



ICS Board of Trustees Meeting and Conticom-ICS Ltd Directors Meeting Minutes

Wednesday 4th September 2019

Venue: Swedish Exhibition & Congress Centre

Room: Meeting Room 2

Time: 12:30 - 14:30

Board attendees: Sherif Mourad (General Secretary), David Castro-Diaz (General Secretary Elect), Jerzy Gajewski (Treasurer), Carlos Levi D'Ancona, Mauro Cervigni, Alex Digesu, Marcus John Drake, Alex Tong-Long Lin

Committee chair attendees: Giovanni Mosiello, Sakineh Hajebrahimi, Elise De, Emmanuel Chartier Kastler, Doreen McClurg, Jacqueline Cahill, Bernard Haylen, Enrico Finazzi Agrò, Laurence Stewart, Ruwan Fernando (Ethics Committee)

Board Apologies: Cristina Naranjo Ortiz

Committee chair Apologies: Donna Bliss, Nina Davis

ICS office attendees: Dan Snowdon (Executive Director/Company Secretary), Dominic Turner (I.T. Director), Avicia Burchill (Projects & Events Manager), Jenny Ellis (Projects & Events Coordinator)

Additional Attendees (observers): John Heesakkers (incoming Treasurer), Philip Van Kerrebroeck (incoming Trustee). *Institute Directors:* Mario Patricolo, Heather Moky, Ran Pang, Alexis Schizas, Nikolaus Veit-Rubin, Rizwan Hamid, Sandra Engberg, Jian Wen, Kristene Whitmore, Cristiane Carboni, Emre Huri, Ervin Kocjancic, Karl-Erik Andersson, Peter Rosier, Julien Renard (Editor-in-Chief)

1. Introduction

SM welcomed everyone to the meeting and confirmed that all Chairs would have 5 minutes to present and 5 minutes for questions.

2. ICS committee reports

a. Standardisation Steering Committee

BH thanked the office for their support, particularly Jenny and Dom.

ICS Glossary (Launched February 2019)

There are 1125 Terms/ descriptors – all terms back to 2000 are uploaded on to the glossary. It is mobile friendly, and you can check any definition within 60 seconds. You can download any of the 17 reference documents and view most recent reference and all past references to a particular term. This is exclusive to ICS (no other society has anything like this.)

BH thanked Dom for creating the online glossary for the committee.



You can easily search for terms using the search button at the top of the page. Or view by references (17), there are 9 new documents to be added to the glossary over the next 2 years.

There are 11 categories:

- Symptom
- Sign
- Investigation
- Imaging
- Diagnosis
- Surgery – female
- Surgery – male
- Surgery – complication related
- Conservative management – male
- Conservative management – female
- Conservative management - general

Should anyone have any feedback on the glossary they can easily (one click) email the office to notify them of the changes, this information will be fed back to the SSC.

ICS Terminology Discussion (Launched August 2019)

This replaces ICS Wiki for more extensive feedback via Glossary portal, under the new Co-Chairs, Sajjad Rahnama'i, Sarah Haag. The TD provides 27 discussion forums for people to comment. This provides members/non-members the opportunity to provide longer feedback to the SSC. The plan is that the TD group will feed responses back to the SSC to review and decide whether an update to a document is required.

Terminology Document publications

2019:

Terminology for Male LUT/PF Symptoms and Dysfunction, (D'Ancona, Haylen et al), Oelke Co-Chair. This is the first ever male-only core terminology document for LUT/PF Dysfunction. It comprises 390 terms, 211 (54%) NEW and 71 (18%) changed.

It is the basis for other Male-only ICS Terminology documents. It provides a compliment to the Terminology for Female Pelvic Floor Dysfunction (Haylen et al. 2010) – ICS has Male/Female core documents.

Terminology for Nocturia and Nocturnal Lower Urinary Tract Function (Hashim et al)- This is an update of the Nocturia document of 2002 (Van Kerrebroeck et al).



2017-2018 highlights – 4 publications, 9 projects initiated:

- International Urogynecological Association (IUGA)/ International Continence Society (ICS) Joint Report on the Terminology for Female Anorectal Dysfunction, 2016. Dual NAU/IUJ Publication. Published January 2017, IUJ Volume 28, Issue 1, p5-31; DOI: 10.1002/nau.23055
- An International Urogynecological Association (IUGA)/ International Continence Society (ICS) Joint Report on conservative and nonpharmacological management of female pelvic floor dysfunction. Dual NAU/IUJ Publication February 2017, IUJ 28, 2: 191-214; DOI 10.1002/nau.23107.
- The ICS Standardisation of Terminology of Adult Neurogenic Lower Urinary Tract Dysfunction. Report of the Working Group of the International Continence Society - November 2017, DOI: 10.1002/nau.23397.

2018 Publication

- Joint report on the terminology for assessment of sexual health of woman with pelvic floor female dysfunction- Dual NAU/IUJ Publication March 2018, Int Urogynecol J Pelvic Floor Dysfunct 2018; 10.1007/s00192-018-3603-9, Neurourol Urodyn 2018; doi/10.1002/nau.23508.

2020 forecast – 4 publications

- Standardisation of Terminology for Single-use Bodyworn Incontinence Products; working group of the International Continence Society (ICS) (SSCWG11 - Fader et al)- Final document will be available in October 2019 for review process. Meeting in Gothenburg. *20 New Glossary Terms.*
- ICS Report on the Terminology for Male Anorectal Dysfunction (SSCWG14 -Schizas et al)- Working group Chair, Alexis Schizas. 9 members. Advanced draft, there will be a face to face meeting at ICS2019. Manuscript to be ready for external, SSC and Board reviews by the end of the year. Meeting in Gothenburg. *50 New Glossary Terms.*
- ICS Terminology for Pelvic Floor Muscle Function and Dysfunction (SSCWG16 – Frawley, Shelly, Morin et al)- The working groups has 3 chairs (1st Helena Frawley, 2nd Beth Shelly, 3rd Melanie Morin.) 14 Members. Update of Messelink et al. (2005) Manuscript to be ready for external, SSC and Board reviews by the end of the year. Face-to-face Meeting in Gothenburg. *45 New Glossary terms.*
- ICS Report on the Terminology for Surgical Management of Male Lower Urinary Tract Dysfunction (SSCWG17 – Abranches-Monteiro, Hamid et al) Luis Abranches-Monteiro and Rizwan Hamid (Co-Chairs) 9 Members. Advanced draft. There will be a face-to-face Meeting at ICS 2019. Manuscript to be ready for external, SSC and Board reviews by the end of the year. *130 New Glossary Terms.*

By end of 2020: glossary expanded to around 1365 terms / descriptors



2021 forecast – 5 publications

- ICS-IUGA Joint Report on the Terminology for Female Pelvic Floor Fistulae (SSCWG18 – Elneil, Romanzi, Goh et al)- Working group Chair, Suzy Elneil, Lauri Romanzi as co-chair, with Judith Goh. 18 Members with good geographical coverage. Advanced draft stage. Regular teleconferences now programmed after some delays in progress for different reasons. Meeting in Gothenburg.
- ICS- IUGA Joint Report on the Terminology for Female Obstetric Trauma (SSCWG20 – Doumouchtsis et al)- Stergios Doumouchtsis (Chair), 14 Members. Advanced draft stage. Regular teleconferences now programmed after some delays in progress for different reasons. Meeting in Gothenburg.
- ICS Report on the Terminology for Conservative Management of Male Lower Urinary Tract and Pelvic Floor Dysfunction (SSCWG21 – Averbek, Hashim et al)- Hashim Hahim and Marcio Averbek (Co-Chairs), 12 members. The working group has only just been set up in late 2018. Making steady progress to a draft document. Teleconference in Gothenburg.
- ICS Report on the Terminology for Sexual Health in Men with Lower Urinary Tract and Pelvic Floor Dysfunction (SSCWG22)- Ervin Kocjancic (Chair), 11 members. Working on draft document. There will be a face to face meeting at ICS218. Meeting in Gothenburg.
- ICS-IUGA Joint Report on the Terminology for Female Laparoscopic Pelvic Anatomy (SSCWG19)- Salma Kayani (Chair), 12 members. Members working in subgroup on first draft. They are aiming to have the first draft ready by November 2019. Face-to-face Meeting in Gothenburg.

BH concluded that in his term as SSC Chair he will have overseen the publication of 22 terminology documents, a 5-fold increase on the previous chairmanship of the SSC. As well as creating the new glossary.

BH thanked the BOT for their support of him and his committee, he looks forward to working with the incoming BOT members. BH added a special thanks to Jerzy for his excellent neurogenic document and Alex for his support of the committee in his position as BOT representative.

Over the next 3 years BH plans to keep the SSC as productive as possible, whilst maintaining excellent scientific quality. Linked to this is the expansion of the glossary.

Questions: SM thanked BH for his excellent presentation and work over the last 3 years. The committee have produced excellent work! SM confirmed that the MOU with IUGA, AUGS and SUFU was pending - more information will be provided to BH in due course.

SM asked whether the committee required any budget for the forthcoming year? BH confirmed that the fistula document would need funding to cover illustrations to accompany the document content.



Action: BH to submit a budget request to the BOT for the illustration costs for the fistula document.

b. Ethics Committee

RF presented in ND's absence.

Over the last year the committee have held a workshop (ICS 2018) free workshop (Core Curriculum), Ethical Dilemmas in the Care of the Aging Patient: A Case-Based Interactive Workshop. Based on the success of this workshop Nina Davis filmed a video "Frailty Assessment and Surgical Planning for the Geriatric Patient".

The committee did not have a workshop this year.

Ethics Award – No suitable abstracts this year

Future plans:

The committee sent the membership a survey on the role of the committee: "Five Questions in Five Minutes". 125 members responded. 90% of the respondents thought the Ethics committee is of value to the ICS.

David Castro-Diaz informed the committee this morning about the possibility of decommissioning the Ethics. The members discussed and agreed that we need a longer discussion to make a plan of action and to update the remit of the committee under the TOR. The committee will submit this plan to the BOT by February 2020.

Action: Ethics Committee to submit their plan of action and update TOR to the BOT by February 2020.

Budget Request:

- £500 for conference calls
- £500 for the Ethics Award

Questions- SM asked whether all committee members were active? RF confirmed that they were.

c. Physiotherapy Committee

DM confirmed that the committee was stable this year. They had 1 face to face meeting and 3 teleconferences. The committee members also worked on a news schedule to ensure regular updates were included in ICS news and eNews.

The committee members were also active in other areas:

- Cristina – is the PT representative on the ICS Board of Trustees and Ethics; Male LUT & PF (SSCWG21)



- Paula - ICS Education Committee, Male anorectal dysfunction (SSCWG14)
- Cristiane – Strategic review board; PT Institute Director
- Heather - ICS Strategic Review Board
- Nelly - ICS Children and Young Adults' Committee
- Doreen – Neurourology Committee
- Neurourology ICS meeting Brussels

The committee work in conjunction with the ICS PT school on projects.

Terminology for Pelvic Floor Muscle Function and Dysfunction (SSCWG16)- Helena, Beth and Melanie are the co-chairs for this working group. The draft document is almost complete and will be submitted for peer review in the next few months.

PT Forum 2019- Organised by Petra on behalf of the committee. This event takes place this afternoon, there are 120 delegates registered to attend.

DM steps down in Gothenburg, Heather Moky is the incoming Chair for the committee.

Budget - The committee would like to request a budget for 3 teleconferences next year.

Questions- ED complimented DM and her committee on their work.

SM requested that the committee ensure they stick to the maximum numbers (10 people.)

BH left

d. Children and Young Adult's Committee

GM provided an update on the 2018-2019 actions of the committee:

- Add on Course with ESPU and ICCS, September 2018
- ICCS relationship and definition of competence:
- Workshop and Round Table in Gothenburg
- Fellowship program with Coloplast: 3 fellow from Argentina, Poland, Russia will to selected centres (London, Nijmegen, Rome): process required definition criteria host centres, selection, definition of criteria of fellows, selection
- Educational module with Urodynamics Committee
- Documents on Bowel management (Wellspect agreement)
- Document on Neurogenic Bladder, Neurourology Committee
- Document on transitional care (no book), with S.S. Committee

GM steps down in Gothenburg, MP will take over as Chair.

Plans for 2019/22

- Securing CYAC full compliance to TOR: educational events, members' disciplines, specialties, subspecialties, publications, etc.



- Enhancing the integration of Clinical Disciplines within the CYAC
- Propose the addition of a Patients' Representative.
- Being the Leading group to deliver, by ICS 2021, an ICS consensus statement on pelvic floor pathophysiology, assessment and rehabilitation, in children and young adults. Work Already started, (R. Nijman and EFNR).

2019/20

- 3 Recommendation Document and 2 Consensus Statement Documents for submission to ICS Board first and, to be sent for publication, (2 by Dec 2019/Jan 2020, the other 3, by Sep 2020).
- Continuing the cooperation with Wellspect, with 2 papers publication and possible fellowships.
- Continuing the cooperation with Coloplast with another year of Fellowships: after revision of the application/selection criteria and of the selection criteria for ICS Recognized Centres.
- Next fellowships advertisement target date: 20.12.2019.

2019/20

- Proposal for 2 additional Co-opted Members: GM to guarantee smooth transition between Chairmen and fellowship project + 1 for Transitional Neuro-Urology, to be identified.
- Abu Dhabi ICS Stand-Alone Course on Transitional Continence Management. It was discussed at the CYAC Meeting yesterday, to request if we could have a raffle at the Course, offering 3 ICS memberships as a prize, for the lucky winners.
- ICS 2020 Las Vegas: CYAC Workshop on: Neuromodulation as well as a Round Table on: The Power of the Mind and the impact of Drug-Abuse on Continence Management in Adolescents. One additional proposal as a Symposium: Underactive Bladder in Adolescence, with a future view to a Standardization Document.
- ICS workshop at ICCS 2020 Annual Meeting in Dubai. If approved by the BOT, I will be delighted to present a request on Behalf of GM, to the ICCS Board, at the Board Meeting (11.09.2019, Gdansk – Poland). It would be a parallel workshop. But I will also need to inform the ICCS Board of what kind of financial participation the ICS is ready to offer, (e.g. flights and accommodation of speakers for example).

MD thanked GM for his service to the committee, he has been a very active Chair. GM thanked MD and the BOT for their support.

No questions



e. Developing World Committee

The committee have been working on their research project over the last year - the prevalence and associated risk factors of female UI in the developing world: a systematic review and meta-analysis.

The incontinence prevalence rates based on studies in different geographical locations:

- 4 studies in Europe & Central Asia
- 6 studies in the Middle East and North Africa
- 7 Studies in East Asia & Pacific
- 2 studies in Sub-saharan Africa
- 9 studies in Latin America & Caribbean

The committee aim to following up on this research as the systematic review demonstrated the gap of knowledge regarding the burden of urinary incontinence in the developing world.

The initial steps passed, and it plans to provide a standard epidemiological map for urinary incontinence in the developing world. This project is approved in research centre for EBM and started with their collaboration. The committee plan to research next: Nigeria, Iran, Egypt, Bangladesh and Brazil.

Training in 2019:

- Fortunately, GPC granted 10,000\$ to have a “stand alone” course in Sudan in December 2018 in potential topics including Incontinence and Fistula. We emphasised quality over quantity in training, “train the trainer” type events and we had a very successful workshop and surgeries in Khartoum.
- We planned an ICS Stand-alone course in Iran, 2019.
- Establishment of “developing worlds training courses” in the fields written below.
- Will look for opportunities to do add-on workshops or individual lectures at relevant medical meetings in the Developing World. This year we receive a request from the Georgian Urology Society to have an add-on ICS course in their national meeting-2019. We will attend in Georgia this year as an ICS speaker.

ICS Algorithms:

We believe ICS Algorithms would be quite valuable in Developing World but will need translations. We translated 4 most important algorithms to Arabic, Persian, and Turkish with permission of the ICI books editor.

Plans for the future:

- Finalising of the current research proposal
- Having ICS speakers from developing committee, in the national meeting of developing countries.



- Conversations with ICS to have a special session for developing countries.
- Providing a special web page and networks for ICS- developing world.
- Updating the committee members and inviting more active people.

SH highlighted this would be her last Trustee-Chair meeting, as she steps down in Gothenburg. SH thanked the Board for their support.

DM left.

Questions- Peter Rosier queried why the Fistula Committee was dissolved and now we have the Developing World Committee. SM confirmed that this information would be emailed to PR.

Action: Office to email PR the details concerning the Fistula Committee's dissolution.

f. Education Committee

ED thanked all committee members for their hard work over the last year. Sadly, the Committee are losing Alex, we will therefore be recruiting a urogynecologist on to the committee next year.

2019 Workshops:

- Workshop application process was overhauled to a shorter, more concise application. Guidelines were also revised.
- Last year's workshop reviews were available to the committee while evaluating
- 38 workshops accepted and 24 rejected by the education committee in London in February 2019. Targeted under-represented workshop topics i.e. imaging
- ICS Core Curriculum workshops run by the committees are running again during ICS 2019. We are continuing to target these for filmed, published, express education videos.
- New Institute Workshops being presented in Gothenburg this year
- In-App Evaluations will continue to be conducted and the questions have been amended based on last year's feedback.
- Marco Blanco has been asked to re-film his research workshop and project to target best evaluated workshops from 2018 via the Institute Directors to re-film.

The committee decided to delegate different projects to the members, this allowed ED to focus on broader issues e.g. SOPs, TOR etc. The tasks delegated were as follows:

- ICS Course applications - Alex
- Workshops - Paula
- Learner Assessment and CME - Enrico
- Institute - Nikolaus
- Small project lead – Frankie
- Early Career – Miko & Amy



SOP's Project:

The SOPs involve cross committee collaborations to ensure high quality submissions from members. The feedback we received from applicants was that the comments were cumbersome, but we feel it is best to ask all of the questions at the start of the project, rather than at the end.

ED thanked the office for their work on the SOPs and the creation of a dedicated webpage for this information.

Education Modules

The Education Modules include a NAU publication, video and PowerPoint slide set. It is expected that any ICS speakers (at events) will use the slides for their presentation. If they wish to modify the information, they can do so, with approval. The modules were discussed, and a query was raised, who approves the changes to the PPT?

Action: ED to confirm who signs off approval for changes to modules slides.

ED confirmed that the committee need to review all current videos, with expert assistance, to review whether the current videos are still relevant.

Action: Education Committee, with expert assistance, to review all current videos to ensure they are still fit for purpose.

Express learning videos

The mission of ICS TV and the Institute is to provide ICS content to members worldwide and become the leading expert in incontinence internationally. ICS TV receives over 100,000 views annually.

The office has purchased some new software for ICS 2019 that will enable the office to upload the ICS 2019 content to ICSTV within 1-2 months of the meeting. It used to take a couple of months to a year previously.

Learner Assessment Project

Sadly, this project failed. The 4 projects received between 22-68 views. No certificates were requested, but as there was no CME points attached, there was little incentive to undertake these assessments. Enrico found 10-fold interest in Italian Urodynamics Society when CME offered. ED suggested that this is something the BOT might want to consider.

Action: BOT to decide whether they would like to provide funding for CME accreditation for the learner assessment project.

Last year we had over 80 ECP's attend the early career session. This year we have changed the programme with an increase in expert discussions as follows:

- How to apply for a research grant - Lori Birder
- 5 do's and don'ts on planning a basic research project - Karl-Erik Andersson
- 5 do's and don'ts on planning a clinical research project - Jacques Corcos
- How to write a paper and get it published - Chris Chapple

Faculty Development Videos

The committee have created several faculty developments videos:

- Chairing a Session
- Chairing a Committee
- Good presentation practice
- How to get involved in ICS?
- How to present an EPoster Abstract at ICS
- How do I get my workshop proposal accepted?

We would welcome any suggestions from committee for additional relevant videos.

Action: All committees to suggest faculty development videos, that they feel will be beneficial to the membership

ICS Mentorship Programme

The committee launched the new ICS mentorship programme. We currently have 138 mentors on the database. We would like to increase the number of mentors and would request that all committees encourage their members to sign up.

Action: All committee members to join mentorship programme and encourage their colleagues/peers to do so.

Faculty Database

The faculty database was cleaned, and a new version launched. Members can select their specialist teaching categories based on the online list. The Education Committee will use this list to locate relevant international speakers to speak on behalf of ICS.

Education Course and Guest Lectures

The committee have approved 33 Education Courses/Guest Lectures over the last year. Through alliances with affiliate organisations the committee have been able to reduce the overall expenses for their courses, which has assisted the committee in maintaining the number of courses with the lower annual budget.



The annual budgets and expenditure over the last two years are as follows:

Budget for 2018: £22500
Extra £5000 granted but not all spent.

Budget for 2019 £25000
Have committed last amount this week

The committee have utilised different speakers at events, partial funding events and increased alliances/Exchanges with the following organisation: SIU, ASCRS, IUGA, SUFU. The committee confirmed that an SOP, for collaborating with other societies, was required.

Action: Education Committee to create a collaboration with other societies SOP.

The budget for 2020 will be £25,000. The committee will be requesting a two-year budget for courses at ICS 2020 in Las Vegas.

Plans for 2020

- Full launch of the Mentor Program
 - Faculty and Committee Members Encouraged to Participate

- Comment Boxes on Online Content
 - Out of date
 - Inaccurate
 - Ethical concerns
 - Institute specific comments

- Patient-facing concept
 - Identify content appropriate for patients
 - Curate links to patient information
 - Consider expense

- How to best support the Institutes
- Platform for young ICS professionals
- Few remaining SOPs e.g. external links

The committee will hold a face to face meeting in 2020: 1st February, London.

The workshop deadline is 5th January 2020, the committee would like to encourage Institutes and Committees Collaborate on workshop applications.

Action: Institutes and Committees to collaborate on workshop applications for 2020.
Deadline for application, 5th January 2020.



Questions- PR thought the work of ED/Committee was excellent! The committee is a multi-tool of ICS. But the committee does do a lot and he expressed concern that they are taking on too much. PR suggested that the committee hand back projects to the institute directors. PR suggested that the committee could be involved in some of the projects.

SM- BOT will discuss this in the February meeting. We need someone to be responsible for ICS Content.

Action: BOT to discuss who/which committee should be responsible for ICS content.

g. Neuro-urology Promotion Committee

In 2020 the committee will have 13 members, plus a new Chair. Four members term ends in 2020, this will take the committee down, under the maximum number of members, as specified by the BOT.

Courses/workshops at ICS meetings:

- 2016: Neuro-urology basics
- 2017: Diseases specificities
- 2018: Complications of neurogenic bladder (through a multidisciplinary approach: Rehabilitation physician, Urologist, Neurologist)
- 2019: Management of infection and neurogenic bladder
- 2020: Workshop at the next ICS congress (Las Vegas, August 26 to 29, 2020)

Which topics, suggestions:

- IC: conditions upon countries and infection risk
- Brain diseases and voiding dysfunction
- DESD: diagnosis and management
- Kidney function/evaluation/surveillance and neurourology

ECK confirmed that IC was the top choice for next year's workshop. ECK advised that he would like to work on a collaboration with the Children's Committee. There is currently no data in this area, so the committee is working on a survey to obtain this information. The committee aim to launch this within one month of the meeting.

Action: Neurourology and Children's committee to work on a joint IC project.

Other committee projects:

- ICS /INUS:
 - Memorandum of understanding signed (MOU) – ICS speakers will be presenting at the next INUS course.
- Final opinion: let ICS and ICS NU committee have their own activities
- Activities with the paediatric committee: News?



- E Brachi: leader of the IC project for under development countries
 - Survey to be launched
- Production of teaching videos (MOOC: massive open online course)
 - Running process – currently have 75 branded courses
 - Followed by B Schurch, P Denys and E Chartier-Kastler – An additional face to face meeting will take place in Gothenburg to discuss the next steps.
 - All slides received
 - Recording to be planned after validation and internal consistency control – All recording will take place at the ICS office.

ICS Regional Meeting 2019

ICSRM 2018 focused on neurourology. ECK would like to thank the ICS board of trustees for this fantastic opportunity.

Questions – PVK highlighted the recent conflicts with the INUS MOU and ICS. We should be sharing speakers at both events and splitting the costs between both societies. SM confirmed the MOU agreement details, we need to ensure that we stick to this agreement.

AD- Queried whether INUS were just running courses? ECK confirmed that they will run 6 courses and 1 annual meeting.

RH – Enquired with the BOT were willing to fund 6 speakers to these courses? SM confirmed that ICS cannot attend events that are not linked to our strategy.

ED stated that we need special funding rules for the INUS events – they currently come under the Education Committee budget, but this isn't appropriate. SM stated that the BOT will discuss this further.

Action: BOT to discuss budget for INUS events and how these will be managed/by which committee.

g. Nursing Committee

DB highlighted that she would be stepping down from the Committee in Las Vegas, we will therefore be calling for a new Chair.

Committee Updates 2019

Education and Practice:

1. Book on Faecal Incontinence Management for the Advanced Practice Nurse (D. Bliss, Ed). Nursing Committee authorised. Published by Springer FR x 1 year ago, endorsed by ICS. ICS nurse reviewers. The book was submitted for AJN Book of Year Award (pending).



2. Bladder & Bowel Training Consensus document completed. On ICS website; Manuscript in preparation. J. Booth lead, D. Bliss Co-lead; involved 20 ICS nurse reviewers. Identified new lead for video about urinary catheterization (M. Fader). SOP and script to begin in Jan. 2020.

h. Nursing Committee Strategic Planning (online)

Aim: To assist with planning & selection of committee projects & activities & aligning them with ICS Strategic plan

Outcomes:

- Criteria for planning & selection of committee projects
- 2 new SOPs approved by Trustees
- Phase 2 of Continence Nurse Competency project – underway (lead: J. Ostaszkiwicz)
- Identifying existing competencies of various levels of nurses from lit or professional societies
- Publication planned & support future Phase 3 project re: white paper consensus
- Will involve other ICS nurse reviewers
- Role of Food and Fluids in Managing Incontinence (UI & FI) – starting
- Scoping lit review & Consensus recommendations
- In collaboration with ICS Nursing Institute/School (Co-leads: S. Engberg & D. Bliss)

Education Courses in China

1. Two 2 nurse speakers (D. Bliss & K. Hunter) presented add-on sessions at 3 nursing conferences and workshops of Chinese Urology Association Nurses (CUAN) in 3 cities in China in Sept 2018. 50-200 Chinese nurses attended – successful. Cities: Ningbo, Wuhu & Hefei.
2. Two nurse speakers (F. Bates & J. Dean) will present add-on sessions at 3 nursing conferences and workshops of Chinese Urology Association Nurses (CUAN) in 3 cities in China in Sept 2019. Cities: Guangzhou, Shenyang, & Hefei. Total of 14 sessions by ICS nurses.

Education and Practice & Communications

1. Nursing Focused Workshop at ICS 2019.
 - Stigmatisation
 - Improving incontinence health literacy
 - Nurse led clinic for male LUTS
2. Nursing Forum at ICS 2019
 - Update nurses on ICS Nursing Committee activities
 - Discuss relevant practice topics from international perspective/experience
 - Multidisciplinary Urotherapy in Scandinavia -- Physios and nurses from Sweden



3. Networking coffee – to promote engagement of nurse attendees at ICS meeting.
4. Updated ICS Nursing webpage & targeted communications (email, newsletters) with members.

Communications & Research

1. Task force on Fellowships
 - Emailed query to ICS members to start list of expert continence nurses & centres to serve as possible mentors/sites for ICS fellowship applicants
 - 4 positive respondents
 - Continue to add to list - via Nursing Forum request and repeat inquiry in 2019-20
2. Engaging Nurse members
 - Co-opted PhD nursing student as a student member of Nursing Committee
 - Developed application & criteria for selection
 - Including ICS nurse members in committee projects and activities
3. 3 nurse reviewers for scientific abstracts for the main scientific meeting
4. ICS Nursing Committee members -- Chair oral abstract and poster sessions, evaluate workshops.

2020 Plans and Budget

Budget request:

- Support for the free Nursing Workshop & Forum, and networking lunch at the 2020 ICS meeting.
- Office assistance in recruiting ICS nurse members to review/participate in committee projects
- Make instructional videos on UC insertion and care.
- Fund 2 nurse speaker(s) travel to China conference in 2020

Plans:

- Planning to submit application for some sessions to focus on urodynamics for nurses
- Planning to submit 2 SOPs for projects
- 1 about a bowel diary items in collaboration with physios; Project evolved out of 2 ICS workshops
- 1 in collaboration with SSS re: updating/adding to terminology documents re: nursing interventions for UI care
- Office support to continue website, newsletter, publicity, membership etc
- Will seek 2 new committee positions (including committee chair) in 2020

Questions- MD asked about the fellowships, were 3 people selected to host? DB confirmed 4 people have volunteered to host.



i. Publications and Communications Committee

JC confirmed that this was her last meeting as Chair, she will be replaced by Ran Pang.

Annual Year in Review: In 2018 the Trustees requested that going forward the PCC be responsible for putting together a highlights of the year review. But the office (Jenny and Roger) completed this on behalf of the committee. This fit better with the office as the review included highlights of previous news submissions and adverts, that they already had access to.

JC felt that the committee needed to change their remit, which would hopefully reinvigorate the committee. The original purpose of the committee is now completed by the office.

ICS News: Each committee member is tasked with submitting a short article review each quarter, on a rotating schedule. Due to the focus being on the debate topics, few were handed in, despite multiple reminders.

Committee update articles/reports were received from the Physiotherapy, Education, Ethics, and Nursing committees.

JC asked that all Committee Chairs submit regular updates to the PCC for publication.

Action: All Committees to submit regular updates to the PCC for publication in ICS News/eNews.

Debates:

- The purpose behind this was to encourage new members to the ICS through posting a debate on a controversial topic in the Journal and online with the ability for comment on the online version.
- The idea being that lively debate on “hot” topics would attract new members.
- It has been a long and arduous journey from conception to the first submission, for multiple reasons: from delays by authors, to not understanding the accepted submission format/process requested by the Journal, the new SOP process being introduced.
- Published last month: ICS debate article—childbirth, modes of delivery, and pelvic floor dysfunction—challenges in educating women about modes of delivery and granting an informed decision process
- Nucelio Lemos MD, PhD, Stergios K. Doumouchtsis MSc, MPH, PhD, MRCOG.

There was a delay in the first publication due to the implementation of the ICS SOPs. But the project was already delayed due to committee members not submitting their debates in time. Also, we originally agreed with NAU/Wiley that these debates would be published online with open access. So, anyone could comment on the debates. Sadly, following the first publication, just before Gothenburg, we found out that Wiley do not have this functionality on their website. But they are looking at adding this over the next year. JC asked the BOT to raise this with Wiley when they renew their contract.

Action: BOT to ask Wiley to ensure online comments is added to the contract renewal.



Social Media-The ICS social media presence has grown over the last 4 years. The office, under Jenny, maintains the ICS social media platforms and this is down to her hard work.

j. Urodynamics Committee

The committee actions in 2019 were:

- Urodynamics Book – This book is being prepared in collaboration with SIUD. The list of chapters has been completed.
- ED was concerned that the publication was slowed down by the authors. ED suggested that the modules authors be authors on the book chapters. Group discussed and felt further discussion was required.

Action: MD and EFA to discuss the book project further.

- Workshop 21 – The committee are hosting a workshop tomorrow entitle ‘How Can Urodynamics Help me in my Clinical Practice?’

Modules:

The committee have been working on the modules and have completed the following:

- Analysis of voiding, pressure flow analysis (basic module)
- Pad weight testing in the evaluation of urinary incontinence.
- Recognize and correct basic artefacts on urodynamic traces
- ICS teaching module: Cystometry (basic module)
- Cystometry in Patients with Spinal Cord Injury
- Cough stress test in the evaluation of female urinary incontinence: Introducing the ICS-Uniform Cough Stress Test
- Detrusor Leak Point pressure in patients with relevant neurological abnormalities
- Electromyography in the assessment and therapy of lower urinary tract dysfunction in adults.
- Measurement of post-void residual urine
- Ambulatory monitoring

The following modules have been completed and are awaiting NUU Publication

- Cystometry in children
- Pressure flow in children

2020

The committee received a proposal from Andrew Gammie (Bristol, UK) to create a service (available on the ICS site (only for ICS members?)) of quality control of the urodynamic traces. The Committee members, together with AG and possibly some other experts should ensure the



check of the quality of traces sent by professionals who are willing to test if their procedures for urodynamic procedures are in line with the ICS standards (Good Urodynamic Practice). This proposal will be discussed further. No costs should be foreseen for this activity.

MD had concerns that this would be a big project – too big for the committee to complete.

k. Scientific Committee

LS confirmed that one member was asked to step down from the committee this year, due to inactivity.

The Scientific Committee are keen to have an ethics section on the programme, but sadly we received no applications this year.

SM asked how we improve the number of applications going forward? LS felt all we can do is encourage applications. AB highlighted that this was something that the Ethics Committee discussed at their committee meeting this morning. They have proposed that they provide examples, to help people understand what we are looking for/what is required.

This year we received 946 abstract applications, of those 44 were withdrawn and 71 were rejected. Of the 831 abstract accepted ICS offered 359 podium presentations, 360 ePosters and 112 Non-discussion abstracts. We received a mix of disciplines applications; the highest number of applications were from Urologists and our lowest was from Coloproctology's.

Changes for 2019:

- New categories
 - Male Stress Urinary Incontinence
 - (Post Prostatectomy Incontinence)
- E-Health
- New expert reviewer allocation algorithm
- New workflow allocating sessions to teams before the Scientific Meeting

LS wants ICS to be the pre-eminent group for submission. The committee are reviewing how we can achieve this. It has been suggested that we could increase the submission timeframe – giving people longer to prepare their abstracts. We also need to ensure that authors are aware that, once they have been informed that their abstract has been accepted, they need to withdraw their submissions from another organisation.

Also, 8% of applications were rejected due to anonymity. The committee would like to reduce this figure. The committee are looking into new ways to do so. One suggestion is to provide applicants with a PDF of the final submission, before they submit, to check.

SM highlighted that last year's meeting included lots of laser and male re-construction sessions. But not this year, is there a reason for this? We wanted to increase submissions in these areas.



LS advised that we did have some applications on these topics, but the quality of the submission wasn't that good. The Scientific Committee welcome the BOT's feedback and advise on how to increase applications in this area.

3. AOB

SM thanked everyone for coming.

ENDS