



# Fellowships in Neurourology

## Objectives and Practical Information

Fellows must attend the centres for the full **3 months** and will be held at one of the following centres:

<u>Centre</u>	<u>Fellowship Chair</u>
London (UK)	Jalesh Panicker
Montreal (Canada)	Jacques Corcos
Ghent (Belgium)	Karel Everaert
Halifax (Canada)	Jerzy Gajewski
Paris (France)*	Emmanuel Chartier-Kastler
Innsbruck (Austria)	Wolfgang Horninger
Zurich (Switzerland)	Thomas M. Kessler

The fellow must choose a centre depending on their original location and the ability to obtain the necessary visa of entry to the host country.

\* To attend the Paris centre the candidate must be fluent in French.

These fellowships are open to all health professionals (physicians, nurses, physiotherapists, technicians, etc)

Candidates must be within 5 years of Graduation at the start of their fellowship.

### **The objectives of the Fellowship in Neuro-Urology are:**

- To describe the basis of neuro anatomy of the lower urinary tract (LUT)
- To learn to classify the steps of management for the most commonly encountered neurological conditions responsible for neurogenic bladders such as: SCI, MS, Parkinson disease, congenital cord malformations, and strokes.
- To perform a (video) Urodynamic study, to describe its indications and to interpret it.
- To describe the non surgical methods of bladder emptying (CIC, indwelling catheters, Crede ) and storage (physio, time voiding, bladder drills, behavioural modifications, etc)
- To be able to assess the value of electrostimulation/modulation in these diseases.
- To describe the technique, indications, results, pitfalls and risks of the use of Botulinum toxin.
- To describe the indications, techniques and role of surgery in the management of neuron bladders (stents, sphincterotomies, bladder augmentations, derivations, etc).

### **These objectives will be achieved through:**

- Oriented readings
- Short presentations (weekly)
- Observations of surgical cases
- Practical experience with urodynamics (medical status permitting)
- Discussions, rounds, visits on the wards, etc

### **Evaluation of the candidate's performance:**

- Written report by the fellow at the end of their fellowship



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- Oral evaluation by the staff responsible
- Description of one or several realistic projects aiming to change Neuro-Urology practice in their own country
- Follow-up of the application of acquired knowledge in his country by the staff responsible (by emails and mail or eventually a local visit), in the 6 and 12 months after the fellowship

## **Evaluation of the fellowship:**

A formal evaluation questionnaire will be completed by each candidate at the end of their fellowship in order to help the ICS to improve these experiences.