

Refractory OAB

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Treatment Options

- Combo meds + behavioral
- PTNS
- SNS
- Botulinum toxin

Case #1

- 18yo female with lifelong OAB and urgency incontinence
- 50% reduced on solifenacin 10mg daily, moderate dry mouth.

What if the age is 75?

What if there is associated chronic constipation?

Case #2

- 58yo female who leaks with cough only
- Voids every hour during the day and every 2 hours at night.
- Urgency, urge incontinence daily
- Exam 30 degrees BN mobility, good support, no SUI

STANFORD CENTER FOR NEUROUROLOGY
 VOIDING DIARY

09-18-2009 11:00AM
 VF 0038183

NAME: _____

NEXT APPOINTMENT DATE: _____

FBC 1: B15 FBC 2

Day/Date	am	7am	9am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	am	2am	3am	4am	5am		
Sept 9/20	6:00	5:50	2:50		2:00	2:45	6:00	1:15	1:15	5:00	4:00	4:50	1:30	2:30	1:50								
Sept 9/21	6:00	7:00		7:5	7:30		8:00		8:00	8:00	8:00	8:00	8:00	8:00	8:00	8:00	8:00	8:00	8:00	8:00	8:00	8:00	8:00

* PLEASE RECORD THE TIME AND AMOUNT OF EACH VOID FOR AT LEAST TWO DAYS.
 * IF INCONTINENCE IS A PROBLEM, TRY TO RECORD WHEN THE LEAKAGE OCCURS.
 * IF YOU WEAR PROTECTIVE PADS BECAUSE OF URINE LEAKAGE, MAKE A CIRCLE EACH TIME YOU CHANGE THE PAD.

OMP-VOID DIARY (Rev 10/05)

Case #3

- 62yo G2 P2 (both by C-section), diabetic x 2 years, CAD s/p angioplasty x 2
- SUI coughing only
- Moderate urge, leaks on the way to the toilet daily

What do you need to know now?

- Grade 2 SUI
- Exam normal anatomy?
- PVR 150cc?

Case #4

- A 36yo female presents with the complaint that her UI is worse since undergoing a mid-urethral sling 5 months ago

How does your thinking change if the procedure was a TOT sling and repair stage 3 cystocele?