of Urologic Nurses and Associates, Certified Urology Registered Nurse (CURN), 1996 to present
- Wound Ostomy and Continence Nurses Certification Board, Certified Continence Care Nurse (CCCN), 1999 to present
- Biofeedback Certification Institute of America (BCIA), Certified in Pelvic Muscle Dysfunction and Biofeedback (BCIA-PMDB), 2004 to present

High School:

- The Sky-View Academy, Memphis TN, May 1986

Undergraduate:

- Baptist Memorial Hospital School of Nursing, Diploma in Nursing, Memphis TN, April 1990
- University of Memphis, Memphis TN, 1986-1987 and 1996-1997, general education requirements
- University of South Alabama, Bachelor of Science in Nursing, July 2014

Graduate:

- University of South Alabama, Master of Science in Nursing, Adult/Geriatric Nurse Practitioner Program, accepted 2014

Professional Organizations:

- Society of Urologic Nurses and Associates (SUNA), 1994 to present
- International Continence Society (ICS), 2003 to present

Professional Experience:

- Senior Clinical Research Nurse in Continence and Voiding Dysfunction, Department of Urology, UT Southwestern Medical Center, Dallas, TX 2006-2014
- Urogynecology Nurse Coordinator, Division of Urogynecology, Department of OB-GYN, UT Southwestern Medical Center, Dallas TX, 2004-2006
- Senior Clinical Research Nurse, Department of Urology, UT Southwestern Medical Center, Dallas TX, 2002-2004
- Clinical Coordinator and Continence Specialist, The North Texas Center for Urinary Control at Urology Associates of North Texas, Arlington TX 2000-2002
- Clinical Consultant, Laborie Medical Technologies, Williston VT, 1999
- Director, North Texas Center for Urinary Control at Urology Associates of North Texas, Arlington TX, 1998-1999
- Research Coordinator, Urology Associates of North Texas, Arlington TX, 1998-1999
- Research Nurse Coordinator, Department of Preventive Medicine, University of Tennessee, Memphis TN, 1998
- Nurse Manager, Continence Care Services, UT-Bowld Hospital, Memphis TN 1993-1998
- Staff Nurse (Ortho/Neuro/Rehab Unit), LeBonheur Children's Medical Center, Memphis TN, 1991-1992
- Staff Nurse (Spinal Cord Injury Unit), Baptist Memorial Hospital Regional Rehabilitation Center, Memphis TN 1990-1991

Awards:

- National Association for Continence Rodney Appell Continence Care Champion Award, 2011
- President's Trophy for Outstanding Contributions to the Society of Urologic Nurses and Associates (SUNA), SUNA Annual Conference 2005
- Past President's Lectureship Award for "Diagnosis and Management of the Interstitial Cystitis Patient", SUNA Annual Conference 2005

Editorial Appointments:

- Editorial Board Member, www.seekwellness.com, 2010
- Coordinating Editor, A Practical Guide to Performing Urodynamics, Anthony J. Jannetti, Pitman NJ, 2005

Publications:

- Dickinson, T, Advanced Assessment of the Patient with Urinary Incontinence and Voiding Dysfunction, in Wound Ostomy and Continence (WOC) Nurses Core Curriculum (Doughty D, Moore K editors), Lippincott Williams and Wilkins, in press.

- Dickinson T, Eustice S, Guralnick M, Goldman H, Hashim H, Lose G, Rosier P, Schaefer W; Good Urodynamic Practices: Uroflowmetry, Cystometry, Pressure-Flow and Auxiliary Tests, Neurourology and Urodynamics, in press.
- Zimmern PE, Dandreo KJ, Sirls L, Howell A, Hall L, Gruss J, Jesse K, Dickinson T, Prather C; Lessons from a Patient Experience Survey in a Randomized Surgical Trial of Treatment of Stress Urinary Incontinence in Women, Journal of International Urogynecology, October 2011.
- Dickinson T, Incontinence: No Laughing Matter, Pulse (publication of the Dallas Morning News) November 2007.
- Dickinson T, Demystifying Leak Point Pressures: The Valuable Tool for Functional Assessment, Urologic Nursing Journal, April 2007
- Dickinson T, What you wanted to know about Urodynamics but were afraid to ask, The Biofeedback Magazine, Spring 2006.
- Dickinson T, Urologic Nursing Journal, Volunteers: SUNA's Driving Force, February 2006
- Dickinson T and English W, Filling Cystometry or Cystometrogram in A Practical Guide to Performing Urodynamics (Dickinson T, coordinating editor), Anthony J Jannetti, Pitman NJ, 2005
- What is Urodynamics?, Patient Education Fact Sheet, SUNA, 2005
- Dickinson T, Urologic Nursing Journal, Mentoring Others, Touching Lives, February 2006
- Dickinson T, Urologic Nursing Journal, SUNA: A Well Balanced Team, October 2003
- West L, Ribbeck M, Dickinson T, Lappe L, O'Hara M, Hulme J, A Day in the Life of Bobby Bladder and Carrie Colon: A Story for Children, Phoenix Publishing, 2003
- Dickinson T, Urologic Nursing Journal, Are Professional Nursing Organizations Important?, February 2003.

Invited Lectures:

- Developing your specialist conservative management practice: A Continence Promotion Committee Workshop, Workshop Chair and Faculty, ICS Annual Meeting, Rio de Janeiro, 2014
- Elimination Disorders in Neurological Disease Processes, Nursing Committee Workshop Faculty, ICS Annual Meeting, Rio de Janeiro, 2014
- What you wanted to know about Urodynamics but were afraid to ask, Greater Dallas Fort Worth chapter of SUNA
- Special Concerns in Continence Awareness, Workshop Chair and Faculty, ICS Annual Meeting, Barcelona, 2013
- Lunch with the Experts, ICS Annual Meeting, Barcelona, 2013
- Basic Urodynamics, SUNA Annual Symposium, Savannah, 2013
- Neurogenic Voiding Dysfunction, SUNA Annual Symposium, 2013
- Voiding Dysfunction, SUNA Certification Review Course, Washington DC, 2012
- Neurogenic Voiding Dysfunction, SUNA Annual Symposium, San Francisco, 2012
- Basic Urodynamics, SUNA Annual Symposium, San Francisco, 2012
- Urologic Diseases for the Allied Health Professional, AUA Annual Meeting, Washington DC, 2011
- Dyspareunia: Is it really a diagnosis?, SUNA Symposium, New Orleans, 2011

- Sphincteric Function: UPP and LPP, SUNA Symposium, New Orleans, 2011
- Urodynamic Studies Presentation, SUNA Symposium, New Orleans, 2011
- Basic Principles of Urodynamics, SUNA Symposium, New Orleans, 2011
- Voiding Dysfunction, SUNA Certification Review Course, Boston, 2010
- Basic Components of Urodynamics, SUNA Annual Symposium, Colorado Springs, 2010
- Electromyogram and Urodynamics, SUNA Annual Symposium, Colorado Springs, 2010
- Demystifying Leak Point Pressures, SUNA Annual Symposium, Colorado Springs, 2010
- Urodynamic Studies Presentation, SUNA Annual Symposium, Colorado Springs, 2010
- Urodynamics Across the Lifespan, SUNA Annual Symposium, Colorado Springs, 2010
- Report of World Continence Week, Greater DFW SUNA Chapter, Dallas, 2009
- Voiding Dysfunction, SUNA Certification Review Course, Chicago, 2009
- The Nurse's Role in the Management of Pelvic Floor Disorders, AUA Annual Meeting, Chicago, 2009
- Continence Promotion: State of the Science?, Keynote Address, SUNA Annual Symposium, 2009
- Anatomy and Physiology of the Lower Urinary Tract, SUNA Annual Symposium, San Francisco, 2009
- Lower Urinary Tract Dysfunction, SUNA Annual Symposium, San Francisco, 2009
- Demystifying Leak Point Pressures, SUNA Annual Symposium, San Francisco, 2009
- Neurogenic Voiding Dysfunction, SUNA Annual Symposium, San Francisco, 2009
- Voiding Dysfunction, SUNA Certification Review Course, Philadelphia, 2008
- Basic Urodynamics Course Faculty, AUA Office of Education, Reno, 2008
- Urinary Incontinence and Non-Surgical Management, AUA Annual Meeting, Orlando, 2008
- Anatomy and Physiology of the Lower Urinary Tract, SUNA Annual Symposium, Tampa, 2008
- Lower Urinary Tract Dysfunction, SUNA Annual Symposium, Tampa, 2008
- Demystifying Leak Point Pressures, SUNA Annual Symposium, Tampa, 2008
- Neurogenic Voiding Dysfunction, SUNA Annual Symposium, Tampa, 2008
- Urodynamics for the Beginner, Course Director and Faculty, AUA Annual Meeting, Anaheim, 2007
- Basic Urodynamics Course Faculty, AUA Office of Education, Houston, 2008
- Urodynamics Training for Study Coordinators, Astellas, 2007
- Anatomy and Physiology of the Lower Urinary Tract, SUNA Annual Symposium, Colorado Springs, 2007
- Lower Urinary Tract Dysfunction, SUNA Annual Symposium, Colorado Springs, 2007
- Demystifying Leak Point Pressures, SUNA Annual Symposium, Colorado Springs, 2007
- Neurogenic Voiding Dysfunction, SUNA Annual Symposium, Colorado Springs, 2007
- SUNA's Bladder Health Initiative, Continence Promotion Committee Workshop, International Continence Society, Christchurch New Zealand 2006
- Standardization in Urodynamics, SUNA Annual Conference, Kansas City 2006
- Urodynamics: Basic Concepts and Practical Applications, Course Director and Faculty, American Urological Association (AUA) Annual Meeting, Atlanta, 2006
- Pelvic Pain in the Female Patient, sEMG Division Meeting of the Association of Applied Psychophysiology and Biofeedback, Portland, 2006

- Anatomy and Physiology of the Lower Urinary Tract, SUNA Annual Symposium, New York, 2006
- Neurogenic Voiding Dysfunction, SUNA Annual Symposium, New York, 2006
- Diagnosis and Management of the Interstitial Cystitis Patient, SUNA Annual Conference, Las Vegas, 2006
- Urodynamics Case Study Presentations, Troubleshooting and Catheter Use, AUA Office of Education Urodynamics Course, Allied Health Faculty, Houston, 2005
- Demystifying Leak Point Pressures: A Valuable Tool for Functional Assessment, SUNA Annual Symposium, San Diego, 2005
- Neurogenic Voiding Dysfunction, SUNA Annual Symposium, San Diego, 2005
- Genitourinary Pharmacology, Guest Faculty, UT Southwestern Women's Health Nurse Practitioner Program, 2004-2005
- Neurogenic Bladder and Urodynamics, SUNA Annual Conference, Orlando, 2004
- What you wanted to know about Urodynamics but were afraid to ask!, Greater Dallas Fort Worth Chapter of SUNA Urology Symposium, 2004
- Neurogenic Voiding Dysfunction and Urodynamics, SUNA Annual Symposium, Chicago, 2004
- Principles and Practice of Urodynamics, SRS Medical Course Director and Faculty, Seattle, 2003-2004
- General Overview of Interstim Therapy, SUNA Multi-Specialty Conference, Phoenix, 2002
- General Overview of Urodynamics, SUNA Understanding Urodynamics Seminar, Washington DC, 2001
- Geriatric Urodynamics, SUNA Understanding Urodynamics Seminar, Washington DC, 2001
- Clinical Decision Making: Case Study Panel, SUNA Understanding Urodynamics Seminar, Washington DC, 2001

Professional Activities:

- International Continence Society, Nursing committee liaison to the Neurourology Committee, 2014
- International Continence Society, Continence Promotion Committee Chair, 2012-present
- International Continence Society (ICS) Urodynamics Committee member, 2010 to present
- Hollister Inc, Continence Clinical Advisory Board, 2011 to 2013
- SUNA Urodynamics Course Director, 2010 to 2012
- World Continence Week U.S. Event, Ask a Health Professional volunteer, 2009
- North American Continence Week Coalition, Steering Committee member, 2007 to present
- International Continence Society Continence Promotion Committee, Member, 2005 to present
- International Continence Society (ICS) School of Urodynamics, Committee Member, 2006 to 2010
- SUNA Immediate Past President, 2008 to 2009
- SUNA President, 2007-2008

- SUNA President Elect, 2006-2007
- SUNA National Treasurer, 2002-2006
- Man to Man Prostate Cancer Support Group Facilitator, 2003 to 2011
- AUA Annual Meeting Urodynamics Course Director, 2006 and 2007
- Biofeedback Certification Institute of America, Board Member, 2004-2006
- DFW SUNA Chapter President, 2003-2007
- Pelvic Muscle Dysfunction Certification Group, Member, 2001-2004
- SUNA Urodynamics Special Interest Group, Leader, 2001
- SUNA/WOCN Continence Coalition, SUNA Representative, 2000-2002
- SUNA Clinical Practice Standards Committee, Chairperson, 1998-2001
- SUNA Clinical Practice Standards Committee, Member, 1997-1998