



Mediterranean  
Incontinence  
and Pelvic Floor  
Society

# IV Annual Meeting

1-3 December, 2016

Malta

Victoria Hotel Congress Centre

Meeting Chair  
Alberto Vella

Preliminary Programme

[www.mipsnet.org](http://www.mipsnet.org)



## Welcome Messages



Dear Colleagues and Friends,

It gives me the greatest pleasure to invite you to join us at the next IV MIPS 2016 Annual Meeting in Malta. The scientific committee planned a fabulous program. The objective of the Annual Congress is to provide a comprehensive and an in-depth analysis to specialists in Gynecology and Urology from all the Mediterranean area and to offer a critical evaluation of clinical practices and key research developments as well to midwives, nurses and physiotherapist. International and prestigious speakers are invited, who will share their knowledge and experience. The range of sessions will cover topic such as Basic pelvic reconstructive surgery, Surgical management of Pelvic Organ Prolapse and Masteric Pelvic Pain with Experts: Strategies and techniques for a multimodal approach to Chronic Pelvic Pain. I'm extremely proud that we have on our annual event such a dedicated Meeting Chair, Alberto Vella. He is very pleased that this year the Congress will be held in Malta and look forward to welcoming you to his country, I'm sure Alberto Vella will extend a very warm welcome to all of you! Please mark in your calendars the dates of the IV MIPS 2016 Annual Meeting, December 1 – 3, 2016, so that you may join your colleagues in what I'm sure will be a fantastic meeting.

Biagio Adile | MIPS President



Dear Friends and Colleagues,

It gives me great pleasure as the Chairman of the Executive Board to invite you to our Fourth MIPS Annual meeting. The venue is the beautiful Mediterranean Island Country of Malta famous for its central Mediterranean location, warm climate and recreational areas, rich multi-cultural history and three UNESCO World Heritage Sites. Congratulations to our Host Chair: Professor Alberto Vella who will certainly organize an excellent meeting to build on the exceptional success of MIPS 2015 in Ljubljana, Slovenia. Our education committee chaired by Professor Fulya Dokmeci has ensured that the scientific programme is specific to physician educational needs, training priorities and patient care in our Mediterranean countries. This year, we are introducing an interactive theme to the programme with plenty of time devoted for discussions with the speakers panel to maximize the educational value. There will be hands-on workshops and a dedicated session for male urinary incontinence as well as the usual podium and surgical video presentations. We are also hosting 2 guest lectures for our affiliated societies: the SUFU (Society of Urodynamics, Female pelvic medicine and Urogenital reconstruction) lecture will be given by the President, Professor Gary Lemack and the EUGA (European Uro-Gynecological Association) lecture will be given by the President, Professor Stefano Salvatore. I, therefore, wholeheartedly advise our trainee colleagues, whether fellows or residents, to use this opportunity to share their research findings with Mediterranean colleagues and learn from the experts and key opinion leaders in pelvic floor dysfunctions. There will be two awards for the best basic science and clinical presentation and the winners will receive free annual subscription for 2017 as well as free registration for our next annual meeting. This is an occasion to further the scientific exchange and friendship in the Mediterranean region with a consequent positive impact on incontinence care and service delivery to our patients. Biagio, Alberto, Natalia and I are very much looking forward to welcome you in Malta in December, 2016.

Diaa Rizk | Chairman of the MIPS Executive Board



Dear Colleagues and Friends,

It is a great honour and pleasure as the Meeting Chair of the 4th MIPS annual meeting which will be held in Malta in December. Malta is an archipelago with a tremendously rich history which dates back to the year 5200BC. The islands have been occupied by successive rulers which included the Phoenicians, the Romans, the Normans, the Order of St. John, the French and the British. Malta became an independent country in 1964, a Republic in 1974, and a member of the European Union on the 1st of May 2004. In the first half of 2018, Valletta will be the European Capital of Culture. The local organising committee is proud to host expert in the field of urogynaecology from around the globe, bringing together expertise from different disciplines in the field. The main aim of the meeting is the innovative approach to the field of urogynaecology. The meeting will encompass oral presentations, surgical presentations via video-conferencing and poster presentations. The meeting is open to all disciplines pertaining to the field. We are aiming towards providing the latest updates in the field, to the heart of the Mediterranean. On behalf of the committee, I look forward to welcoming you in December, 2016.

Alberto Vella | MIPS 2016 Meeting Chair

## MIPS Board of Directors



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Alberto Vella, Malta

Thursday 1<sup>st</sup> December

- 07.45 : Registration IV Annual Meeting  
08.30
- 08.30 Opening Ceremony  
Biagio Adile, Diaa Rizk, Alberto Vella, Mark Brincat
- 09.00 : Workshop 1  
10.30 : Practical Urodynamics E. Finazzi Agrò, M. Serati
- 10.30 COFFEE BREAK and VISIT THE EXHIBITS 
- 11.00 : Workshop 2  
12.30 : Pelvic floor Ultrasound T. Grigoriadis, I. Marton
- 12.30 : EUGA LECTURE  
13.00 : Evaluation of Female sexual dysfunctions associated with pelvic floor disorders: Tips and tricks for the Mediterranean region S. Salvatore  
: Introduction: Alberto Vella
- 13.00 LUNCH and VISIT THE EXHIBITS 
- 14.00 : Session ONE  
16.00 : Pregnancy, Childbirth and the Pelvic Floor:  
Breaking through the barriers in the Mediterranean countries  
Chairs: Diaa Rizk, Mark Brincat
- 14.00 How do pregnancy and childbirth contribute to pelvic floor disorders? A.Padoa
- 14.30 Obstetric practice and prevention of pelvic floor dysfunctions:  
How can the obstetrician help? Y. Muscat Baron
- 15.00 Prevention and management of anal sphincter injury: practical advice for the  
delivery room A. Vella
- 15.30 Preventive urogynaecology and new antenatal predictive models J. Ghigo
- 16.00 COFFEE BREAK and VISIT THE EXHIBITS 

Thursday 1<sup>st</sup> December

- 16.30 | **Session TWO**  
 18.30 | Surgical management of Pelvic Organ Prolapse (POP):  
 Point / Counterpoint with Cases and Videos  
 Chairs: Mauro Cervigni, Adolf Lukanović
- 16.30 | Do we use native tissue or mesh for primary repair? T. Grigoriadis
- 17.00 | How to manage POP with occult stress urinary incontinence?  
 Primary or interval surgery? S. Athanasiou
- 17.30 | How to manage advanced and/or recurrent POP?  
 Trans-vaginal or trans-abdominal approach? B. Jacquetin
- 18.00 | Speakers Panel | How to manage complications of pelvic floor  
 reconstructive surgery?
- 18.30 | **Sponsored Symposium**  
 19.00 |
- 19.00 | Welcome by H.E. Mr. Chris Fearné - Minister of Health, Malta

Friday 2<sup>nd</sup> December

- 08.30 | Young doctors corner | How to write and publish a scientific paper/grant proposal? D. Rizk  
 09.00 |
- 09.00 | **Video Session | Basic pelvic reconstructive surgery**  
 12.30 | Chairs: Themis Grigoriadis, Charles Savona-Ventura
- 09.00 | Levator myorrhaphy M. Cervigni  
 Urethral diverticulectomy B. Adile
- 10.15 | **COFFEE BREAK and VISIT THE EXHIBITS** 
- 10.45 | Vaginal Hysterectomy and high utero-sacral suspension M. Karram, M. Blaganje  
 Sacrospinous colpopexy
- 12.30 | **SUFU LECTURE**  
 13.00 | Female urinary incontinence and the transition to value-based  
 management: how it relates to the Mediterranean countries? G. Lemack  
 Introduction: Dina Rizk
- 13.00 | **LUNCH and VISIT THE EXHIBITS** 
- 14.00 | **Abstract Session**  
 15.00 | Chairs: Fulya Dökmeçi, Carlos Errando

Friday 2<sup>nd</sup> December

- 15.00 | Cosmetic Vulvo-Vaginal Surgery 2016: an overview E. Fasola  
16.00
- 16.00 | COFFEE BREAK and VISIT THE EXHIBITS 
- 16.30 | **Session THREE**  
18.10 | Challenges in managing lower urinary tract symptoms in women-interactive seminar  
Chairs: Biagio Adile, Enrico Finazzi-Agrò
- 16.30 | How can we predict the surgical failure of mid-urethral slings for treatment of stress urinary incontinence (SUI)? M. Serati
- 16.50 | Diagnosis and management of mid-urethral slings complications F. Dökmeci
- 17.10 | Minimally invasive therapies for SUI: Single incision slings versus bulking agents: the case for each in 2016 G. Baya, S. Tosson
- 17.50 | Management of refractory and severe overactive bladder symptoms (Botulinum toxin and neuromodulation): When and how? F. Cappellano
- 18.10 | Speakers Panel | What is the management of recurrent SUI?
- 20.00 | **Social Dinner**  The social dinner is not included in the registration fee  
22.30

Saturday 3<sup>rd</sup> December

- 08.45 | **Sponsored Symposium**  
09.15
- 09.15 | **Session FOUR**  
10.30 | What are the surgical options for treatment of post-prostatectomy incontinence?  
A panel update  
Chairs: Gary Lemack, Simon Bugeja
- 09.15 | Advance transobturator sling S. Arlandis
- 09.30 | Re-adjustable sling C. Errando
- 09.45 | Adjustable Transobturator Male System (ATOMS) S. Arlandis
- 10.00 | Artificial urinary sphincter C. Errando
- 10.15 | Discussion

Saturday 3<sup>rd</sup> December

- 10.30 COFFEE BREAK and VISIT THE EXHIBITS 
- 11.00 | **Session FIVE**  
12.20 | **Masteric Pelvic Pain with Experts: Strategies and techniques for a multimodal approach to Chronic Pelvic Pain**  
Chairs: Safwat Tosson, Francesco Cappellano
- 11.00 | Diagnosis and management of the bladder pain syndrome (BPS): the ESSIC Criteria M.Cervigni
- 11.20 | Diagnosis and management of vulvodynia: the updated recommendations E.Bautrant
- 11.40 | What can the physiotherapist contribute to the management of chronic pelvic pain? I. Ramirez
- 12.00 | Round Table  
What are the available therapeutic options for refractory chronic pelvic pain?
- 12.20 | **HOUSE DEBATE**  
13.00 | **Pelvic reconstructive surgeons as innovators – What is the patient expecting?**  
Chair: Alberto Vella
- 12.20 | PRO M.Karram
- 12.40 | CON S.Palm

13.00 | **Sponsored Symposium**  
14.00 |

- 14.00 | Packed Lunch & MIPS Annual Business General Meeting   
14.45 | (For MIPS members only)
- 14.45 | Closing ceremony  
15.00 | Presentation of MIPS Lifetime Achievement Award  
Best Abstracts Award  
Announcement of MIPS 2017
- 15.00 | Executive Board Meeting  
16.30 | (MIPS Executive Board members only)

## Meeting Venue

The Victoria Hotel | Congress Centre  
Gorg Borg Olivier Street, Sliema SLM 1807, Malta

## UEMS Accreditation requested

UEMS application has been filed and is currently under evaluation for Gynaecologists, Urologists, Surgeons, Neurologists and Physiatrists.

## Abstract

OPEN: 1<sup>st</sup> September 2016

DEADLINE: 1st October 2016

All abstracts can be submitted to the MIPS scientific committee on-line from 1st September until 1st October 2016. Details for abstract submission are available on the MIPS website [www.mipsnet.org](http://www.mipsnet.org). Selected abstracts will be chosen for podium/video/poster presentations. There are 2 awards for the best Abstract: one for Basic Science studies and one for Clinical studies. The award will be announced at the end of the Meeting. Only registered participants will be able to present their Abstracts.

## Sponsor & Exhibitors

Companies interested in sponsoring or exhibiting at the event are invited to contact the organizing secretariat at [mips@defoe.it](mailto:mips@defoe.it)

## Language

The official language of the Meeting is English.

## Registration Fee

Send the Registration Form together with the receipt of payment, made before 1 November 2016. After this date, registration will still be possible during the event, until reaching the maximum number of participants.

Take advantage of the MIPS member registration fees. Become a member now! <a href="http://www.mipsnet.org">www.mipsnet.org</a>	Members		Non Members	
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TRAINEES, LEAST DEVELOPED COUNTRY*	50 €	50 €	70 €	70 €
SOCIAL DINNER	100 €	100 €	100 €	100 €

\* Based on the World Bank Classification

All costs are in Euros. The registration fee includes coffee breaks, lunches, visit the exhibits, certificate of attendance.

### CANCELLATION POLICY

Refund of registration fees will be made as follows: post-marked prior to November 1<sup>st</sup>, 2016 - refund less 25%. After this date, no refund can be made.



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