

**ICS 2018 TRUSTEES' ANNUAL REPORT**

**AND**

**INDEPENDENTLY REVIEWED FINANCIAL  
STATEMENTS FOR THE YEAR ENDED  
31 DECEMBER 2018**

**FOR**

**THE INTERNATIONAL CONTINENCE SOCIETY**

THE INTERNATIONAL CONTINENCE SOCIETY

CONTENTS OF THE TRUSTEES' ANNUAL REPORT & INDEPENDENTLY REVIEWED  
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2018

	Page
Trustees' Annual Report	1
Independent Examiner's Report	19
Statement of Financial Activities'	20
Consolidated Statement of Financial Activities	21
Balance Sheet	22
Consolidated Balance Sheet	23
Statement of Cash Flows	24
Notes to the Financial Statements	25



## Reference and Administrative Details of the Charity, its Trustees and Advisors

<b>Company Number</b>	3589542
<b>Registered Charity Number</b>	1074929
<b>Registered Office</b>	Bath House, 6-8 Bath Street, Bristol, BS1 6HL,
<b>Correspondence Address</b>	19 Portland Square, Bristol, BS2 8SJ
<b>E-mail</b>	<a href="mailto:info@ics.org">info@ics.org</a>
<b>Website</b>	<a href="http://www.ics.org">www.ics.org</a>
<b>Telephone</b>	+44 (0) 117 944 4881
<b>General Secretary appointed 16/09/16</b>	Sherif Mourad – 2 year term began 16/09/16 (appointed trustee 24/10/08). Term extended for one year at the 2018 AGM. Term ends 05/09/2019.
<b>General Secretary-Elect appointed 30/08/18</b>	David Castro Diaz
<b>Trustee reappointed 30/08/18</b>	Cristina Naranjo-Ortiz, 3 year term
<b>Treasurer appointed 16/09/16</b>	Jerzy Gajewski – 3 year term
<b>Trustee appointed 16/09/16</b>	Alex Digesu – 3 year term
<b>Trustees appointed 14/09/17</b>	Mauro Cervigni; Carlos D’Ancona; Alex Lin, Marcus Drake (3 year terms)
<b>Company Secretary</b>	Daniel Snowdon (appointed 14/01/2011)
<b>Auditor</b>	C M Brown of Haines Watts, Bath House, 6-8 Bath Street, Bristol BS1 6HL
<b>Solicitors</b>	Veale Wasbrough Vizards, Orchard Lane, Bristol BS1 5WS
<b>Bankers</b>	NatWest Bank, Filton Bristol Branch, PO Box 182, 4 Church Road, Bristol BS99 5AA
<b>Investment Managers</b>	Crystal Wealth Management LLP

## Staff

Daniel Snowdon	Executive Director
Dominic Turner	I.T. Director
Avicia Burchill	Projects and Events Manager – part time
Ashley Brookes	Senior Analyst Programmer
Roger Blackmore	Flash Developer/Graphics Designer
Robert Lewis	Video Editor / Post Production Assistant
Jennifer Ellis	Projects and Events Coordinator
Tracy Griffin	Administrator and Membership Secretary – part time
Leah Collis	Administrator
Sarah Ashworth	Bookkeeper - self-employed
Sarah Waters	Bookkeeper - self-employed

## ICS Honorary Members

Peter Caldwell (Deceased)	Patrick Bates	Pieter Donker (Deceased)
Peter Gammelgaard (Deceased)	Eric Glen	Axel Ingelman-Sundberg (Deceased)
Guus Kramer	David Rowan (Deceased)	Paul Abrams
Walter Artibani	Jacques Corcos	Jo Laycock
Sender Herschorn	Karl-Erik Andersson	Adrian Wagg
Linda Cardozo	Ted Arnold	

## What is the International Continence Society and what does it do?

The International Continence Society (ICS) is a membership society for professionals working in the field of incontinence.

The objectives for which the Charity has been established are:

- To strive to improve the quality of life for people affected by urinary, bowel and pelvic floor disorders by advancing basic and clinical science through education, research, and advocacy.
- To raise public awareness of both urinary and anal incontinence, and other functional abnormalities, including obstruction and pain, and the fact that it can be corrected, improved or at least better managed, and to enhance the knowledge and skills of health professionals involved in prevention and management of incontinence and thereby to improve the standard of healthcare delivery.

### ICS Mission Statement

The International Continence Society is a registered charity with a global health focus which strives to improve the quality of life for people affected by urinary, bowel and pelvic floor disorders by advancing basic and clinical science through education, research, and advocacy.

The trustees have had regard to Charity Commission guidance on public benefit. Considerable **public benefit** arises from the work of the ICS. With regard to the general public, significant and often harmful misunderstandings and stigma still surround relevant medical conditions. The ICS works to break down this stigma. With regard to healthcare professionals, their knowledge and skills are increased, to the benefit of current and future patients, by the dissemination of knowledge and sharing of best practice at events such as the ICS annual international scientific meeting and the workshops and courses it facilitates (many of which are offered for free). The ICS continues to allow free access to the majority of the ICS website to allow non-ICS members to utilise the vast database of incontinence research now held within it. For those interested in becoming members of the ICS, the membership fee remains affordable and a host of benefits are included. It is in this regard that the ICS Board of Trustees has considered the public benefit. The ICS clearly fits the Charities Act aims of advancement of education and of health or the saving of lives. The ICS has members in over 70 countries and is therefore helping individuals suffering from incontinence related issues on a global level.

Scientific knowledge and expertise on incontinence issues is exchanged between the multi-disciplinary medical professionals through the various forums which the ICS provides, including the Annual Scientific Meeting, news articles and publication of research through journals. Best practices from countries with established continence awareness programmes are shared with others who are trying to set up continence programmes within their country, hospital or clinic. With the dissemination of research on incontinence treatment, the direct beneficiaries are the patients of those individuals who are members of the ICS or those who attend our congresses and courses.

The key objectives for 2018 were to hold a successful annual meeting in Philadelphia, to maintain the ICS membership at 3,000 or more members, to set up and develop new strategic partnerships, and to renegotiate the contract with the core annual meeting events organiser. Strategic efforts will continue to advance the educational output of the ICS, mainly through the implementation of the ICS Institute

and the continued update and production of ICS standardisation reports. The financial planning and investment strategy for the society will continue to be reviewed to ensure strategies and investments are fit for purpose.

#### **History:**

With Peter Caldwell as president, Shedden Alexander as vice president and Eric Glen as the organising secretary, the inaugural meeting of the Continent Club was held in Exeter in 1971. Over 60 participants attended the meeting from several countries and it was hailed as a great success, both scientifically and socially.

At the third ICS conference held in Copenhagen in 1973, Tage Hald was elected first Chair of the ICS Standardisation Committee. His committee published the first ICS reports between 1976 and 1981. The Society has gone on to publish many reports and retains the copyright, enabling them to be published in a range of international journals.

In 1998 the ICS was set up as a UK Charity under the guidance of Paul Abrams and now boasts a membership of over 3,000 from 70 different countries covering many disciplines: physicians, surgeons, nurses, physicists, physiotherapists, bio-medical engineers and basic scientists. The founding members agreed that the ICS should meet annually with a different meeting chair and venue each year. This Annual Meeting remains today one of the most valued dates in the urological and gynaecological calendars, attracting in excess of 2,000 delegates from all corners of the globe.

## **Structure, Governance and Management**

### **Board of Trustees**

The ICS Board of Trustees is required to meet twice a year and is responsible for:

- The long-term direction of the ICS
- The development of new projects in line with the charitable aims of the ICS
- Ensuring the Society's charitable aims and objectives are met
- Inspection of the annual accounts
- Ensuring suitable accounting policies are established and applied consistently
- Monitoring and reporting the financial position to membership
- Safeguarding the assets of the Charity and applying them properly
- Ensuring the ICS is operating efficiently and effectively
- Ensuring proper records and reliable financial information are maintained
- Establishing the method, policies and procedures for recruitment, appointment, induction and training of new Trustees

All nominated candidates for Trustee positions will receive documents outlining their duties, responsibilities and any risks pertaining to the role of Trustee. The Nominations Committee will review all candidates for their suitability, prior to their nominations being put to the membership.

### **Management Structure**

The ICS is a Company Limited by Guarantee governed by Articles of Association, together with regularly updated Bylaws. These reflect the current activities of the Charity.

As a UK Registered Charity, the ICS Trustees are ultimately responsible for the Charity and its affairs. However, the ICS has a management structure and Bylaws which ensure that members have sufficient

input on all decisions within the ICS. The Board of Trustees reflects the multi-disciplinary aspects of the society.

Under supervision of the Trustees and the General Secretary in particular, day-to-day management of the Charity, its trading subsidiary and office staff, is delegated to the Executive Director and the IT Director. The Executive Director is a full-time employee and reports directly to the Trustees who are ultimately responsible for the management and finances of the ICS, as well as the review and approval of administrative procedures implemented by the Executive Director.

### ICS Committees 2018

The following committees focus on the different aspects of the ICS and through the direction of the Board of Trustees undertake projects to assist the Board to achieve its overall strategy and Charitable aims:

- ICS Children and Young Adults' Committee
- ICS Developing World Committee
- ICS Education Committee
- ICS Ethics Committee
- ICS Meetings Committee
- ICS Neurourology Promotion Committee
- ICS Nursing Committee
- ICS Physiotherapy Committee
- ICS Publications and Communications Committee
- ICS Scientific Committee
- ICS Standardisation Steering Committee
- ICS Urodynamics Committee

A chair for each of the above-mentioned committees is elected by electronic membership ballot, to hold office for three years (with the exception of the Meetings Committee where the General Secretary is always the Chair). Further information about the remit of each committee can be found on the ICS website.

### Related Parties

The wholly owned subsidiary Conticom ICS Limited was established to undertake the commercial trading activities of the Charity. Conticom ICS Limited gift aids its profits to the Charity.

### Risk Management

The Trustees have implemented a formal risk management process to assess business risks and implement risk management strategies.

The Trustees have identified the types of risks the Charity faces, and have prioritised them in terms of potential impact and likelihood of occurrence, and identified, where possible, means of mitigating the risks. The adequacy of internal controls is reviewed and costs of implementing new controls compared to benefits obtained and implemented, if agreed. Procedures have been established for immediate reporting of failure to appropriate levels of management and to the Board of Trustees.

The task of monitoring the financial control systems and procedures of the Charity is delegated to the ICS Treasurer (Jerzy Gajewski). In conjunction with the Executive Director and the ICS Accountants

(Haines Watts [Bristol] Limited), the Treasurer reviews and reports to the Trustees on the working of these systems and procedures in relation to the wider issue of managing major risks identified as arising from or in connection with the activities of the Charity.

The Trustees continue to keep under review the adequacy of our systems which are, in our opinion, appropriate for the Charity at present. The reserves policy requires the ICS to retain running costs for two future years plus £100,000 in case of unforeseen liabilities.

The Trustees continue to judge that an area of risk requiring particular attention is the ICS Annual Meeting, where possible cancellation or postponement due to terrorist attacks or natural disasters is a major concern. The Charity has passed on the major risk to our permanent Congress Organiser (Kenes International) who, from 2008, has borne the financial risk of any cancellation or postponement. The Trustees also ensure that adequate levels of insurance are sought for each event. A risk reduction has been realised through the agreement to have 4 out of 5 annual meetings in Europe or North America. These continents offer the best chance of reaching a sustainable surplus level, from which much of the activity and support costs of the ICS are funded.

Although all efforts are made to ensure the administration of the ICS could continue efficiently should certain key members of staff leave or be absent for any length of time, the positions of Executive Director and IT Director are of particular importance.

With regard to the Society's finances, the bookkeeper and Accountants are fully aware of the current status and systems used and could take over from the Executive Director in this regard in an emergency. A selected group of the Trustees and the Executive Director are all signatories to the Society's accounts and therefore the accounts can be maintained.

With regard to IT systems, the IT Director has documented all design and maintenance work to ensure that another IT specialist could take over in an emergency. All systems and the ICS website are backed up and stored off site.

Wherever possible, ICS office staff are trained and briefed in all office procedures. All email communications are also filed for historical purposes.

## **Objectives and Activities**

The strategies employed in the year to achieve the objectives of the Charity were:

- Following a strategic Board review meeting in February 2017 the trustees agreed the primary strategic aim for 2017 – 2022 is for the ICS “to be the global home of science and clinical education for LUTS, Incontinence and Pelvic Floor Disorders”.
- To host a successful Annual Scientific Meeting in Philadelphia, USA resulting in a high quality congress which would continue to secure the status of the ICS as the premier international multidisciplinary conference on continence.
- To set up and develop new strategic partnerships with individuals and organisations.
- To further develop and grow the ICS Institute in order to enhance the overall educational and e-learning offering of the ICS.
- To maintain the ICS membership at 3,000 or more members.
- To call for bids for the annual meeting event organiser contract. Review and interview candidates in order to gain the best deal and partnership for ICS/Conticom.

- To continue and consolidate ICS projects and initiatives such as the production of Standardisation reports, the delivery of Educational Courses and the provision of Awards and Fellowships.

## **Executive Summary**

The ICS ran a very successful annual meeting in Philadelphia. The meeting continued the four day programme format, with integrated workshops and scientific presentations. Educational technology was embraced with e-posters and a meeting mobile application again made available to all delegates. Post meeting evaluation scores rated the meeting very highly, with over 90% indicating they would attend another ICS meeting.

The ICS, primarily through the Education Committee, was involved in over 20 educational events, either with guest lectures or as part of the formal programme as an add-on course. In many cases funding was not required for speakers as they were part of the faculty or were able to attend by other means of support. The presentations offered the public benefit of expert educational presentations to a wide range of medical trainees and professionals.

An ongoing strategic aim for the ICS is to increase the quality and quantity of ICS scholarly output. There has been further positive progress in this area during 2018. The ICS Standardisation Steering Committee has numerous working groups currently working on new or updated ICS standardisation reports. The majority of these are expected to be published in the society's journal (Neurourology and Urodynamics) through 2018-2021. The Urodynamics Committee continues to focus on developing and publishing teaching modules. The ICS is placing greater emphasis on the production of educational content in various formats. The ICS Institute website was created to host the vast educational content of the ICS, which includes an increasing number of filmed content and interviews with key opinion leaders. The Institute orders its content into Schools of study in order to more clearly categorise ICS content for users.

The ICS again exceeded 3,000 members, with a total of 3,079 members for the 2018. This meets a strategic aim to consolidate and sustain a core ICS membership of 3,000 or more.

The ICS awarded 23 awards or fellowships to international applicants, in accordance with the charity's objectives and goals for public benefit and education. 'Best in Category' awards were again offered for scientific excellence at the annual meeting: 21 of these awards were given.

In financial terms the charity closed the year in a position of strength. The year-end result ensures that the carried forward funds are within the set reserves policy, therefore ensuring the ongoing financial health of the charity. This is important given the ongoing unpredictable nature of running a major annual international event.

## **Achievements and Performance**

### **ICS Annual Scientific Meeting 2018**

The ICS Annual Meeting remains the main focus of the ICS and consists of a scientific programme selected from submitted abstracts, along with workshops, courses, committee meetings as well as the ICS Annual General Meeting.

The 48<sup>th</sup> Annual Meeting of the ICS took place in Philadelphia, USA. The meeting was attended by 1,552 delegates. This was lower than anticipated and was partly attributed to the ICS having not held



an annual meeting in the USA since 2009 (San Francisco). The diversity of delegates, with over 60 countries represented, proved the enduring international appeal of ICS meetings.

Over 300 abstracts on the latest research in the field were chosen by the ICS Scientific Committee to fill the 3-day scientific programme with podium, poster, and video presentations. The initiative of e-poster presentations was continued which allowed over 200 authors to present their work within this new format. The consistently high quality education programme consisted of 32 workshops, chosen from 62 applications. The many excellent educational and scientific sessions covered different aspects of urinary, bowel and pelvic floor disorders.

The Scientific Committee continued the strategy of providing programme 'tracks' to ensure that delegates would always have some content of interest or relevance at any point in the programme.

Our full thanks go to Alan Wein (Meeting Chair), Diane Newman (Co-meeting Chair), Roger Dmochowski (Local Scientific Programme Chair), Lori Birder (Local Scientific Programme Chair) and the whole Philadelphia local organising committee for their hard work and commitment to ensuring that ICS 2018 was a scientifically successful and memorable meeting. Thanks are also due to the ICS office staff, ICS committees and the ICS meeting organiser, Kenes International.

The wholly owned subsidiary of the Charity, Conticom-ICS Limited, operates the Annual Meeting and the profits are donated to the ICS each year where a surplus has been made.

### **Awards and Fellowships**

The ICS continued to make awards or fellowships available to all ICS members with a view to improving the public benefit in supporting younger or less advantaged persons in their medical/health studies. The ICS offered the following: twelve scholarships and eleven conference travel awards. The reviewers emphasised awarding persons from less developed countries, although worthy candidates from more developed countries were also included. A selection of winners' countries includes Brazil, Indonesia, Canada, Pakistan, Australia, India and Hong Kong.

The lifetime achievement award was presented to Sender Herschorn at the ICS 2018 annual dinner. Sender is an honorary member of the ICS having completed his term of office as General Secretary in 2014. He won the Zimskind award from the Urodynamics Society in 1998 for leadership and continuing excellence in neurourology and the lifetime achievement award from SUFU in 2010 for contributions and leadership in the field of voiding dysfunction. He has spent countless hours in educating students, residents, fellows, urologists, other specialists, family doctors and patients in incontinence and LUT disorders.

Ted Arnold was awarded Honorary Membership in recognition of his outstanding and long term contribution to ICS as trustee, annual meeting chair, scientific contributor and member.

### **Educational Courses 2018**

The ICS Education Committee has continued a successful add-on educational course format in which ICS faculty contribute to an existing local meeting. Add-on courses have a number of benefits over stand-alone courses as they allow the ICS to have more courses at already established meetings ensuring correct target audience and bearing less risk. By focusing on add-on courses a wider range of educational opportunities can be undertaken each year, which allows the ICS to further extend the worldwide sharing of good practice and knowledge. The committee have introduced a policy of a

maximum of one funded ICS speaker per calendar year, to ensure the same people do not speak repeatedly at courses.

Educational Courses held in 2018 are outlined below.

Name of Course	Date	Location	Speakers/topic/speciality
Pan Arab Continnence Society (PACS)	Jan	Beirut, Lebanon	Sharon Eustice (Nurse)  Mauro Cervigni (urogynae)  Bary Berghmans (physio)  Emmanuel Chartier – Chastler (urologist)
Uro Zagzig	Feb	Zagzig, Egypt	Sherif Mourad  Rizwan Hamid
EAU Section of Female and Functional Urology (ESFFU) meeting at EAU18	Mar	Copenhagen, Denmark	Sherif Mourad (Urologist) Management of vesico vaginal fistulae
European Association of Urology Nurses (EAUN)	Mar	Copenhagen, Denmark	Angela Rantell (Nurse)
European Society for Sexual Medicine	Mar	Lisbon, Portugal	Montserrat Espuna (urogynae)  Petra J. Voorham - van der Zalm (Physio)
Urogenital Apparatus: Pathophysiology and Specialized Experimental Approaches	April	Tlaxcala City, Mexico	Karl-Dietrich Sievert (uro)
6th Int Con of Pelvic Physio and Functional Urogyne	May	Brazil	Abdul Sultan (urogynae)
SIUD	June	Italy	Frank Van de Aa (uro)

Queen Square Uroneurology Course	June	London, UK	Several ICS speakers on programme
IUGA	June	Vienna	Dudley Robinson (urogynae)
Physio Sex Programme	June	Warsaw	Bary Berghmans (physio)
XIV South Brazilian Urological Congress	July	Camboriú Brazil	Several ICS speakers on programme but asking for funding  David Castro (uro)  Enrico (uro)
Brazilian Urological Association (SBU)	Sept	Sao Paulo, Brazil	Gommert van Koeveringe (uro)
Nurses visit to China	Sept	All over China	Donna Bliss and Kathleen Hunter (nurses)
HUA	Oct	Greece	Rizwan Hamid (uro)
SIU 2018	Oct	Seoul, South Korea	Elise/Sherif/ Yasuhiko Igawa / Kyu-Sung Lee /Chris Chapple/Emmanuel Chartier/Liliana Bordeianou Massarat Zutshi, Talli Rosenbaum
EUS	Nov	UAE	Sherif Mourad (uro)
SINUG	Nov	Seville Spain	Alex Digesu (urogynae)
SPR	Dec	New Orleans	Karen D. McCloskey (basic scientist)

### **ICS Regional Meeting, 30<sup>th</sup> November – 1<sup>st</sup> December 2018, Brussels, Europe**

The second ICS regional meeting took place 30<sup>th</sup> November – 1<sup>st</sup> December 2018 in Brussels. The course was entitled " Pragmatic approach in refractory and complex neurogenic bladder problems" and was aimed at doctors, nurses and physiotherapists all with an interest in neurourology, presented by the best ICS experts.

### **ICS Membership**

The ICS recorded 3,079 members for 2018 which represents the second successive year in exceeding 3,000 members.

The Board did not increase the membership fee for 2018. The ICS tries hard to keep the membership fee as low as possible to keep the ICS accessible. To extend the public benefit of ICS membership the Board introduced free one year membership for early career professionals that had not held ICS membership before. The lower membership fees for nurses, physiotherapists and early career professionals were continued.

There were many other projects undertaken in 2018 and some notable achievements are highlighted. A news story was created for the ICS Membership to highlight in-year achievements, this is available at this link: <https://www.ics.org/news/889>

The full annual reports of each committee are available on the [ICS website](#). The below are a selection of ICS committee achievements.

#### **Children and Young Adults Committee**

The committee organised a workshop for Philadelphia. As well as a publication of a text on Clinical Urodynamics in Children with Springer. They have also signed an agreement with Wellspect and Coloplast for paediatric fellowships, starting in 2019.

#### **Developing World Committee**

The committee were busy over the last year working on two research proposals. The first, a systematic review about prevalence of urinary incontinence in developing world. The second, prevalence of voiding dysfunction in 5 developing countries.

#### **Education Committee**

The committee plans and delivers all of the ICS education courses and guest lectures. The committee delivered 19 courses and lectures in 2018 as detailed above. The committee also held the second ICS Cadaver Course in Bristol.

The entire committee was engaged in selecting workshops for ICS 2018. The committee successfully reviewed all the workshops applications and held a very useful face-to-face meeting to create the educational program and discuss the future activities of the committee.

The committee created the new faculty database for ICS members to join, to speak on behalf of ICS. The committee also started their learner assessment project, co-chaired by Amy and Enrico, four workshops were involved in the pilot. The committee plan to expand on this project in 2019.

#### **Ethics Committee**

The committee hosted a workshop in Philadelphia, *Ethical dilemmas in the care of the aging patient: A case-based interactive workshop*. The committee continues to be committed to encouraging Ethics Submissions for the Annual Meeting, particularly from trainees. The first such award was given out last year in Florence. The £500 prize was awarded to Hedwig Neels for her poster Are female adolescents eager to know more about the pelvic floor?

#### **Neuro-urology Promotion Committee**

The committee hosted a workshop in Philadelphia 'Complications of neurogenic bladder'. The Committee were also involved in the ICS regional meeting plans in Brussels. For 2019 the committee are planning on proceeding with the MOOC partnership with ICS and ESPMR involving all the committee in an unedited process. They are working on a uroneurology course in London in 2020 with Jalesh Panicker.

### **Nursing Committee**

The committee held their annual workshop and forum at ICS 2018. Members of the committee were also involved in the review of the abstracts submitted to the main annual meeting in conjunction with the Scientific Committee.

The Chair of the Nursing Committee (DB) received an endorsement of the ICS trustees for a planned book about management of faecal incontinence for the advanced practice nurse. DB is the editor of the book which will be published by Springer (FR).

Committee members were involved in three education courses. Sharon Eustice spoke at PACS 2018, Angela Rantell at EAUN 2018. Donna Bliss and Kathleen Hunter developed a collaboration with the Chinese Urology Association Nurses (CUAN) to offer educational courses about nursing care for patients with incontinence in 3 cities in China in September 2018. CUAN is interested in having ICS provide educational courses for the next several years. This first is a pilot and developing a standard course was discussed as an aim.

### **Physiotherapy Committee**

The committee have held 2 meetings over the last year via teleconference/face to face. Physiotherapy members were represented in a wide variety of workshops and podium and poster presentations. A basic workshop was not thought to be required in Philadelphia therefore a workshop based on updated evidence on conservative interventions was submitted and accepted instead. This was presented by Chantale Dumoulin, Margret Sherburgh, Doreen McClurg and Melanie Moran.

The education and professional development sub-committee under Peter Meyers and Els Baker – published ‘International Continence Society supported pelvic physiotherapy education guideline’ Published 2018, in Neurourology and Urodynamics (NAU) <https://doi.org/10.1002/nau.23350> The second document, led by Gill Brook, on Physiotherapy role with fistula was submitted for publication to NAU.

### **Publication & Communications Committee**

The PCC has overseen and contributed to the ICS E-News, Social Media output, and Urology News. Each committee member was tasked with the creation of monthly scientific news articles.

The office and PCC have seen an increase in social media engagement and numbers, as well as an increase in ICS new subscribers. But this corresponded with a decrease in open rates over the last year. The click through rate has maintained its higher than industry average. The committee is planning on producing debate topics for the ICS journal, with the view to strength links between ICS and the journal, as well as increasing engagement in hot topics.

### **Scientific Committee**

The Committee once again coordinated and participated in the review of a high number of abstracts (826 in 2018). Each abstract was reviewed by 3 or more reviewers (including at least 1 scientific committee member). The committee continue to consider ways to accommodate and present the highest quality abstracts. These are offered in a multitude of presentation formats: podium, video presentation, state of the art, Round Table, Point/Counterpoint and E-poster station.

### **Standardisation Steering Committee**

The SSC's main focus is the creation of scientific content via terminology documents. The current working groups (WGs) are: ICS-IUGA Joint Report on the Terminology for Female Pelvic Floor Fistulae (SSCWG18), ICS Report on the Terminology for Male Anorectal Dysfunction (SSCWG14), ICS- IUGA

Joint Report on the Terminology for Female Obstetric Trauma (SSCWG20), ICS Report on the Terminology for Surgical Management of Male Lower Urinary Tract Dys-function (SSCWG17), ICS-IUGA Joint Report on the Terminology for Female Laparoscopic Pelvic Anatomy (SSCWG19), ICS Report on the Terminology for Conservative Management of Male Lower Urinary Tract and Pelvic Floor Dysfunction (SSCWG21), ICS-IUGA joint terminology document on Comprehensive Female Pelvic Floor Assessment (SSCWG12), ICS Report on the Terminology for Sexual Health in Men with Lower Urinary Tract and Pelvic Floor Dysfunction (SSCWG22).

The committee have completed seven documents, 3 published in 2016, 3 in 2017, 1 in 2018.

Published 2016:

- An International Urogynecological Association (IUGA) / International Continence Society (ICS) Joint Report on the Terminology for Female Pelvic Organ Prolapse (POP). Dual NAU/IUJ Publication. 2016 Feb; 35(2):137-68. doi: 10.1002/nau.22922
- A standard for terminology in chronic pelvic pain syndromes: A report from the chronic pelvic pain working group of the international continence society, 2016. August 2016, DOI: 10.1002/nau.23072
- International Continence Society Good Urodynamic Practices and Terms 2016: Urodynamics, Uroflowmetry, Cystometry and Pressure-Flow Study, December 2016 2016. DOI 10.1002/nau.23124

Published 2017:

- International Urogynecological Association (IUGA)/ International Continence Society (ICS) Joint Report on the Terminology for Female Anorectal Dysfunction, 2016. Dual NAU/IUJ Publication. Published January 2017, IUJ Volume 28, Issue 1, p5-31; DOI: 10.1002/nau.23055
- An International Urogynecological Association (IUGA)/ International Continence Society (ICS) Joint Report on conservative and nonpharmacological management of female pelvic floor dysfunction. Dual NAU/IUJ Publication February 2017, IUJ 28, 2: 191-214; DOI 10.1002/nau.23107.
- The Standardisation of Terminology of Adult Neurogenic Lower Urinary Tract Dysfunction. Report of the Working Group of the International Continence Society - November 2017, DOI: 10.1002/nau.23397.

Published 2018:

- Joint report on the terminology for assessment of sexual health of woman with pelvic floor female dysfunction- Dual NAU/IUJ Publication March 2018, Int Urogynecol J Pelvic Floor Dysfunct 2018; 10.1007/s00192-018-3603-9, Neurourol Urodyn 2018; doi/10.1002/nau.23508 .

### **Urodynamics Committee**

The project continues with the ongoing production of new modules, two of which were published this year; Cystometry in Patients with Spinal Cord Injury and Cough stress test in the evaluation of female urinary incontinence: Introducing the ICS-Uniform Cough Stress Test. All new modules submitted to Neurourology and Urodynamics for peer review.

For the first year, the Committee has organised a workshop during the ICS meeting 2018 in Philadelphia. The WS will be divided in two parts: one dedicated to the beginners and one intended for advanced learners (especially urologists, gynecologists, rehabilitation physicians and nurses). All committee members and some external experts will be involved.

### **Information Technology Department – Development Projects**

ICS continues to evolve and adapt to the rapid change in technology and business environment in our sector. Innovation and technical skills keep us relevant and brings the “work smarter” ethos to everything we do at ICS. Great design is at the core of making our products and services efficient and pleasing to use for members, the public and staff. Automation and agile development continued to be at the forefront of our work to push doing more with less. Online education and ICS TV continued to grow exponentially – new techniques and workflows enabled us to increase our output both from the Annual Meeting and throughout the year. Our studio in Portland Square has continued to be

developed, with new capabilities including teleprompters, green screen and better lighting and sound recording equipment.

### **Major projects completed in 2018:**

#### **New ICS Abstracts Submission System**

- Created a new AngularJS Abstracts Submission System for ICS 2018
- Abstract text entered via html page – no more uploading of Word documents
- Enhanced validation of information – massive reduction of rejections on technical grounds
- Text-based abstracts allow new publishing workflows XML → Indesign

#### **New ICS Reviewer Allocation System**

- Created a new reviewer allocation system based on scientific review white paper by Steinar Hunskaar.
- New expert knowledge system based on reviewer competency – reviewers rate their expertise on all ICS Topics
- New algorithm allocates abstracts to experts based on competence
- New training package ensures all reviewers adhere to reviewer guidelines and normalises use of scoring criteria.

#### **ICS 2018 Mobile Delegate App**

- Delegate mobile application for both iOS and Android platforms allows users to navigate the programme at ease while on the move during the conference.

#### **ICS 2018 Scientific Programme**

- Scientific Programme was managed from abstract submission through to publication
- New XML processor output the entire Abstracts Issue of Neurourology & Urodynamics Vol 37 Supplement 5 – this was fed into a new template designed in Adobe Indesign, creating the final book.
- This new improved workflow cut down the time of production significantly while creating a new radical 2 column print design and use of the ICS corporate font.
- New features were now possible including running headers and footers to aid the usability of the product.

#### **New ICS Faculty Database**

- A new Faculty database allowing members to network and engage with ICS volunteering to speak at ICS Events.

#### **New ICS Glossary**

- A new integrated ICS Glossary bringing together the ICS Wiki and ICS Terminology Glossary into a unified database with opportunities for talking point articles and user engagement through a comments system.

## ICS 2018 Webcasts

- A streamlined workflow using twin Go-Pro cameras plus HD audio allowed recording of every hall at the meeting, meaning we captured nearly every session of the meeting (bar a few technical losses due to cameras being knocked over and failed memory cards).

## ICS Regional Meeting Webcasts and Live Broadcast

- The regional meeting held in Brussels was held over 2 days in 2 halls. The entire meeting was webcasts plus for the first time we live broadcast keynote sessions via the YouTube Live platform. A new live-streaming compositing workflow was piloted successfully which we plan to roll out to the annual meeting in 2019 Gothenburg.

## ICS eLearning Modules

- 6 Gold Standard ELearning Modules were recorded and produced at the ICS Studio during the year. This is a huge step up from previous year's production.

## Financial Review

### Results for the year

The consolidated results of the charity and its trading subsidiary, Conticom, showed net outgoing funds in the year of £278,174 (2017: net incoming funds of £354,956) with closing consolidated funds of £1,451,555 (2017: £1,729,729).

### Consolidated Income

Income in the year was from the Annual Meeting and trading of £242,360 (2017: £699,103), membership fees £192,590 (2017: £191,436), royalty income totalling £109,508 (2017: £64,426), donations of £27,082 (2017: £42,964), publications of £14,171 (2017: £42,360), Educational activities totalling £32,169 (2017: £71,747) and interest from Investments of £1,644 (2017: £1,406).

With this funding the Charity has been able to finance: the annual meeting in Philadelphia, educational activities, including awards, fellowships, courses and lectures, the running costs of the ICS Office that continues to support the Board, committees, the annual meeting, the membership of close to 3,100 and subscriptions to the NaU Journal.

The total loss of the trading subsidiary was £87,032 (2017: Profit of £18,700). £Nil was gifted to the Charity in 2018 (2017: £383,337).

### Consolidated Expenditure

Expenditure in the year was on Educational Activities £286,022 (2017: £275,030), Annual Meeting expenditure £334,893 (2017: £299,913) and Publication and Membership £224,683 (2017: £255,038).

### Annual Meeting

The Annual Meeting is an annual international medical and scientific conference for specialists in the medical and scientific disciplines relevant to the charitable objects of ICS. Organisation of the Annual Meeting is contracted to an organiser (this has been Kenes International since 2008 and will, under their current contract, continue in the role until 1 March 2021), by Conticom-ICS Limited (the wholly-owned trading subsidiary of ICS).



The terms of the relevant agreement (on which legal advice was taken) provide for the organiser to accept all financial risks and for a proportion of any net surplus to be passed to ICS via Conticom-ICS Limited.

In order to mitigate risk the Trustees implemented a policy of rotating annual meeting locations. This reduces the risk to the ICS of locations that may be less likely to generate a surplus. The four year rotation policy involves a European meeting every other year, and one year in USA/Canada and the other in a location outside Europe or North America; on the provision that an adequate surplus is forecast. The meeting surplus continues to be the major income of the charity so must be protected. The ICS will continue to reach a range of countries through its educational course programme.

As requested by the membership, the table below shows an overview of the Annual Meeting income, expenditure and surplus.

	£	£	£	£	£
	2018	2017	2016	2015	2014
<b>Sponsorship &amp; exhibition</b>	640,194	801,445	465,380	650,648	621,167
<b>Registrations</b>	601,770	1,031,819	871,593	543,824	676,701
<b>Other income</b>	80,442	136,830	150,771	111,274	58,810
<b>Total income</b>	1,322,406	1,970,094	1,487,744	1,305,746	1,356,678
<b>Total expenditure</b>	1,243,573	1,341,113	1,372,160	938,085	1,145,851
<b>Surplus/(Deficit)</b>	78,833	628,981	115,584	367,661	210,827
<b>Surplus of which Conticom received including Scientific Services Fee</b>	190,627	635,335	206,857	483,816	292,728

## Investment Performance

The charity's investment portfolio is diverse and set in accordance with the agreed risk and ethical policy of the Board. The valuation of the portfolio fell by 6.6% in 2018, a loss of £52,100, which has been declared in the accounts as net losses on investments (2017: gain of £71,495).

£1,644 received in interest from bank accounts and investments has been declared as income from investments for the year to 31 December 2018 (2017: £1,406).

## Reserves Policy

In order to maintain prudent levels of financial reserves the following conditions should be met:

- a) Provide a safeguard of two years' estimated future operating costs of ICS and Conticom ICS Limited, (as ICS operates on an annual cycle and its key annual event, the Annual Meeting, has to be pre-planned on a four year cycle).
  - o Calculations are to be based on estimated future combined operating costs for the next two years.
  - o These operating costs are to only take into account running costs not guaranteed to be financed by matching income.
- b) Provide an element of contingency for unforeseen liabilities.
  - o Which should be £100,000
- c) Provide a permanent base for the Charity and safeguard future projects.

The estimated operating costs of ICS and Conticom ICS Limited are £625,934 for 2019 and £617,215 for 2020, giving a total of £1,243,149 for both years. This does not include budgeted expenditure for educational courses, grants, fellowships and awards as these are non-essential expenditure.

**This gives a desired level of reserves of £1,343,149 as at 31.12.2018.**

As of 31st December 2018, the consolidated balance sheet showed the Charity and its subsidiary had combined carried forward funds of **£1,451,555** (2017: £1,729,729); therefore covering the level of reserves required. It needs to be noted that this calculation does not take into account charitable activities (Educational courses, grants, fellowships, awards and NAU journal subscription costs) which have been committed of approximately £120,000 each year. The 2018 surplus above the reserves policy will be utilised during 2019 to cover general ICS charitable and running costs. The 2019 annual meeting in Gothenburg is expected to generate a surplus which will ensure ICS remains in line with the reserves policy.

### **Conticom ICS Limited**

The trading subsidiary continued to support the Charity in meeting its objectives.

### **Pay policy for senior staff**

The trustees and the senior management team comprise the key management personnel of the charity in charge of directing and controlling, running and operating the charity on a day to day basis. All trustees give of their time freely and no trustee received remuneration in the year. Details of trustees' expenses are disclosed in note 9 to the accounts. The pay of the senior staff is reviewed annually and normally increased in accordance with average earnings. In view of the nature of the charity, the trustees benchmark against pay levels for similarly experienced staff.

### **Investment Powers and Policy**

Under the Memorandum and Articles of Association, the Charity has the power to invest in any way the Trustees wish. The Trustees, having regard to the liquidity requirements of operating the Charity and to the reserves policy, operated a policy of keeping approximately 50% of total funds available in interest-bearing, yet instant access accounts. The remaining 50% was managed by the investment managers to gain a better rate of return.

### **Plans for Future Periods**

#### **ICS Annual Meeting 2019**

Annual Meeting Chair: Ian Milsom

Scientific Chairs: Adrian Wagg, Kari Bø

The 49th Annual Meeting of the ICS will take place at the Swedish Exhibition and Convention Centre in Gothenburg, Sweden. The Scientific Committee will produce a cutting edge programme which caters to the entire multi-disciplinary audience that attend an ICS annual meeting. There will be a wide range of educational content and a variety of presentation formats on offer, e.g. Eposters, video presentations, round tables, abstract presentations, product theatres.

### Future Meetings

ICS 2020: Las Vegas, U.S.A. Chair: Gamal Ghoniem

ICS 2021: Melbourne, Australia. Chair: Helen O'Connell

ICS 2022: Vienna, Austria. Chair: Heinz Koelbl

### **ICS Regional Meeting in partnership with EAU**

ICS will collaborate with the European Association of Urology (EAU) to deliver ELUTS 2019 in Prague, Czechia over 31 October – 2 November. This will be the first major educational collaboration between the two societies. The regional meeting format offers a more targeted and intimate programme and structure for delegates and ensures that ICS has an annual presence in Europe.

### **ICS Institute**

The ICS Institute is a strategic ICS project which hosts all ICS educational activities and provides a single access point for users to access educational material. This is an extension and evolution of the strategy for e-learning provision, combining this with existing content on ICS TV and aligning ICS content such as terminology and consensus reports. The Institute is now fully formed with twelve functional Schools and committed Directors, all of whom have three year terms of office. The Institute Steering Committee oversees the work of all Institutes and will extend the strategic goals during 2019/2020.

### Schools of the ICS Institute

1. School of Anorectal Dysfunction
2. School of Female Pelvic Medicine and Reconstructive Surgery
3. School of Male LUTS and LUTD
4. School of Neurourology
5. School of Nursing
6. School of Paediatric Voiding Dysfunction and Transitional Urology
7. School of Pelvic Pain
8. School of Physiotherapy
9. School of Modern Technology
10. School of Transgender Health
11. School of Translational Research in Pelvic Health
12. School of Urodynamics

### **ICS COMMITTEES**

#### **Standardisation Steering Committee**

The Standardisation Steering Committee (SSC) will continue to work on and develop key terminology documents. 12 terminology documents are currently in process. The SSC are also working on ICS wiki and the terminology glossary.

#### **Urodynamics Committee**

The Urodynamics Committee will continue to work on the new ICS teaching modules to build on the modules already completed during 2018. The urodynamics committee is working with the Standardisation and Education committees to standardise urodynamics. These modules will be

published, used in educational lectures and become e-learning modules. This information is available via the ICS website.

### **Education Committee**

The Education Committee are seeking budget approval for 2019-20, so there is no gap in approving educational events. The committee will meet in London in February to plan the educational programme for ICS 2019.

The committee plan to continue to develop the ICS Institute with the School Directors and range of SOP's required. Learner assessment will be a core focus, with a range of videos and education content forthcoming.

### **Information Technology Department – Future Plans (for 2019)**

#### New ICS Voting System

Create a new AngularJS Voting System for Elections, AGM Resolutions, Annual Meeting Bids and Forum Committee Decisions

#### New Notifications System

Create a new Notifications system via email and web for forum posts and ICS communications

#### ICS 2019 Mobile Delegate App

New ICS Delegate App on iOS and Android

#### PayPal Integration

A new ICS Payments System to handle card transactions integrating with the PayPal merchant platform

#### ICS Forums Migration

Migrate existing ICS Forums from the legacy Documents System to the new Forum platform. Features to be replaced include live comments, email notifications, committee voting and role based security firewalls. Once migrated the legacy documents system can be decommissioned, a major technical milestone for the ICS website that should significantly improve resilience and stability by removing old ASP.NET 2.0 technology from the ecosystem.

#### New ICS Schools eLearning Modules

A new pipeline of elearning content is planned under the aegis of the new ICS Institute. This exciting expert led initiative will showcase the latest techniques in a wide range of disciplines forming a complete syllabus of surgical and scientific training in our field.

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**Approved by the Trustees and signed on their behalf by:**

**Jerzy Gajewski**  
**Treasurer**  
**Date**

## **INDEPENDENT EXAMINER'S REPORT TO THE MEMBERS AND TRUSTEES OF THE INTERNATIONAL CONTINENCE SOCIETY**

I report to the charity trustees on my examination of the accounts of The International Continence Society for the year ended 31 December 2018.

### **Responsibilities and basis of report**

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

### **Independent examiner's statement**

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Christopher Brown FCA  
Institute of Chartered Accountants in England and Wales  
For and on behalf of Haines Watts Bristol Limited  
Bath House  
6-8 Bath Street  
Bristol  
BS1 6HL

Date.....

**THE INTERNATIONAL CONTINENCE SOCIETY  
STATEMENT OF FINANCIAL ACTIVITIES  
(INCLUDING INCOME & EXPENDITURE ACCOUNT)  
FOR THE YEAR ENDED 31 DECEMBER 2018**

		Unrestricted Year ended 31.12.18	Restricted Year ended 31.12.18	Total Year ended 31.12.18	Unrestricted Year ended 31.12.17	Restricted Year ended 31.12.17	Total Year ended 31.12.17
	Notes	£	£	£	£	£	£
<b>Income from:</b>							
Donations and legacies	2	681	26,401	27,082	19,664	23,300	42,964
Investments	3	1,635	-	1,635	1,393	-	1,393
<i>Charitable activities:</i>							
Gift aid donation from trading subsidiary		-	-	-	383,337	-	383,337
Subscription and royalties	4	302,098	-	302,098	255,862	-	255,862
Educational activities	6	32,169	-	32,169	71,747	-	71,747
Total income		336,583	26,401	362,984	732,003	23,300	755,303
<b>Expenditure on:</b>							
<i>Charitable activities:</i>							
Educational activities	7	258,175	27,847	286,022	248,231	26,799	275,030
Publication and membership	7	216,003	-	216,003	215,513	-	215,513
Total expenditure		474,178	27,847	502,025	463,744	26,799	490,543
Net gain/(losses) on investments	14	(52,100)	-	(52,100)	71,495	-	71,495
<b>Net income/(expenditure) and movement in funds</b>		<b>(189,695)</b>	<b>(1,446)</b>	<b>(191,141)</b>	<b>339,754</b>	<b>(3,499)</b>	<b>336,255</b>
<b>Reconciliation of funds:</b>							
Fund balances brought forward		1,666,202	17,848	1,684,050	1,326,448	21,347	1,347,795
Fund balances carried forward		1,476,507	16,402	1,492,909	1,666,202	17,848	1,684,050

**THE INTERNATIONAL CONTINENCE SOCIETY**  
**CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES**  
**(INCLUDING CONSOLIDATED INCOME & EXPENDITURE ACCOUNT)**  
**FOR THE YEAR ENDED 31 DECEMBER 2018**

		Unrestricted Year ended 31.12.18	Restricted Year ended 31.12.18	Total Year ended 31.12.18	Unrestricted Year ended 31.12.17	Restricted Year ended 31.12.17	Total Year ended 31.12.17
		£	£	£	£	£	£
<b>Income from:</b>	Notes						
Donations and legacies	2	681	26,401	27,082	19,664	23,300	42,964
Investments	3	1,644	-	1,644	1,406	-	1,406
<i>Charitable activities:</i>							
Annual meeting and trading	14	242,360	-	242,360	699,103	-	699,103
Subscription and royalties	4	302,098	-	302,098	255,862	-	255,862
Publications	5	14,171	-	14,171	42,360	-	42,360
Educational activities	6	32,169	-	32,169	71,747	-	71,747
<b>Total income</b>		<b>593,123</b>	<b>26,401</b>	<b>619,524</b>	<b>1,090,142</b>	<b>23,300</b>	<b>1,113,442</b>
<b>Expenditure on:</b>							
<i>Charitable activities:</i>							
Educational activities	7	258,175	27,847	286,022	248,231	26,799	275,030
Publication and membership	7	224,683	-	224,683	255,038	-	255,038
Annual meeting	7	334,893	-	334,893	299,913	-	299,913
<b>Total expenditure</b>		<b>817,751</b>	<b>27,847</b>	<b>845,598</b>	<b>803,182</b>	<b>26,799</b>	<b>829,981</b>
Net gains/(losses) on investments	14	(52,100)	-	(52,100)	71,495	-	71,495
<b>Net income/(expenditure) and movement in funds</b>		<b>(276,728)</b>	<b>(1,446)</b>	<b>(278,174)</b>	<b>358,455</b>	<b>(3,499)</b>	<b>354,956</b>
<b>Reconciliation of funds:</b>							
Fund balances brought forward		1,711,881	17,848	1,729,729	1,353,426	21,347	1,374,773
Fund balances carried forward		1,435,153	16,402	1,451,555	1,711,881	17,848	1,729,729

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derives from continuing activities.

**THE INTERNATIONAL CONTINENCE SOCIETY**

**BALANCE SHEET AS AT 31 DECEMBER 2018**

		<u>2018</u>		<u>2017</u>	
	Notes	£	£	£	£
<b>FIXED ASSETS:</b>					
Intangible assets	12		<b>2,019</b>		2,174
Investments	14		<u><b>737,792</b></u>		<u>789,892</u>
			<b>739,811</b>		<u>792,066</u>
<b>CURRENT ASSETS:</b>					
Debtors	15	<b>219,691</b>		714,867	
Cash at bank and in hand		<u><b>630,935</b></u>		<u>287,327</u>	
		<b>850,626</b>		1,002,194	
<b>CREDITORS:</b> Amounts falling due within one year	16	<u><b>(97,528)</b></u>		<u>(110,209)</u>	
<b>NET CURRENT ASSETS:</b>			<u><b>753,098</b></u>		<u>891,985</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES:</b>			<u><b>1,492,909</b></u>		<u>1,684,051</u>
<b>FUNDS:</b>					
Unrestricted funds	18		<b>1,476,507</b>		1,666,202
Restricted funds	18		<u><b>16,402</b></u>		<u>17,849</u>
			<u><b>1,492,909</b></u>		<u>1,684,051</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2018.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2018 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Trustees on ..... and were signed on their behalf by:

Dr J Gajewski - TRUSTEE



**THE INTERNATIONAL CONTINENCE SOCIETY**  
**CONSOLIDATED BALANCE SHEET AS AT 31 DECEMBER 2018**

		<u>2018</u>		<u>2017</u>	
	Notes	£	£	£	£
<b>FIXED ASSETS:</b>					
Intangible assets	12		<b>2,019</b>		2,174
Tangible assets	13		<b>15,196</b>		16,185
Investments	14		<b>737,792</b>		789,891
			<u><b>755,007</b></u>		<u>808,250</u>
<b>CURRENT ASSETS:</b>					
Debtors	15	<b>183,301</b>		576,151	
Cash at bank and in hand		<b>646,383</b>		483,933	
		<u><b>829,684</b></u>		<u>1,060,084</u>	
<b>CREDITORS:</b> Amounts falling due within one year	16	<u><b>(133,136)</b></u>		<u>(138,605)</u>	
<b>NET CURRENT ASSETS:</b>			<u><b>696,548</b></u>		<u>921,479</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES:</b>			<u><b>1,451,555</b></u>		<u>1,729,729</u>
<b>FUNDS:</b>					
Unrestricted funds	18		<b>1,435,153</b>		1,711,880
Restricted funds	18		<b>16,402</b>		17,849
			<u><b>1,451,555</b></u>		<u>1,729,729</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2018.

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Dr J Gajewski - TRUSTEE

**THE INTERNATIONAL CONTINENCE SOCIETY**

**STATEMENT OF CASH FLOWS AND CONSOLIDATED STATEMENT OF CASH FLOWS FOR YEAR  
ENDING 31 DECEMBER 2018**

	Notes	<b>Charity 2018 £</b>	<b>Charity 2017 £</b>	<b>Group 2018 £</b>	<b>Group 2017 £</b>
<b>Cash flows from operating activities:</b>					
Net cash provided by (used in) operating activities	See below	<b>341,974</b>	(165,651)	<b>153,793</b>	(123,899)
<b>Cash flows from investing activities:</b>					
Interest income		<b>1,635</b>	1,393	<b>1,644</b>	1,406
Purchase of property, plant and equipment		-	-	<b>(9,716)</b>	(10,877)
Disposal of property, plant and equipment		-	-	<b>16,729</b>	4,656
Purchase of investments		-	-	-	-
<b>Net cash provided by (used in) investing activities</b>		<b>1,635</b>	1,393	<b>8,657</b>	(4,815)
<b>Change in cash and cash equivalents in the reporting period</b>		<b>343,608</b>	(164,258)	<b>162,450</b>	(128,714)
<b>Cash and cash equivalents at the beginning of the reporting period</b>		<b>287,327</b>	451,585	<b>483,933</b>	612,647
<b>Cash and cash equivalents at the end of the reporting period</b>		<b>630,935</b>	287,327	<b>646,383</b>	483,933

**NOTES TO CASH FLOWS:**

**RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	<b>Charity 2018 £</b>	<b>Charity 2017 £</b>	<b>Group 2018 £</b>	<b>Group 2017 £</b>
Net movement in funds	<b>(191,141)</b>	336,255	<b>(278,175)</b>	354,956
Add back depreciation/amortisation charge	<b>155</b>	155	<b>(5,869)</b>	5,382
Deduct interest income shown in investing activities	<b>(1,635)</b>	(1,393)	<b>(1,644)</b>	(1,406)
Deduct/add net (gain)/loss on investments	<b>52,100</b>	(71,495)	<b>52,100</b>	(71,495)
Decrease (increase) in debtors	<b>495,176</b>	(426,874)	<b>392,850</b>	(415,794)
Increase (decrease) in creditors	<b>(12,681)</b>	(2,299)	<b>(5,469)</b>	4,458
<b>Net cash (used)/gained in/from operating activities</b>	<b>341,974</b>	(165,651)	<b>(153,793)</b>	(123,899)

# THE INTERNATIONAL CONTINENCE SOCIETY

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2018

### 1. ACCOUNTING POLICIES

#### **Basis of preparing the financial statements**

The International Continence Society is a company limited by guarantee, registered in England and Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 (as updated through Update Bulletin 1 published on 2 February 2016), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

The charity constitutes a public benefit entity as defined by FRS 102. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations is a membership society for professionals working in the field of incontinence.

The principal accounting policies adopted by the charity in drawing up its financial statements are as follows:

#### **(a) Income**

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that income will be received. Incoming resources from subscriptions are recognised in the Statement of Financial Activities on a calendar year basis and are deferred where they are received in advance.

For donations to be recognised, the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained, then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

#### **(b) Group Accounts**

The results of Conticom-ICS Limited, a wholly owned subsidiary, have been consolidated on a line by line basis in the Statement of Financial Activities, the Balance Sheet and The Statement of Cashflows.

#### **(c) Fund Accounting**

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds donated for use in a particular area or for specific purposes, the use of which is restricted to that area of purpose.

#### **(d) Investment assets**

The investment in the subsidiary is stated at cost. Listed investments held for the continuing benefit of the charity and are treated as fixed assets and are valued at fair value at the balance sheet date.

# THE INTERNATIONAL CONTINENCE SOCIETY

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2018

### 1. ACCOUNTING POLICIES - continued

#### (e) Expenditure

All expenditure included in the Statement of Financial Activities is accounted for on an accruals basis.

Charitable activities include expenditure associated with educational activities, together with publication and membership, and include both the direct costs and support and governance costs relating to these activities.

Support and governance costs are those functions that assist the work of the charity but do not directly undertake charitable activities. These costs have been allocated to expenditure on charitable activities as set out in note 7.

Any irrecoverable VAT is charged to the Statement of Financial Activities or capitalised as part of the asset cost, where appropriate.

#### (f) Intangible Assets

The domain name is being amortised evenly over 20 years.

#### (g) Tangible Fixed Assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and fittings            -25% on cost

Computer equipment        -33% on reducing balance

#### (h) Foreign Currencies

Transactions in foreign currencies are recorded at the rate ruling at the date of transaction. Monetary assets and liabilities are retranslated at the rate of exchange ruling at the balance sheet date. All differences are taken to the Statement of Financial Activities.

#### (i) Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities over the period to which they relate.

#### (j) Pension costs

The charity operates a defined pension contribution scheme. Contributions payable for the year are charged in the Statement of Financial Activities.

#### (k) Debtors and creditors receivable/ payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

#### (l) Financial Instruments

The charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

#### (m) Short term liquid investments and cash

Cash at bank is held to meet short-term cash commitments as they fall due rather than for investment purposes and includes all cash equivalents held in the form of short-term highly liquid investments. Cash equivalents are short-term, highly liquid investments that are readily convertible to known amounts of cash and that are subject to an insignificant risk of changes in value.

**THE INTERNATIONAL CONTINENCE SOCIETY**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2018**

**2. INCOME FROM DONATIONS AND LEGACIES**

	Charity		Group	
	2018	2017	2018	2017
	£	£	£	£
Other donors	27,082	42,964	27,082	42,964
	<u>27,082</u>	<u>42,964</u>	<u>27,082</u>	<u>42,964</u>

**3. INCOME FROM INVESTMENTS**

	Charity		Group	
	2018	2017	2018	2017
	£	£	£	£
Interest receivable	1,635	1,393	1,644	1,406
	<u>1,635</u>	<u>1,393</u>	<u>1,644</u>	<u>1,406</u>

**4. INCOME FROM SUBSCRIPTIONS AND ROYALTIES**

	Charity & Group	
	2018	2017
	£	£
Subscription Income:		
Deferred balance brought forward	43,712	28,079
Membership income received during the year	186,203	207,069
Deferred balance carried forward	(37,325)	(43,712)
	<u>192,590</u>	<u>191,436</u>
Royalty income on subscriptions	<u>109,508</u>	<u>64,426</u>
	<u>302,098</u>	<u>255,862</u>

**5. INCOME FROM PUBLICATIONS**

	Group	
	2018	2017
	£	£
ICI book income	14,171	42,360
	<u>14,171</u>	<u>42,360</u>

**THE INTERNATIONAL CONTINENCE SOCIETY**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2018**

**6. INCOME FROM EDUCATIONAL ACTIVITIES**

	Charity & Group	
	2018	2017
	£	£
SNS meeting income	-	62,847
Cadaver Course income	<b>18,800</b>	8,000
Fistula Course income	<b>10,969</b>	-
Other income	<b>2,400</b>	900
	<b><u>32,169</u></b>	<b><u>71,747</u></b>

**7. ANALYSIS OF CHARITABLE EXPENDITURE**

	Educational Activities	Publication & Membership	Annual meeting	Total 2018	Total 2017
	£	£	£	£	£
Journal and other membership costs	-	<b>56,375</b>	-	<b>56,375</b>	52,125
Cost of publications	-	-	-	-	-
Travel and subsistence costs	<b>19</b>	<b>19</b>	-	<b>38</b>	-
Advertising and promotional events	<b>112</b>	-	-	<b>112</b>	1,024
Publication committee costs	<b>21,413</b>	-	-	<b>21,413</b>	3,651
Education committee costs	<b>9,671</b>	-	-	<b>9,671</b>	3,970
Standardisation Committee costs	-	-	-	-	-
Awards, grants and fellowships	<b>46,457</b>	-	-	<b>46,457</b>	36,015
Educational activity costs	<b>68,786</b>	-	-	<b>68,786</b>	83,367
Printing and postage costs	<b>633</b>	<b>633</b>	-	<b>1,266</b>	1,526
Staff costs	<b>88,270</b>	<b>108,316</b>	-	<b>196,586</b>	181,879
Finance costs	<b>6,731</b>	<b>6,730</b>	-	<b>13,461</b>	12,548
Foreign exchange loss/(gain)	<b>(612)</b>	<b>(612)</b>	-	<b>(1,224)</b>	27,146
Trustees' board costs	<b>8,815</b>	<b>8,815</b>	-	<b>17,630</b>	13,482
Support costs (see note 8)	<b>11,647</b>	<b>11,647</b>	-	<b>23,294</b>	23,330
Governance costs (see note 8)	<b>24,080</b>	<b>24,080</b>	-	<b>48,160</b>	50,480
<b>Charity total</b>	<b><u>286,022</u></b>	<b><u>216,003</u></b>	<b><u>-</u></b>	<b><u>502,025</u></b>	<b><u>490,543</u></b>
Annual meeting expenses	-	-	<b>334,893</b>	<b>334,893</b>	299,913
Books and merchandising	-	<b>8,680</b>	-	<b>8,680</b>	39,525
<b>Group total</b>	<b><u>286,022</u></b>	<b><u>224,683</u></b>	<b><u>334,893</u></b>	<b><u>845,598</u></b>	<b><u>829,981</u></b>

**THE INTERNATIONAL CONTINENCE SOCIETY**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2018**

**8. ANALYSIS OF GOVERNANCE AND SUPPORT COSTS**

	<b>Educational Activities</b>		<b>Charity &amp; Group</b>	
	<b>Costs</b>	<b>Membership Costs</b>	<b>Total 2018</b>	<b>Total 2017</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Support costs:</b>				
Phone	4,891	4,891	9,782	10,102
Insurance	590	590	1,180	1,566
Rent, rates, light and heat	5,378	5,378	10,756	9,768
Sundry	710	710	1,420	1,738
Amortisation	78	78	156	156
	<u>11,647</u>	<u>11,647</u>	<u>23,294</u>	<u>23,330</u>
<b>Governance costs:</b>				
Trustees' board costs	3,873	3,873	7,746	4,182
Indemnity insurance	136	136	272	888
Staff costs	11,326	11,326	22,652	21,608
Auditor's fee (see note 11)	2,970	2,970	5,940	10,176
Legal and professional	5,775	5,775	11,550	13,626
	<u>24,080</u>	<u>24,080</u>	<u>48,160</u>	<u>50,480</u>

Support and governance costs have been allocated evenly between educational activities and publication and membership costs.

**9. TRUSTEES REMUNERATION**

The trustees neither received nor waived any emoluments during the period (2017: £Nil).

Out of pocket expenses were reimbursed to trustees as follows:

	<b>Charity &amp; Group</b>		<b>Charity &amp; Group</b>	
	<b>2018</b>	<b>2017</b>	<b>2018</b>	<b>2017</b>
	<b>Number</b>	<b>Number</b>	<b>£</b>	<b>£</b>
Travel and meeting expenses	8	4	18,778	11,376

**10. STAFF COSTS**

	<b>Charity</b>		<b>Group</b>	
	<b>2018</b>	<b>2017</b>	<b>2018</b>	<b>2017</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Wages and salaries	179,195	165,505	358,390	331,010
National insurance contributions	17,582	15,782	35,164	31,564
Pension contributions	22,409	19,951	44,818	39,902
Recruitment and training	52	2,250	52	4,125
	<u>219,238</u>	<u>203,488</u>	<u>438,424</u>	<u>406,601</u>

One employee earned more than £60,000 during the year.

**THE INTERNATIONAL CONTINENCE SOCIETY**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2018**

**10. STAFF COSTS - continued**

The average monthly number of employees during the year were as follows:

	Charity		Group	
	2018	2017	2018	2017
	Number	Number	Number	Number
Governance	<b>0.27</b>	0.3	<b>0.27</b>	0.3
Educational activities	<b>1.73</b>	1.95	<b>1.73</b>	1.95
Publication and membership	<b>2</b>	2.25	<b>2</b>	2.25
Meeting co-ordinators	-	-	<b>4</b>	4.5
	<b><u>4</u></b>	<b><u>4.5</u></b>	<b><u>8</u></b>	<b><u>9</u></b>

The key management personnel of the group and the charity comprise the trustees, the administrative director and the I.T. director. The total employee benefits of the key management personnel of the group were £168,309 (2017: £159,517).

**11. INDEPENDENT EXAMINER'S REMUNERATION**

The independent examiner's remuneration consists of the following:

	Charity		Group	
	2018	2017	2018	2017
	£	£	£	£
For audit services	-	5,580	-	11,160
For independent examination	<b>1,440</b>	-	<b>1,440</b>	-
For accounting services	<b>2,640</b>	3,156	<b>6,240</b>	5,796
For preparation of consolidated accounts	<b>1,440</b>	1,440	<b>1,440</b>	1,440
For general advice, meetings & other services	-	-	-	-
	<b><u>5,520</u></b>	<b><u>10,176</u></b>	<b><u>9,120</u></b>	<b><u>18,396</u></b>



THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2018

12. CHARITY & CONSOLIDATED INTANGIBLE FIXED ASSETS

	Domain name £	Totals £
<b>COST</b>		
At 1 January 2018	3,106	3,106
At 31 December 2018	<u>3,106</u>	<u>3,106</u>
<b>AMORTISATION</b>		
At 1 January 2018	932	932
Charge for year	155	155
At 31 December 2018	<u>1,087</u>	<u>1,087</u>
<b>NET BOOK VALUE</b>		
At 31 December 2018	<u>2,019</u>	<u>2,019</u>
At 31 December 2017	<u>2,174</u>	<u>2,174</u>

13. CONSOLIDATED TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Total £
<b>COST:</b>			
At 1 January 2018	13,082	50,002	63,084
Additions	404	9,312	9,716
Disposals	(2,340)	(14,389)	(16,729)
At 31 December 2018	<u>11,146</u>	<u>44,925</u>	<u>56,071</u>
<b>DEPRECIATION:</b>			
At 1 January 2018	10,831	36,068	46,899
Charge for year	1,099	9,606	10,705
Eliminated on disposal	(2,340)	(14,389)	(16,729)
At 31 December 2018	<u>9,590</u>	<u>31,285</u>	<u>40,875</u>
<b>NET BOOK VALUE:</b>			
At 31 December 2018	<u>1,556</u>	<u>13,640</u>	<u>15,196</u>
At 31 December 2017	<u>2,251</u>	<u>13,934</u>	<u>16,185</u>

**THE INTERNATIONAL CONTINENCE SOCIETY**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2018**

**14. CHARITY FIXED ASSET INVESTMENTS**

	£	
<b>COST OR VALUATION:</b>		
At 1 January 2018		789,892
Decrease in market value of investments		<u>(52,100)</u>
		<u>737,792</u>
At 31 December 2018		<u>737,792</u>
<b>NET BOOK VALUE:</b>		
At 31 December 2018		<u>737,792</u>
At 31 December 2017		<u>789,892</u>
	<b>2018</b>	2017
	£	£
Listed investments	737,791	789,891
Unlisted investments	<u>1</u>	<u>1</u>
Total investments	<u>737,792</u>	<u>789,892</u>

The charity's investments at the balance sheet date in the share capital of unlisted companies include the following:

**Conticom - ICS Limited**

Company number: 03687688

Country of incorporation: England & Wales

Nature of business: Conference facilitator

Class of shares: Ordinary – 100% holding

	2018	2017
	£	£
Aggregate capital and reserves	(41,354)	45,679
Profit/(loss) for the year	<u>(87,033)</u>	<u>18,700</u>

**Results and net assets/(liabilities) of Conticom – ICS Limited**

	£
Turnover:	
Annual meeting income	236,204
Other income	6,156
Trading income	<u>14,171</u>
	<u>256,531</u>
Cost of sales	(68,319)
Gross profit	188,212
Administrative expenses (excluding gift aid donation)	<u>(275,254)</u>
Operating profit/(loss)	(87,042)
Interest receivable and other similar income	9
Net income/(expenditure)	<u>(87,033)</u>
Amount gift-aided to the charity	-
Retained profit for the year	(87,033)
Retained profit brought forward	45,679
Retained profit/(loss)carried forward	<u>(41,354)</u>
Assets	101,934
Liabilities	143,288

**THE INTERNATIONAL CONTINENCE SOCIETY**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2018**

**15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	Charity		Group	
	<b>2018</b>	2017	<b>2018</b>	2017
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Trade debtors	-	255	<b>62,793</b>	500,355
Prepayments and accrued income	<b>13,131</b>	2,047	<b>21,594</b>	12,055
Amounts due from group undertaking	<b>107,680</b>	648,824	-	-
Other debtors	<b>98,880</b>	63,741	<b>98,880</b>	63,741
VAT	-	-	<b>34</b>	-
	<u><b>219,691</b></u>	<u>714,867</u>	<u><b>183,301</b></u>	<u>576,151</u>

**16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	Charity		Group	
	<b>2018</b>	2017	<b>2018</b>	2017
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Trade creditors	<b>19,216</b>	3,268	<b>20,315</b>	3,539
Other creditors	<b>2,695</b>	2,492	<b>4,185</b>	8,951
Social security and other taxes	-	-	<b>16,070</b>	13,616
Accruals and deferred income	<b>75,617</b>	104,449	<b>92,566</b>	111,799
VAT	-	-	-	700
	<u><b>97,528</b></u>	<u>110,209</u>	<u><b>133,136</b></u>	<u>138,605</u>

**17. FINANCIAL COMMITMENTS**

Total financial commitments, guarantees and contingencies for the charity which are not included in the balance sheet amount to £24,287 (2017 - £37,316).

Total financial commitments, guarantees and contingencies undertaken as a group, which are not included in the balance sheet amount to £42,787 (2017 - £66,916).

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2018

18. STATEMENT OF FUNDS

	At 01 January 2018 £	Income £	Expenditure £	Losses on Investments £	At 31 December 2018 £
<b>Unrestricted funds:</b>					
General fund	1,666,202	336,583	(474,178)	(52,100)	1,476,507
<b>Total unrestricted funds</b>	<b>1,666,202</b>	<b>336,583</b>	<b>(474,178)</b>	<b>(52,100)</b>	<b>1,476,507</b>
<b>Restricted funds:</b>					
Laborie Fellowship	-	7,914	(4,397)	-	3,517
Continence Promotion Committee fund	7,824	-	-	-	7,824
3 <sup>rd</sup> World Fistula work	500	-	-	-	500
Pfizer grant	9,524	18,487	(23,450)	-	4,561
<b>Total restricted funds</b>	<b>17,848</b>	<b>26,401</b>	<b>(27,847)</b>	<b>-</b>	<b>16,402</b>
<b>Total charity funds</b>	<b>1,684,050</b>	<b>362,984</b>	<b>(502,025)</b>	<b>(52,100)</b>	<b>1,492,909</b>
<b>Subsidiary funds (unrestricted)</b>	<b>45,679</b>	<b>256,540</b>	<b>(343,573)</b>	<b>-</b>	<b>(41,354)</b>
<b>Intercompany transactions</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total consolidated funds</b>	<b>1,729,729</b>	<b>619,524</b>	<b>(845,598)</b>	<b>(52,100)</b>	<b>1,451,555</b>

STATEMENT OF FUNDS - comparatives

	At 01 January 2017 £	Income £	Expenditure £	Gains on Investments £	At 31 December 2017 £
<b>Unrestricted funds:</b>					
General fund	1,326,448	732,003	(463,744)	71,495	1,666,202
<b>Total unrestricted funds</b>	<b>1,326,448</b>	<b>732,003</b>	<b>(463,744)</b>	<b>71,495</b>	<b>1,666,202</b>
<b>Restricted funds:</b>					
Laborie Fellowship	3,495	3,826	(7,321)	-	-
Continence Promotion Committee fund	7,824	-	-	-	7,824
3 <sup>rd</sup> World Fistula work	500	-	-	-	500
Pfizer grant	9,528	19,474	(19,478)	-	9,524
<b>Total restricted funds</b>	<b>21,347</b>	<b>23,300</b>	<b>(26,799)</b>	<b>-</b>	<b>17,848</b>
<b>Total charity funds</b>	<b>1,347,795</b>	<b>755,303</b>	<b>(490,543)</b>	<b>71,495</b>	<b>1,684,050</b>
<b>Subsidiary funds (unrestricted)</b>	<b>26,978</b>	<b>741,475</b>	<b>(722,775)</b>	<b>-</b>	<b>45,679</b>
<b>Intercompany transactions</b>	<b>-</b>	<b>(383,337)</b>	<b>(383,337)</b>	<b>-</b>	<b>-</b>
<b>Total consolidated funds</b>	<b>1,374,773</b>	<b>1,113,442</b>	<b>(829,981)</b>	<b>71,495</b>	<b>1,729,729</b>

**THE INTERNATIONAL CONTINENCE SOCIETY**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2018**

**18. STATEMENT OF FUNDS - continued**

The Continence Promotion Committee fund was established to support the activities of the Continence Promotion Committee. The Laborie Fellowship fund relates to a 3 year fellowship programme which commenced on 1 April 2011, the residual funds were spent during 2018. A restricted donation was received 2 years ago to fund 3<sup>rd</sup> world Fitsula work. The Pfizer grant was received to fund international scholarships.

The General fund represents the free funds of the charity, which are not designated for particular purposes.

**19. ANALYSIS OF NET FUNDS BETWEEN FUNDS**

<b><u>CHARITY</u></b>	<b>Restricted Funds £</b>	<b>Unrestricted Funds £</b>	<b>Total Funds £</b>
<b>Fund Balances at 31 December 2018 are represented by:</b>			
Fixed assets	-	739,811	739,811
Current assets	16,402	834,224	850,626
Current liabilities	-	(97,528)	(97,528)
<b>Total Net Assets</b>	<b>16,402</b>	<b>1,476,507</b>	<b>1,492,909</b>

<b><u>GROUP</u></b>	<b>Restricted Funds £</b>	<b>Unrestricted Funds £</b>	<b>Total Funds £</b>
<b>Fund Balances at 31 December 2018 are represented by:</b>			
Fixed assets	-	755,007	755,007
Current assets	16,402	813,282	829,684
Current liabilities	-	(133,136)	(133,136)
<b>Total Net Assets</b>	<b>16,402</b>	<b>1,435,153</b>	<b>1,451,555</b>

**ANALYSIS OF NET FUNDS BETWEEN FUNDS - comparatives**

<b><u>CHARITY</u></b>	<b>Restricted Funds £</b>	<b>Unrestricted Funds £</b>	<b>Total Funds £</b>
<b>Fund Balances at 31 December 2017 are represented by:</b>			
Fixed assets	-	792,066	792,066
Current assets	17,849	984,345	1,002,194
Current liabilities	-	(110,209)	(110,209)
<b>Total Net Assets</b>	<b>17,849</b>	<b>1,666,202</b>	<b>1,684,051</b>

<b><u>GROUP</u></b>	<b>Restricted Funds £</b>	<b>Unrestricted Funds £</b>	<b>Total Funds £</b>
<b>Fund Balances at 31 December 2017 are represented by:</b>			
Fixed assets	-	808,250	808,250
Current assets	17,849	1,042,235	1,060,084
Current liabilities	-	(138,605)	(138,605)
<b>Total Net Assets</b>	<b>17,849</b>	<b>1,711,880</b>	<b>1,729,729</b>

# **THE INTERNATIONAL CONTINENCE SOCIETY**

## **NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2018**

### **20. PENSION COMMITMENTS**

During the year, the group paid into a defined contribution pension scheme. The total for the year of £44,818 (2017: £39,902) is included within expenditure in the Statement of Financial Activities.

There were outstanding group contributions of £Nil (2017: £Nil) as at 31 December 2018.

### **21. TAXATION**

As a registered charity the International Continence Society is exempt from taxation of income and gains falling within Section 505 Taxes Act 1988 or Section 256 Taxation of Chargeable Gains Act 1992 to the extent these are applied to its charitable objects. No tax charge has arisen during the year. No tax charge has arisen in the subsidiary as its profits are donated by way of Gift Aid to the charity.

### **22. RELATED PARTY TRANSACTIONS**

There are no related party transactions that require disclosure (2017: £Nil).