ICS Pfizer Fellowship Report

Jonia Amer Alshiek

Background and current work:

My name is Jonia Amer Alshiek . I am a consultant Urogynaecologist for the last 2.5 years at the Sorasky Medical Center , Gynecology and Obstetrics department, Urogynecology and Pelvic Floor Unit Tel Aviv, Israel

Location and site:

Department Director S. Abbas Shobeiri, Professor and Vice Chair, Gynecologic Subspecialties, INOVA Women's Hospital. Located at the Virginia Commonwealth University, Bioengineering, George Mason University.   My experience with the host was great, everything is well organized, fast responses, and a lot of help along the process.

Expectations and learning objectives:

My learning objectives were:
- Learning and training in pelvic floor ultrasound
- Research in the field of pelvic floor ultrasound particularly 3-dimensional ultrasound

Specific details of learning and activities whilst on placement:

1. I had been given a great opportunity to be with Dr. Shobeiri learning how to conduct high quality research, writing and reviewing manuscripts well. I also had the great opportunity writing with prof. Shobeiri 4 book chapters and many research papers.
2. I had a great exposure for US examinations and learnt how to read images and analyse the data.

Two examples of studies that we sent for publications:

1. Age-related changes in pelvic floor muscles and their association with pelvic floor symptoms in nulliparous women.
2. The effect of aging on pelvic floor pressure measurements in nulliparous women

One of which was presented during the ICS 2018 conference and the other will be presented as an oral presentation in the AUGS 2018 Chicago.

Conclusion:

Thank you for the ICS/Pfizer grant and the opportunity for training. I will implement the gained research, ultrasound and the clinical skills for better management and treatment of urogynaecological disorders and complications.   In addition, these skills will help me to become a better educator and a researcher. This research opportunity is for advanced learners who are self-motivated to analyse the data and compile the manuscripts for publication.