

# ICS Trustee Application Form

To apply for an ICS Trustee position, you must be nominated and seconded by two ICS members. Please advise them to send an e-mail to the ICS office confirming this. Please complete the information below and send the completed form to [info@ics.org](mailto:info@ics.org) by 1 March 2018 in order for your nomination to be considered.

We also ask that in addition to the below you also update your online “Biography” with a mission statement (no more than 300 words) outlining your goals and initiatives should you be elected as a Trustee:

<https://www.ics.org/VContactEdit.aspx>

## Language

Whilst the ICS is an international organisation, English is the official language of the society. It is expected therefore that Trustees members must have a good understanding of spoken and written English, and should feel confident speaking within the Board environment.

<b>Name</b>	CRISTINA NARANJO ORTIZ
<b>Occupation</b>	PROFESSOR IN PHYSIOTHERAPY
<b>Country of Residence</b>	SPAIN
<b>Qualifications</b>	PhD, PT, Anthropologist, Master in Research in Health Science
<b>ICS Membership Number</b>	6195

<b>Position applying for</b>	TRUSTEE (allied profession)
<b>Nominated by</b>	DAVID CASTRO-DIAZ
<b>Seconded by</b>	SHERIF MOURAD

## 300 word Mission statement to include your aims, goals and initiatives should you be elected

The ICS is a recognized and valued forum in the scope of continence and during the last years the predominant position as leadership in the field of incontinence, pelvic floor disorders and LUTS was recovered. The development of the New Strategic Plan is a key point to the maintain of the ICS in its rightful place in the field of incontinence, pelvic floor disorders and lower urinary tract dysfunction. Therefore, the development of the New Strategic Plan must be one of the main aims of every member of the Board of Trustees. Allied Professions, like nursing and physiotherapy, are important within the multidisciplinary team trying to answer the issues we face in the clinical setting. It is important to maintain and develop new researches of the high-quality research in multidisciplinary teams and to share the results, and the ICS should be the environment where this evolution should take place.

According to the Strategic Plan, the main objectives for the ICS and the members of the Board of Trustees, must include a clear contribution to the development of educational activities, should restore the reputation of the ICS and ensure financial health in the foreseeable future. The ICS should be the reference organization to centralize the development of educational plans and clinical guidelines, developed in collaboration with other associations (IUGA, SINUG, etc.) as well as promoting relations with universities, associations and entities such as associations of disabled people, sports associations, paralympic athletes, which share common goals and can benefit from the knowledge and scientific development that occur in the ICS. These entities could provide financial assistance for the ICS with scholarships and awards. The develop of ICS Institute would be a perfect place to continue and firm up the educational purpose of the ICS.

My main aim as a member of the Board of Trustees would be to cooperate with the Board to contribute to achieving the objectives established in the Strategic Plan and enhance the visibility of allied professions within the multidisciplinary team, to represent the disciplines and the contributions that can be made from this field. Working together will help the ICS to be positioned in the proper place within the research world.

I sincerely believe that renewing my position for the next three years is necessary to continue and reinforce the work I have been doing in the Board of Trustees to achieve greater recognition of the allied professions.

**Outline the skills, abilities and experience and what qualifications, if any, you could bring to this position, in pursuit of the Mission you have outlined? (200 words maximum)**

My extensive experience as a Professor and at the Rector's Office and in the development of numerous research projects and national and international publications can help with the development of educational activities and research. To maintain current knowledge and to develop innovative treatments for patients, it is essential to perform daily clinical practice, as I do in my daily life at the hospital. As I have mentioned above and as you can see from my CV, I have gained wide experience that can be used in the benefit and for development of the ICS. Also, I have a good ability to interact with other professionals, and excellent organizational skills.

Qualifications

- PROFESSOR (CAMILO JOSE CELA UNIVERSITY, MADRID – SPAIN)
- DIRECTOR OF ACADEMIC AFFAIRS (R.C.U. SANTA CRISTINA, COMPLUTENSE UNIVERSITY, MADRID – SPAIN)
- HEAD OF REHABILITATION UNIT (FISIOTERAPIA PÉLVICA AVANZADA MADRID – SPAIN)
- MEMBERSHIP:
  - Physiotherapy School of Madrid
  - International Continence Society
    - Member of ICS Physiotherapy Committee since 2013
    - Member of ICS Ethics Committee since 2013
    - ICS BOARD OF TRUSTEES: Trustee (Allied Professions Representative) since 2015
  - European Association of Urology
  - SINUG
- SCIENTIFIC COMMITTEES:
  - International Urogynaecology Journal - Reviewer
  - Physiotherapy and Outreach Journal – Reviewer
  - ICS 2014 CONGRESS – Scientific Committee

Please confirm if you hold any other positions within other societies: **Yes (list out roles and societies if Yes)**

- Physiotherapy School of Madrid – Member
- International Continence Society
  - Member of ICS Physiotherapy Committee since 2013
  - Member of ICS Ethics Committee since 2013
  - ICS BOARD OF TRUSTEES: Trustee (Allied Professions Representative) since 2015
- European Association of Urology – Member
- SINUG – Member

Do you already hold the position and are standing for re-election? **Yes**

**Check list**

X I am an ICS member

- X I have completed an online disclosure here: <http://www.ics.org/Disclosures/DisclosureStatement.aspx>
- X I have uploaded a photo to my membership profile <https://www.ics.org/VContactEdit.aspx>
- X I submit a short CV alongside this form (6 pages maximum)
- X I have read the below canvassing policy. See Appendix I

I hereby confirm that I have completed my disclosure form/declaration of interest via my membership record on the ICS website, that I have read and understood the ICS Memorandum, Articles, and Bylaws, and the ICS Code of Conduct and agree to abide by these. If elected I understand what would be required of me to undertake an ICS position, and that I would accept the position. I also note that I am unable to canvass for my election to this post. In addition, I confirm that I am an upstanding member of the ICS and can confirm that I am not the subject of any disciplinary investigations, internal or external to my workplace.

Click here to view the [ICS Bylaws and Code of Conduct](#) & [Memorandum and Articles of Association](#)



Signed:

Date: \_\_11/01/2018\_\_

## **APPENDIX I**

### **ICS policy on campaigning**

Campaigning for ICS elected positions is not permitted by applicants or members. Any campaigning, be it positive or negative, will result in the disqualification of the candidate. The Board of Trustees' judgement will be final in determining whether a candidate has engaged in positive or negative campaigning. Negative campaigning is not permitted by any candidate or ICS member and will be considered a violation of the ICS Code of Conduct. This policy is in effect at all times and for any position.

During the voting period candidates' application forms will be circulated by the ICS office for all members to view. In addition, the ICS office will periodically contact all ICS members to encourage voting and provide direct links to the voting section of the ICS website.

**CRISTINA NARANJO-ORTIZ, PT, Ph.D**

+34 609 036 670 – cnaranjoortiz@gmail.com

## **EDUCATION**

Ph.D. in Research in internal and external hospital care health (2010-2011)

Title: Urodynamic approach to the refractory treatment of female urinary incontinence with anticholinergics. (Qualification: Cum Laude)

Faculty of Medicine, Alfonso X University (Madrid, Spain)

Master's Degree in Health Research (2009-2011)

Faculty of Health Sciences, Alfonso X University (Madrid, Spain)

Advanced Diploma in Osteoarticular Physiotherapy (2007-2009)

Physiotherapy College, Autonoma University (Madrid, Spain)

Bachelor's Degree in Social and Cultural Anthropology (2006-2009)

Faculty of Politics Sciences, Complutense University (Madrid, Spain)

Certificate of Expertise in Physiotherapy in Gynaecology and Obstetrics (2004-2005)

Faculty of Health Sciences, European University (Madrid, Spain)

Master in Psychomotricity – Psychomotor Prevention and Reeducation (2003-2005)

Complutense University (Madrid, Spain)

Degree in Physiotherapy (1997-2000)

General Military Hospital, Faculty of Health Sciences, Alfonso X University (Madrid, Spain)

## **CLINICAL EXPERIENCE**

Advanced Pelvic Physiotherapy Madrid (2015 to Current)

Director – Physiotherapist

MDS 360 Clinic (2015-2016)

Director

Madrid Urology Unit, URO S. XXI (2008-2015)

Urodynamics, Rehabilitation and Functional Urology Unit at Virgen del Mar Hospital, CENTRO Clinic and NISA Pardo Aravaca Hospital

Director – Physiotherapist

Cinca Gynaecologist Institute (2003-2008)

Pelvic Floor Unit – Physiotherapist

FREMAP Hospital (2004)

Rehabilitation Unit – Physiotherapist

ABASCAL Preparation Center for Childbirth (2000-2003)

Pelvic Floor Unit – Physiotherapist

## **ACADEMIC TEACHING EXPERIENCE**

University School Maria Cristina, Complutense University (Madrid, Spain) (2016 to Current)  
Professor of Health Research and Information Technologies Applied to Health Sciences  
Director of final degree projects

Medical School of Physical Education and Sports, Complutense University (Madrid, Spain) (2014-2017)  
Professor of Biomechanics

Faculty of Health Science, Camilo Jose Cela University (Madrid, Spain) (2016-2017)  
Professor of Physiotherapy  
Director of final degree projects

Faculty of Health Science, Nebrija University (Madrid, Spain) (2012-2016)  
Coordinator and Professor of Health Research and Information Technologies Applied to Health Sciences  
Coordinator and Professor of Specific Methods in Physiotherapy, specialty in Physiotherapy in Urogynaecology, Obstetrics and Proctology  
Director of final degree projects

Faculty of Health Sciences, Alfonso X University (Madrid, Spain)  
Director of final degree projects (2010-2012)  
Coordinator and Professor of Health Research and Information Technologies Applied to Health Sciences (2010-2012)  
Coordinator and Professor of Anthropology in Health Sciences (2010-2012)  
Professor of General Pathology, specialty in Physiotherapy in Urogynaecology, Obstetrics and Proctology (2005-2012)

## **ACADEMIC LEADERSHIP EXPERIENCE**

University School Maria Cristina, Complutense University (Madrid, Spain) (2016 to Current)  
Director of Academic Development

Faculty of Health Science, Nebrija University (Madrid, Spain) (2012-2016)  
Director of Academic Projects Development  
Associated with the vice-rectorate of Academic Development  
Academic Tutor

Faculty of Health Sciences, Alfonso X University (Madrid, Spain) (2005-2012)  
Deputy Academic Director Podiatry and Physiotherapy Degree  
Associate Director of Academic Development  
Director of Credit Recognition Courses for Faculty of Health Sciences Degrees  
Supervisor of academic tutors  
Academic Tutor

## **PUBLICATIONS AND PRESENTATIONS**

### **Books / Chapters of Books**

Naranjo Ortiz, C. (2013) Female Urinary Incontinence. Academica Española Ed. ISBN: 978-3846560730

Naranjo Ortiz, C., Clemente Ramos, LM., Salinas Casado, J., Jiménez Herranz, E. (2013) "Post-traumatic neurogenic bladder. Finding a diagnosis" at Villar Martínez, A., Moreno Sierra, J., Salinas Casado, J. Uroimagen. Treaty of Urology". Loki & Dimas Eds. Madrid (Spain) ISBN: 978-84-940671-7-4

Zaragozá Arnáez, F. y Naranjo Ortiz, C. "Solids mixture" at Lozano Estevan, M.C., Córdoba Díaz, D. y Córdoba Díaz, M. (2012) "Manual of Pharmaceutical Technology". Elsevier. Barcelona (Spain) ISBN: 978-84-8086-600-2

Jiménez Herranz, E. y Naranjo Ortiz, C. "Pathology of the female reproductive system" at Ramos Álvarez, J.J. y Jiménez Herranz, E. (2009) Manual of Special Surgical Medical Medicine. Alfonso X El Sabio Foundation and Bellisco Eds. Madrid (Spain) ISBN: 978-84-952-7703-9

Naranjo Ortiz, C. y Alonso Melero, R. "Assessment of the patient with nephrourological problems" at Ramos Álvarez, J.J. y Jiménez Herranz, E. (2009) Manual of Special Surgical Medical Medicine. Alfonso X El Sabio Foundation and Bellisco Eds. Madrid (Spain) ISBN: 978-84-952-7703-9

Naranjo Ortiz, C. y Rey Varela, M. A. "Urinary Incontinence" at Ramos Álvarez, J.J. y Jiménez Herranz, E. (2009) Manual of Special Surgical Medical Medicine. Alfonso X El Sabio Foundation and Bellisco Eds. Madrid (Spain) ISBN: 978-84-952-7703-9

### **Papers**

Naranjo-Ortiz C, Shek KL, Martin AJ, Dietz HP (2016) What is normal bladder neck anatomy? Int Urogynecol J. ISSN: 0937-3462. PMID: 26700104

Ramos Álvarez, JJ., Del Castillo-Campos, MJ., Polo-Portés, CE., Lara-Hernández, MT., Jiménez-Herranz, E., Naranjo Ortiz, C. (2016) Comparative study between symmetrical and asymmetrical sports through static structural analysis in adolescent athletes. Archivos de Medicina del Deporte, 33(2), num 172, pgs 94-98. ISSN: 0212 – 8799

Naranjo Ortiz, C., Clemente Ramos, LM., Salinas Casado, J. y Méndez Rubio, S. (2012) Urodynamic approach to the refractory treatment of female urinary incontinence with anticholinergics. Archivos Españoles de Urología, num 65/10, pgs 879- 886. ISSN: 0004-0614.

Verdejo Bravo, C., Salinas Casado, J., Naranjo Ortiz, C., Clemente Ramos, LM., Ramos Álvarez, JJ. Y Méndez Rubio, S. (2010) Female urinary incontinence: prognostic variables of the effectiveness of antimuscarinic treatment. Revista Española de Geriatria y Gerontología, núm. 45/03. ISSN: 0211 – 139 X

### **Oral Presentations, Lectures and Conferences**

Naranjo Ortiz, C. POP: Evaluation and Conservative Management. Congress: SINUG 2017. Tenerife (Spain)

Naranjo Ortiz, C. Treatment of the pelvic floor in the patient of the Third Age. Technical Symposium: Update of the physiotherapy approach in the area of nursing homes for the Community of Madrid. 2017. Madrid (Spain)

Naranjo Ortiz, C. Sociocultural Basis of Female Genital Mutilation. Congress: International Continence Society Annual Meeting. 2017. Florence (Italy)

Naranjo Ortiz, C. Is the Physiotherapy the initial treatment in SUI? International Continence Society Annual Meeting. 2017. Florence (Italy)

Naranjo Ortiz, C. Conservative Management in Urinary Retention in Women. Congress: International Continence Society Annual Meeting. 2017. Florence (Italy)

Naranjo Ortiz, C. Utility of pelvic floor rehabilitation in the eutocic postpartum. Congress: Prevention and management of obstetric trauma. Pregnancy, childbirth and puerperium. 2016. Mexico DF (Mexico)

Naranjo Ortiz, C. Physiotherapy in the Management of Post-Prostatectomy incontinence. 28th CONGRESS OF THE DEUTSCHE CONTINENCE ASSOCIATION. 2016. Baden-Baden (Germany)

Naranjo Ortiz, C. Conservative Management in Urinary Retention in Women. International Continence Society Annual Meeting. 2016. Tokyo (Japan)

Naranjo Ortiz, C. Roundtable: Pelvic Floor Muscle Training. The best evidence. XIV SINUG International Congress. 2016. Oporto (Portugal)

Naranjo Ortiz, C. Urinary Retention in Women: Conservative Management. International Continence Society Annual Meeting. 2015. Montreal (Canada)

Naranjo-Ortiz C, Clemente-Ramos LM, Jiménez-Herranz E, González-Romero GM, Moya-Briñas A. Approach to the treatment of urinary stress incontinence with co2 vaginal laser. International Continence Society Annual Meeting. 2015. Montreal (Canada)

Naranjo-Ortiz C, Clemente-Ramos L M, Jiménez-Herranz E, Aparicio-Goñi M I, Guillén- Martínez L. Validation of treatment with sedative medium frequency electrotherapy for OAB, urge-incontinence and LUTS. International Continence Society Annual Meeting. 2015. Montreal (Canada)

Naranjo Ortiz, C. Role of Physiotherapy in the Management of Post-Prostatectomy incontinence. Meeting: Update on Functional and Female Urology / Master in Urogynaecology Of University Of Perugia (Italy). 2015. Tenerife (Spain)

Naranjo Ortiz, C. State of the Art: Physiotherapy approach of UI. XII International Congress SINUG. 2014. San Sebastian (Spain)

Verdejo Bravo, C., Salinas Casado, J., Naranjo Ortiz, C., Clemente Ramos, LM., Bezerra, E. and Méndez Rubio, S. Main Clinical and Urodynamic data of older women with nocturnal urinary incontinence. 7<sup>th</sup> Congress of the EUGMS (European Union Geriatric Medicine Society). 2011. Málaga (Spain)

Naranjo Ortiz, C. Rehabilitation in Postprostatectomy Urinary Incontinence. XXI Annual Meeting of the Functional, Feminine and Urodynamic Urology Group. Spanish Association of Urology. 2015. Murcia (Spain)

Clemente Ramos, LM., Naranjo Ortiz, C., Navarro Sebastián, FJ., Caperos Montalbán, JM (2013) Approach to the treatment of Peyronie's disease by iontophoresis with Verapamil and Dexamethasone. LXXVIII Congress of the Spanish Association of Urology. 2013. Granada (Spain)

Naranjo Ortiz, C., Clemente Ramos, LM., García González, JJ., Navarro Sebastian, FJ. (2012) Urodynamic approach to the refractory treatment of female urinary incontinence with anticholinergics. Meeting: 2nd Conference of Hospital Physiotherapy. 2012. Madrid (Spain)

Verdejo Bravo, C., Salinas Casado, J., Naranjo Ortiz, C., Clemente Ramos, LM., Bezerra, E. y Méndez Rubio, S. Main Clinical and Urodynamic data of older women with nocturnal urinary incontinence. 53rd Congress of the Spanish Society of Geriatrics and Gerontology. 2011. Málaga (Spain)

Verdejo Bravo, C., Salinas Casado, J., Naranjo Ortiz, C., Clemente Ramos, LM., Bezerra, E. y Méndez Rubio, S. Main Clinical and Urodynamic data of older women with nocturnal urinary incontinence. 32nd Congress of the Andalusian Society of Geriatrics and Gerontology. 2011. Málaga (Spain)

Naranjo Ortiz, C., Clemente Ramos, LM., Méndez Rubio, S., Salinas Casado, J., Jiménez Herranz, E. Optimization of the results in the anticholinergic treatment of female urinary incontinence. XIX Annual Meeting of the Functional, Feminine and Urodynamic Urology Group. Spanish Association of Urology. 2011. Alicante (Spain)

Clemente Ramos, LM., Naranjo Ortiz, C., Méndez Rubio, S., Salinas Casado, J., Ramos Álvarez, JJ. Female nocturnal urinary incontinence: descriptive analysis and identification of associated urodynamic data. XIX Annual Meeting of the Functional, Feminine and Urodynamic Urology Group. Spanish Association of Urology. 2011. Alicante (Spain)

León Rueda, ME, Salinas Casado, J., Naranjo Ortiz, C., Clemente Ramos, LM., Verdejo Bravo, C., Méndez Rubio, S., Ramos Álvarez, JJ., Casado Varela, J., Silmi Moyano, A. Female urinary incontinence: prognostic variables of the effectiveness of antimuscarinic treatment. XXIII Congress of the Andalusian Association of Urology. 2010. Huelva (Spain)

Verdejo Bravo, C., Salinas Casado, J., Naranjo Ortiz, C., Clemente Ramos, LM., Ramos Álvarez, JJ. Y Méndez Rubio, S. Female urinary incontinence: prognostic variables of the effectiveness of antimuscarinic treatment. 52th Congress of the Spanish Society of Geriatrics and Gerontology. 2010. Valladolid (Spain)

Verdejo Bravo, C., Salinas Casado, J., Naranjo Ortiz, C., Clemente Ramos, LM., Ramos Álvarez, JJ. Y Méndez Rubio, S. Female urinary incontinence: prognostic variables of the effectiveness of antimuscarinic treatment. 15th Congress of the Geriatrics and Gerontology Society of Castilla y León. 2010. Valladolid (Spain)



Moreno de la Fuente, J.L., Rodríguez Balsalobre, A., Naranjo Ortiz, C., Moreno González, R., Trujillo González, A. Painful ankle. International meeting of surgery and treatment of the foot. 2005. Madrid (Spain)

### **RESEARCH EXPERIENCE AND HONORS**

Alfonso X University – Santander Foundation. Research Project: Treatment of OAB syndrome with medium frequency electrotherapy. 2017

Nepean Medical School – University of Sydney (Australia). Pelvic Floor Unit – Nepean Hospital (Prof. H. P. Dietz). Research Project: What is normal bladder neck anatomy? 2014

Pfizer International Scholarship Award – International Continence Society. Research Scholarship. 2014. <http://www.ics.org/news/318>

San Rafael Hospital - San Juan de Dios Foundation. Physiotherapy Department. Research Project: Interference of cognitive processes on balance and postural control in the prevention of the risk of falls. 2014

Alfonso X University – Santander Foundation. Iontophoretic treatment of Peyronie's disease. 2011

Alfonso X University – Santander Foundation. Urodynamic approach to the treatment of female urinary incontinence with anticholinergics. 2011

Madrid Urology Unit, URO S. XXI. – Virgen del Mar Hospital. Research Project: Treatment of Peyronie's disease with iontophoresis with verapamil and dexamethasone. 2010

VII National Congress of Research in Health Sciences. 2010. Member of the Evaluation Committee: Member of the Physiotherapy table. Military Hospital "Gómez Ulla"

VI National Congress of Research in Health Sciences. 2009. Member of the Evaluation Committee: Member of the Physiotherapy table. Military Hospital "Gómez Ulla"

### **NON-UNIVERSITY ACADEMIC TEACHING EXPERIENCE**

Introduction Course to Urogynaecology Pathology. 2016. University Hospital. Alcorcón Foundation. Madrid (Spain).

Chronic Pelvic Pain Update Seminar. 2016. Official College of Physiotherapists of the Canary Islands. Tenerife (Spain)

Course of Physiotherapy in Urology. 2014. Professional College of Physiotherapists Madrid. Madrid (Spain)

Course of Pelvic Floor Physiotherapy. 2011. Primary Care Management Junta De Castilla y León. Ávila (Spain)

Course in Incontinence and Pelvic Floor Dysfunction in Primary Care. 2011. Laín Entralgo Agency. Madrid (Spain)

### **PROFESSIONAL AFFILIATIONS**

Iberoamerican Society of Neurourology and Urogynaecology – SINUG  
Member (2014 to current)

European Association of Urology – EAU  
Member (2013 to current)

International Continence Society – ICS  
Trustee (2015 to current)  
Ethics Committee Member (2013 to current)  
Physiotherapy Committee Member (2013 to current)  
ICS Wiki Editor – Standardisation of Terminology Committee Member (2013-2015)  
Member (2009 to current)

### **SCIENTIFIC COMMITTEES**

INTERNATIONAL UROGYNECOLOGY JOURNAL  
Reviewer

Physical Therapy - OPEN ACCESS  
Reviewer

SCIENTIFIC COMMITTEE ICS ANNUAL MEETING 2014  
Rio de Janeiro (Brasil), 20/24 octubre 2014

### **OTHER SKILLS**

English – Fluent

Spanish – Native