



12<sup>th</sup> ANNUAL MEETING



**Pan Arab Continence Society**  
In collaboration with the  
**International Continence Society**

28<sup>th</sup> – 30<sup>th</sup>

January

2016

Intercontinental,  
Abu Dhabi/UAE



American  
Urological  
Association



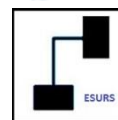
**IUGA** ♀  
international urogynecological association



European Association of Urology



Confederación  
Americana de  
Urología



Application was made to the EACCME(r) for CME accreditation of this event

[www.pacsoffice.com](http://www.pacsoffice.com)

*Dear Respected Colleagues,*

On behalf of the scientific and organizing committee of Pan Arab Continence Society and the educational committee of the ICS, it is our pleasure to invite you for the 12th PACS conference which will be held in Abu Dhabi from January 28-30th, 2016 in collaboration with ICS.

We also welcome our guest speakers form the EAU, AUA, SIU and the CAU to enrich the programme with high quality lectures in the field of voiding dysfunction and Female Urology.

**We encourage receiving abstracts related to the following topics:**

Voiding Dysfunction, Female Incontinence, Male Incontinence, BPH, Prostate Cancer, LUTS, Erectile Dysfunction, Voiding Dysfunction in Children. The PACS also decided to award the best winner abstract a scholarship fund.

Very special packages were designed for you to make it a real good chance to attend such a valuable meeting. So we encourage our young colleagues to take the early catch of the limited spaces.

We hope that you will enjoy your stay both scientifically and socially.

President of PACS

Sherif Mourad

Chairman of ICS  
Educational Committee

Ervin Kocjancic

**PACS President**

Dr. Sherif Mourad

**PACS Secretary General**

Dr. Ismail Abbara

**PACS Scientific Chair**

Dr. Hassan Shaker

**PACS Treasurer**

Dr. Mohamed Gamal



**Meeting President:** Dr Mohsen El Mekresh

**Meeting Coordinators:**

Emad El Sobky

Tamer Felfela

Khaled Fawaz

Essam Abdel Wahab

**Scientific Committee:**

Chair: Mohamed Ziani

Magdy Fathalla

Amr El Shorbagy

Hany Mostafa

Abdel Latif Alterki

**Organizing Committee:**

Chair: Nabil Mitry

Khaled Mokhtar

Awatef El Bahr

Ismail Hassan

Mohamed Yassin

## PACS Board & Committees

### PACS Honorary Board

Bary Berghmans  
(Netherlands)  
M Shalaby (Egypt)  
Mostafa El Hilali (Canada)  
Paul Abrams (UK)  
P V Kerrebroeck  
(Netherlands)  
H Madersbacher (Austria)

### PACS Educational Committee

Bruno Deval (France)  
Ervin Kocjancic (USA)  
Tufan Tarcan (Turkey)  
Hisham Mosli (KSA)  
Mohamed Bulbul (Lebanon)  
Salah El Selmy (Egypt)

### PACS Arab Board

Ayman Al Qatawneh (Jordan)  
Jassim Alhijji (Kuwait)  
Hamad El Helow (Bahrain)  
Ismail Abbara (UAE)  
Marwan El Khani (Syria)  
Michel Jabbour (Lebanon)  
Nimat Saigh (Iraq)  
Riyad Al Moussa (KSA)  
Zaki Mahdi (Yemen)

### PACS Training Committee

Abdel Lateef Turki (Kuwait)  
Abdullah Alansari (Qatar)  
Ardalan Ghafouri (Qatar)  
Ahlam El Saeed (Egypt)  
Amr Noweir (Egypt)  
Hashim Hashim (UK)  
Ismail Hassan (UAE)  
Mohamed Salah (Egypt)  
Ramy Mahafza (Jordan)

# PROGRAM “CONFERENCE ACTIVITY”

Thursday – January 28 <sup>th</sup> , 2016			
11:00	Open	Registration	
14:00	15:15	Laparoscopic Workshop I <i>Training Boxes &amp; Academic Course on Sacro-Colpopexy (Sponsored by Storz and J&amp;J)</i>	Hall <b>Chairs:</b> Bruno Deval Ayman Al Qatawneh
14:00	14:30	Introduction	Bruno Deval (France)
14:30	14:50	Anatomy and steps of the LSC (Laparoscopic Sacro-colpopexy)	Bruno Deval (France)
14:50	15:15	Results of LSC (Laparoscopic Sacro-colpopexy)	Bruno Deval (France)
14:00	15:15	Good Urodynamic Practice Workshop I	Hall <b>Chairs:</b> Magdy Fathalla Khaled Fawaz
14:00	14:30	Getting Started (machines & catheters)	Sherif Mourad (Egypt)
14:30	14:50	The Flow Clinic	Sherif Mourad (Egypt)
14:50	15:15	Writing a Report	Sherif Mourad (Egypt)
14:00	15:15	Pelvic Floor Muscle Training Workshop I	Hall <b>Chairs:</b> Bary Berghmans Maura Seleme
14:00	14:25	How to do the Pelvic Floor Assessment in Functional Way Based on Evidence?	Maura Seleme (Brasil)
14:25	14:50	Practical Demonstration Showing how to Understand Better Every Part of the Evaluation?	Maura Seleme (Brasil)
14:50	15:15	Biofeedback Used in the Evaluation. Myths and Reality	Maura Seleme (Brasil)
15:15	15:45	Coffee Break	
15:45	17:00	Laparoscopic Workshop II <i>Training Boxes &amp; Academic Course on Sacro-Colpopexy (Sponsored by Storz and J&amp;J)</i>	Hall <b>Chairs:</b> Mija Blanje Aly Abdel Kereem
15:45	16:15	Complications of LSC	Mija Blanje (France)

16:15	17:00	Clinical cases	<b>Bruno Deval</b> (France)
15:45	17:00	<b>Good Urodynamic Practice Workshop II</b>	<b>Hall</b> <b>Chairs:</b> Awatef El Bahr Ismail Abbara
15:45	16:15	Interpretation of Traces	<b>Rizwan Hamid</b> (United Kingdom)
16:15	17:00	Case Presentation & Discussion	<b>Rizwan Hamid</b> (United Kingdom)
15:45	17:00	<b>Pelvic Floor Muscle Training Workshop II</b>	<b>Hall</b> <b>Chairs:</b> Maura Seleme Bary Berghmans
15:45	16:05	What is Adherence and How to Build it Adequately	<b>Bary Berghman</b> (The Netherlands)
16:05	16:25	Which Program Should I Use to Treat the Pelvic Floor Muscles?	<b>Bary Berghman</b> (The Netherlands)
16:25	16:45	What is Pre-contraction of Pelvic Floor Muscles? What is the Importance and How can I Train This Practice?	<b>Maura Seleme</b> (Brasil)
16:45	17:00	Home Exercises. A Big Challenge!!!	<b>Maura Seleme</b> (Brasil)
17:00	18:30	<b>Session I – Societies Lectures</b>	<b>Hall</b> <b>Chairs:</b> Sherif Mourad Mohsen El Mekresh Nucelio Lemos
17:00	17:15	<b>International Continence Society Lecture</b> ICS terminology in the 21st century	<b>Philip Van Kerrebroeck</b> (The Netherlands)
17:15	17:30	<b>American Urological Association Lecture</b> Primate Model for Urethral Sphincter Regeneration	<b>Gopal Badlani</b> (USA)
17:30	17:45	<b>European Association of Urology Lecture</b> Treatment Of Urinary Incontinence With Botulinum Toxin: Where Do We Stand In 2016?	<b>Francisco Cruz</b> (Portugal)
17:45	18:00	<b>SIU Lecture</b> Measurements of the Physiology of the Vagina	<b>Jan-Paul Roovers</b> (The Netherlands)
18:00	18:15	<b>IUGA Lecture</b> PTNS for Pelvic Floor Disorders	<b>Alex Digesu</b> (United Kingdom)
18:15	18:30	<b>Turkish Continence Society Lecture</b> Underactive Bladder	<b>Bedreddin Seçkin</b> (Turkey)
18:30	19:30	<b>SAJA Symposium I</b> <b>OAB Updates</b>	<b>Hall</b> <b>Chairs:</b>

20:00	22:00	Opening Ceremony & Welcome Reception	
-------	-------	--------------------------------------	--

Friday – January 29 <sup>th</sup> , 2016			
09:00	10:30	Session II – OAB/Neurourology	<b>Hall</b> <b>Chairs:</b> Philip Van Kerrebroeck Amr El Shorbagy Tarek El Shaiji
09:00	09:20	Central control of bladder function – new therapeutic targets	<b>Helmut Madersbacher</b> (Austria)
09:20	09:40	Botox Injection for OAB: What We know and What We Still Do Not know?	<b>Alex Digesu</b> (United Kingdom)
09:40	10:00	Sacral Neuromodulation: New Targets and Perspectives	<b>Nucelio Lemos</b> (Brasil)
10:00	10:30	<b>Debate:</b> Management of Recurrent SUI	<b>Jan-Paul Roovers</b> (The Netherlands) <b>Gopal Badlani</b> (USA) <b>Ervin Kocjancic</b> (USA)
10:30	12:00	Session III – Male Incontinence/LUTS	<b>Hall</b> <b>Chairs:</b> Gopal Badlani Mohamed Ziani Salah El Selmy
10:30	10:50	Male LUTS: What's up?	<b>Philip Van Kerrebroeck</b> (The Netherlands)
10:50	11:10	Update on BPH Treatment Options in 2016	<b>Ervin Kocjancic</b> (USA)
11:10	11:30	Current Management of Post-Prostatectomy Incontinence	<b>Francisco Cruz</b> (Protugal)
11:30	12:00	<b>Case Based Discussion:</b> The Underactive Bladder in Males	<b>Francisco Cruz</b> (Protugal) <b>Bedreddin Seçkin</b> (TKY) <b>Rizwan Hamid</b> (UK)
12:00	14:00	Lunch Break	
14:00	15:30	Session IV– Female Urology/POP	<b>Hall</b> <b>Chairs:</b> Jassim Alhijji Alex Digesu Jan-Paul Roovers
14:00	14:20	Laparoscopic Hystro-Sacrocolpopexy with Low Ventral Rectopexy for Combined rectal & Genital Prolapse.	<b>Bruno Deval</b> (France)

14:20	14:40	Intrapelvic Nerve Entrapments: A Neglected Cause of Pain and LUTS	<b>Nucelio Lemos</b> (Brasil)
14:40	15:00	Clinical Presentation: " Should I have my Mesh Removed? : Overview and Management of Mesh Complications ( Case Based Approach)	<b>Gopal Badlani</b> (USA)
15:00	15:30	<b>Round Table Discussion:</b> Managing Complications in Female Pelvic Floor Reconstructive Surgery	<b>Ervin Kocjancic</b> (USA) <b>Bruno Deval</b> (France) <b>Alex Digesu</b> (UK)
<b>15:30</b>	<b>16:00</b>	<b>Coffee Break</b>	
<b>16:00</b>	<b>17:30</b>	<b>Session V– Pediatric Voiding Dysfunction</b>	<b>Hall</b> <b>Chairs:</b> Hemut Madersbacher Francisco Cruz Ervin Kocjancic
16:00	16:20	Valve Bladder": Etiology and Treatment of Voiding Dysfunction in PUV	<b>Mario Patricolo</b> (Italy)
16:20	16:40	Paediatric Enuresis Nocturna and Adult Nocturia	<b>Philip Van Kerrebroeck</b> (The Netherlands)
16:40	17:00	Extrophy-Epispadias Complex and Continence	<b>Amin El Gohary</b> (UAE)
17:00	17:30	<b>Panel Discussion:</b> Management of Neurogenic Bladders in Children	<b>Philip Van Kerrebroeck</b> (The Netherlands) <b>Mario Patricolo</b> (Italy) <b>Riyad Al Moussa</b> (KSA)
<b>17:30</b>	<b>19:00</b>	<b>Pfizer Symposium</b> <b>EPIC ME &amp; Male LUTS</b>	<b>Hall</b> <b>Chairs:</b> Nabil Mitry Tamer Felfela
17:30	18:15	Prevalence of Incontinence and Over Active Bladder: Middle East Results from the EPIC Study	
18:15	19:00	Recent Updates in the Management of Male LUTS	<b>Philip Van Kerrebroeck</b> (The Netherlands)
<b>20:00</b>	<b>23:00</b>	<b>Gala Dinner</b>	

<b>Saturday – January 30<sup>th</sup>, 2016</b>			
<b>09:00</b>	<b>11:00</b>	<b>Session VI– Voiding Dysfunction</b>	<b>Hall</b> <b>Chairs:</b> Mauro Cervini Hany Mostafa Hazem Sammour
09:00	09:15	Urodynamics in Pelvic Organ Prolapse	<b>Mohamed Gomaa</b> (KSA)



09:15	09:30	Urodynamic Evaluation of Detrusor Muscle Function	<b>Mohamed Shafik</b> (Egypt)
09:30	09:45	Pelvic Neuranatomy and Neurophysiology	<b>Nucelio Lemos</b> (Brasil)
09:45	10:00	Long-Term Surveillance of Neurogenic Bladder Patients, Expert Opinion and Evidence	<b>Helmut Madersbacher</b> (Austria)
10:00	10:15	Best Option for Bladder Outflow Surgery in 2015	<b>Rizwan Hamid</b> (United Kingdom)
10:15	10:30	Vesicovaginal Fistula in Jordan	<b>Ayman Qatawneh</b> (Jordan)
10:30	10:45	Correlation of Female Sexual Dysfunction with Lower Urinary Tract Problems	<b>Mehri Mehrad</b> (Iran)
10:45	11:00	Voiding Dysfunction in Diabetic Patients	<b>Riyad Al Moussa</b> (KSA)
<b>11.00</b>	<b>11.30</b>	<b>Coffee Break</b>	
<b>11:30</b>	<b>13:00</b>	<b>Session VII – Video Presentations</b>	<b>Hall</b> <b>Chairs:</b> Samir El Gamal Hassan Abdel Latif Rizwan Hamid
11:30	11:45	Mini-Laparoscopy Sacrocolpopexy for Apical and Posterior Female genital prolapse	<b>Bruno Deval</b> (France)
11:45	12:00	Laparoscopic Sacrocolpopexy: A New Technique Using A Special Mesh with Titanium Dioxide Surface	<b>Alex Digesu</b> (United Kingdom)
12:00	12:15	Vaginal Sacrospinous Hysteropexy for Young Women with Advanced Uterovaginal Prolapse	<b>Ayman Al Qatawneh</b> (Jordan)
12:15	12:30	The Efficacy of CO2 Fractional Laser on Recurrent UTI due to Vulvovaginal Atrophy	<b>Mehri Mehrad</b> (Iran)
12:30	12:45	Laparo-endoscopic Single – Site Surgery (LESS) Extravesical Repair of Vesico – Uterine Fistula	<b>Aly Abdel Kereem</b> (Egypt)
12:45	13:00	Mini-Laparoscopic Sacral Colpo-Hysteropexy for Female Genital Prolapse	<b>Bruno Deval</b> (France)
		<b>Closing Comments</b>	

### Saturday – January 30<sup>th</sup>, 2016

	<b>11:00</b>	<b>Pharmacists Session I</b>	<b>Hall</b> <b>Chairs:</b> Sherif Mourad Abdel Rahman Zahran Khaled Mokhtar
--	--------------	------------------------------	---

09:00	09:30	Overactive Bladder Syndrome	Sherif Mourad
09:30	10:00	Male LUTS	Sherif Mourad
10:00	10:30	Erectile Dysfunction	Abdel Rahman Zahran
10:30	11:00	Premature Ejaculation	Khaled Mokhtar
11:00	11:30	Coffee Break	
11:30	13:00	Pharmacists Session II	Hall
			<b>Chairs:</b> Ehab Gamal Eldin
11:30	12:30	Case Presentation	
12:30	13:00	Open Discussion	All
		Closing Comments	

Saturday – January 30 <sup>th</sup> , 2016			
09:00	11:00	Nurses Session I	Hall
			<b>Chairs:</b> Ahmed Hussien
09:00	09:45	Care of incontinence in Spinal Cord Injury	Ahmed Hussien
09:45	10:30	Urinary Stomas	Ahmed Hussien
10:30	11:00	Discussion	
11:00	11:30	Coffee Break	
11:30	13:00	Nurses Session II	Hall
			<b>Chairs:</b> Ahmed Hussien
11:30	12:00	Introduction to Urodynamics	Ahmed Hussien
12:00	12:30	Clean Intermittent Catheterization	Ahmed Hussien
12:30	13:00	Discussion	
		Closing Comments	

# Registration Package

## Registration & Accommodation package at Intercontinental Abu Dhabi:

Early registration till 01st October 2015: USD 950

Late registration till 25th December 2015: USD 1000

Onsite: USD 1100

Double supplement per night: 30 USD Package Rate

Including:

- Accommodation from 27<sup>th</sup> till 30<sup>th</sup> of January 2016 in intercontinental hotel.
- Accommodation based on Bed and breakfast on single room.
- Entrance to the meeting sessions and exhibition
- Congress materials and bag
- Opening ceremony
- CME credit certificates
- Coffee breaks as scheduled in the program
- Lunch breaks as scheduled in the program
- Gala Dinner

**Registration only:**

Early registration only: USD 350

Late registration only: USD 400

On-site registration only: USD 450

**Registration for residence:**

Early registration only: USD 250

Late registration only: USD 300 On-site

registration only: USD 350 Registration Rate

Including:

- Entrance to the meeting sessions and exhibition
- Congress materials and bag
- Opening ceremony
- CME credit certificates
- Coffee breaks as scheduled in the program
- Lunch breaks as scheduled in the program
- Gala Dinner

**Gala dinner extra ticket = USD 60**

# Payment

Payment must be received in full prior to the conference. Access will not be permitted if full payment has not been received.

- We have the right to cancel the reservation in case of not receiving the payment on the option date
- Online registration is subject to the following payment conditions:
- Credit card payments will be processed via a secure online payment module

Payment may be done by a bank transfer in our bank account:

Bank Name: Al Baraka Bank Egypt Branch: Cairo  
Address: 2, Etthad El Mohameen El Arab st., Garden City – Cairo  
P.O Box: 75 Magles El Shaab – Cairo- Egypt  
Account Name: Charisma Travel  
Account No. : 080419  
Swift Code: ABRKEGCACAI  
Important Note: Personal checks will not be accepted

## Cancellation

We hope that you will not have to cancel your registration, however should this be necessary please see the terms below:

Cancellation of your conference registration will be possible before the following dates by sending an email to [dina@charismaexperts.com](mailto:dina@charismaexperts.com)

- More than 60 days prior to the event: 50% refund of registration & accommodation fees
- Less than 60 days prior to the event: 25% refund of registration & accommodation fees
- Less than 30 days prior to the event: no refund

“Refund will be paid same mode of payment received after the congress”

## General Information

For Further information or reservation please direct your queries to

**Mrs. Dina Nagy**

Mobile: +971 529659720 - +20 12 757 22992 E-mail:

[Dina@charismaexperts.com](mailto:Dina@charismaexperts.com)

[dina@charismaexperts.com](mailto:dina@charismaexperts.com)

Dubai office: Tameemhouse, Tecom, Suite 2005-P.O. Box 33118

Egypt office: 07 El Idrissi Street, Heliopolis, Cairo 11341, Egypt

## Charisma Travel Experts

Email: [info@charismaexperts.com](mailto:info@charismaexperts.com)

[www.pacsoffice.com](http://www.pacsoffice.com)

Website: [www.charismaexperts.com](http://www.charismaexperts.com)