



Men need information about incontinence "Forewarned is forearmed... the information takes away some of the fear... it helps you to deal with your situation more easily and confidently"

"I didn't know there were so many products for urinary and bowel incontinence.... I am better informed on the range of incontinence products I might need."

Men need information about catheters "I didn't know how the catheter stayed in the bladder!"

Men need reassurance that "I am not the only one"



For information about catheters and incontinence management go to <u>www.prostatecontinence.org</u>

