

ICS 2016 TRUSTEES' ANNUAL REPORT

AND

INDEPENDENTLY EXAMINED CONSOLIDATED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2016

FOR

THE INTERNATIONAL CONTINENCE SOCIETY



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Reference and Administrative Details of the Charity, its Trustees and Advisors

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General Secretary, appointed

16/09/16

Sherif Mourad – 2 year term began 16/09/16 (appointed trustee 24/10/08). Adrian Wagg

General Secretary during 01/01/16 - 15/09/16.

Treasurer, appointed 16/09/16 Jerzy Gajewski – 3 year term. Sherif Mourad Treasurer during 01/01/16 – 15/09/16.

Trustees appointed 16/09/16 Alex Digesu - 3 year term

Trustees appointed 08/10/15 Cristina Naranjo-Ortiz - 3 year term

Trustees appointed 23/10/14 David Castro Diaz; Mauro Cervigni; Carlos D'Ancona; Christopher Payne; Myung Soo-Choo

(3 year terms)

Trustees, 2 year term ended as

of 16/09/16

Adrian Wagg

Trustees, co-opted position.

Appointed 15/12/15. Term

ended 16/09/16

Timothy Dudley Robinson

Company Secretary Daniel Snowdon (appointed 14/01/2011)

Independent Examiner C M Brown of Goldwyn's (Bristol) Limited, 9 Portland Square, Bristol BS2 8ST

Solicitors Veale Wasbrough Vizards, Orchard Lane, Bristol BS1 5WS

Bankers NatWest Bank, Filton Bristol Branch, PO Box 182, 4 Church Road, Bristol BS99 5AA

Investment Managers Crystal Wealth Management LLP

Staff

Daniel Snowdon Administrative Director

Dominic Turner I.T. Director

Avicia Burchill Projects and Events Manager – part time

Ashley Brookes Senior Analyst Programmer
Roger Blackmore Flash Developer/Graphics Designer
Jennifer Ellis Projects and Events Coordinator
Tracy Griffin Administrative Assistant – part time

Leah Collis Administrator

Nickie Robinson Administrator (left 31 October 2016)

Sarah Waters Bookkeeper - self-employed Sarah Ashworth Bookkeeper - self-employed

ICS Honorary Members

Peter Caldwell (Deceased) Patrick Bates Pieter Donker (Deceased)
Peter Gammelgaard (Deceased) Eric Glen Axel Ingelman-Sundberg (Deceased)

Guus KramerDavid RowanPaul AbramsWalter ArtibaniJacques CorcosJo LaycockSender HerschornKarl-Erik AnderssonAdrian Wagg

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What is the International Continence Society and what does it do?

The International Continence Society (ICS) is a membership society for professionals working in the field of incontinence.

The objectives for which the Charity has been established are:

- To strive to improve the quality of life for people affected by urinary, bowel and pelvic floor disorders by advancing basic and clinical science through education, research, and advocacy.
- To raise public awareness of both urinary and anal incontinence, and other functional abnormalities, including obstruction and pain, and the fact that it can be corrected, improved or at least better managed, and to enhance the knowledge and skills of health professionals involved in prevention and management of incontinence and thereby to improve the standard of healthcare delivery.

ICS Mission Statement

The International Continence Society is a registered charity with a global health focus which strives to improve the quality of life for people affected by urinary, bowel and pelvic floor disorders by advancing basic and clinical science through education, research, and advocacy.

The trustees have had regard to Charity Commission guidance on public benefit. Considerable **public benefit** arises from the work of the ICS. With regard to the general public, significant and often harmful misunderstandings and stigma still surround relevant medical conditions. The ICS works to break down this stigma. With regard to healthcare professionals, their knowledge and skills are increased, to the benefit of current and future patients, by the dissemination of knowledge and sharing of best practice at events such as the ICS annual international scientific meeting and the workshops and courses it facilitates (many of which are offered for free). The ICS continues to allow free access to the website to allow non-ICS members to utilise the vast database of incontinence research now held within it. For those interested in becoming members of the ICS, the membership fee remains affordable and a host of benefits are included. It is in this regard that the ICS Board of Trustees has considered the public benefit. The ICS clearly fits the Charities Act aims of advancement of education and of health or the saving of lives. The ICS has members in over 70 countries and is therefore helping individuals suffering from incontinence related issues on a global level.

Scientific knowledge and expertise on incontinence issues is exchanged between the multi-disciplinary medical professionals through the various forums which the ICS provides, including the Annual Scientific Meeting, newsletters and publication of research through journals. Best practices from countries with established continence awareness programmes are shared with others who are trying to set up continence programmes within their country, hospital or clinic. With the dissemination of research on incontinence treatment, the direct beneficiaries are the patients of those individuals who are members of the ICS or those who attend our congresses and courses.

The key objectives for 2016 were to hold a successful annual meeting in Tokyo, to implement the ICS strategic plan, to host the meeting for the International Consultation on Incontinence, to advance the review and production of ICS standardisation reports, and to further improve the financial planning and investment strategy for the society.



History:

With Peter Caldwell as president, Shedden Alexander as vice president and Eric Glen as the organising secretary, the inaugural meeting of the Continent Club was held in Exeter in 1971. Over 60 participants attended the meeting from several countries and it was hailed as a great success, both scientifically and socially.

At the third ICS conference held in Copenhagen in 1973, Tage Hald was elected first Chair of the ICS Standardisation Committee. His committee published the first ICS reports between 1976 and 1981. The Society has gone on to publish many reports and retains the copyright, enabling them to be published in a range of international journals.

In 1998 the ICS was set up as a UK Charity under the guidance of Paul Abrams and now boasts a membership of over 2,500 from 70 different countries covering many disciplines: physicians, surgeons, nurses, physicists, physiotherapists, bio-medical engineers and basic scientists. The founding members agreed that the ICS should meet annually with a different meeting chair and venue each year. This Annual Meeting remains today one of the most valued dates in the urological and gynaecological calendars, attracting in excess of 2,000 delegates from all corners of the globe.

Structure, Governance and Management

Board of Trustees

The ICS Board of Trustees is required to meet twice a year and is responsible for:

- The long-term direction of the ICS
- The development of new projects in line with the charitable aims of the ICS
- Ensuring the Society's charitable aims and objectives are met
- Inspection of the annual accounts
- Ensuring suitable accounting policies are established and applied consistently
- Monitoring and reporting the financial position to membership
- Safeguarding the assets of the Charity and applying them properly
- Ensuring the ICS is operating efficiently and effectively
- Ensuring proper records and reliable financial information are maintained
- Establishing the method, policies and procedures for recruitment, appointment, induction and training of new Trustees

All nominated candidates for Trustee positions will receive documents outlining their duties, responsibilities and any risks pertaining to the role of Trustee. The Nominations Committee will review all candidates for their suitability, prior to their nominations being put to the membership.

Management Structure

The ICS is a Company Limited by Guarantee governed by Articles of Association, together with regularly updated Bylaws. These reflect the current activities of the Charity.

As a UK Registered Charity, the ICS Trustees are ultimately responsible for the Charity and its affairs. However, the ICS has a management structure and Bylaws which ensure that members have sufficient input on all decisions within the ICS. The Board of Trustees reflects the multi-disciplinary aspects of the society.

Under supervision of the Trustees and the General Secretary in particular, day-to-day management of the Charity, its trading subsidiary and office staff, is delegated to the Administrative Director and the

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IT Director. The Administrative Director is a full-time employee and reports directly to the Trustees who are ultimately responsible for the management and finances of the ICS, as well as the review and approval of administrative procedures implemented by the Administrative Director.

ICS Committees 2016

The following <u>committees</u> focus on the different aspects of the ICS and through the direction of the Board of Trustees undertake projects to assist the Board to achieve its overall strategy and Charitable aims:

- ICS Children's Committee
- ICS Education Committee
- ICS Ethics Committee
- ICS Fistula Committee (disbanded as of February 2016)
- ICS Meetings Committee
- ICS Neurourology Promotion Committee
- ICS Nursing Committee
- ICS Physiotherapy Committee
- ICS Publications and Communications Committee
- ICS Scientific Committee
- ICS Standardisation Steering Committee
- ICS Urodynamics Committee

A chair for each of the above-mentioned committees is elected by electronic membership ballot, to hold office for three years (with the exception of the Scientific Committee chair who is in post for one year and the Meetings Committee where the General Secretary is always the Chair). Further information about the remit of each committee can be found on the ICS website.

Related Parties

The wholly owned subsidiary Conticom ICS Limited was established to undertake the commercial trading activities of the Charity. Conticom ICS Limited gift aids its profits to the Charity.

Risk Management

The Trustees have implemented a formal risk management process to assess business risks and implement risk management strategies.

The Trustees have identified the types of risks the Charity faces, and have prioritised them in terms of potential impact and likelihood of occurrence, and identified, where possible, means of mitigating the risks. The adequacy of internal controls is reviewed and costs of implementing new controls compared to benefits obtained and implemented, if agreed. Procedures have been established for immediate reporting of failure to appropriate levels of management and to the Board of Trustees.

The task of monitoring the financial control systems and procedures of the Charity is delegated to the ICS Treasurer (Jerzy Gajewski). In conjunction with the Administrative Director and the ICS Independent Examiners (Goldwyn's [Bristol] Limited), the Treasurer reviews and reports to the Trustees on the working of these systems and procedures in relation to the wider issue of managing major risks identified as arising from or in connection with the activities of the Charity.



The Trustees continue to keep under review the adequacy of our systems which are, in our opinion, appropriate for the Charity at present. The reserves policy requires the ICS to retain running costs for two future years plus £100,000 in case of unforeseen liabilities.

The Trustees continue to judge that an area of risk requiring particular attention is the ICS Annual Meeting, where possible cancellation or postponement due to terrorist attacks or natural disasters is a major concern. The Charity has passed on the major risk to our permanent Congress Organiser (Kenes International) who, from 2008, has borne the financial risk of any cancellation or postponement. The Trustees also ensure that adequate levels of insurance are sought for each event. A risk reduction has been realised through the agreement to have 4 out of 5 annual meetings in Europe or North America. These continents offer the best chance of reaching a sustainable surplus level, from which much of the activity and support costs of the ICS are funded.

Although all efforts are made to ensure the administration of the ICS could continue efficiently should certain key members of staff leave or be absent for any length of time, the positions of Administrative Director and IT Director are of particular importance.

With regard to the Society's finances, the bookkeeper and Independent Examiners are fully aware of the current status and systems used and could take over from the Administrative Director in this regard in an emergency. A selected group of the Trustees and the Administrative Director are all signatories to the Society's accounts and therefore the accounts can be maintained.

With regard to IT systems, the IT Director has documented all design and maintenance work to ensure that another IT specialist could take over in an emergency. All systems and the ICS website are backed up and stored off site.

Wherever possible, ICS office staff are trained and briefed in all office procedures. All email communications are also filed for historical purposes.

2016 Objectives and Activities

The strategies employed in the year to achieve the objectives of the Charity were:

- To implement the strategic planning process, as adopted by the ICS membership at the 2014 AGM and updated by formal review at the annual meeting in Montreal, 2015.
- To host a successful Annual Scientific Meeting in Tokyo, Japan resulting in a high quality congress which would secure the status of the ICS as the premier international conference on continence.
- To host the meeting for the International Consultation on Incontinence in preparation for publishing the major publication in 2017.
- To continue and consolidate ICS projects and initiatives such as the production of Standardisation reports, the delivery of Educational Courses and the provision of Awards and Fellowships.

Executive Summary

The ICS ran a successful annual meeting in Tokyo. The meeting continued the four day programme format, with integrated workshops and scientific presentations. Educational technology was embraced with e-posters and a meeting mobile application made available to all delegates. Post meeting evaluation scores rated the meeting very highly.



The International Consultation on Incontinence (ICI) was hosted during ICS 2016 and was regarded as a successful scientific meeting that would pave the way for the publication of a major scientific textbook in 2017. Nearly 50% of ICS 2016 attendees cited the ICI event as a major or partly important factor in their attendance.

The ICS, primarily through the Education Committee, was involved in over 20 educational events, either with guest lectures or as part of the formal programme as an add-on course. In many cases funding was not required for speakers as they were part of the faculty or were able to attend by other means of support. The presentations offered the public benefit of expert educational presentations to a wide range of medical trainees and professionals.

A strategic aim is to increase the quality and quantity of ICS scholarly output. There has been positive progress in this area during 2016. The ICS Standardisation Steering Committee has 12 working groups (with more on the way) currently working on new or updated ICS standardisation reports. The majority of these are expected to be published in the society's journal (Neurourology and Urodynamics) through 2016-2018. The Urodynamics Committee continues to focus on developing and publishing teaching modules. The ICS is placing greater emphasis on the production of educational content in various formats. This will be a primary aim for 2017.

The ICS awarded 25 awards or fellowships to international applicants, in accordance with the charity's objectives and goals for public benefit and education.

In financial terms the charity closed the year in a healthy position, with a modest, and forecasted decrease in consolidated funds. The end result ensures the accounts are comfortably within the set reserves policy, therefore ensuring the ongoing financial health of the charity.

Achievements and Performance

ICS Annual Scientific Meeting 2016

The ICS Annual Meeting remains the main focus of the ICS and consists of a scientific programme selected from submitted abstracts, along with workshops, courses, committee meetings as well as the ICS Annual General Meeting.

The 46th Annual Meeting of the ICS took place in Tokyo, Japan. The meeting was attended by 2,146 delegates with the most significant number of members being from the host country, Japan. In excess of 50 countries provided delegates, pointing to the enduring international appeal of ICS meetings. The total number of delegates was higher than expected which is testament to the quality of the ICS and the marketing efforts by all involved. The International Consultation on Incontinence (ICI) was hosted during ICS 2016 and was regarded as a success.

Over 300 abstracts on the latest research in the field were chosen by the ICS Scientific Committee to fill the 3-day scientific programme with podium, poster, and video presentations. The initiative of e-poster presentations was continued which allowed over 200 authors to present their work within this new format. The consistently high quality education programme consisted of 26 workshops, chosen from 54 applications. The many excellent educational and scientific sessions covered different aspects of urinary, bowel and pelvic floor disorders.

The Scientific Committee worked hard to create programme 'tracks' to ensure that delegates would always have some content of interest or relevance at any point in the programme. The post meeting

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evaluation scores indicated that delegates liked the current four day format and the e-poster presentations. Feedback from 2015 was taken into account and the number of parallel sessions was limited.

Our full thanks go to Yukio Homma (Meeting Chair), Naoki Yoshimura (Local Scientific Chair), Maki Nakata (co-Local Scientific Chair), Yasuhiko Igawa and the Tokyo local organising committee for their hard work and commitment to ensuring that ICS 2016 was a scientifically successful and memorable meeting. Thanks are also due to the ICS office staff, Board of Trustees and the ICS meeting organiser, Kenes International.

The wholly owned subsidiary of the Charity, Conticom-ICS Limited, operates the Annual Meeting and the profits are donated to the ICS.

Strategic Planning Process

The five year strategic plan was prepared during 2012 and 2013 by the Board, with significant input from the ICS membership and office. The membership adopted the plan at the 2013 AGM. Implementation of the plan began in earnest during 2014, with a further review and update held during October 2015. Immediate priority was given to reviewing and updating the governance processes of the ICS. A consultation took place on the Articles and Bylaws which led to the most substantial updates and changes to the documents in a decade. The membership approved the revisions at the 2014 AGM. The changes notably improve the governance structure of the ICS and remedied areas of conflict within the governance documents. The strategic plan was updated at a meeting of the Board of Trustees during ICS 2015.

A crucial facet of the plan is for the ICS to deliver high quality scholarly materials and presentations. To this end the development of ICS standardisation reports has been extended, with a new procedure being implemented. The ICS office is tasked with administering and progressing the work in close collaboration with the Standardisation Committee Chair.

The financial health of the society has stabilised, with future projections indicating an ongoing surplus. The Board looked at rationalising budgets for committees to ensure strategic needs were focused on. The activity and output of the ICS has increased despite reductions of budget in some areas. The ICS is seeking new investment streams and is aiming to diversify funding sources in future years in order to limit risk. A successful investment strategy has been implemented with positive results to date.

Awards and Fellowships

The ICS continued to make awards or fellowships available to all ICS members with a view to improving the public benefit in supporting younger or less advantaged persons in their medical/health studies. The ICS offered the following: eight scholarships and 17 conference travel awards. The reviewers emphasised awarding persons from less developed countries, although worthy candidates from more developed countries were also included. A selection of winners' countries includes Brazil, Indonesia, Canada, Pakistan, Australia, India and Hong Kong.

Educational Courses 2016

The ICS Education Committee has continued a successful add-on educational course format in which ICS faculty contribute to an existing local meeting. Add-on courses have a number of benefits over stand-alone courses as they allow the ICS to have more courses at already established meetings ensuring correct target audience and bearing less risk. By focusing on add-on courses a wider range of educational opportunities can be undertaken each year, which allows the ICS to further extend the worldwide sharing of good practice and knowledge. At the next meeting the Board will consider a



maximum of one funded ICS speaker per calendar year.

Educational Courses held in 2016 are outlined below.

ICS Education Course, 12th Pan Arab Continence Society, Abu Dhabi, UAE 28th January- 30th January 2016

Following on from the successful collaboration with the Pan Arab Continence Society in previous years the ICS collaborated with PACS to host the 12th Pan Arabic Continence Society Education course held in Abu Dhabi. The American Urological Association, European Association of Urology, Société Internationale d'Urologie, Confederacion Americana de Urologia and Turkish Urogynecology Society also collaborated on this course. Sherif Mourad was the local host and ICS coordinator on behalf of this course. The ICS three speakers to attend were Maura Seleme, Philip Van Kerrebroeck and Nucelio Lemos.

ICS Guest Lecture at Japanese Society of Stoma & Continence Rehabilitation annual meeting, 20th February 2016

The ICS attended the Japanese Society of Stoma & Continence Rehabilitation annual meeting in Kofu city, Japan. The local chair for this event was Professor Mariko Ishikawa and Siv Mørkved represented the ICS by presenting the lecture "Pelvic floor muscle training for urinary and faecal incontinence."

Joint ICS-European association of urology nurses (EAUN) pelvic floor rehabilitation course, 13th March 2016, Munich, Germany

ICS hosted a joint course at EAUN in Munich, Germany. Kari Bo held a one day session on the Fundamentals of physical assessment, plus tips and tricks to teach exercises to difficult patients.

4th Post IUGA-ICS Course, 20-24th April 2016 Lourdes, Brazil

The Post ICS-IUGA congress promoted activities of ICS and IUGA stimulating research and education in the multidisciplinary fields of pelvic floor dysfunctions. Marijke Slieker-ten Hove, Maura Seleme and Bary Berghmans were the local hosts and speakers at this event covering a range of physiotherapy topics.

ICS roundtable at the 104th JUA annual meeting, 24th April 2016, Sendai, Japan

ICS attended the Japanese Urological Association annual meeting in Sendai taking part in a dedicated ICS roundtable on the Multidisciplinary Approach to Patients with LUTS and Parkinson's disease. Emmanuel Chartier-Kastler, Ryuji Sakakibara and Frankie Bates represented ICS at this roundtable covering a range of Neurourology and conservative management approaches.

ICS Guest Lecture in conjunction with SMU, CONAMEU & SINUG, 9-11th June 2016, Mexico City, Mexico

ICS attended the SMU, CONAMEU and SINUG joint annual meeting in Mexico providing a guest lecture at this event. Three speakers represented ICS at this meeting, namely David Castro Diaz, Ervin Kocjancic and Heather Moky.



ICS Guest Lecture in conjunction with the Brazilian Society of Urology, 23rd June 2016, Curitiba, Brazil

ICS provided a guest lecture during the Functional Urology Workshop at the Brazilian Society of Urology annual meeting. Emmanuel Chartier-Kastler represented ICS presenting lecture "Treatment of detrusor over activity in spinal cord injured patients"

ICS Guest Lecture in conjunction with SIUD, 23-25th June 2016, Perugia, Italy

ICS attended the Società Italiana di Urodinamica (SIUD) annual meeting in Perugia. Ervin Kocjancic represented ICS, presenting a session on training for young pelvic surgeons.

ICS Guest Lecture at the Disturbed Bladder Control symposium, 23-24th June 2016, Maastricht, Netherlands

ICS were invited to speak at the Disturbed Bladder Control symposium in Maastricht, Netherlands by local hosts Maura Seleme and Gommert Van Koeveringe. ICS were represented by Nucelio Lemos, Alex Digesu and Rogerio de Fraga who took part in a range of presentation, discussions and roundtable topics.

ICS Guest Lecture at SINUG, 1st July 2016, Porto, Portugal

ICS was invited to attend the XIV SINUG Congress meeting in Oporto, Portugal by local host David Castro Diaz. Ervin Kocjancic represented the ICS presenting a lecture entitled "Urinary diversion innneurogenic patients".

ICS Education Course at the Sociedade Brasileira de Urologia meeting, 7-10th September, Sao Paulo, Brazil

ICS attended the Sociedade Brasileira de Urologia Annual meeting. Philip Van Kerrebroek represented ICS at this event presenting Sacral Neuromodulation: present and future, How to manage mixed incontinence and What's new in medical treatment?

ICS Guest Lecture urogenital apparatus: physiology and pathophysiology, 26th September 2016, Tlaxcala City, Mexico

ICS attended the University of Tlaxcala Urogenital Apparatus: Physiology and pathophysiology course in Mexico. Margot Damaser represented ICS providing keynote lectures on "Animal models of female urinary dysfunction: current and future perspectives." and "The uroMonitor: an Innovative Approach to Ambulatory Urodynamics."

ICS hands on training; Vaginal Fistula Repair and Female Urethral Reconstruction in London, 4-5th October 2016, London, UK

Alex Digesu. Sherif Mourad, Suzy Elneil and Ervin Kocjancic represented ICS at the Vaginal Fistula Repair and Female Urethral Reconstruction course in London. Delegates were trained on different surgical techniques concerning female urethral anatomy and surgical treatment of vaginal fistula repair and urethral reconstruction.



ICS add on course, Neurogenic Bladder Day, 7th October 2016, Panama City, Panama

The ICS Neuro-Urology Promotion Committee held a one day Neurogenic Bladder Day Course at the CAU Congress in Panama. ICS was represented by Marcio Averbeck, Juan Carlos Castaño, Mauricio Plata, David Castro-Diaz, Ervin Kocjancic and Jorge Moreno.

ICS joint course with the National Hospital for Neurology & Neurosurgery, 20-21st October 2016, London, UK

ICS held a two day course at the Department of Uro-neurology at Queen Square, addressing bladder, bowel and sexual dysfunction following neurological disease. The ICS speakers for this course were Doreen McLurg, Enrico Finazzi Agro, Melissa Davies, Veronique Phe and David Vodusek. All speakers took part in a range of interactive talks, debates and round table discussions.

ICS Guest Lecture at the Hellenic Urological Association Annual Meeting, 20th October 2016, Rhodes, Greece

The ICS Neuro-Urology Promotion Committee were invited to the Hellenic Urological Association Annual Meeting in Rhodes, organised by Charalampos Konstantinidis. ICS was represented by Danielle Minardi.

ICS Guest Lecture at the Interdisciplinary team for pelvic floor dysfunction annual meeting, 17th November 2016, Crema, Italy

The ICS hosted the education course: "3rd and 4th degree perineal tears after childbirth hands-on workshop" at the Interdisciplinary team for pelvic floor dysfunction annual meeting. Alex Digesu provided the guest lectures at this course covering anatomical, theoretical and hands on training.

ICS Guest Lecture the International Emirates Urological Society Annual Meeting, 15th December 2016, Dubai, UAE

Sherif Mourad attended the International Emirates Urological Society Annual Meeting on behalf of ICS, providing a State of the Art lecture on Obstetric Fistula.

ICS Membership

The ICS recorded 2,447 members for 2016, a similar level to 2015, therefore continuing a stable membership of approximately 2,500 members.

The Board did not increase the membership fee for 2016. The ICS tries hard to keep the membership fee as low as possible to keep the ICS accessible. To extend the public benefit of ICS membership the Board introduced new, lower membership fees for nurses, physiotherapists and early career professionals for the 2016 membership year.

There were many projects undertaken in 2016 and some notable achievements are highlighted. The full annual reports of each committee are available on the ICS website.

Children and Young Adults Committee

The committee has focused on a Clinical book on urodynamics in children and young adults, jointly with the Italian Society of Urodynamics. This book was delayed but has now been submitted to Springer for publication. They are also looking to publish a book on transitional care. As well as 2 papers-one on CIC and the second on learning disabilities.



Education Committee

The committee plans and delivers all of the ICS education courses and guest lectures. The committee delivered 19 courses and lectures in 2016 as detailed above. The committee also created Standard Operating Procedures (SOP) for committees to use to create ICS eLearning modules.

The entire committee was engaged in selecting workshops for ICS 2016. The committee also successfully reviewed all the workshops and held a very useful face-to-face meeting to create the educational program and discuss the future activities of the committee.

The committee are planning on expanding the SOP to include a range of types of educational content that ICS committees may create. They also plan to expand the basic science visibility within the ICS.

Ethics Committee

The Basic Ethics Workshop at ICS 2015, which was well attended and highly rated by the delegates. In Tokyo an interactive case-based workshop has been prepared covering ethical principles. Delegates will be presented with cases and a group discussion will be held with delegates and speakers. The committee introduced the Best Ethics Poster which carries a £500 prize. The committee are planning on producing a new white paper on female genital mutilation.

Neuro-urology Promotion Committee

The Committee provided members to speak at ICS education courses, these were: Japanese urological congress (Sendai) March 2016, South Brazilian congress (Curitiba) June 2016, CAU congress (Panama). The Committee were working on a number of publications: Elaboration of disease specific recommendations for urological management of LUTS in central nervous system disorders, Multiple sclerosis and the atlas of surgery for Neurourology. As well as attending the International Neurourology meeting in Zurich in conjunction with INUS. The committee plan to focus on early career and developing country membership promotion next year.

Nursing Committee

The committee held their annual workshop and forum at ICS 2016. Members of the committee were also involved in the review of the abstracts submitted to the main annual meeting in conjunction with the Scientific Committee.

The committee have created several nursing focused e-learning modules, available on the ICS website. These were; pharmacology for UI for the advanced practice nurse, basic urinary catheter care and self-management of catheters for people with an indwelling or intermittent catheter. The committee have produced content on behalf of ICS and the committee in Urology news focused on the current incontinence care from a nursing perspective. Other publications included guideline for writing and reviewing Qualitative Research Abstracts and Guideline for Collaborative Continence Nursing Research. As well as online content for ICS news, eNews and dedicated nursing mailers. The Committee are working on the Best Practice Statement for Bladder and Bowel Training document for publication. As well as creating the qualitative research abstract guidance document for the ICS Scientific Committee to use when reviewing the abstract submissions.

Physiotherapy Committee

The committee have held 3 meetings over the last year via teleconference/face to face. The committee experienced some difficulties regarding this year's roundtable due to pelvic floor PT not being recognised in Japan. The committee therefore opted to run a more basic programme. But physiotherapy members were represented in a range of workshops, podium and poster presentations. The committee have been working on educational guidelines for publication, Standardisation in



training in the assessment of the pelvic floor. As well as a handbook on the role of physiotherapy in the management of obstetric fistula. The committee plan to continue work on their publications, highlighted above, and promotional activities to encourage PT engagement.

Publication & Communications Committee

The PCC has overseen and contributed to the ICS E-News, Social Media output, and Urology News. Each committee member was tasked with the creation of monthly scientific news articles. The ICS office moved over to the email marketing system Mail Chimp this year. We can now track how many people have opened and read eNews, which news articles are the most popular, where these were opened and when. This also helps provide the PCC with data on what content it of interest to the membership. The office and PCC have seen an increase in social media engagement and numbers, with engagement doubling over the last year.

Over the coming year the committee plan to streamline the news process and increase committee numbers to increase their output and fairly distribute the workload.

Scientific Committee

The Committee once again coordinated and participated in the review of a high number of abstracts (934 in 2016). Each abstract was reviewed by 3 or more reviewers (including at least 1 scientific committee member). There was an increase in the average score of the total abstracts submitted. The new programme tracks concept was continued, where the programme grid is created based on unifying areas of interest. The content has been condensed into a four day programme, following the feedback from delegates.

Standardisation Steering Committee

The SSC's main focus is the creation of scientific content via terminology documents. The current working groups (WGs) are: Chronic pelvic pain, Good Urodynamic Practice (revision), Neuro-urology, ICS-IUGA POP, ICS-IUGA Conservative management of female pelvic floor dysfunction, ICS-IUGA Female ano-rectal, ICS-IUGA Female sexual health, ICS-IUGA Urodynamics in women, ICS-ICCS Nocturia, basic science, Voiding dysfunction, LUT function, Bowel dysfunction, Urodynamics in men and incontinence products. The committee have completed the glossary which is now available on the ICS website and the translation of the core LUTs document- into various languages.

The committee will continue with the above terminology documents next year, through to completion. The current Chair, Marcus Drake, stood down in Tokyo and Chairmanship was transferred to Bernie Haylen.

Urodynamics Committee

The urodynamics committee have worked on a number of ICS teaching modules. The following are published:

- 1: Rosier PF, Hermanns RK, Svihra J, Homma Y, Wein A. Authors' response: Re: Rosier PFWM, Kirschner-Hermanns R, Svihra J, Homma Y, Wein AJ. ICS teaching module: Analysis of voiding, pressure flow analysis (basic module). Neurourol Urodyn. 2014 Sep 11. doi: 10.1002/nau.22660. Neurourol Urodyn. 2016 Apr;35(4):542-3. doi: 10.1002/nau.22748. Epub 2015 Mar 1. PubMed PMID: 25728171.
- 2: Rosier P. Authors' second response: Re: Rosier PFWM, Kirschner-Hermanns R, Svihra J, Homma Y, Wein AJ. ICS teaching module: Analysis of voiding, pressure flow analysis (basic module). Neurourol Urodyn. 2014 Sep 11. doi: 10.1002/nau.22660. Neurourol Urodyn. 2016 Apr; 35(4):541. doi: 10.1002/nau.22747. Epub 2015 Mar 1. PubMed PMID: 25728029.
- 3: Schaefer W. Re: Rosier PFWM, Kirschner-Hermanns R, Svihra J, Homma Y, Wein AJ. ICS teaching module: Analysis of voiding, pressure flow analysis (basic module). Neurourol Urodyn. 2014 Sep 11. doi: 10.1002/nau.22660. Neurourol Urodyn. 2016

Apr;35(4):539-40. doi: 10.1002/nau.22746. Epub 2015 Mar 1. PubMed PMID: 25727905.

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4: Schaefer W. Response to authors; Re: Rosier PFWM, Kirschner-Hermanns R, Svihra J, Homma Y, Wein AJ. ICS teaching module: Analysis of voiding, pressure flow analysis (basic module) Neurourol Urodyn. 2014 Sep 11. doi: 10.1002/nau.22660. Neurourol Urodyn. 2016 Apr;35(4):538. doi: 10.1002/nau.22744. Epub 2015 Mar 1. PubMed PMID: 25727689.

5: Asimakopoulos AD, De Nunzio C, Kocjancic E, Tubaro A, Rosier PF, Finazzi-Agrò E. Measurement of post-void residual urine. Neurourol Urodyn. 2016 Jan;35(1):55-7. doi: 10.1002/nau.22671. Epub 2014 Sep 22. PubMed PMID: 25251215.

6: Rosier PF, Kirschner-Hermanns R, Svihra J, Homma Y, Wein AJ.

The following are ready for publication in N&U (2015-2016 incl. slides and presentation):

- Cvstometry
- Videourodynamics
- Ambulatory urodynamics (submitted)
- Recognise and correct artefacts in urodynamic traces (submitted)
- Leak point pressures (submitted)
- Leak point pressures in NLUTD (submitted)

To be submitted

Background and philosophy of urodynamics

(New) Presented at ICS 2016

- Clinical neuro-uro-gynaecological examination (to be submitted 2016)
- Pressure flow analysis in children (to be submitted 2016)
- Cystometry in Neurourology (to be submitted 2016 including systematic review to be presented ICS2016)
- Pelvic floor muscle surface EMG (draft 2015, to be presented ICS2016)
- Bladder diary (draft 2015)
- Physiotherapeutic initial clinical examination (to be presented ICS2016)
- Uroflowmetry (draft 2015)
- Pressure flow analysis (basis) Japanese version (to be presented ICS2016)

In preparation (for 2017)

- Multiple sclerosis (draft 2015)
- Pressure flow (advanced module)
- Modules on the basis of the updated GUP (in preparation: clinical report of cystometry and pressure flow analysis 2016-17)

All new modules submitted to Neurourology and Urodynamics for peer review. The committee is planning in conjunction with the office, to create a dedicated website page for the teaching modules.

Information Technology Department - Development Projects

The department supported the ever growing list of systems automating the various processes underpinning the organisation, including membership processing, affiliates organisation membership, documents publishing and forums, voting and vote processing, research database, faculty database, committee microsites, news publishing, website promotions, abstract/workshop submission, review and publishing and social media channels. All of these systems were improved and features added to during the year. The independent film unit created by the IT department continued its development with two ICS TV crews operating at the annual meeting allowing us to film parallel workshops and continue our broad coverage of the event. ICS TV also filmed more content outside of the annual meeting increasing our intellectual property.



Corporate Branding Review

A global review of core activities of ICS was undertaken and a branding roadmap was created to migrate all ICS activities to a coordinated branding framework. As well as a core ICS logo redesign a family of brands were developed to cover all ICS strategic activities in a cohesive whole. Migration to the new brands is planned over the next 2 years.

Corporate Email Architecture

A massive technical project to move ICS communications infrastructure to the cloud based on the Microsoft Office 365 platform – staff mailboxes, corporate email and archival storage were migrated to cloud based servers reducing administration and support costs.

Corporate File Storage Architecture

Cloud storage for corporate file storage was evaluated and rejected in favour of local servers for performance reasons. Backup policies remain in place backing up to removable hard drives kept in a fire safe.

Abstract Review Tools

The abstract review toolset was further refined to allow the scientific committee to coordinate and build the programme, breaking out into individual teams and working collaboratively over a local wifi network.

Mobile App for ICS 2016

The second mobile application for delegates was launched in time for the Annual Meeting. Combined with Wi-Fi access throughout the convention centre this was a great success allowing the use modern digital tools throughout the conference.

ICS TV

Continue creating first rate content from our Annual Meeting and expand development of eLearning resources by creating content during the rest of the year. Explore new eLearning formats including webinars and expert opinions. Launch the new platform and increase membership engagement.

Mobile Application Technologies

Many development platforms were evaluated for the next generation of ICS websites, mobile apps and products. The toolset chosen was based on a cutting edge javascript stack based on AngularJS. This platform is based on the Model-View-Controller paradigm and is extremely suitable for agile development, allowing ICS to develop new products faster and at lower cost. For mobile app development the Cordova ecosystem allows us to utilise the same codebase across multiple platforms including Android, iOS and Windows. This again increases our productivity compared to previous technologies utilising the "write once run anywhere" principle.

Financial Review, ICS and Conticom Accounts to 31.12.2016

Results for the year

The consolidated results of the charity and its subsidiary showed net outgoing funds in the year of £65,166 (2015: net incoming funds of £160,302) with closing consolidated funds of £1,374,773 (2015: £1,439,939).

Consolidated Incoming Resources

Income in the year was from the Annual Meeting and trading of £260,189 (2015: £570,263), membership fees £165,881 (2015: £167,333), royalty income totalling £71,794 (2015: £64,541),



donations of £23,847 (2015: £50,357), publications of £25,605 (2015: £nil) and interest from Investments of £389 (2015: £1,013).

With this funding the Charity has been able to finance: the annual meeting in Tokyo, the new International Consultation on Incontinence (ICI) event, educational activities, including courses and lectures, the running costs of the ICS Office that continues to support the Board, committees, the annual meeting, the membership of close to 2,500 and subscriptions to the NUU Journal.

The total loss of the trading subsidiary was £13,628 (2015: Profit of £304,799). £Nil was gifted to the Charity in 2016 (2015: £299,727).

Consolidated Expenditure

Expenditure in the year was on Educational Activities £188,387, (2015: £210,804), Annual Meeting expenditure £273,828, (2015: £265,487) and Publication and Membership £221,260, (2015: £224,709).

Annual Meeting

The Annual Meeting is an annual international medical and scientific conference for specialists in the medical and scientific disciplines relevant to the charitable objects of ICS. Organisation of the Annual Meeting is contracted to an organiser (this has been Kenes International since 2008 and will continue to be until 2018), by Conticom ICS Limited (the wholly-owned trading subsidiary of ICS).

The terms of the relevant agreement (on which legal advice was taken) provide for the organiser to accept all financial risks and for a proportion of any net surplus to be passed to ICS via Conticom ICS Limited.

In order to mitigate risk the Trustees implemented a policy of rotating annual meeting locations. This reduces the risk to the ICS of locations that may be less likely to generate a surplus. The rotation policy involves meetings alternating between Europe and North America over four years, and a fifth meeting in a location outside Europe or North America; on the provision that a surplus is forecast. The meeting surplus continues to be the major income of the charity so must be protected. The ICS will continue to reach a range of countries through its educational course programme.

As requested by the membership, the table below shows an overview of the Annual Meeting income, expenditure and surplus.

	£	£	£	£	£
	2016	2015	2014	2013	2012
Sponsorship & exhibition	465,380	650,648	621,167	811,951	543,265
Registrations	871,593	543,824	676,701	724,500	565,502
Other income	150,771	111,274	58,810	114,230	22,395
Total income	1,487,744	1,305,746	1,356,678	1,650,680	1,131,162



Total expenditure	1,372,160	938,085	1,145,851	1,266,921	1,205,129
Surplus/(Deficit)	115,584	367,661	210,827	383,759	*(73,967)
Surplus of which Conticom received including Scientific Services Fee	206,857	483,816	292,728	469,532	**80,190

- * The deficit in 2012 (Beijing) was absorbed by Kenes, (per the agreement)
- ** In 2012 the surplus stated relates to the Scientific Services Fee only

Investment Performance

The charity's investment portfolio is diverse and set in accordance with the agreed risk and ethical policy of the Board. The valuation of the portfolio rose by 10.9% in 2016 a gain of £70,604, which has been declared in the accounts as net gains on investment assets (2015: £7,792).

£389 received in interest from bank accounts and investments has been declared as income from investments for the year to 31 December 2016. (2015: £1,013).

Reserves Policy

In order to maintain prudent levels of financial reserves the following conditions should be met:

- a) Provide a safeguard of two years' estimated future operating costs of ICS and Conticom ICS Limited, (as ICS operates on an annual cycle and its key annual event, the Annual Meeting, has to be pre-planned on a four year cycle).
 - Calculations are to be based on estimated future combined operating costs for the next two years.
 - These operating costs are to only take into account running costs not guaranteed to be financed by matching income.
- b) Provide an element of contingency for unforeseen liabilities.
 - o Which should be £100,000
- c) Provide a permanent base for the Charity and safeguard future projects.

The estimated operating costs of ICS and Conticom ICS Limited are £530,030 for 2017 and £537,675 for 2018, giving a total of £1,067,705 for both years. This does not include budgeted expenditure for educational courses, grants, fellowships and awards as these are non-essential expenditure.

This gives a desired level of reserves of £1,167,705 as at 31.12.2016.

As of 31st December 2016, the consolidated balance sheet showed the Charity and its subsidiary had combined carried forward funds of £1,374,773 (2015: £1,439,939); therefore covering the level of reserves required. It needs to be noted that this calculation does not take into account charitable activities (Educational courses, grants, fellowships, awards and NUU journal subscription costs) which have been committed of approximately £105,000 each year. Taking this into account means there will be an overall shortfall of £2,932. The 2016 surplus above the reserves policy will be utilised during 2017 to cover general ICS charitable and running costs. The 2017 annual meeting in Florence is expected to generate a surplus which will ensure ICS remains in line with the reserves policy.



Conticom ICS Limited

The trading subsidiary continued to support the Charity in meeting its objectives.

Pay policy for senior staff

The trustees and the senior management team comprise the key management personnel of the charity in charge of directing and controlling, running and operating the charity on a day to day basis. All trustees give of their time freely and no trustee received remuneration in the year. Details of trustees' expenses are disclosed in note 9 to the accounts. The pay of the senior staff is reviewed annually and normally increased in accordance with average earnings. In view of the nature of the charity, the trustees benchmark against pay levels for similarly experienced staff.

Investment Powers and Policy

Under the Memorandum and Articles of Association, the Charity has the power to invest in any way the Trustees wish. The Trustees, having regard to the liquidity requirements of operating the Charity and to the reserves policy, operated a policy of keeping approximately 50% of total funds available in interest-bearing, yet instant access accounts. The remaining 50% was managed by the investment managers to gain a better rate of return.

Plans for Future Periods

ICS Annual Meeting 2017

Annual Meeting Chair: Giulio del Popolo

Scientific Chairs: Enrico Finazzi Agro, Marco Soligo

The 47th Annual Meeting of the ICS will take place at the Fortezza da Basso in Florence, Italy. The Scientific Committee and Board agreed to continue the innovative four day programme concept, with overlapping provision of workshops and scientific content. A live surgical session is planned, which is a first for an ICS annual meeting.

Future Meetings

ICS 2018: Philadelphia, USA. Co-Chairs: Alan Wein, Diane Newman

ICS 2019: Gothenburg, Sweden. Chair: Ian Milsom ICS 2020: Las Vegas, U.S.A. Chair: Gamal Ghoniem

Strategic Planning Process

Implementation of the strategic plan continues to be of paramount importance. Priorities for 2017 include a review and re-focusing exercise to ensure the strategic plan is relevant for current and future business needs. A growth in membership is a core aim and marketing strategy reflects this goal. This work will build on the good work and progress evidenced during 2016. Financial health will continue to be reviewed with an aim to limit risk and secure the financial future of the organisation; diversification of funding sources is recognised as key in addition to consolidating the major income branches, being the annual meeting and membership dues.

Production of the ICI book

The ICI meeting held in Tokyo will produce sufficient content to create a 2,500 page textbook. The ICS will produce this in-house and enlist external companies for printing and shipping purposes. The ICS will retain production and sales control, with a targeted marketing campaign planned to drive international sales. Following publication the ICS will work with the ICI editors to produce condensed summary articles in order to disseminate the book's content widely.

ICS Institute



The ICS Institute is a new strategic ICS project which will host all ICS educational activities and provide a single access point for users to access educational material. This is an extension and evolution of the strategy for e-learning provision, combining this with existing content on ICS TV and aligning ICS content such as terminology and consensus reports.

ICS COMMITTEES

Standardisation Steering Committee

The Standardisation Steering Committee (SSC) will continue to work on and develop key terminology documents. 15 terminology documents are currently in process. Additional working groups will be discussed with the SSC and the new Chair Bernard Haylen. The SSC are also working on ICS wiki, the terminology glossary and word of the week.

Urodynamics Committee

The urodynamics committee will continue to work on another three new ICS teaching modules to build on the eight completed during 2016. The urodynamics committee is working with the Standardisation and Education committees to standardise urodynamics. These modules will be published, used in educational lectures and become e-learning modules. This information will be available via the ICS website in 2017.

Education Committee

The Educational committee is requesting a courses budget of £22,500 for 2017 £22,500 for 2018. As well as an educational modules budget (which all committees have access to) of £15,000 for 2017 and £20,000 for 2018. The committee have already received applications for courses in 2017 which are currently under consideration. As well as standardising operating procedures for all ICS content to be used by ICS committees and members.

Information Technology Department – Future Plans

Continuing with the migration of the corporate website to the new mobile friendly "Wasabi" designs.

6th ICI Book

ICS have agreed to host the 6th International Consultation on Incontinence. As part of the dissemination of science, ICS will be the publisher of the ICI Book "Incontinence, 6th Edition". This is a major undertaking for ICS with 22 committees each writing a chapter of the book and coordinating with the Editors to typeset the entire 2 volume book in house. Our target will be to publish the book to an aggressive time schedule to a higher quality and standard than any previous production to underscore the close bond between these two eminent organisations and elevate the science in our field.

ICS Abstracts Functional Specification for ICS 2018+

ICS will review the entire academic and technical process for Abstract submission to publication with a view to overhauling the entire process using the latest cutting edge technologies to give authors and reviewers the best tools available to submit, review and publish science within the field of continence.

ICS Communications - Public Switched Telephone Network (PSTN)

ICS will evaluate and migrate from traditional telephony (PSTN) to a Voice Over IP (VOIP) cloud based virtualised internet platform. As well as offering significant cost savings over our current equipment leased from British Telecom, over time ICS can leverage new technologies to avoid telephony costs altogether.

ICS News

ICS 2016 TRUSTEES' ANNUAL REPORT



ICS will develop a new ICS News website using the codename Wasabi design and new corporate branding roadmap.

ICS Shop

ICS will develop a new ICS ecommerce and membership platform to process merchandise sales, educational products and process and administer society membership using the codename Wasabi design and new corporate branding roadmap.

ICS Promotion Codes

ICS will create a new promotion codes system to enable sophisticated marketing campaigns tied in with commercial discounting of ICS products and intellectual property products.

ICS Committees

ICS will develop a new platform for ICS Committee Microsites using the codename Wasabi design and new corporate branding roadmap.

ICS Documents

ICS will develop a new platform for online document publishing which will deeply integrate with our Content Management System. This will obviate the current folder structure which mirrors the hierarchy of the website – instead documents will be hosted within the pages of the website making a much more intuitive and user-friendly experience.

ICS Institute

ICS will develop a new centre for online education giving a complete overview to all ICS online educational materials. This will broaden the scope of ICS TV and give a one-stop-shop portal to access ICS Research, Terminology, Science and Education.

Approved by the Trustees and signed on their behalf by:

Jerzy Gajewski Treasurer Date

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE INTERNATIONAL CONTINENCE SOCIETY

I report on the accounts of the charity for the year ended 31 December 2016 which are set out on pages 23 to 37.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the ICAEW.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

ICAE W
Goldwyns (Bristol) Limited
9 Portland Square
Bristol
BS2 8ST

Christopher Mark Brown

ICAEW

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME & EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 DECEMBER 2016

		Unrestricted Year	Restricted Year	Total Year	Total Year
		ended 31.12.16	ended 31.12.16	ended 31.12.16	ended 31.12.15 (as restated)
		£	£	£	£
Income from:	Notes				
Donations and legacies	2	1,654	22,193	23,847	50,357
Investments Charitable activities:	3	378	-	378	990
Gift aid donation from trading subsidiary		-	-	-	299,727
Subscription and royalties	4	237,675	-	237,675	231,874
Publications	5	25,605	-	25,605	-
Total income	_	265,312	22,193	287,505	582,948
Expenditure on: Charitable activities:					
Educational activities	6	163,257	25,130	188,387	210,804
Publication and membership	6	221,260	-	221,260	224,706
Total expenditure	-	384,517	25,130	409,647	435,510
Total income less total expenditure		(119,205)	(2,937)	(122,142)	147,438
Net gains on investment assets	13	70,604	-	70,604	7,792
Net income/(expenditure) and movement in funds	_	(48,601)	(2,937)	(51,538)	155,230
Reconciliation of funds:					
Fund balances brought forward		1,375,049	24,284	1,399,333	1,244,103
Fund balances carried forward		1,326,448	21,347	1,347,795	1,399,333

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derives from continuing activities

CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING CONSOLIDATED INCOME & EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 DECEMBER 2016

		Unrestricted Year ended 31.12.16	Restricted Year ended 31.12.16	Total Year ended 31.12.16	Total Year ended 31.12.15 (as restated)
		£	£	£	£
T	Notes				
Income from:					
Donations and legacies	2	1,654	22,193	23,847	50,357
Investments	3	389	_	389	1,013
Charitable activities:					
Annual meeting and trading	13	260,189	-	260,189	570,263
Subscription and royalties	4	237,675	-	237,675	231,874
Publications	5	25,605	-	25,605	-
Total income	_	525,512	22,193	547,705	853,507
Expenditure on:					
Charitable activities:					
Educational activities	6	163,257	25,130	188,387	210,804
Publication and membership	6	221,260	_	221,260	224,706
Annual meeting	6	273,828	-	273,828	265,487
Total expenditure	_	658,345	25,130	683,475	700,997
1 otal expellulture		038,343	23,130	065,475	100,991
Total income less total expenditure		(132,833)	(2,937)	(135,770)	152,510
Net gains on investment assets	13	70,604	-	70,604	7,792
Net income/(expenditure) and movement in funds	_	(62,229)	(2,937)	(65,166)	160,302
Reconciliation of funds:					
Fund balances brought forward		1,415,655	24,284	1,439,939	1,279,637
Fund balances carried forward	_	1,353,426	21,347	1,374,773	1,439,939

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derives from continuing activities.

BALANCE SHEET AS AT 31 DECEMBER 2016

		201	2016 2015		5
	Note	£	£	£	£
FIXED ASSETS:					
Intangible asset	11		2,329		2,484
Investments	13		718,397		647,793
			720,726		650,277
CURRENT ASSETS:					
Debtors	14	287,992		212,914	
Cash at bank and in hand		451,585		578,777	
		739,577		791,691	
CREDITORS: Amounts falling					
due within one year	15	112,508		42,635	
NET CURRENT ASSETS:			627,069		749,056
TOTAL ASSETS LESS CURRENT					
LIABILITIES:			1,347,795		1,399,333
FUNDS:					
Unrestricted funds	17		1,326,448		1,375,049
Restricted funds	17		21,347		24,284
			1,347,795		1,399,333

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2015.

The trustee's have not required the company to obtain an audit of its financial statements for the year ended 31 December 2015 in accordance with Section 476 of the Companies Act 2006.

The trustee's acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Dr J Gajewski - TRUSTEE

CONSOLIDATED BALANCE SHEET AS AT 31 DECEMBER 2016

	2016		2016		5
FIXED ASSETS:	Note	£	£	£	£
Intangible assets	12		2,329		2,484
Tangible assets	12		15,191		12,004
Investments	13		718,396		647,792
			735,916		662,280
CURRENT ASSETS:					
Stocks		-		6,077	
Debtors	14	160,357		172,277	
Cash at bank and in hand		612,647 773,004		656,519 834,873	
CREDITORS: Amounts falling					
due within one year	15	134,147		57,214	
NET CURRENT ASSETS:			638,857		777,659
TOTAL ASSETS LESS CURRENT LIABILITIES:			1,374,773		1,439,939
FUNDS:					
Unrestricted funds	17		1,353,426		1,415,655
Restricted funds	17		21,347		24,284
			1,374,773		1,439,939

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2015.

The trustee's have not required the company to obtain an audit of its financial statements for the year ended 31 December 2015 in accordance with Section 476 of the Companies Act 2006.

The trustee's acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2015).

STATEMENT OF CASH FLOWS AND CONSOLIDATED STATEMENT OF CASH FLOWS FOR YEAR ENDING 31 DECEMBER 2016

	Notes	Charity 2016 £	Charity 2015 £	Group 2016 £	Group 2015 £
Cash flows from operating activities: Net cash provided by (used in) operating activities	See	(127,570)	266,471	(33,525)	166,078
	below		·		
Cash flows from investing activities: Interest income		378	990	389	1,013
Purchase of property, plant and equipment Purchase of investments		-	(640,000)	(10,736)	(10,343) (640,000)
	-			(10.247)	
Net cash provided by (used in) investing activities	-	378	(639,010)	(10,347)	(649,330)
Change in cash and cash equivalents in the reporting period	<u>-</u>	(127,192)	(372,539)	(43,872)	(483,252)
Cash and cash equivalents at the beginning of the reporting period	<u>-</u>	578,777	951,316	656,519	1,139,771
Cash and cash equivalents at the end of the reporting period	<u>=</u>	451,585	578,777	612,647	656,519

NOTES TO CASH FLOWS:

RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Charity 2016 £	Charity 2015 £	Group 2016 £	Group 2015 £
	æ	a.	a.	a.
Net movement in funds	(51,538)	155,230	(65,166)	160,302
Add back depreciation/amortisation charge	155	156	7,704	5,493
Deduct interest income shown in investing activities	(378)	(990)	(389)	(1,013)
Deduct net gain on investments	(70,604)	(7,792)	(70,604)	(7,792)
Decrease (increase) in stock	-	-	6,077	910
Decrease (increase) in debtors	(75,078)	184,033	11,920	477,921
Increase (decrease) in creditors	69,873	(64,166)	76,933	(469,743)
Net cash (used)/gained in/from operating activities	<u>(127,570)</u>	266,471	(<u>33,525</u>)	166,078

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2016

1. ACCOUNTING POLICIES

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest \pounds .

The charity constitutes a public benefit entity as defined by FRS 102. The address of the registered office is given in the charity information on page 1 of these financial statements.

The principal accounting policies adopted by the charity in drawing up its financial statements are as follows:

(a) Reconciliation with previous Generally Accepted Accounting Practice

In preparing the accounts, the trustees have considered whether in applying the accounting policies required by FRS 102 and the Charities SORP FRS 102 a restatement of comparative items was needed. No restatements were required. In accordance with the requirements of FRS 102 a reconciliation of opening balances and net income for the year is provided below with the net income under previous GAAP adjusted for the presentation of investment gains as a component of reported income:

	Charity	Group
Reconciliation of reported net income	£	£
Net income as previously stated:	147,438	152,510
Adjustment for gains on investments now treated as a		
component of net income:	7,792	7,792
2015 net income as restated:	155,230	160,302

(b) Income

All incoming resources are including in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Incoming resources from subscriptions are recognised in the Statement of Financial Activities on a calendar year basis and are deferred where they are received in advance.

(c) Group Accounts

The results of Conticom-ICS Limited, a wholly owned subsidiary, have been consolidated on a line by line basis in the Statement of Financial Activities and the Balance Sheet.

(d) Legal Status of the Charity

The charity is a company limited by guarantee. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

(e) Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds donated for use in a particular area or for specific purposes, the use of which is restricted to that area of purpose.

(f) Investment assets

The investment in the subsidiary is stated at cost. Listed investments held for the continuing benefit of the charity and are treated as fixed assets and are valued at fair value at the balance sheet date.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2016

ACCOUNTING POLICIES continued.....

(g) Expenditure

All expenditure included in the Statement of Financial Activities is accounted for on an accruals basis.

Charitable activities include expenditure associated with educational activities, together with publication and membership, and include both the direct costs and support and governance costs relating to these activities.

Support and governance costs are those functions the assist the work of the charity but do not directly undertake charitable activities. These costs have been allocated to expenditure on charitable activities as set out in note 6.

Any irrecoverable VAT is charged to the Statement of Financial Activities or capitalised as part of the asset cost, where appropriate.

(h) Intangible Assets

The domain name is being amortised evenly over 20 years.

(i) Tangible Fixed Assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and fittings -25% on cost

Computer equipment -33% on reducing balance

(j) Foreign Currencies

Transactions in foreign currencies are recorded at the rate ruling at the date of transaction. Monetary assets and liabilities are retranslated at the rate of exchange ruling at the balance sheet date. All differences are taken to the Statement of Financial Activities.

(k) Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities over the period to which they relate.

(l) Pension costs

The charity operates a defined pension contribution scheme. Contributions payable for the year are charged in the Statement of Financial Activities.

(m) Debtors and creditors receivable/ payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2016

2.	DONATIONS AND LEGACIES		Charity	(Group
		2016 £	2015 £	2016 £	2015 £
	Other donors	23,847	50,357	23,847	50,357
		23,847	50,357	23,847	50,357
3.	INCOME FROM INVESTMENTS				
			Charity		Group
		2016 £	2015 £	2016 £	2015 £
	Interest receivable	378	990	389	1,013
		378	900	389	1,013
4.	INCOME FROM SUBSCRIPTIONS AND RO	DYALTIES		Charit 2016	y & Group 2015
	Subscription Income: Deferred balance brought forward Membership income received during the year Deferred balance carried forward			19,206 174,754 (28,079) 165,881	14,827 171,712 (19,206) 167,333
	Royalty income on subscriptions			71,794 237,675	64,541 231,874
5.	INCOME FROM PUBLICATIONS				
					y & Group
				2016	2015
	ICI hash in a ma			£	£
	ICI book income			25,605 25,605	
				23,003	

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2016

6. ANALYSIS OF CHARITABLE EXPENDITURE

		Publication &	Annual	Total	Total
	Activities	Membership	meeting	2016	2015
	£	£	£	£	£
Journal and other membership costs	_	48,984	_	48,984	49,592
Cost of publications	_	56,666	_	56,666	.,,,,,,
Travel and subsistence costs	48	48	_	96	6,696
Advertising and promotional events	2,247	-	_	2,247	3,630
Publication committee costs	172	_	-	172	308
Education committee costs	7,114	-	-	7,114	9,847
Nurses meeting costs	, -	-	-	-	(500)
Continence Promotion Committee cos	its -	-	-	_	5,964
Standardisation Committee costs	102	-	-	102	9,400
Awards, grants and fellowships	51,288	-	-	51,288	41,038
Educational activity costs	27,645	-	-	27,645	54,919
Printing and postage costs	676	676	-	1,352	2,920
Staff costs	75,200	90,991	-	166,191	156,981
Finance costs	5,685	5,685	-	11,370	10,164
Foreign exchange gain	(19,719)	(19,719)	-	(39,438)	-
Trustees' board costs	7,051	7,051	-	14,102	12,469
Support costs (see note 7)	8,347	8,347	-	16,694	20,380
Governance costs (see note 7)	22,531	22,531	-	45,062	51,702
Charity total	188,387	221,260		409,647	435,510
Annual meeting expenses			273,828	273,828	265,487
Group total	188,387	221,260	273,828	683,475	700,997
Group war	100,307	221,200	213,020	003,473	100,391

7. ANALYSIS OF GOVERNANCE AND SUPPORT COSTS

			Cha	arity & Group
	Educational	Publication &		
	Activities	Membership	Total	Total
	Costs	Costs	2016	2015
	£	£	£	£
Support costs:				
Phone	3,445	3,445	6,890	4,230
Insurance	562	562	1,124	890
Rent, rates, light and heat	3,590	3,590	7,180	7,168
Sundry	672	672	1,344	7,936
Amortisation	78	78	156	156
	8,347	8,347	16,694	20,380
Governance costs:				
Trustees' board costs	3,932	3,932	7,864	9,396
Indemnity insurance	285	285	570	960
Staff costs	10,303	10,303	20,606	19,754
Independent examiners fees (see note 10)	3,600	3,600	7,200	6,504
Legal and professional	4,411	4,411	8,822	15,088
	22,531	22,531	45,062	51,702

Support and governance costs have been allocated evenly between educational activities and publication and membership costs.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2016

8. TRUSTEES REMUNERATION

The trustees neither received nor waived any emoluments during the period (2015: £Nil).

Out of pocket expenses were reimbursed to trustees as follows:

		Charity & Group		Charity & Group	
		2016	2015	2016	2015
		Number	Number	£	£
	Travel and meeting expenses	4	7	8,066	9,348
	Education course expenses	-	2	_	1,569
	-			8,066	10,917
9.	STAFF COSTS	Ch	Charity		oup
		2016	2015	2016	2015
		£	£	£	£
	Wages and salaries	154,116	155,212	308,372	310,424
	National insurance contributions	14,814	15,663	29,627	31,326
	Pension contributions	15,597	4,865	31,193	9,730
	Recruitment and training	2,271	994	4,165	1,698
	<u> </u>	186,798	176,734	373,357	353,178

One employee earned more than £60,000 during the year.

The average number of full-time equivalent employees during the year were as follows:

	Charity		Group	
	2016	2015 20	2016	2015
	Number	Number	Number	Number
Governance	0.3	0.25	0.3	0.25
Educational activities	1.9	1.25	1.9	1.25
Publication and membership	2.3	2.50	2.3	2.50
Meeting co-ordinators	-	-	4.5	4
	4.5	4	9	8

The key management personnel of the group and the charity comprise the trustees, the administrative director and the I.T. director. The total employee benefits of the key management personnel of the group were £154,773.

10. INDEPENDENT EXAMINER'S REMUNERATION

The Independent Examiner's remuneration consists of the following:

	Charity		Group	
	2016	2015	2016	2015
	£	£	£	£
For independent examination	1,440	1,440	2,640	2,640
For accounting services	2,640	2,640	4,640	4,640
For preparation of consolidated accounts	1,440	1,440	1,440	1,440
For general advice, meetings & other services	1,680	-	1,680	1,050
	7,200	5,520	10,400	9,770

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2016

11.	CHARITY &	CONSOLIDATED	INTANGIBLE FIXED ASSETS

12.

At 31 December 2015

CHARTI & CONSOLIDATED INTAN	Doma nar		Totals £
COST At 1 January 2016	3,1	06	3,106
Additions Additions	3,1	00	3,100
At 31 December 2016	3,10	06	3,106
AMORTISATION	_		
At 1 January 2016 Charge for year		22 55	622 155
At 31 December 2016		<u></u>	777
NET BOOK VALUE At 31 December 2016		<u> </u>	2,329
At 31 December 2015	2,4		2,484
CONSOLIDATED TANGIBLE FIXED A	SSETS Fixtures and fittings	Computer	Total
	£	£	£
COST:			
At 1 January 2016 Additions	11,090 439	35,037 10,297	46,127 10,736
At 31 December 2016	11,529	45,334	56,863
DEPRECIATION:			
At 1 January 2016	9,274	24,849	34,123
	619	6,930	7,549
Charge for year			
At 31 December 2016	9,893	31,779	41,672
	9,893	31,779	41,672

1,816

10,188

12,004

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2016

13. CHARITY FIXED ASSET INVESTMENTS

CHARITY FIXED ASSET INVESTMENTS		£
COST: At 1 January 2016		647,793
Additions Increase in market value of investments		70,604 718,397
At 31 December 2016		718,397
NET BOOK VALUE: At 31 December 2016		718,397
At 31 December 2015		647,793
	2016 £	2015 £
Listed investments Unlisted investments	718,396	647,792
Total investments	718,397	647,793
The charity's investments at the balance sheet date in the share capital of unlisted following:	d companies in	nclude the
Conticom - ICS Limited Country of incorporation: England & Wales Nature of business: Conference facilitator %		
Class of shares: holding Ordinary 100.00		
Aggregate capital and reserves Profit/(loss) for the year	2016 £ 26,979 (13,628)	2015 £ 40,607 5,072
Results and net assets/(liabilities) of Conticom – ICS Limited		£
Turnover: Annual meeting income Trading income		253,029 7,160 260,189
Cost of sales		52,249
Gross profit		207,940
Administrative expenses (excluding gift aid donation)	-	221,579
Operating profit/(loss) Interest receivable and other similar income Net expenditure	-	(13,639) 11 (13,628)
Amount gift-aided to the charity Retained loss for the year Retained profit brought forward Retained profit/(loss)carried forward	-	(13,628) 40,607 26,979
Assets Liabilities		262,037 235,058

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2016

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		G	roup
	2016	2015	2016	2015
	£	£	£	£
Trade debtors	-	-	73,039	87,800
Prepayments and accrued income	3,760	4,368	14,973	28,286
Amounts due from group undertaking	213,419	152,355	-	-
Other debtors	70,813	56,191	72,345	56,191
	287,992	212,914	160,357	172,277

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity			Group
	2016	2016 2015		2015
	£	£	£	£
Trade creditors	6,211	-	7,711	864
Other creditors	2,837	4,287	7,735	8,965
Social security and other taxes	-	696	12,041	696
Accruals and deferred income	103,460	37,652	106,660	41,902
VAT	-	-	-	4,787
	112,508	42,635	134,147	57,214

16. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	Charity		(Group
	2016	2015	2016	2015
	£	£	£	£
Within one year	6,932	9,434	11,936	16,939
Between one and five years	6,270	7,712	6,270	17,719
After five years	-	482	-	482
	13,202	17,628	18,206	35,140

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2016

17. STATEMENT OF FUNDS

	At 01 January 2016 £	Income £	Expenditure £	$\begin{array}{c} \text{Gains} \\ \text{on} \\ \text{Investments} \\ \text{\pounds} \end{array}$	At 31 December 2016 £
Unrestricted funds: General fund	1,375,049	265,312	384,517	70,604	1,326,448
Total unrestricted funds	1,375,049	265,312	384,517		1,326,448
Restricted funds: Laborie Fellowship Continence Promotion Committee fund 3rd World Fistula work Pfizer grant Total restricted funds		22,193	4,800 - 20,330 25,130		
Total charity funds	1,399,333	287,505	409,647	70,604	1,347,795
Subsidiary funds (unrestricted)	40,607	260,199	273,828	-	26,978
Intercompany transactions	-	-	-	-	-
Total consolidated funds	1,439,939	547,705	683,475	70,604	1,374,773

The Continence Promotion Committee fund was established to support the activities of the Continence Promotion Committee. The Laborie Fellowship fund relates to a 3 year fellowship programme which commenced on 1 April 2011, the residual funds are under review and it is anticipated that they will be spent during 2017 or returned to the donor. A restricted donation was received 2 years ago to fund 3rd world Fitsula work. The Pfizer grant was received to fund international scholarships.

The General fund represents the free funds of the charity, which are not designated for particular purposes.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2015

18. ANALYSIS OF NET FUNDS BETWEEN FUNDS

CHADITY	Restricted	Unrestricted	Total
CHARITY	Funds £	Funds £	Funds £
Fund Balances at 31 December 2016 are represented by:	£	£	£
Fixed assets	-	720,726	720,726
Current assets	21,347	718,230	739,577
Current liabilities	-	112,508	112,508
Total Net Assets	21,347	1,326,448	1,347,795
	Restricted	Unrestricted	Total
GROUP	Funds	Funds	Funds
Fund Balances at 31 December 2016 are represented by:	£	£	£
Fixed assets	-	735,916	735,916
Current assets	21,347	751,657	773,004
Current liabilities	-	134,147	134,147
Total Net Assets	21,347	1,353,426	1,374,773

19. PENSION COMMITMENTS

During the year, the group paid into a defined contribution pension scheme. The total for the year of £31,193 (2015: £9,730) is included within expenditure in the Statement of Financial Activities.

There were outstanding group contributions of £Nil (2015: £529) as at 31 December 2016.

20. TAXATION

As a registered charity the International Continence Society is exempt from taxation of income and gains falling within Section 505 Taxes Act 1988 or Section 256 Taxation of Chargeable Gains Act 1992 to the extent these are applied to its charitable objects. No tax charge has arisen during the year. No tax charge has arisen in the subsidiary as its profits are donated by way of Gift Aid to the charity.

21. RELATED PARTY TRANSACTIONS

There are no related party transactions that require disclosure.