





PRELIMINARY PROGRAMME



WELCOME MESSAGES

MIPS PRESIDENT

Dear Friends and Colleagues,

It gives me great pleasure, as the President, to announce The Sixth MIPS Annual meeting.

The venue is the beautiful city of Barcelona, Spain- the headquarters of the Union for the Mediterranean and one of the largest metropolises on the Mediterranean Sea with a rich historical and cultural heritage and spectacular sandy beaches.

The meeting will be held on 25-27 April, 2019 in the Barcelona World Trade Centre located right on the seafront, just a few minutes from downtown Barcelona.

The scientific theme is "Bringing global scientific evidence to daily clinical practice in the Mediterranean region". Congratulations to our Host Chair: Dr, Carlos Errando-Smet, The Vice- President of MIPS, who will most certainly organize an excellent meeting to build on the outstanding successes of the previous five annual MIPS meetings.

The scientific programme is, as always, multi-disciplinary and specific to health care provider's educational needs and training priorities as well as patient care in the Mediterranean countries. There will be two awards for the best basic science and clinical presentation.
The two winners will receive free MIPS annual subscription for 2019 as well as free registration for MIPS 2020. I advise

our young colleagues, whether fellows or residents, to use this opportunity, to share their research findings with Mediterranean colleagues.

Dr. Errando-Smet and our Executive Director, Mrs. Natalia Trotta, with the local organizing committee have organized a very interesting social programme for attendees and spouses.

We are currently working on the scientific programme and hope to publish the first announcement by the second week of November on the website.

We would like to cordially invite you to attend our sixth annual meeting. This is an occasion to further the scientific interaction and friendship betwéen health care providers working in the Mediterranean region with a consequent positive impact on incontinence care and service delivery to our patients.

Your participation in the Business Annual General Meeting of Members is very important to us because we want to listen to your views and ideas and maintain our personal interaction with all of our members.

Carlos, Natalia and I are very much looking forward to welcome you in Barcelona in April, 2019!

Diaa Rizk, MIPS President

MEETING CHAIR

Dear Urogynaecologists, Urologists and Physiotherapists from the Mediterranean Countries, I am very pleased to invite you to our Sixth Annual Meeting to be held in Barcelona, Spain on 25-27 April, 2019. From its foundation around 2000 B.C. under the different names of Barcilo, Barcinom or Barkeno, the city has always influenced the social cultural and economical development of our Mediterranean culture. Taking advantage of attending an outstanding scientific event, you will also have the opportunity to enjoy a versatile city in the Spring, the best time of the year to visit Barcelona.

The meeting will take place in the Barcelona World Trade Center, located right on the seafront, just a few minutes from downtown. Topics related to Urogynaecology, Reconstructive and Functional Urology and Pelvic floor Physiotherapy will be discussed and debated with the objective of integrating the global scientific evidence in these fields to clinical practice in our unique Mediterranean setting.

I hope to see you all in Barcelona in April 2019..

Carlos Errando, Meeting Chair

MIPS 2019





25 APRIL

| 11.00-11.45 | Registration | |
|--|---|--|
| 11.45-12.00 | Opening Ceremony D. Rizk, C. Errando | |
| 12:00 – 14:00 | Plenary Session 1 - Surgical management of POP: controversies in 2019 Chair: D.Rizk | |
| 12:00 – 12:20 12:20 – 12:40 12:40 – 13:00 | What is the place of classical vaginal surgery in 2019? What is the place of vaginal mesh surgery in 2019? The vaginal mesh 2.0 What is the place of laparoscopic sacro-colpopexy of the anterior and apical | E. Bataller M. Cervigni |
| 13:00 – 13:20 13:20 – 13:40 | compartment in 2019? ICS Lecture: Meshes for POP surgery: Official statements and legal situation in 2019 Implications in the Mediterranean setting & Discussion | E. Constantini D. Castro Diaz D.Rizk |
| 13:40-14:30 | Welcome Buffet | |
| 14:30 - 15:30 | Plenary Session 2 - Faecal incontinence Chair: C. Errando | |
| 14:30 – 14:50 14:50 – 15:10 15:10 – 15:30 | Usefulness of functional studies in selection of therapy for faecal incontinence What can be expected from Physiotherapy in faecal incontinence? What can be expected from Sacral Neuromodulation for faecal incontinence | P. Clavé S. Kauffmann M. Pascual |
| 15:30 – 16:30 | Podium Presentations 1 Chairs: T. Grigoriadis, F. Dokmeci | |
| 16:30-17:30 | Neomedic Symposium | |
| 17:30-18:00 | Coffee Break | |
| 18:00-19:20 | Plenary Session 3 - Male IOE Chair: E. Constantini | |
| 18:00-18:20 18:20-18:40 18:40-19:00 19:00-19:20 | Avoiding the cost of an Artificial Sphincter in Mediterranean Setting How much can be improved with PFMT? Adjustable Sling Fixed Sling | C. Konstantinidis D. Scepanovic L. Wagner S. Arlandis |
| 19:30 | MIPS BOARD MEETING | |
| 21:30 | Faculty Dinner | |

MIPS 2019

Barcelona



26 APRIL

| 08:00-09:00 | Podium Presentations 2 Chairs: F. Dokmeci, S. Tosson | |
|----------------------------|--|------------------------------------|
| 09:00-10:20 | VIDEO SESSION - Laparoscopy in urogynaecology: video session Chair: M. Cervigni | |
| 09:00-09:20 | Laparoscopic sacro colpocropexy: Tips and Tricks | E. Constantini |
| 09:20-09:40 | Mini-laparoscopic sacrocolpopexy for apical and posterior female pelvic organ prolapse | M. Blaganje |
| 09:40-10:00 10:00-10:20 | Vaginally assisted laparoscopic sacrocolpopexy Laparoscopic Artificial Sphincter placement | T. Grigoriadis L. López-Fando |
| | | |
| 10:20-11:20 | Boston Scientific Symposium | |
| 11:20-11:40 | Coffee Break | |
| 11:40-14:00 | Plenary Session 4 - What is new in OAB in 2019 | |
| | Chair: S. Arlandis | |
| 11:40-12:00 | Ambulatory Urodynamics in OAB | F. Dokmeci |
| 12:00-12:20 | Improving the adherence in OAB treatment | P. Blasco E. Chartier-Kastler |
| 12:20-12:40 12:40-13:00 | Benefits associated with flexible dosing in OAB What can be expected from the add-on mirabegron therapy to solifenacin | E. Chartier-Kastier S. Arlandis |
| 13:00-13:20 | Neuromodulation in refractory OAB. Evidence in 2019 | S. De Wachter |
| 13:20-13:40 | Implications in the Mediterranean setting & Discussion | S. Arlandis |
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| 13.40-15:00 | Light Lunch | |
| 15:00-16:00 | Medtronic Symposium | |
| 16:00-18:00 | Plenary Session 5 - Chronic Pelvic Pain | |
| | Chair: E. Bautrant | |
| 16:00-16:20 | Which patients with CPP must be sent to the Physiotherapist | I. Ramírez |
| 16:20-16:40 | Which is the best instillation for BPS patients? | M. Cervigni |
| 16:40-17:00 17:00-17:20 | Clinical and Quality of life results after partial cystectomy and neobladder due to BPS Pudendal entrapment: Diagnostic approach in 2019 | L. Mateu E. Bautrant |
| 17:20-17:40 | Usefulness of Intraoperative stimulation during laparoscopic pudendal | L. López-Fando |
| 17.20-17.40 | nerve entrapment surgery | L. Lupez-i andu |
| 17:40-18:00 | Implications in the Mediterranean setting & Discussion | E. Bautrant |
| 10.00.10.70 | Cohra Changarad Cassian | |
| 18.00–18.30 | Gebro Sponsored Session | |
| 18.00–18.30 | Coffee Break | |
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MIPS 2019 Barcelona



26 APRIL

| 18:30-19:30 | Plenary Session 6 Chair: P. Blasco | |
|---|---|---|
| 18:30-18:50 18:50-19:10 19:10-19:30 | Neurogenic Bladder: Functional and urodynamic evaluation for gynaecologists Intermittent self-catheterisation in urogynaecology Management of recurrent UTI | B. Madurga P. Blasco C. Gutiérrez |
| 19:30-20:30 | MIPS General Assembly | |
| 21:30 | MIPS Meeting Dinner | |

27 APRIL

| 08:00-10:20 | Plenary Session 7 - Controversies in SUI Chair: T. Grigoriadis | |
|--|--|---|
| 08:00-08:20 08:20-08:40 08:40-09:00 09:00-09:20 | SIUD Lecture: SUI and detrusor underactivity: what to do? What can we expect from PFMT in SUI? TOT is still the gold standard in non-complicated SUI? SINUG lecture: Simultaneous treatment of SUI and POP: Evidence in 2019 | E. Finazzi Agrò S. Schuster E. Delorme A. Martín |
| 09:20-09:40 | Ultrasonography in recurrent SUI. What can be find and what are the therapeutic implications? | C. Ros |
| 09:40-10:00 10:00-10:20 | Are Bulking Agents a cost-effective alternative in Mediterranean countries? Implications in the Mediterranean setting & Discussion | M. Blaganje T. Grigoriadis |
| 10:20-11:00 | Coffee Break | v |
| | | |
| 11:00-13:00 | Plenary Session 8 - Female Sexual Dysfunction Chair: A.Lukanovic | |
| 11:00-11:20 | Female sexual Dysfunction and Pelvic floor disfunction | M. Espuña Pons |
| 11:20-11:40 | How to evaluate female sexual Dysfunction? | F. Dokmeci |
| 11:40-12:00 | Physiotherapy treatment of female Sexual Dysfunction | I. Ramírez |
| 12:00-12:20 | Er-Yag laser treatment implications in female sexual dysfunction | D. Lukanovic |
| 12:20-12:40 | Vaginal therapies in menopausal sexual and orgasmic dysfunction | 0. Porta |
| 12:40-13:00 | Implications in the Mediterranean Setting & Discussion | A. Lukanovic |
| 13:00-13:30 | Closing Ceremony and Abstract Awards - MIPS 2020 Announcement | D. Rizk and C. Errando |

MIPS 2019 Barcelona



INVITED FACULTY

Salvador Arlandis | Spain Eduardo Bataller | Spain Eric Bautrant | France Mija Blaganje Slovenia Pedro Blasco | Spain David Casto Diaz | Spain Mauro Cervigni | Italy Emmanuel Jean Chartier-Kastler | France Pere Clavé | Spain Elisabetta Costantini | Italy Stefan De Wachter | Belgium Emmanuel Delorme | France

Fulya Dökmeci | Turkey Carlos Errando | Spain Montserrat Espuña Pons | Spain Enrico Finazzi Agrò | Italy Themistoklis Grigoriadis | Greece Cristina Gutiérrez | Spain Stephanie Kauffmann | Spain Charalampos Konstantinidis | Greece Luis López-Fando | Spain Adolf Lukanovic | Slovenia David Lukanovic | Slovenia Blanca Madurga | Spain

Alicia Martín | Spain Laura Mateu | Spain Marta Pascual | Spain Oriol Porta | Spain Ines Ramirez | Spain Diaa Rizk | Bahrain Cristina Ros | Spain Darija Scepanovic | Slovenia Sniezana Schuster | Croatia Safwat Tosson | Gibraltar Laurent Wagner | France

GENERAL INFORMATION

VENUE

World Trade Center Barcelona – East building - Port Vell Room (ground floor) Moll de Barcelona s/n - 08039 Barcelona, Spain

The Congress Venue is located about 10 minutes away (about 800 m) from Drassanes (metro subway stop – L3), on the Moll de Barcelona. From the subway stop turn right in La Rambla and keep walking until the Columbus Monument, at the end of Barcelona's Rambla. Turn right in Passeig Josep Carner and when you arrive to Plaça de les Drassanes turn left and walk until the end of the Moll de Barcellona, where the World Trade Center is.

The Congress Venue is located about 50 minutes away from the airport El Prat, taking public transport. From the airport take the bus A1 or A2 until plaça Espanya (about 20 minutes), then take the metro from Pl. Espanya (metro subway stop – L3) to Drassanes (three stops).

MEDTECH EUROPE



Defoe, CME Provider and Medtech Trusted partner, submitted the congress through the Conference Vetting System for a compliance review. The MIPS Conference (ID EMT13550) has been appointed as COMPLIANT.

Defoe will observe standard Medtech requirements to guarantee a proper and transparent management of both sponsorship and any registration grants offered by Medtech associated industries. All arrangements are however subject to local Laws as well as to National rules and regulations of CME/CPD accreditation.

UEMS/EACCME ACCREDITATION | CREDITS FOR EUROPEAN HEALTHCARE PROFESSIONALS

Credit applications are available for Physicians, Nurses and Midwives.

| Registration Fees | MIPS MEMBER | NON MEMBER | NON MEMBER | |
|---|--|--|---|--|
| MD, PhD Nurses, Physiotherapists, Midwives Resident/Trainee/ Research Fellow** Least developed country*** Trainees Least developed country*** Social Dinner | UNTIL 1 ST MAR AFTE € 250,00 | 0,00 € 300,00 0,00 € 200,00 0,00 € 150,00 ,00 € 150,00 ,00 € 50,00 | AFTER 1 ST MAR € 350,00 € 250,00 € 150,00 € 150,00 € 50,00 € 80,00 | |

Register online at www.mipsnet.org or send registration form to the organizing secretariat together with the receipt of payment by 1st April 2019. After such deadline, registration will still be possible during the event, until reaching the maximum number of participants.

^{*} Fee is intended per person, in Euros, VAT free. The registration fee includes certificate of attendance, CME and UEMS related forms, coffee breaks and lunch, free entrance to the exhibition area. For group registration, please contact the Organizing Secretariat in order to take advantage of registration package.

^{**} Requires letter from chair/supervisor with Registration Form.

^{***} Based on the World Bank Classification. Requires proof of passport with registration.

MIPS 2019 Barcelona



ABSTRACTS

DEADLINE for Abstract Submission is 15th February 2019

Presentation Methods Oral (Podium) presentation Video presentation Non Discussed posters

Video Presentations are scheduled to last 7 minutes each (Presentation: 5 min. Discussion: 2 min.) Podium Presentations are scheduled to last 7 minutes each (Presentation: 5 min. Discussion: 2 min.)

Authors of non-discussed posters are expected to print and to take care personally of their own presentation display; the poster area will be at their disposal throughout all Congress. Posters must be printed in a 70 x 100 cm format.

Abstract Agreements

If your abstract is accepted for either oral or poster session, you will be asked to accept the following conditions:

- Present the lecture in the session format assigned to you by the Scientific Committee

- Register for the conference and assume responsibility for your own registration, lodging and transportation, as well as providing a substitute presenter in case of absence.

BECOME A MIPS MEMBER NOW

Standard Membership fees to MIPS

Doctors € 50,00 Nurses 25€ Physiotherapists € 25 Midwives € 25 Trainees € 25

Further information about MIPS and more affiliation options are available at www.mipsnet.org

HOTEL & ACCOMMODATION

For hotel reservations, please contact the organising secretariat.

SPONSORS & EXHIBITORS

Companies interested in sponsoring or exhibiting at the event are invited to contact the organising secretariat.

ORGANIZING SECRETARIAT AND CME PROVIDER

Defoe - Tel.: +39.0523.338391 - Fax: +39.0523.1860018 - mips@defoe.it - www.defoe.it

MIPS OFFICE

T. +39 0523 315144 | F. +39 0523 304695 | info@mipsnet.org | www.mipsnet.org



