



International Continence Society

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ICS 2014 TRUSTEES' ANNUAL REPORT

AND

**AUDITED FINANCIAL STATEMENTS FOR THE YEAR
ENDED 31 DECEMBER 2014**

FOR

THE INTERNATIONAL CONTINENCE SOCIETY

THE INTERNATIONAL CONTINENCE SOCIETY

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Reference and Administrative Details of the Charity, its Trustees and Advisors

Company Number	3589542
Registered Charity Number	1074929
Registered Office	9 Portland Square, Bristol, BS2 8ST
Correspondence Address	19 Portland Square, Bristol, BS2 8SJ
E-mail	info@icsoffice.org
Website	www.ics.org
Telephone	+44 (0) 117 944 4881
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General Secretary	Adrian Wagg – 2 year term began 23/10/14 (appointed trustee 24/10/08)
General Secretary	Sender Herschorn – 3 year term ended 23/10/14
Treasurer, appointed 29/08/13	Sherif Mourad – 3 year term (appointed trustee 24/10/08)
Trustees appointed 23/10/14	David Castro Diaz (appointed 1 year co-opted term 11/10/13) Mauro Cervigni Carlos D'Ancona Chris Payne Myung Soo-Choo (3 year terms)
Trustees appointed 18/10/12	Katherine Moore (appointed trustee 24/10/08) Alex Wang (3 year term)
Trustees, 3 year term ended as of 23/10/14	Jacques Corcos Masayuki Takeda
Trustees, co-opted positions ended as of 23/10/14	David Castro Diaz Steinar Hunskaar
Secretary	Daniel Snowdon (appointed 14/01/2011)
Auditors	Goldwyn's (Bristol) Limited, 9 Portland Square, Bristol BS2 8ST
Solicitors	Veale Wasbrough Vizards, Orchard Lane, Bristol BS1 5WS
Bankers	NatWest Bank, Filton Bristol Branch, PO Box 182, 4 Church Road, Bristol BS99 5AA
	CCLA Investment Management Ltd, COIF Charity Funds, 80 Cheapside, London, EC2V 6DZ

Staff

Daniel Snowdon	Administrative Director
Dominic Turner	I.T. Director
Avicia Burchill	Projects and Events Manager – part time (on maternity leave until 31 July 2014)
Ashley Brookes	Senior Analyst Programmer
Roger Blackmore	Flash Developer/Graphics Designer
Tracy Griffin	Administrative Assistant – part time
Jane McDowell	Administrative Assistant – part time (contract position, departed 28 March 2014)
Polly Drew	Administrative Assistant – part time (contract position, departed 26 September 2014)
Jennifer Ellis	Projects and Events Coordinator
Sophie Mangham	Projects and Events Coordinator (departed company 5 September 2014)
Sarah Waters	Bookkeeper - self-employed (began 4 September 2013)
Sarah Ashworth	Bookkeeper - self-employed (began 4 September 2013)

ICS Honorary Members

Peter Caldwell (Deceased)	Patrick Bates	Pieter Donker (Deceased)
Peter Gammelgaard (Deceased)	Eric Glen	Axel Ingelman-Sundberg (Deceased)
Guus Kramer	David Rowan	Paul Abrams
Walter Artibani	Jacques Corcos	Jo Laycock
Sender Herschorn		

What is the International Continence Society and what does it do?

The International Continence Society (ICS) is a membership society for professionals working in the field of incontinence.

The objectives for which the Charity has been established are:

- To strive to improve the quality of life for people affected by urinary, bowel and pelvic floor disorders by advancing basic and clinical science through education, research, and advocacy.
- To raise public awareness of both urinary and anal incontinence, and other functional abnormalities, including obstruction and pain, and the fact that it can be corrected, improved or at least better managed, and to enhance the knowledge and skills of health professionals involved in prevention and management of incontinence and thereby to improve the standard of healthcare delivery.

ICS Mission Statement

The International Continence Society is a registered charity with a global health focus which strives to improve the quality of life for people affected by urinary, bowel and pelvic floor disorders by advancing basic and clinical science through education, research, and advocacy.

Considerable **public benefit** arises from the work of the ICS. With regard to the general public, significant and often harmful misunderstandings and stigma still surround relevant medical conditions. The ICS works to break down this stigma. With regard to healthcare professionals, their knowledge and skills are increased, to the benefit of current and future patients, by the dissemination of knowledge and sharing of best practice at events such as the ICS annual international scientific meeting and the workshops and courses it facilitates (many of which are offered for free). The ICS continues to allow free access to the website to allow non-ICS members to utilise the vast database of incontinence research now held within it. For those interested in becoming members of the ICS, the membership fee remains affordable and a host of benefits are included. It is in this regard that the ICS Board of Trustees has considered the public benefit. The ICS clearly fits the Charities Act aims of advancement of education and of health or the saving of lives. The ICS has members in over 70 countries and is therefore helping individuals suffering from incontinence related issues on a global level.

Scientific knowledge and expertise on incontinence issues is exchanged between the multi-disciplinary medical professionals through the various forums which the ICS provides, including the Annual Scientific Meeting, newsletters and publication of research through journals. Best practices from countries with established continence awareness programmes are shared with others who are trying to set up continence programmes within their country, hospital or clinic. With the dissemination of research on incontinence treatment, the direct beneficiaries are the patients of those individuals who are members of the ICS or those who attend our congresses and courses.

The key objectives for 2014 were to hold a successful, surplus-generating annual meeting in Brazil, to implement the ICS strategic plan, to recommence the review and production of ICS standardisation reports, and to review the financial planning and investment strategy for the society.

History:

With Peter Caldwell as president, Shedden Alexander as vice president and Eric Glen as the organising secretary, the inaugural meeting of the Continent Club was held in Exeter in 1971. Over 60 participants attended the meeting from several countries and it was hailed as a great success, both scientifically and socially.

At the third ICS conference held in Copenhagen in 1973, Tage Hald was elected first Chair of the ICS Standardisation Committee. His committee published the first ICS reports between 1976 and 1981. The Society has gone on to publish many reports and retains the copyright, enabling them to be published in a range of international journals.

In 1998 the ICS was set up as a UK Charity under the guidance of Paul Abrams and now boasts a membership of over 2,500 from 70 different countries covering many disciplines: physicians, surgeons, nurses, physicists, physiotherapists, bio-medical engineers and basic scientists. The founding members agreed that the ICS should meet annually with a different meeting chair and venue each year. This Annual Meeting remains today one of the most valued dates in the urological and gynaecological calendars, attracting in excess of 2,500 delegates from all corners of the globe.

Structure, Governance and Management**Board of Trustees**

The ICS Board of Trustees is required to meet twice a year and is responsible for:

- The long-term direction of the ICS
- The development of new projects in line with the charitable aims of the ICS
- Ensuring the Society's charitable aims and objectives are met
- Inspection of the annual accounts
- Ensuring suitable accounting policies are established and applied consistently
- Monitoring and reporting the financial position to membership
- Safeguarding the assets of the Charity and applying them properly
- Ensuring the ICS is operating efficiently and effectively
- Ensuring proper records and reliable financial information are maintained
- Establishing the method, policies and procedures for recruitment, appointment, induction and training of new Trustees

All nominated candidates for Trustee positions will receive documents outlining their duties, responsibilities and any risks pertaining to the role of Trustee. The Nominations Committee will review all candidates for their suitability, prior to their nominations being put to the membership.

Management Structure

The ICS is a Company Limited by Guarantee governed by Articles of Association, together with regularly updated Bylaws. These reflect the current activities of the Charity.

As a UK Registered Charity, the ICS Trustees are ultimately responsible for the Charity and its affairs. However, the ICS has a management structure and Bylaws which ensure that members have sufficient input on all decisions within the ICS. The Board of Trustees reflects the multi-disciplinary aspects of the society.

Under supervision of the Trustees and the General Secretary in particular, day-to-day management of the Charity, its trading subsidiary and office staff, is delegated to the Administrative Director and

the IT Director. The Administrative Director is a full-time employee and reports directly to the Trustees who are ultimately responsible for the management and finances of the ICS, as well as the review and approval of administrative procedures implemented by the Administrative Director.

ICS Committees 2014

The following committees focus on the different aspects of the ICS and through the direction of the Board of Trustees undertake projects to assist the Board to achieve its overall strategy and Charitable aims:

- ICS Children's Committee
- ICS Continence Promotion Committee
- ICS Education Committee
- ICS Ethics Committee
- ICS Fistula Committee
- ICS Meetings Committee
- ICS Neurourology Promotion Committee
- ICS Nursing Committee
- ICS Physiotherapy Committee
- ICS Publications and Communications Committee
- ICS Scientific Committee
- ICS Standardisation Steering Committee
- ICS Urodynamics Committee

A chair for each of the above-mentioned committees is elected by electronic membership ballot, to hold office for three years (with the exception of the Scientific Committee chair who is in post for one year). Further information about the remit of each committee can be found on the ICS website.

Related Parties

The wholly owned subsidiary Conticom ICS Limited was established to undertake the commercial trading activities of the Charity. Conticom ICS Limited gift aids its profits to the Charity.

Risk Management

The Trustees have implemented a formal risk management process to assess business risks and implement risk management strategies.

The Trustees have identified the types of risks the Charity faces, and have prioritised them in terms of potential impact and likelihood of occurrence, and identified, where possible, means of mitigating the risks. The adequacy of internal controls is reviewed and costs of implementing new controls compared to benefits obtained and implemented, if agreed. Procedures have been established for immediate reporting of failure to appropriate levels of management and to the Board of Trustees.

The task of monitoring the financial control systems and procedures of the Charity is delegated to the ICS Treasurer (Sherif Mourad). In conjunction with the Administrative Director and the ICS Auditors (Goldwyn's [Bristol] Limited), the Treasurer reviews and reports to the Trustees on the working of these systems and procedures in relation to the wider issue of managing major risks identified as arising from or in connection with the activities of the Charity.

The Trustees continue to keep under review the adequacy of our systems which are, in our opinion, appropriate for the Charity at present. The reserves policy requires the ICS to retain running costs for two future years plus £100,000 in case of unforeseen liabilities.

The Trustees continue to judge that an area of risk requiring particular attention is the ICS Annual Meeting, where possible cancellation or postponement due to terrorist attacks or natural disasters is a major concern. The Charity has passed on the major risk to our permanent Congress Organiser (Kenes International) who, from 2008, has borne the financial risk of any cancellation or postponement. The Trustees also ensure that adequate levels of insurance are sought for each event.

Although all efforts are made to ensure the administration of the ICS could continue efficiently should certain key members of staff leave or be absent for any length of time, the positions of Administrative Director and IT Director are of particular importance.

With regard to the Society's finances, the bookkeeper and Auditors are fully aware of the current status and systems used and could take over from the Administrative Director in this regard in an emergency. A selected group of the Trustees and the Administrative Director are all signatories to the Society's accounts and therefore the accounts can be maintained.

With regard to IT systems, the IT Director is documenting all design and maintenance work to ensure that another IT specialist could take over in an emergency. All systems and the ICS website are backed up and stored off site.

Wherever possible, ICS office staff are trained and briefed in all office procedures. All email communications are also filed for historical purposes.

2014 Objectives and Activities

The strategies employed in the year to achieve the objectives of the Charity were:

- To implement the strategic planning process, as adopted by the ICS membership at the 2014 AGM
- To continue and consolidate ICS projects and initiatives such as the production of Standardisation reports, the delivery of Educational Courses and providing Awards and Fellowships.
- To host a successful Annual Scientific Meeting in Rio de Janeiro, Brazil resulting in a high quality congress which would open the ICS to new international markets.

Achievements and Performance

ICS Annual Scientific Meeting 2014

The ICS Annual Meeting remains the main focus of the ICS and consists of a scientific programme selected from submitted abstracts, along with workshops, courses, committee meetings as well as the ICS Annual General Meeting.

The 44th Annual Meeting of the ICS took place in Rio de Janeiro, Brazil. The meeting was attended by 1,855 delegates with the most significant number of members being from Brazil. In excess of 50 countries provided delegates. It was an admirable feat to maintain delegate numbers of this level

within an environment where industry support and time available for medical professionals to attend events is declining. An additional challenge arises when the ICS holds its meetings outside of Europe or North America. This was the first annual meeting to be held in South America.

311 abstracts on the latest research in the field were chosen by the ICS Scientific Committee to fill the 3-day scientific programme with podium, poster, and video presentations. A new initiative of open discussion posters was created and allowed 419 authors to present their work to meeting delegates. The consistently high quality education programme consisted of 42 workshops, chosen from 80 applications. The many excellent educational and scientific sessions covered different aspects of urinary, bowel and pelvic floor disorders. The 2014 programme included two full days of workshops followed by three days of scientific sessions.

At the AGM the membership overwhelmingly adopted the most significant changes to ICS Articles and Bylaws in over a decade. The membership also approved the candidacy of five new trustees. Sender Herschorn completed a successful three year term as General Secretary. Adrian Wagg took up post as the new General Secretary on a two year term from the 2014 AGM.

Our sincere thanks go to Carlos D'Ancona (Meeting Chair), Nucelio Lemos (Scientific Chair) and the local organising committee for their hard work and commitment to ensuring that ICS 2014 was a scientifically successful and memorable meeting. Thanks are also due to the ICS office staff, Board of Trustees and the ICS meeting organiser, Kenes International.

The wholly owned subsidiary of the Charity, Conticom-ICS Limited, operates the Annual Meeting and the profits are donated to the ICS.

Strategic Planning Process

The five year strategic plan was prepared during 2012 and 2013 by the Board, with significant input from the ICS membership and office. The membership adopted the plan at the 2013 AGM. Implementation of the plan began in earnest during 2014. Immediate priority was given to reviewing and updating the governance processes of the ICS. A consultation took place on the Articles and Bylaws which led to the most substantial updates and changes to the documents in a decade. The membership approved the revisions at the 2014 AGM. The changes notably improve the governance structure of the ICS and remedied areas of conflict within the governance documents.

A crucial facet of the plan is for the ICS to deliver high quality scholarly materials and presentations. To this end the development of ICS standardisation reports has been extended, with a new procedure being implemented. The ICS office is tasked with administering and progressing the work in close collaboration with the Standardisation Committee Chair.

The financial health of the society has stabilised, with future projections indicating an ongoing surplus. A risk reduction has been realised through the agreement to have 4 out of 5 annual meetings in Europe or North America. These continents offer the best chance of reaching a sustainable surplus level, from which much of the activity and support costs of the ICS are funded. The Board looked at rationalising budgets for committees to ensure strategic needs were focused on. The activity and output of the ICS has increased despite reductions of budget in some areas.

Awards and Fellowships

In 2013 no awards or fellowships were offered in order to offset the zero annual meeting surplus from ICS 2012. Following the successful 2013 annual meeting it was agreed to reinstate the awards and fellowship complement from January 2014. The awards or fellowships were available to all ICS

members with a view to improving the public benefit in supporting younger or less advantaged persons in their medical/health studies. The ICS offered the following: emerging research award, five scholarships (sponsored by Pfizer), Urodynamics fellowship (sponsored by Laborie), Clinical fellowship, Neurourology fellowship, and 20 conference travel awards.

Educational Courses 2014

The ICS Education Committee has continued a successful add-on educational course format in which ICS faculty contribute to an existing local meeting. Add-on courses have a number of benefits over stand-alone courses as they allow the ICS to have more courses at already established meetings ensuring correct target audience and bearing less risk. By focusing on add-on courses a wider range of educational opportunities can be undertaken each year, which allows the ICS to further extend the worldwide sharing of good practice and knowledge.

Educational Courses held in 2014 are outlined below.

ICS Education Course, 10th Pan Arab Continence Society, Hurghada, 6th - 8th February 2014

Following on from the successful collaboration with the Pan Arab Continence Society in previous years the ICS collaborated with PACS to host the 10th Pan Arabic Continence Society Education course held in Hurghada. The programme covered different aspects of evaluation and management of voiding dysfunction and incontinence. Urodynamic and physical medicine workshops were also held within the event. Sherif Mourad was the local host and ICS coordinator on behalf of this course. The ICS three speakers to attend were Sender Herschorn, Stefano Salvatore and Bary Berghmans.

ICS Guest Lecture - Guadalajara, Mexico, 7th - 8th March 2014

The ICS attended an education course in Guadalajara in conjunction with Sociedad Mexicana de Urologia (SMU), Consejo Mexicano de Urologia (CONAMEU) and Sociedad Iberoamericana de Neurourologia y Urologia Ginecologica (SINUG). This course took place between 7-8th March 2014 at the Hilton Guadalajara Hotel. The local host for this event was Dr Daniel García Sánchez. Ervin Kocjancic represented the ICS presenting Female Slings, Video Techniques.

ICS Education Course Female Pelvic Floor Dysfunctions in Nepal: A Public Health Problem, Kathmandu, 2nd - 3rd April 2014

The ICS hosted a two day education course in Kathmandu in conjunction with the Nepal Society of Obstetricians and Gynecologists. This course added on to the society's annual conference 4-5th April 2014. This course took place on Wednesday 2nd-Thursdays 3rd April 2014 at the Hotel Radisson Kathmandu. The local host for this event was Dr Pushpa Chaudhary. Adrian Wagg, Diaa Rizk and Veronica Haggard represented the ICS.

Anatomy and surgery of the female pelvis, Crema, Friday 30th May 2014

The ICS hosted the education course Anatomy and surgery of the female pelvis in Crema (Italy) on May 30th 2014. The course was held at the conference hall of the Crema Hospital (Ospedale Maggiore di Crema). The local host for this event was Dr. Gianni Baudino. Dr. Alex Digesu, Michele Meschia represented the ICS.

ICS Guest Lecture in conjunction with Società Italiana di Urodinamica (SIUD), Milan, 19th - 21st June 2014

The ICS attended an education course in Milan in conjunction with the Società Italiana di Urodinamica (SIUD). This course took place between 19th- 21st June with the ICS guest lecture on 21st June 2014 at the San Raffaele Conference Centre. The local host for this event was Professor Giulio Del Popolo. Peter Rosier represented the ICS presenting the lecture “Urodynamics from the past to the future: lessons learned and unanswered questions”.

ICS 3rd and 4th degree perineal tears after childbirth hands-on workshop, Crema, Friday 20th June 2014

The ICS hosted the education course: “3rd and 4th degree perineal tears after childbirth hands-on workshop” in Crema (Italy) on June 20th 2014. The course was held at the conference hall of the Crema Hospital (Ospedale Maggiore di Crema). The local host for this event was Dr. Gianni Baudino with Dr. Alex Digesu representing the ICS.

ICS Cadaver Workshop 2014, Porto, 18th - 19th August 2014

The focus of the workshop was for five delegates (originally six) to receive hands on surgical training on pelvic floor reconstruction. The workshop was attended by international delegates from Turkey, Lithuania, Italy, Turkey, Bosnia and Herzegovina. The delegates worked as trainees and residents in Female Pelvic Medicine and Reconstructive surgery and/or Male Urology.

ICS update on the management of complex urinary incontinence in conjunction with the SINUG, San Sebastian, 11th - 12th September 2014

The ICS attended an education course in San Sebastian in conjunction with Sociedad Iberoamericana de Neurourologia y Urologia Ginecologica (SINUG). This course took place between 11-12th September 2014. The local host for this event was David Castro-Diaz. Ervin Kocjancic, Kari Bo and Sherif Mourad represented the ICS.

ICS guest lecture at 33rd Congress of the Société Internationale d'Urologie (SIU), Glasgow, 12th - 15th October 2014

The ICS attended the SIU congress speaking at their sub-specialty/society day. This event took place on Sunday 12th October between 12.30-15.30 at the Scottish Exhibition and Conference Centre (SECC.) The ICS was represented by Sherif Mourad (Egypt) , Julian Shah (UK), Hassan Shaker (Egypt) , Rizwan Hamid (UK) and Riyad Al Moussa (KSA.)

ICS Advanced pelvic floor rehabilitation course for pelvic dysfunction, Crema, 7th - 8th November 2014

The ICS hosted the education course: “Advanced pelvic floor rehabilitation course for pelvic dysfunction” in Crema (Italy) on November 7-8th 2014. The course was held at the conference hall of the Crema Hospital (Ospedale Maggiore di Crema). The local host for this event was Dr. Gianni Baudino. Alex Digesu, Bary Berghmans, Maura Seleme, M. Sliker-ten Hove represented the ICS.

ICS Education Course in conjunction with Asian Urology Society, 5th - 8th December 2014

The ICS hosted a two day education course on Kish Island in conjunction with the Asian Urology Society. The course added on to the society’s annual conference 2014. This course took place on Friday 5th and Monday 8th December 2014 at the Kish Convention Centre. The local host for this

event was Professor Sakineh Hajebrahimi. ICS were represented by Ajay Singla, Chris Chapple, Marcus Drake Sherif Mourad and Bruno Deval.

ICS Membership

The ICS recorded 2,504 members for 2014. This represented a decrease of 577 members compared to 2013. The reduction is in part linked to the annual meeting being held in a location outside Europe and North America.

The Board did not increase the membership fee for 2014. The ICS tries hard to keep the membership fee as low as possible to keep the ICS accessible.

Other committee activities

There were many projects undertaken in 2014 and some notable achievements are highlighted. The full annual reports of each committee are available on the [ICS website](#).

Children and Young Adults Committee

The Children and Young Adults Committee were responsible for supervising workshops and sessions at the annual meeting related to continence in children, adolescents and young adults. The committee have focused on researching and collecting data in regards to co-morbidities associated to continence and bowel management issues in adolescents with coexisting disabilities. June Rogers and Mario Patricolo have published a booklet on the above subject, for PromoCon Manchester Disabled Living and with support from the Platinum Trust. The booklet is already in use in UAE and in UK and it is entitled: "Understanding Bladder and Bowel Comorbidities in Children and Young People with Additional Needs – The Importance of Assessment. The committee are planning to collaborate with all other societies involved with transitional care including WFNR, SIG Spina Bifida, IFSBH, ESPU, and of course ICCS going forward.

Continence Promotion Committee (CPC)

The 6th World Continence Week was held during 23 -29 June 2014. The aim of World Continence Week is to raise awareness of bladder and bowel health issues and improve the lives of people with incontinence worldwide by drawing the attention of the general public and the global medical community to the life situation of people with incontinence. This year the CPC assisted the SSC with their initiative Bladder Diary Day (BDD) which was the focus of WCW 2014. An increasing number of events are being held worldwide to mark this special week. The committee are aiming to develop these plans over the next 12 months. The public forum went through a name change and a face lift. This year it will be geared not only to the public but to health care providers from all fields as well as patient advocacy groups. The committee plans to align its activities to the strategy plan from the Board of Trustees. It is likely that the committee will shift their focus to include continence organizations as well as healthcare professionals, particularly non-specialist providers.

Education Committee

The committee plans and delivers all of the ICS education courses and guest lectures, as outlined in more detail in this report. The committee delivered 11 courses and lectures in 2014. The committee also created an exceptional programme of 38 workshops for the first two days of the ICS annual meeting.

The committee reviewed 902 abstracts in total, they also introduced a best video abstract award which resulted in high quality video submission – due to that a session of very high scoring videos was possible; the Committee expects this to increase surgeons and clinical practitioner's interest at the meeting, increasing future attendance. For the first time the committee implemented a new online review program with live statistics, which ensured that 100% of all abstracts were reviewed

by at least 3 reviewers, including a Scientific Committee member, before the beginning of the Scientific Committee Meeting.

The committee also introduced the Poster Pilots Program to increase attendance at the poster boards.

The committee are planning on introducing the Elected Chair Role over the next year, this will increase the committee's continuity of work line and representation of the society.

Ethics Committee

No report was provided by the committee for 2014.

Fistula Committee

The ICS fistula committee over the last year has been re-structuring and establishing its place in the fistula world. The focus of ICS is in the direction of education, development and research that the committee wants to adopt fully.

The Committee undertook a scoping exercise in Burma, Ethiopia, Kenya, Nepal, Nigeria, Tanzania and Uganda to see what support ICS can provide. The Chair of the ICS Fistula Committee also attended various meetings throughout 2014 looking at a permanent role of ICS in training and education on the global stage, including one held at the Harvard Public Health School in Boston, where members of 23 agency groups were present including Engender Health and the World Health Organization. The committee plan to review and develop these plans going forward.

Nursing Committee

Mandy Wells, the previous Nursing Committee Chair, resigned before her term ended and the new Chair, Donna Bliss, started her term early. Donna is the Chair of the Education subcommittee and a member of the Education Committee, reviewing applications for courses internationally. Donna attended the SOBEST add on course in Brazil speaking on behalf of ICS and promoting ICS 2014. Eight nursing research abstracts were submitted to and reviewed by the Nursing Committee and 5 were accepted for presentation during the Nursing Forum at the 2014 ICS annual meeting. The new chair plans to reorganise the committee going forward to align the committee with the overall strategy for ICS.

Publications and Communications Committee

The Publications and Communications Committee (PCC) has, (as per the ICS strategic plan), handed over more autonomy to the ICS office staff, regarding the e-news, social media, website and ICS promotional materials. The PCC continues to produce the bi-annual ICS newsletter, which is largely carried out by the Editor Pamela Ellsworth as well as overseeing and approving the ICS e-news and publicity/announcements regarding the annual meetings. The PCC continues to have oversight of the ICS factsheets which were downloaded nearly 3,219 times August 2013! We have deduced that updates will be undertaken as deemed necessary but no more than every 2 years.

The committee's plans for the next 12 months are to supply the ICS office with ongoing incontinence research news and articles for ICS social media content. A rota will be established at the Rio committee meeting to ensure all committee members contribute to this project. We are also planning on implementing a recurrent Primary Care Session beginning in Montreal 2015.

Physiotherapy Committee

The ICS Physiotherapy Committee ran the 13th Round Table meeting for physiotherapists during the 2014 ICS annual meeting. The committee also held two lunchtime pelvic floor classes in Rio.

The Committee is now represented on and contributes to Scientific, Local Organising Committee, Ethics, Standardisation Steering Committee and Continence Promotion Committee.

The committee continued work on the manuscript created from the 'State-of-the-Science Seminar: Improving pelvic floor muscle training adherence strategies: from theory to practice' which was conducted in the 2 days pre-ICS Meeting in 2011. The committee have completed 5 manuscripts (4 papers and a Consensus Statement).

The committee is starting to plan for the 2015 Round-table, inclusion of local speakers and liaison with local members. They are also looking at new scientific and research opportunities.

Standardisation Steering Committee

The Standardisation Steering Committee (SSC) continued working on their key terminology documents. They have published their first terminology document 'Urodynamic equipment' chaired by Andrew Gammie. The committee has a number of working groups involved with these projects;

- Chronic pelvic pain; chaired by Ragi Doggweiler, mentored by Kristene Whitmore.
- Conservative management of female pelvic floor dysfunction; chaired by Kari Bo [Joint with IUGA], Helena Frawley, mentored by Marcus Drake
- Female Sexual Health; chaired by Rebecca Rogers
- Pelvic Organ Prolapse; chaired by Bernie Haylen.
- Good Urodynamic Practice (revision); chaired by Peter Rosier and co-chaired by Werner
- Neuro-urology; chaired by Jerzy Gajewski
- Nocturia (joint with ICCS); chaired by Hashim Hashim, mentored by Stergios Doumouchtsis.
- Basic science; chaired by Marcus Drake.
- Core LUTS; a WG comprising the SSC itself, likely to consult outside

The committee is looking to add to the following working groups in the future:

- Bowel dysfunction
- Voiding dysfunction
- Revision of "Standardisation of terminology of LUT function" (Abrams et al., 2002).

The committee launched "Bladder diary day"; a large scale initiative to seek bladder diary information from symptomatic and asymptomatic individuals in substantial numbers. The aim is to seek a sounder basis for crucial definitions (increased day-time frequency, polyuria, nocturnal polyuria, sleep duration/ night-time). The first iteration was run in World Continence Week, and other calls have gone to affiliate organisations.

The committee plans to continue with their new terminology document going forward and to look at other areas for review as well as developing BDD further, hopefully in conjunction with WCW 2015.

Urodynamics Committee

The urodynamics committee have worked on a number of ICS teaching modules including: Pad testing, Pressure flow (basic module) and Post void residual.

The committee is working on but not completed the following modules:

- Cystometry
- Videourodynamics
- Ambulatory urodynamics
- Recognize and correct artefacts in urodynamic traces

- Leak point pressures
- Background and philosophy of urodynamics
- Postvoid residual urine

Going forward the committee plans to work on the following modules:

- Flowmetry
- Clinical neuro-uro-gynaecological examination
- Leak point pressures in NLUTD
- Cystometry in neurourology
- Pressure flow (advanced module)
- Modules on the basis of the updated GUP

Information Technology Department – Development Projects

The department supported the ever growing list of systems automating the various processes underpinning the organisation, including membership processing, affiliates organisation membership, documents publishing and forums, voting and vote processing, research database, faculty database, committee microsites, news publishing, website promotions, abstract/workshop submission, review and publishing and social media channels. All of these systems were improved and features added to during the year. The independent film unit created by the IT department continued its development with two ICS TV crews operating at the annual meeting allowing us to film parallel workshops and continue our broad coverage of the event.

Corporate Systems Architecture

A major upgrade of our backoffice systems replaced our email and filestorage servers and split tasks between servers to increase resilience.

Derek Griffiths “Urodynamics” 2nd Edition

This seminal textbook underpinning the science of ICS was out of print and hard to obtain. ICS took the decision to find sponsorship to reprint it. The IT team took the original printed book from 1980 and scanned its contents to recreate a manuscript of the original. It was then typeset and published under the ICS name.

ICS Branding Guidelines

A new corporate ICS branding document was created for use by third parties and contractors to maintain the ICS brand across all channels.

ICS 2015 Exhibitor Prospectus

A new exhibitor prospectus was developed telling the ICS story and putting working with ICS in a new light that engaged with industry partners at a much higher level. It was very well received at the industry meeting in ICS 2014 Rio.

Abstracts Review System

A new dynamics statistics module allows staff and scientific chair to monitor all aspects of abstract submission and review from a “dashboard” with graphs showing the performance of reviewers where reviews are required and workflow.

Terminology Glossary System

A new system for the Standardisation Committee to publish a hierarchical database of Terms and Definitions correlating the outputs of the Abrams 2002 and Haylen 2012 reports into a single searchable system.

Bladder Diary Day

A system for recording normative bladder diary and standardised symptom data was developed to support the activities of the standardisation committee. Members of the public can download diaries and questionnaires and upload them automatically via the website.

Vanilla Rollout

The rollout of the new codename Vanilla website design continued covering all remaining Abstracts, Workshop and Disclosure pages.

SEO Review

A Search Engine Optimisation (SEO) review was conducted for all ICS websites using Google Webmaster Tools to analyse and report on all aspects of the website to increase website visibility and impact factor. ICS is now consistently in the top 10 results for searches. Linked to the SEO review a widescale performance review of the website was initiated with positive results to date and further work in progress.

Financial Review

Results for the year

The consolidated results of the charity and its subsidiary showed net outgoing funds in the year of £54,694 (2013: net incoming funds of £91,314) with closing consolidated funds of £1,279,637 (2013: £1,334,331).

Consolidated Incoming Resources

The principal incoming resources in the year were the Annual Meeting income of £389,017 (2013: £487,581), membership fees £168,732 (2013: £189,333), royalty income totalling £29,941 (2013: £28,451), donations of £30,964 (2013: nil) and income from Investments of £4,760 (2013: £16,288).

With this funding the Charity has been able to finance: the annual meeting in Rio, educational activities, including courses and lectures, the running costs of the ICS Office that continues to support the Board, committees, the annual meeting, the membership of over 2,500 and subscriptions to the NUU Journal.

The total profits of the trading subsidiary were £88,012 (2013: £278,501), of which £84,115 (2013: £179,593) was gifted to the Charity.

Consolidated Resources Expended

The principal resources expended in the year were Educational Activities £121,984, (2013: £112,448), Annual Meeting expenditure £301,019, (2013: £209,094), Publication of Research £197,254, (2013: £223,857) and Governance Costs £57,851 (2013: £84,913).

Annual Meeting and Risk

The Annual Meeting is an annual international medical and scientific conference for specialists in the medical and scientific disciplines relevant to the charitable objects of ICS. Organisation of the Annual Meeting is contracted to an organiser (this has been Kenes International since 2008 and will continue to be until 2017), by Conticom ICS Limited (the wholly-owned trading subsidiary of ICS).

The terms of the relevant agreement (on which legal advice was taken) provide for the organiser to accept all financial risks and for a proportion of any net surplus to be passed to ICS via Conticom ICS Limited.

In order to mitigate risk the Trustees implemented a policy of rotating annual meeting locations. This reduces the risk to the ICS of locations that may be less likely to generate a surplus. The rotation policy involves meetings alternating between Europe and North America over four years, and a fifth meeting in a location outside Europe or North America; on the provision that a surplus is forecast. The meeting surplus continues to be the major income of the charity so must be protected. The ICS will continue to reach a range of countries through its educational course programme.

As requested by the membership, the table below shows an overview of the Annual Meeting income and expenditure and surplus.

	£	£	£	£	£
	2010	2011	2012	2013	2014
Sponsorship & exhibition	1,385,400	1,026,913	543,265	811,951	621,167
Registrations	1,148,963	785,112	565,502	724,500	676,701
Other income	88,983	80,147	22,395	114,230	58,810
Total income	2,623,346	1,892,172	1,131,162	1,650,680	1,356,678
Total expenditure	1,787,507	1,460,935	1,205,129	1,266,921	1,145,851
Surplus/(Deficit)	835,839	431,237	*(73,967)	383,759	210,827
Surplus of which Conticom received including Scientific Services Fee	**496,588	518,399	***80,190	469,532	292,728
Donation to ICS	338,432	327,035	NIL	179,593	84,115

* The deficit in 2012 (Beijing) was absorbed by Kenes, (per the agreement)

** In 2010 the surplus was shared with IUGA as this was a joint meeting

*** In 2012 the surplus stated relates to the Scientific Services Fee only

Investment Performance

The investment with Santander Fixed Rate Bonds matured in February 2014 and no further investment was made during 2014. This resulted in a lower return for the group of £4,760, which has been declared as Investment Income for the year to 31 December 2014. (2013: £16,288).

Reserves Policy

In order to maintain prudent levels of financial reserves the following conditions should be met:

- a) Provide a safeguard of two years' estimated future operating costs of ICS and Conticom ICS Limited, (as ICS operates on an annual cycle and its key annual event, the Annual Meeting, has to be pre-planned on a four year cycle).
 - Calculations are to be based on estimated future combined operating costs for the next two years.
 - These operating costs are to only take into account running costs not guaranteed to be financed by matching income.
- b) Provide an element of contingency for unforeseen liabilities.
 - Which should be £100,000
- c) Provide a permanent base for the Charity and safeguard future projects.

The estimated operating costs of ICS and Conticom ICS Limited are £505,307 for 2015 and £565,281 for 2016, giving a total of £1,070,588 for both years. This does not include budgeted expenditure for educational courses, grants, fellowships and awards as these are non-essential expenditure.

This gives a desired level of reserves of £1,170,588 as at 31.12.2014.

As of 31st December 2014, the consolidated balance sheet showed the Charity and its subsidiary had combined carried forward funds of **£1,279,637** (2013: £1,334,331); therefore covering the level of reserves required. This is taking into account net outgoing funds (i.e expenditure exceeded income) for the year ended 31 December 2014 of £54,694. It needs to be noted that this calculation does not take into account charitable activities (Educational courses, grants, fellowships, awards and NUU journal subscription costs) which have been committed of approximately £120,000 per year. It is anticipated these costs will be met from the surplus of the 2015 Montreal meeting and membership subscription income.

Conticom ICS Limited

The trading subsidiary continued to support the Charity in meeting its objectives.

Investment Powers and Policy

Under the Memorandum and Articles of Association, the Charity has the power to invest in any way the Trustees wish. The Trustees, having regard to the liquidity requirements of operating the Charity and to the reserves policy, operated a policy of keeping approximately 50% of total funds available in interest-bearing, yet instant access accounts. During the year, the remaining 50% was deposited into fixed-rate bond accounts, to gain a better rate of interest with minimal related risk.

Plans for Future Periods

ICS Annual Meeting 2015

Annual Meeting Chair: Jerzy Gajewski

Scientific Chair: Cara Tannenbaum

The 45th Annual Meeting of the ICS will take place at the Palais Congres Convention Centre in Montreal, Canada. The Scientific Committee and Board agreed to trial an innovative programme change which would reduce the total annual meeting programme from five days to four. Scientific content would not be compromised, with the intent to improve on provision in a shorter time period which would benefit the many delegates for whom taking time out of work was increasingly difficult. This will be facilitated through an increase in overlapping sessions and tailoring the programme to include a tracked route through the four days for each specific specialty. A major change will be the incorporation of the workshop programme throughout the four days of the meeting rather than all

workshops held only at the beginning of the week. Reviewing of workshops and abstracts would be subject to the same robust methods in order to ensure the very best content and presentations.

Future Meetings

ICS 2016: Tokyo, Japan. Chair: Yukio Homma

ICS 2017: Florence, Italy. Chair: Giulio del Popolo

ICS 2018: Philadelphia, USA. Co-Chairs: Alan Wein, Diane Newman

Strategic Planning Process

Implementation of the strategic plan continues to be of paramount importance. Priorities for 2015 include a focus on marketing and communication to the membership and other important external stakeholders. This will build on the good work and progress evidenced during 2014. Financial health will continue to be reviewed with an aim to limit risk and secure the financial future of the organisation. Trustees review up to four years of future budget to ensure current targets are viable and the organisation has the means to achieve its aims. During 2015 the trustees will revise and update the strategic plan as is recommended good practice every 18 months to two years.

Permanent congress organiser contract

The contract with Kenes International will be reviewed and negotiated with a view to signing for a further three years; to cover the organisation of the annual meetings through 2015 – 2017.

ICS COMMITTEES

Standardisation Steering Committee

The Standardisation Steering Committee (SSC) will continue to work on and develop key terminology documents. 15 terminology documents are currently in process. Work is scheduled to begin on an update of the seminal ICS Lower Urinary Tract Symptoms (LUTS) report. Collaboration with IUGA on numerous repeats will continue with a view to nearing completion by the end of the year. The SSC are also working on Bladder Diary Day, ICS wiki, the terminology glossary, word of the week and the production of a standardisation folder for ICS 2015 delegates.

Urodynamics Committee

The urodynamics committee will continue to work on another six new ICS teaching modules to build on the seven completed during 2014. These will be presented to the membership at ICS 2015 in a review session. The urodynamics committee is working with the Standardisation Committee and Education committee to standardise urodynamics. These modules will be published, used in educational lectures and become e-learning modules.

2015 Educational Courses

In 2015, Educational Courses will be added to existing programs at the following locations

- Add on course; Turkey
- Add on course; Brazil
- Add on course; Italy
- Add on course; Thailand
- Stand-alone course; London- May and December
- Guest lectures covering Netherlands, Madrid, Mexico, Italy, Brazil

Information Technology Department – Future Plans

Continuing with the migration of the corporate website to “Vanilla” further systems will be developed in the new framework. The new iteration of this concept that supports mobile devices is now codename “HotVanilla” and features new advanced performance features.

Workshops – Broad Categories Rollout

Workshops will implement the newly established broad categories system

New ICS Abstracts Basic Science Features

Basic Science will be split from the Broad Categories to give a new category distinguishing basic from clinical papers in any discipline.

Programme Construction Session Builder

A new system to allow the scientific committee to build sessions themselves via a lightning fast AJAX collaborative system will allow the committee to share the same pool of “best of the rest” abstracts when building sessions to construct a multi-disciplinary programme in groups in real time.

Scientific Programme Schedule at a Glance

A new system to generate a dynamic schedule at a glance from the scientific programme stored in the database will give a timetable view of the entire programme.

New eLearning Platform

A new eLearning centre for ICS will bring together all of the educational webcasts from all of our ICS TV activities into one integrated eLearning hub along the lines of TED Talks.

Phone Apps for ICS 2015

We will investigate phone apps development looking at a product for delegates at the annual meeting.

Corporate Email Architecture

Replacing and maintaining high resilience mail systems is time consuming and expensive. In the era of cloud computing we shall be investigating solutions to sidestep the ownership and maintenance of large corporate mail servers.

- Mailchimp – to support the ever growing need for high volume outbound email (ICS eNews and membership and now extra-organisation bulk mailings) we shall be implementing a 3rd party outbound mail system and subscribers database for all bulk mail sent from the cloud.
- Office 365 – to support staff mailboxes, corporate email and archival storage we will be moving to Microsoft Office 365 to host all our corporate mail offsite on the cloud.

Trustees' Responsibilities in Relation to the Financial Statements

The Trustees (who are also directors of Conticom-ICS Limited for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;

- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the Trustees are aware:

- there is no relevant information of which the Auditor of the Charitable Company is unaware; and
- The Trustees have taken all necessary steps to make themselves aware of any relevant information and to establish that the Auditor is aware of that information.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the website of the charitable company. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the Trustees and signed on their behalf by:

Sherif Mourad
Treasurer

6th August 2015

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS AND TRUSTEES OF THE INTERNATIONAL CONTINENCE SOCIETY

We have audited the financial statements of The International Continence Society for the year ended 31 December 2014 which comprise the Statement of Financial Activities, the Consolidated Statement of Financial Activities, the Balance Sheet, the Consolidated Balance Sheet and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and Financial Reporting Standard for Smaller Entities (effective April 2008) (United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities).

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006 and to the charitable company's trustees, as a body, in accordance with regulations made under section 154 of the Charities Act 2011. Our audit work has been undertaken so that we might state to the charitable company's members and its trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company's members as a body and its trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of trustees and auditor

As explained more fully in the Trustees' Responsibilities Statement set out on page 14, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

We have been appointed under the Companies Act 2006 and section 151 of the Charities Act 2011 and report in accordance with those Acts. Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's [(APB's)] Ethical Standards for Auditors.

Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the group's and the parent charitable company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the trustees; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Trustees' Annual Report to identify material inconsistencies with the audited financial statements and to identify any information that is apparently materially incorrect based on, or materially inconsistent with the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the group's and the parent charitable company's affairs as at 31 December 2014 and of the group's incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice (applicable to smaller entities); and
- have been prepared in accordance with the requirements of the Companies Act 2006 and the Charities Act 2011.

Opinion on other matter prescribed by the Companies Act 2006

In our opinion the information given in the Trustees' Annual Report for the financial year for which the financial statements are prepared is consistent with the financial statements.

(continued)

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS AND TRUSTEES
OF THE INTERNATIONAL CONTINENCE SOCIETY**

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 and the Charities Act 2011 requires us to report to you if, in our opinion:

- the parent charitable company has not kept adequate and sufficient accounting records or returns adequate for our audit have not been received from branches not visited by us; or
- the parent charitable company financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption from the requirement to prepare a strategic report or in preparing the directors' report.

Christopher Brown FCA (Senior Statutory Auditor)
For and on behalf of Goldwyns (Bristol) Limited, Statutory Auditor
9 Portland Square
BRISTOL
BS2 8ST

6th August 2015

Goldwyns (Bristol) Limited is eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006.

THE INTERNATIONAL CONTINENCE SOCIETY

STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2014

		Unrestricted Year ended 31.12.14 £	Restricted Year ended 31.12.14 £	Total Year ended 31.12.14 £	Total Year ended 31.12.13 (as restated) £
	Notes				
Incoming resources					
<i>Incoming resources from generated funds:</i>					
Voluntary Income:					
Donations and gifts	2	350	30,614	30,964	-
Investment Income:					
Interest income	3	4,746	-	4,746	16,274
Gift aid donation from trading subsidiary	3	84,115	-	84,115	179,593
<i>Activities for generating funds:</i>					
Subscription and royalty income	4	198,673	-	198,673	217,784
Total incoming resources		287,884	30,614	318,498	413,651
Resources expended					
<i>Costs of charitable activities:</i>					
Educational activities	5	104,880	17,104	121,984	112,448
Publication of research	5	197,254	-	197,254	223,857
<i>Governance costs</i>	6	57,851	-	57,851	84,913
Total resources expended		359,985	17,104	377,089	421,218
Net (outgoing)/ incoming resources, net movement in funds and net income/(expenditure) for the year		(72,101)	13,510	(58,591)	(7,567)
Fund balances brought forward at 1 January 2014		1,273,741	28,953	1,302,694	1,310,261
Fund balances carried forward at 31 December 2014		1,201,640	42,463	1,244,103	1,302,694

All the above results are derived from continuing activities. All gains and losses recognised in the period are included above.

THE INTERNATIONAL CONTINENCE SOCIETY
CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING CONSOLIDATED INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2014

		Unrestricted Year ended 31.12.14 £	Restricted Year ended 31.12.14 £	Total Year ended 31.12.14 £	Total Year ended 31.12.13 (as restated) £
	Notes				
Incoming resources					
<i>Incoming resources from generated funds:</i>					
Voluntary Income:					
Donations and gifts	2	350	30,614	30,964	-
Investment Income:					
Interest income	3	4,760	-	4,760	16,288
<i>Activities for generating funds:</i>					
Subscription and royalty income	4	198,673	-	198,673	217,784
<i>Incoming resources from charitable activities:</i>					
Annual meeting income		389,017	-	389,017	487,581
Other incoming resources					
Total incoming resources		592,800	30,614	623,414	721,653
Resources expended					
<i>Costs of charitable activities:</i>					
Educational activities	5	104,880	17,104	121,984	112,448
Publication of research	5	197,254	-	197,254	223,857
Annual meeting expenditure	5	301,019	-	301,019	209,094
<i>Governance costs</i>	6	57,851	-	57,851	84,913
Total resources expended		661,004	17,104	678,108	630,312
Net (outgoing)/ incoming resources, net movement in funds and net income/(expenditure) for the year		(68,204)	13,510	(54,694)	91,341
		-	-	-	-
Transfers					
Fund balances brought forward at 1 January 2014		1,305,378	28,953	1,334,331	1,242,990
Fund balances carried forward at 31 December 2014		1,237,174	42,463	1,279,637	1,334,331

All the above results are derived from continuing activities. All gains and losses recognised in the period are included above.

THE INTERNATIONAL CONTINENCE SOCIETY

BALANCE SHEET AS AT 31 DECEMBER 2014

		<u>2014</u>		<u>2013</u>	
	Note	£	£	£	£
FIXED ASSETS:					
Intangible asset	11		2,640		2,795
Investments	13		1		1
CURRENT ASSETS:					
Debtors	14	396,947		481,201	
Cash at bank and in hand		951,316		914,143	
		<u>1,348,263</u>		<u>1,395,344</u>	
CREDITORS: Amounts falling due within one year	15	<u>106,801</u>		<u>95,446</u>	
NET CURRENT ASSETS:			<u>1,241,462</u>		<u>1,299,898</u>
TOTAL ASSETS LESS CURRENT LIABILITIES:			<u><u>1,244,103</u></u>		<u><u>1,302,694</u></u>
FUNDS:					
Unrestricted funds	17		1,201,640		1,273,741
Restricted funds	17		<u>42,463</u>		<u>28,953</u>
			<u><u>1,244,103</u></u>		<u><u>1,302,694</u></u>

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the Trustees on 6th August 2015 and were signed on its behalf by:

Prof. M S Mourad - TRUSTEE

THE INTERNATIONAL CONTINENCE SOCIETY
CONSOLIDATED BALANCE SHEET AS AT 31 DECEMBER 2014

		<u>2014</u>		<u>2013</u>	
	Note	£	£	£	£
FIXED ASSETS:					
Intangible assets	11		2,640		2,795
Tangible assets	12		<u>6,998</u>		<u>3,831</u>
			9,638		6,626
CURRENT ASSETS:					
Stocks		6,987		7,658	
Debtors	14	244,632		166,420	
Cash at bank and in hand		<u>1,139,772</u>		<u>1,267,842</u>	
		1,391,391		1,441,920	
CREDITORS: Amounts falling due within one year	15	<u>121,392</u>		<u>114,215</u>	
NET CURRENT ASSETS:			<u>1,269,999</u>		<u>1,327,705</u>
TOTAL ASSETS LESS CURRENT LIABILITIES:			<u>1,279,637</u>		<u>1,334,331</u>
FUNDS:					
Unrestricted funds	17		1,237,174		1,305,378
Restricted funds	17		<u>42,463</u>		<u>28,953</u>
			<u>1,279,637</u>		<u>1,334,331</u>

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2007).

The financial statements were approved by the Trustees on 6th August 2015 and were signed on its behalf by:

Prof. M S Mourad - TRUSTEE

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2014

1. ACCOUNTING POLICIES

a) **Basis of Preparation**

The financial statements have been prepared under the historical cost convention, in accordance with the Statement of Recommended Practice (SORP 2005), Accounting and Reporting by Charities issued in March 2005, applicable accounting standards and the Companies Act 2006.

b) **Group Accounts**

The results of Conticom - ICS Limited, a wholly owned subsidiary, have been consolidated on a line by line basis in the Statement of Financial Activities and the Balance sheet. Exemption from preparing a cash flow statement under FRS 1 has been taken.

c) **Company Status**

The charity is a company limited by guarantee. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

d) **Fund Accounting**

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

e) **Incoming Resources**

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Incoming resources from subscriptions are recognised in the Statement of Financial Activities on a calendar year basis and are deferred where they are received in advance.

f) **Resources Expended**

All expenditure included in the Statement of Financial Activities is accounted for on an accruals basis.

Charitable activities include expenditure associated with the educational activities and the publication of research and includes both the direct costs and support costs relating to these activities.

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements. Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, e.g. staff costs by their time spent and other costs by their usage.

Any irrecoverable VAT is charged to the Statement of Financial Activities or capitalised as part of the asset cost, where appropriate.

g) **Intangible Assets**

The domain name is being amortised evenly over the maximum allowance of 20 years.

h) **Tangible Fixed Assets Depreciation**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and fittings	- 25% on cost
Computer equipment	- 33% on reducing balance

i) **Company Investments**

The investment in the subsidiary is stated at cost.

j) **Foreign Currencies**

Transactions in foreign currencies are recorded at the rate ruling at the date of transaction. Monetary assets and liabilities are retranslated at the rate of exchange ruling at the balance sheet date. All differences are taken to the Statement of Financial Activities.

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2014**

k) Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities over the period to which they relate.

l) Pension costs

The charity operates a defined contribution pension scheme. Contributions payable for the year are charged in the Statement of Financial Activities.

Prior year adjustment

During the preparation of the financial statements it was discovered that staff costs had been misallocated between Educational Activities and Publication of Research in the previous year, resulting in costs for Educational Activities being overstated by £61,271 and costs for Publication of Research being understated by the same. The comparative figures have been restated although total costs for the year and closing fund balances are unaffected.

2. DONATIONS AND GIFTS

	Charity		Group	
	2014	2013	2014	2013
	£	£	£	£
Other donors	30,964	-	30,964	-
	<u>30,964</u>	<u>-</u>	<u>30,964</u>	<u>-</u>

3. INVESTMENT INCOME

	Charity		Group	
	2014	2013	2014	2013
	£	£	£	£
Interest receivable	4,746	16,274	4,760	16,288
Gift aid donation from trading subsidiary	84,115	179,593	-	-
	<u>88,861</u>	<u>195,867</u>	<u>4,760</u>	<u>16,288</u>

4. SUBSCRIPTION AND ROYALTY INCOME

	Charity & Group	
	2014	2013
	£	£
Subscription Income:		
Deferred balance brought forward	9,507	14,547
Membership income received during the year	174,052	184,293
Deferred balance carried forward	(14,827)	(9,507)
	<u>168,732</u>	<u>189,333</u>
Royalty income on subscriptions	29,941	28,451
	<u>198,673</u>	<u>217,784</u>

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2014**

5. ANALYSIS OF CHARITABLE EXPENDITURE

	Educational Activities £	Publication of Research £	Annual meeting £	Total 2014 £	Total 2013 £
Journal and other membership costs	-	65,443	-	65,443	87,247
Travel and subsistence costs	37	37	-	74	566
Advertising and promotional events	6,558	-	-	6,558	6,576
Publication committee costs	-	-	-	-	9,811
Education committee costs	-	-	-	-	2,009
Nurses meeting costs	140	-	-	140	998
Continence Promotion Committee costs	2,635	-	-	2,635	47
Standardisation Committee costs	345	-	-	345	874
Awards, grants and fellowships	35,863	8,259	-	44,122	(14,247)
Educational activity costs	18,808	-	-	18,808	62,923
Printing and postage costs	454	454	-	908	1,434
Staff costs	41,546	107,463	-	149,009	138,752
Finance costs	4,143	4,143	-	8,286	10,550
Trusteesøboard costs	4,740	4,740	-	9,480	15,250
General secretaryø costs	-	-	-	-	1,261
Support costs (detailed in note 7)	6,715	6,715	-	13,430	12,254
Charity total	<u>121,984</u>	<u>197,254</u>	<u>-</u>	<u>319,238</u>	<u>336,305</u>
Annual meeting expenses	<u>-</u>	<u>-</u>	<u>301,019</u>	<u>301,019</u>	<u>209,094</u>
Group total	<u>121,984</u>	<u>197,254</u>	<u>301,019</u>	<u>620,257</u>	<u>545,399</u>

6. GOVERNANCE COSTS

	Charity & Group	
	2014	2013
	£	£
General Secretary costs	-	1,260
Trusteesøboard costs	9,480	15,250
Staff costs	18,941	16,669
Support costs (detailed in note 7)	29,430	51,734
	<u>57,851</u>	<u>84,913</u>

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2014**

7. SUPPORT COSTS

	Educational Activities Costs £	Publication of Research Costs £	Governance Costs £	Charity & Group	
				Total 2014 £	Total 2013 £
Phone	1,981	1,981	-	3,962	3,088
Insurance	456	456	948	1,860	1,200
Rent, rates, light and heat	3,581	3,581	-	7,162	7,210
Sundry	619	619	-	1,238	1,124
Amortisation	78	78	-	156	156
Auditors remuneration (note 10)	-	-	8,553	8,553	8,940
Legal and professional	-	-	19,929	19,929	42,270
	<u>6,715</u>	<u>6,715</u>	<u>29,430</u>	<u>42,860</u>	<u>63,988</u>

8. TRUSTEES REMUNERATION

The trustees neither received nor waived any emoluments during the period (2013: £Nil).

Out of pocket expenses were reimbursed to trustees as follows:

	Charity & Group		Charity & Group	
	2014	2013	2014	2013
	Number	Number	£	£
Travel and meeting expenses	7	10	12,393	16,973
Education course expenses	1	6	1,323	14,181
			<u>13,716</u>	<u>31,154</u>

9. STAFF COSTS

	Charity		Group	
	2014	2013	2014	2013
	£	£	£	£
Wages and salaries	146,407	135,929	292,814	271,858
National insurance contributions	14,441	14,219	28,882	28,438
Pension contributions	4,749	3,810	9,498	7,619
Recruitment and training	2,354	1,462	4,317	2,453
	<u>167,951</u>	<u>155,420</u>	<u>335,511</u>	<u>310,368</u>

One employee earned more than £60,000 during the year.

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2014**

The average number of full-time equivalent employees during the year was as follows:

	Charity		Group	
	2014	2013	2014	2013
	Number	Number	Number	Number
Governance	0.25	0.25	0.25	0.25
Educational activities	1.25	1.25	1.25	1.25
Publication of research	2.5	2.5	2.5	2.5
Meeting co-ordinators	-	-	4	4

10. AUDITORS REMUNERATION

The auditors' remuneration consists of the following:

	Charity		Group	
	2014	2013	2014	2013
	£	£	£	£
For audit services	4,200	5,100	7,700	7,910
For accounting services	2,400	2,400	4,150	4,150
For preparation of consolidated accounts	1,440	1,440	1,440	1,440
For general advice, meetings & other services	480	-	2,390	2,036
	<u>8,520</u>	<u>8,940</u>	<u>15,680</u>	<u>15,536</u>

11. CHARITY & CONSOLIDATED INTANGIBLE FIXED ASSETS

	Domain name £	Totals £
COST		
At 1 January 2014	3,106	3,106
Additions	-	-
At 31 December 2014	<u>3,105</u>	<u>3,105</u>
AMORTISATION		
At 1 January 2014	310	310
Charge for year	156	156
At 31 December 2014	<u>466</u>	<u>466</u>
NET BOOK VALUE		
At 31 December 2014	<u>2,640</u>	<u>2,640</u>
At 31 December 2013	<u>2,795</u>	<u>2,795</u>

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2014

12. CONSOLIDATED TANGIBLE FIXED ASSETS

	Fixtures and fittings óóóóóóóóóó	Computer equipment óóóóóóóóóó	Total óóóóóóóóóó
	£	£	£
COST:			
At 1 January 2014	9,165	38,233	47,398
Additions	429	5,907	6,336
Disposals	(222)	(17,728)	(17,950)
	óóóóóó	óóóóóó	óóóóóó
At 31 December 2014	9,372	26,412	35,784
	óóóóóó	óóóóóó	óóóóóó
DEPRECIATION:			
At 1 January 2014	8,808	34,759	43,567
Charge for year	215	2,954	3,169
Eliminated on disposal	(222)	(17,728)	(17,950)
	óóóóóó	óóóóóó	óóóóóó
At 31 December 2014	8,801	19,985	28,786
	óóóóóó	óóóóóó	óóóóóó
NET BOOK VALUE:			
At 31 December 2014	571	6,427	6,998
	<u> </u>	<u> </u>	<u> </u>
At 31 December 2013	357	3,474	3,831
	<u> </u>	<u> </u>	<u> </u>

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2014**

13. CHARITY FIXED ASSET INVESTMENTS

	£
COST:	
At 1 January 2014	
and 31 December 2014	<u>1</u>
NET BOOK VALUE:	
At 31 December 2014	<u><u>1</u></u>
At 31 December 2013	<u><u>1</u></u>
	2014 2013
	£ £
Unlisted investments	<u><u>1</u></u> <u><u>1</u></u>

The charity's investments at the balance sheet date in the share capital of unlisted companies include the following:

Conticom - ICS Limited

Country of incorporation: England & Wales

Nature of business: Conference facilitator %

Class of shares: holding
Ordinary 100.00

	2014	2013
	£	£
Aggregate capital and reserves	35,534	31,637
Profit/(loss) for the year	<u><u>3,897</u></u>	<u><u>98,908</u></u>

Results and net assets/(liabilities) of Conticom – ICS Limited

	£
Turnover:	
Annual meeting income	389,017
Cost of sales:	
Annual meeting expenses	(86,776)
Merchandising stock	<u>(671)</u>
Gross profit	301,570
Administrative expenses (excluding gift aid donation)	<u>(213,572)</u>
Operating profit/(loss)	87,998
Interest receivable and other similar income	<u>14</u>
Net income	88,012
Amount gift-aided to the charity	<u>(84,115)</u>
Retained profit for the year	3,897
Retained profit brought forward	31,637
Retained profit/(loss)carried forward	<u><u>35,534</u></u>
Assets	405,258
Liabilities	(369,723)

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2014**

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2014	2013	2014	2013
	£	£	£	£
Trade debtors	-	-	186,981	115,146
Prepayments and accrued income	11,863	16,126	27,700	18,837
Amounts due from group undertaking	355,133	434,559	-	-
Other debtors	29,951	30,516	29,951	32,437
	<u>396,947</u>	<u>481,201</u>	<u>244,632</u>	<u>166,420</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2014	2013	2014	2013
	£	£	£	£
Trade creditors	-	-	6,890	252
Other creditors	37,010	28,510	38,457	29,700
Social security and other taxes	9,236	-	9,236	8,200
Accruals and deferred income	60,555	66,936	66,414	75,339
VAT	-	-	395	724
	<u>106,801</u>	<u>95,446</u>	<u>121,392</u>	<u>114,215</u>

16. OPERATING LEASE COMMITMENTS

The following payments are committed to be paid within one year:

	Charity		Group	
	2014	2013	2014	2013
	£	£	£	£
Land and buildings expiring:				
Within one year	-	-	-	-
Between one and five years	7,505	7,505	15,010	15,010
	<u>7,505</u>	<u>7,505</u>	<u>15,010</u>	<u>15,010</u>
	2014	2013	2014	2013
	£	£	£	£
Other operating leases expiring:				
Within one year	-	-	-	-
Between one and five years	1,594	1,594	1,594	1,594
Over five years	-	-	-	-
	<u>1,594</u>	<u>1,594</u>	<u>1,594</u>	<u>1,594</u>

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2014

17. STATEMENT OF FUNDS

	At 01 January 2014 £	Income £	Expenditure £	Transfers £	At 31 December 2014 £
Unrestricted funds:					
General fund	1,273,741	287,884	359,985	-	1,201,640
Total unrestricted funds	<u>1,273,741</u>	<u>287,884</u>	<u>359,985</u>	<u>-</u>	<u>1,201,640</u>
Restricted funds:					
Laborie Fellowship	13,495	-	3,500	-	9,995
Continence Promotion Committee fund	14,958	-	2,334	-	12,624
3 rd World Fistula work	500	-	-	-	500
Pfizer grant	-	30,614	11,270	-	19,344
Total restricted funds	<u>28,953</u>	<u>30,614</u>	<u>17,104</u>	<u>-</u>	<u>42,463</u>
Total charity funds	<u>1,302,694</u>	<u>318,498</u>	<u>377,089</u>	<u>-</u>	<u>1,244,103</u>
Subsidiary	31,637	389,031	385,134	-	35,534
Intercompany transactions	-	(84,115)	(84,115)	-	-
Total consolidated funds	<u>1,334,331</u>	<u>623,414</u>	<u>678,108</u>	<u>-</u>	<u>1,279,637</u>

The Continence Promotion Committee fund was established to support the activities of the Continence Promotion Committee. The Laborie Fellowship fund relates to a 3 year fellowship programme which commenced on 1 April 2011, the residual funds are under review and it is anticipated that they will be spent during 2015 or returned to the donor. A restricted donation was received 2 years ago to fund 3rd world Fistula work. The Pfizer grant was received to fund international scholarships.

The General fund represents the free funds of the charity, which are not designated for particular purposes.

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2014

18. ANALYSIS OF NET FUNDS BETWEEN FUNDS

<u>CHARITY</u>	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fund Balances at 31 December 2014 are represented by:			
Fixed assets	-	2,641	2,641
Current assets	42,463	1,305,800	1,348,263
Current liabilities	-	106,801	106,801
	00000000	00000000	00000000
Total Net Assets	<u>42,463</u>	<u>1,201,640</u>	<u>1,244,103</u>
<u>GROUP</u>	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fund Balances at 31 December 2014 are represented by:			
Fixed assets	-	9,638	9,638
Current assets	42,463	1,348,928	1,391,391
Current liabilities	-	121,392	124,592
Total Net Assets	<u>42,463</u>	<u>1,237,174</u>	<u>1,279,637</u>

19. PENSION COMMITMENTS

During the year, the group paid into a defined contribution pension scheme. The total for the year of £9,498 (2013: £7,619) is included within staff costs in the Statement of Financial Activities.

There were outstanding group contributions of £853 (2013: £531) as at 31 December 2014.

20. TAXATION

As a registered charity the International Continence Society is exempt from taxation of income and gains falling within Section 505 Taxes Act 1988 or Section 256 Taxation of Chargeable Gains Act 1992 to the extent these are applied to its charitable objects. No tax charge has arisen during the year. No tax charge has arisen in the subsidiary as its profits are donated by way of Gift Aid to the charity.

21. RELATED PARTY DISCLOSURES

During the period a donation of £84,115 (2013: £179,593) was receivable from the charity's subsidiary, Conticom - ICS Limited.

At the balance sheet date the charity was owed £355,133 (2013: £434,559) from Conticom - ICS Limited. This balance is shown in 'amounts due from group undertaking'.

The above balances have been removed from the consolidated accounts.

22. CONTROLLING PARTY

The charity is under the joint control of the trustees, as set out in the trustees report.