

TRUSTEES' ANNUAL REPORT
AND
AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2008
FOR
THE INTERNATIONAL CONTINENCE SOCIETY

THE INTERNATIONAL CONTINENCE SOCIETY

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ENDED 31 DECEMBER 2008**

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ICS 2008 Annual Report

Reference and Administrative Details of the Charity, its Trustees and Advisors

Company Number	3589542			
Registered Charity Number	1074929			
Registered Office	9 Portland Square, Bristol, BS2 8ST			
Correspondence Address	19 Portland Square, Bristol, BS2 8SJ			
E-mail	info@icsoffice.org			
Website	www.icsoffice.org			
Telephone	+44 (0) 117 944 4881			
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General Secretary	Jacques Corcos – 3 year term (appointed 24/10/08) Executive Committee Member			
Treasurer	Ajay Singla – 3 year term (appointed 24/08/07) Executive Committee Member			
Trustee	Ted Arnold - 3 year term (appointed 24/10/08) Executive Committee Member			
Trustee	Dirk De Ridder – 3 year term (appointed 24/10/08) Executive Committee Member			
Trustee	Heinz Koelbl - 3 year term (appointed 24/10/08) Executive Committee Member			
Trustees – all appointed 24/10/08	Chantale Dumoulin	Mandy Fader	Clare Fowler	Jerzy Gajewski
	Limin Liao	Helmut Madersbacher	Jane Meijlink	Katherine Moore
	Sherif Mourad	Christopher Payne	Piotr Radziszewski	
	Werner Schaefer	Jennifer Skelly	Vasan Srin	Adrian Wagg
	Jean-Jacques Wyndaele			
Secretary	Jordan’s Secretarial Services (appointed 01/04/07)			
Auditors	Goldwyns (Bristol) Limited, 9 Portland Square, Bristol BS2 8ST			
Solicitors	Henriques Griffiths, 18-20 Portland Square, Bristol BS2 8SJ			
Bankers	NatWest Bank, Filton Bristol Branch, PO Box 182, 4 Church Road, Bristol BS99 5AA			
	CCLA Investment Management Ltd, COIF Charity Funds, 80 Cheapside, London, EC2V 6DZ			
Staff				
Avicia Burchill	Administrative Manager - Senior staff member delegated day-to-day management of ICS office			
Dominic Turner	IT Director			
Daniel Snowdon	Committees Coordinator (appointed 07/08)			
Ashley Brookes	Analyst Programmer (appointed 01/08)			
Sarah Morris	Administrative Assistant – part time (appointed 04/09)			
Rebecca Cheetham	Administrative Assistant – part time (appointed 06/08 – resigned 04/09)			
Carole Sales	Administrative Coordinator (resigned 06/08)			
Kelly Packer	Administrative Assistant (appointed 06/07-resigned 04/08)			
Nicola Walsh	Bookkeeper – contract appointment			
ICS Honorary Members				
Peter Caldwell	(Deceased)	David Rowan		
Pieter Donker	(Deceased)	Axel Ingelman-Sundberg	(Deceased)	
Peter Gammelgaard	(Deceased)	Patrick Bates		
Eric Glen		Guus Kramer		

Who is the International Continence Society and what do we do?

The International Continence Society (ICS) is a membership society for professionals working in the field of incontinence.

The objectives for which the Charity has been established are:

- The advancement of sciences concerned with lower urinary tract and pelvic dysfunction including urology, gynaecology and urodynamics.
- The promotion of research into the causes, remedies and relief of incontinence.
- Making provision for the publication of the results of that research via website, email, post, telephone, paper publication, newsletters and presentations, annual congresses and educational courses.

In creating such forums, scientific knowledge and expertise on incontinence issues is exchanged between the multi-disciplinary medical professionals. Best practices from countries with established continence awareness programmes are shared with others who are trying to set up continence programmes within their country, hospital or clinic. With the dissemination of research into continence relief, the direct beneficiaries are the patients of those individuals who are members of the ICS or those who attend our congresses and courses.

The main objectives for 2008 were to continue increasing the membership numbers of the Society and to encourage different disciplines to join the Society, for example continence nurses and engineers, as well as the traditionally recognised urologists and gynaecologists. In addition, the Charity aimed to encourage more delegates to submit abstracts for presentation at the Annual Meeting. This in turn is expected to encourage a greater attendance at the Annual Meeting. During 2008 the ICS continued the review of its structure and governance.

History:

With Peter Caldwell as president, Shedden Alexander as vice president and Eric Glen as the organising secretary, the inaugural meeting of the Continent Club was held in Exeter in 1971. Over 60 participants attended the meeting from several countries and it was hailed as a great success, both scientifically and socially.

At the same meeting Dr Smeekes, from The Hague, emphasised the importance of standardising the nomenclature used in urodynamics.

At the third ICS conference held in Copenhagen in 1973, Tage Hald was elected first Chair of the ICS Standardisation Committee. His committee published the first ICS reports between 1976 and 1981. The Society has gone on to publish many reports and retains the copyright, enabling them to be published in a range of international journals.

In 1998 the Society was set up as a UK Charity under the guidance of Paul Abrams and now boasts a membership of around 2,000 from 70 different countries covering many disciplines including physicians, surgeons, nurses, physicists, physiotherapists, bio-medical engineers and scientists. The founder members decided that the Society should meet annually with a different meeting chair and venue each year. This Annual Meeting remains today one of the most valued dates in the urological and gynaecological calendars attracting in excess of 3,000 delegates from all corners of the globe.

Activities:

Annual Meeting

The Annual Meeting consists of a scientific programme selected from submitted abstracts, along with workshops, courses, committee meetings and the Society's Annual General Meeting. The ICS policies, with respect to the Annual Meeting, are to be found in 'The ICS Annual Meeting Guidelines', which is available from the ICS office or website (www.icsoffice.org).

The chair for the Annual Meeting is decided four years in advance (i.e. in 2009 for 2013). Bids to host the Annual Meeting must be submitted to the ICS office by 1st April four years prior to the meeting. The bids are then approved or rejected by the ICS Meetings Committee in conjunction with our permanent congress organiser, Kenes International.

Approved bids are then put to a members' ballot via the ICS website. Within two months the results of the ballot are announced to the membership by email. A notice is also put in the members' journal, in the ICS newsletter and on the website.

No canvassing of ICS membership by the proposed organising committee bidding for the Annual Meeting is allowed. Any canvassing will result in the rejection and disqualification of the bid.

Recent Meetings

ICS 2005 - Montreal, Canada – Chair, Jacques Corcos
ICS 2006 - Christchurch, New Zealand – Chair, Ted Arnold
ICS 2007 - Rotterdam, Netherlands – Chair, Ruud Bosch
ICS 2008 - Cairo, Egypt – Chair, Sherif Mourad

Future Meetings

ICS 2009 - San Francisco, USA – Chair, Anthony Stone
ICS 2010 - Toronto, Canada – Joint Chairs Sender Herschorn & Harold Drutz – joint meeting with International Urogynecological Association (IUGA)
ICS 2011 – Glasgow, Scotland – Chair, Ian Ramsay
ICS 2012 – Beijing, China – Chair, Limin Liao

Educational Courses

The Educational Courses were started in 2005 as a not-for-profit making activity and are intended to appeal to younger doctors, nurses, physiotherapists and scientists who may find it difficult, or too expensive to attend the ICS Annual Meeting, but who are keen to understand the important aspects of the ICS. Therefore the Educational Courses are heavily subsidised by the ICS and the aim is to keep the registration cost as low as possible. In addition the ICS involves local industry in a small exhibition area at the event in order to assist with the costs.

The geographical location of these courses is influenced by a number of factors; as they are intended to compliment the ICS Annual Meeting, countries who have not yet hosted, or may not have the infra-structure in place to host the ICS Annual Meetings are selected. It is also hoped that by running these courses, more people may be encouraged to join the ICS, thereby increasing the

communication network amongst the multi-disciplinary professionals in the field of continence. With this, the Educational Courses are hoped to be held in developing countries. The ICS Education Committee reviews applications from members who wish to hold an Educational Course in their country or sometimes decide on a country based on demand.

The speakers are a mixture of local and international, all recognised in their field and have committed time and effort to ICS activities over the years. Normally the courses last one and a half days starting on a Friday afternoon in order to attract more numbers. The courses cover the history of the ICS and an introduction to ICS terminology. The remaining programme is made up of multi-disciplinary topics in collaboration with the local committee. Delegates receive handouts, CDs of terminology and other educational material to take away and review. Where possible the ICS attempts to webcast the courses so that delegates and those who could not attend can review the slides and talks online for free.

Structure, Governance and Management

Board of Trustees

The Board of Trustees are required to meet two times per year and are responsible for:

- The long-term direction of the Society
- The development of new projects in line with the Society's charitable aims
- Ensuring the Society's charitable aims and objectives are met
- Inspection of the Society's annual accounts
- Ensuring suitable accounting policies are established and applied consistently
- Monitoring and reporting financial position to membership
- Safeguarding the assets of the charity and applying them properly
- Ensuring the Society is operating efficiently and effectively
- Ensuring proper records and reliable financial information are maintained
- Method, policies and procedures for recruitment, appointment, induction and training of new trustees

All nominated candidates for trustee positions will receive documents outlining their duties, responsibilities and any risks pertaining to the role of trustee. They can request attendance at a meeting of the Board of Trustees as observers, in preparation of their possible appointment, with the agreement of the Board.

The Nominations Committee will review all candidates for their suitability, prior to their nominations being put to the membership. All trustees are elected by the membership.

The Trustees have initiated a Statement of Policy with regard to the recruitment, induction and training of committee members. This endeavours to ensure that individuals with an interest in the works of the charity, with appropriate range of expertise and sufficiently diverse skills to provide a reasonable representation of the community are recruited, appointed and subsequently adequately versed in the affairs of the charity and the requirements and responsibilities of charity trusteeship.

Management Structure

The ICS is a Company Limited by Guarantee governed by its Memorandum and Articles of Association, updated in 2003, together with regularly updated Bylaws. These reflect the current activities of the Charity.

As a UK Registered Charity, the ICS Trustees are held responsible ultimately for the Charity and its affairs.

However, the Society has a management structure and Bylaws which ensure that members have sufficient input on all decisions within the Society. This was previously supported by means of a membership elected Advisory Board. Since 2006 the ICS has been reviewing its management structure in order to ensure a transparent and democratic Society. A proposal was presented to the 2007 AGM but was not voted in by the membership. The Constitutional Review Committee (established in 2006, dissolved in 2008) and the new 2007 appointed Trustees continued this process and presented a new proposal to the membership at the 2008 AGM. The special resolution and changes to the Bylaws were passed.

The new structure of the ICS is now made up of a large reinforced Board of Trustees. These Trustees were nominated and elected by the membership and all major disciplines of the ICS are represented. The Advisory Board was dissolved as part of this process. Day to day management of the ICS has been delegated to the Executive Committee of the Board of Trustees. The Executive Committee are members of the Board of Trustees and were voted in by the Trustees.

Under supervision of the Trustees and the Executive Committee, day-to-day management of the Charity, the Society, its trading subsidiary and office staff, is delegated to the Administrative Manager. The Administrative Manager is a full-time employee of the Society and its trading subsidiary and reports directly to the Trustees who are ultimately responsible for the management and finances of the Society, as well as the review and approval of administrative procedures implemented by the Administrative Manager.

ICS Committees 2008

The ICS currently has the following committees.

- ICS Education Committee
- ICS Standardisation Committee
- ICS Children's Committee
- ICS Continence Promotion Committee
- ICS Publications and Communications Committee
- ICS Neurourology Promotion Committee
- ICS Ethics Committee
- ICS/ICUD Committee
- ICS Meetings and Nominations Committee
- ICS Scientific Committee
- ICS Nursing Committee
- ICS Physiotherapy Committee
- Constitutional Review Committee (dissolved 2008)

A chair for each of the above-mentioned committees is elected by electronic membership ballot, to hold office for three years (with the exception of the Scientific Committee chair who is in post for one year). Further information about the remit of each committee can be found on the ICS website.

Related Parties

The Charity's wholly owned subsidiary Conticom ICS Limited was established to undertake the commercial trading activities of the Charity. Conticom ICS Limited gift aids its profits to the Charity.

Risk Management

The Trustees have implemented a formal risk management process to assess business risks and implement risk management strategies.

The Trustees have identified the types of risks the Charity faces, and have prioritised them in terms of potential impact and likelihood of occurrence, and identified, where possible, means of mitigating the risks. The adequacy of internal controls is reviewed and costs of implementing new controls compared to benefits obtained and implemented, if agreed. Procedures have been established for reporting failure, immediately, to appropriate levels of management and to the Board of Trustees. The task of monitoring the Charity's financial control systems and procedures is delegated to the ICS Treasurer (Ajay Singla). In conjunction with the Administrative Manager and the Charity's auditors (Goldwyns [Bristol] Limited) the Treasurer reviews and reports to the Trustees on the working of these systems and procedures in relation to the wider issue of managing major risks identified as arising from or in connection with the Charity's activities.

The Trustees continue to keep under review the adequacy of our systems which are, in our opinion, appropriate for the Charity at present.

The Trustees believe an area of risk requiring particular attention is the ICS Annual Meeting, where possible cancellation or postponement due to terrorist attacks or natural disasters is a major concern. The Charity has passed on the major risk to our new permanent Congress Organiser who, from 2008, will bear the financial risk of any cancellation or postponement. The Trustees are also ensuring adequate levels of insurance are sought for each event.

A Nominations Committee has now been established to ensure suitable Trustee candidates are put forward for ballot by the membership.

Although all efforts are made to ensure the administration of the Society could continue efficiently should certain key members of staff leave or be absent for any length of time, the position of Administrative Manager and IT Director are particularly important positions.

With regard to the Society's finances, the Auditors are fully aware of the current status and systems used and could take over from the Administrative Manager in an emergency. A selected group of the Trustees and the Administrative Manager are all signatories on the Society accounts and therefore the accounts can be maintained.

With regard to IT systems, the IT Director is documenting all design and maintenance work to ensure another IT specialist could take over in an emergency. All systems and the ICS website are backed up and stored off site.

Wherever possible, all ICS office staff are trained and briefed in all office procedures.

Objectives and Activities

The strategies employed in the year to achieve the Charity's objectives were:

- To host the 2008 Annual Meeting in Cairo, Egypt and to increase delegate numbers and therefore income. Hold Public Forum for incontinence sufferers
- To continue Educational Courses whilst maintaining low registration fees
- To increase membership levels
- To continue the work of the Constitutional Review Committee and implement revised Articles of Association and Bylaws
- To appoint a General Secretary
- To hold additional ICS Committee meetings outside of the Annual Meeting to encourage continuous work throughout the year
- To increase and improve communications and publications with the members
- To continue development of the interactive website
- To continue the Neurourology Fellowship Scheme
- To obtain the best rate of return on our reserve funds

Achievements and Performance

ICS Annual Meeting 2008

The 38th Annual Meeting of the International Continence Society took place this year in Cairo, Egypt. This was the first time that the ICS was in Africa and to reflect this a new registration structure was introduced to encourage those from African countries, physiotherapists, nurses and trainees. It was attended by 2385 delegates and had over 40 exhibition stands. The Trustees were very pleased to see such a high attendance, especially considering the meeting was held in Africa.

The ICS achieved its highest every number of submitted abstracts (when not a joint meeting) of 954. The scientific programme was carefully constructed by the scientific chair, Heinz Koelbl, and the Scientific Committee.

Podium	26
Poster	112
Video	18
Non-Discussion Posters	424
Read by Title	62
Rejected	271
Withdrawn	41

The education programme consisted of 13 ICS educational courses and 30 workshops, which were all well attended by over 1000 delegates and represented the multi-disciplinary values of the ICS. The AGM saw several votes presented to the membership. The first was a Special Resolution in relation to the change in Articles of Association. The membership also voted on the bylaw amendments. The other votes were to appoint the further Trustees to the Board and appoint the ICS General Secretary.

The first World Continence Day was announced in Cairo on 24 October, 2008 during the Continence Promotion Committee's 2nd Public Forum. At the conclusion of the ICS Meeting in Cairo, Egypt, the Continence Promotion Committee (CPC), in conjunction with the Pan Arab Continence Society (PACS), co-hosted this evening event to raise public awareness of bladder and bowel problems. The Forum received wide attention from the press and radio and mailings were carried out by patient organisations. It was extremely well attended, despite a washout from a major storm which rendered many of the roads impassable earlier that day. The approximate 370 attendees mainly included the general public - both men and women - but also some healthcare providers. Since the audience was mainly Egyptian, there was simultaneous translation for all the speakers. Registration was free and participants were treated to a dinner after the event. The forum was very interactive, giving participants an opportunity to raise their concerns, ask questions and speak privately to the presenters concerning their own personal UI problems. There was also an opportunity during registration and breaks to view exhibit displays of products and information on incontinence.

2008 was also the first time that the meeting was organised by the ICS permanent congress company, Kenes International. Whilst the ICS has been working with Kenes since 2005 on this and future meetings, Kenes have also been working on the ICS Education Courses.

According to new annual meeting guidelines the Chairman has to identify a Charity or not for profit institution with similar aims to the ICS which will receive a donation from the ICS. This year Sherif Mourad identified the PACS to receive this payment. Our sincere thanks go to Sherif Mourad and his organising committee for their hard work and commitment to the ICS Annual Meeting.

The Charity's wholly owned subsidiary Conticom ICS Limited, operates the Annual Meeting and its profit is gift aided to the ICS.

Educational Courses 2008

The Education Committee, under the guidance of Linda Cardozo, has continued to develop and run ICS Educational Courses. In 2008 three Educational Courses were held in Germany, Turkey and China.

ICS Education Course Berlin, Germany 4-5 July 2008

The ICS was back in Europe for a 1 ½ days Education Course, this time in the cosmopolitan city of Berlin, Germany. Once again, the ICS had a range of local and international speakers, but we were especially pleased to welcome John DeLancey who covered the session on Anatomy and Pathomorphology of the Posterior Compartment. We were also pleased to receive two other highly regarded American speakers, Kathryn Burgio and Patricia Goode, who contributed to the Conservative Management of Urinary Incontinence session. There were also presentations on Dynamic Rehabilitative Ultrasound by Bärbel Junginger and sessions dedicated to Neuromodulation and the Neurogenic Bladder, chaired by John Heesakkers and Annett Gauruder-Burmester. Ralf Tunn and others concluded the course with a session on Mixed Incontinence, Diagnosis and Treatment.

Everyone agreed that the overall quality of the presentations were of a very high standard. We were a little disappointed with the number of delegates, but this may have been due to the time of the year and the start of the holiday season.

The ICS would like to thank Elke Hessdoerfer and Ralf Tunn for their support and assistance in coordinating this course. Both had agreed to join forces and replace their annual "LUTS meets Art"

and “Berlin-Brandenburgische Urogynäkologie-Tage” with this Education Course. We very much appreciate their efforts and the ICS would like to express its gratitude to them both.

ICS Education Course Istanbul, Turkey 29-30 August 2008

In conjunction with the Turkish Continence Society (TCS), the ICS organised the first ICS educational course in Turkey attended by over 150 physicians. In the opening speeches, Bülent Çetinel, president of the TCS, and Werner Schaefer, chair of the ICS Education Committee, emphasised the importance of this event as the first collaboration between two societies. The excellent scientific programme with 21 expert speakers covered almost all aspects of lower urinary tract dysfunction, including female stress urinary incontinence (SUI) and pelvic organ prolapse (POP), overactive bladder (OAB), post-prostatectomy incontinence (PPI), neurogenic bladder dysfunction in adults and children and finally LUTS suggestive of BPO.

ICS Education Course Chongqing, China 26-28 September 2008

In collaboration with the Chinese Continence Society, the ICS contributed to an educational course held in Chongqing, China from 26-28 September 2008. This was the second visit by the ICS to China following the 2006 education course held in Beijing. The Chongqing course was organised by the Chinese Continence Society, with the ICS sending four speakers who presented a series of lectures to a young and mainly Chinese audience. The course was held over two days with the ICS speakers leading an English-language first day before handing over to the Chinese experts for a Chinese-language second day.

Presentations by the ICS speakers included: new developments in urethral measurement by Gunnar Lose, LUTS in men by Philip Van Kerrebroeck, neuromodulation by Jerzy Gajewski and good urodynamic practice by Werner Schaefer.

The course ran successfully and was another excellent opportunity for the ICS to get to know its Chinese counterparts better. The ICS hopes to continue to develop its good relations with China and looks forward to providing and contributing to future events in that country.

ICS Membership

This year the ICS achieved its record number of membership subscriptions of 2047 in 2008 (1753 in 2007 and 1976 in 2006). The reason for this increase is likely to be attributed to a number of reasons. Resolution of the internal issues of structure and governance allow the membership to feel secure in the ICS again, plus the appointment of new Trustees and securing a new General Secretary for the Society.

In addition the ICS in conjunction with Kenes International developed an advertising programme. This mainly was focused at the annual meeting but opportunities were also taken to advertise the ICS membership. This included ICS office staff attending exhibitions (PACS 2007, EAU and ICI in 2008) where the costs were split between the annual meeting budget and the ICS advertising budget. Several barter agreements were put in place with other similar societies which led to the exchange of free adverts and other advertising opportunities. In addition to the exhibitions, adverts were placed in leading international journals.

New members were also sought at the Education Courses. The increase in membership could also be accounted for by the new annual meeting registration structure. ICS members were given a substantial reduction to the Cairo registration fee plus workshops and courses. If the member was

also a physiotherapist, nurse, trainee or was from an African country the discount was even further reduced.

This increase in membership was represented by 444 new members and 1603 returning members. It was also a long membership year (Aug 2007- Oct 2008) which may have accounted for the increase.

The Annual Membership subscription fee remains at £50 even though this is at a loss to the ICS, it is felt that its important to keep the subscription low to encourage more members from varying disciplines. Subscription includes:

- Six issues of the journal Neurourology and Urodynamics
- Two issues of the ICS newsletter
- Substantial reduction in registration for our Annual Meeting
- Free membership to the EU-ACME Programme
- View abstracts dating back to 1975
- View video abstracts online
- Membership certificate and card
- Ability to host an education course in your country
- Be directly involved in the running of the ICS by becoming a committee member
- Become an official ICS speaker at international events
- Access to other members worldwide via the ICS website
- Information and education via our website, office, courses and meetings
- Voting rights on membership issues and committee positions
- Eligibility for ICS Fellowship applications

Constitutional Review Committee (CRC)

The CRC continued with its review of the Articles of Association and Bylaws after the 2007 AGM. They presented their draft recommendations to the Advisory Board in May and from that point the CRC had finished its remit. The Advisory Board commented on the recommendations and then passed the issue to the Board of Trustees. The Trustees with further consultation with the membership finally presented the Cairo AGM with the Special Resolution and Bylaws. Both were voted in by the membership.

Additional ICS Committee Meetings

In 2005 it was agreed that committees could meet in addition to the Annual Meeting, so that the members could discuss and establish new projects throughout the year. This initiative has continued in 2008 with the Education Committee and Publications and Communications Committee meeting in January 2008 in Heathrow, London. The Continence Promotion Committee met in Milan to discuss further plans. The Advisory Board also met in May in Orlando along with the Board of Trustees who also met several times during the year to discuss important matters.

Publications and Communications

The ICS successfully produced two membership newsletters in 2008. This was with the assistance of a new graphic designer. With their assistance the ICS has been able to standardise the newsletter plus continue the project of reviewing the ICS corporate image. The designer will systematically review all outgoing items such as stationary and will bring in line with image.

The ICS booth in Cairo proved very successful. This year the emphasis was on advertising the fact that the ICS website had the video abstracts available for viewing. Therefore booths with PCs were available to watch the video abstracts plus members could renew membership or join the ICS for the first time.

Also at the Cairo Meeting, a Press Conference was held. A local company assisted with making invitations to press and the ICS was pleased to see TV and radio interviews being conducted. The press conference was attended by several local press and some interesting debates were discussed.

The ICS Fact Sheets were planned to have been produced in 2008 but this project has been protracted and will hopefully complete in early 2009.

The ICS continues to evaluate the quality of public relations of the annual meeting and the facilities provided. In addition it continues to proof outgoing documents from the ICS office and in relation to publications from the annual meeting.

IT Department – Development Projects

ICS Website Interface; Corporate Branding

Development of the new-look website, initiated by the Publication & Communication Committee, has been divided into two phases. Phase I introduced the new “skin” to the website for all of the main (new) pages of the website – i.e. those written since 2005 in a new language called “ASP.NET”. This left a few sections that were still written in an older language called “Classic ASP”. Consequently these older sections still had the old colours and “skin”.

Since Phase II is now also complete, this means that

- All parts of the ICS website now use the new corporate branding.
- ICS 2008 Abstracts are now re-branded.
- New navigation system is now operational site-wide.
- The new Disclosures module (currently for committee members only) is now online.
- The Meetings & Courses module has been completely rewritten and is now much easier to navigate and administer.
- Website Promotions are now used across the site for promoting ICS Events.
- Users are now able to add their own links and events to improve interaction with our members.

Website Navigation

A new navigation section has been added to the interface which gives very simple access to the main parts of the website based on who is using it. At the top of each page is a button for “Members / Abstracts / News / Press / Contact Us”. The opportunity was also taken to reorganise the sitemap to make navigation easier. It has been simplified and organised it into a more user focused order. The Events module navigation (Annual Meetings / ICS Courses / Other Continence Events) has been much improved – you can now easily see all events for each type in one page, along with any special promotions for events we are currently promoting. This should make it much easier for a potential delegate to find out more about the current annual meeting, or find an educational course that they are interested in.

Press

A new Press Page has been created targeted at helping the ICS give journalists a place to find out more about the ICS and continence. It includes the ICS Fact sheets produced by the Publication &

Communication Committee in an accessible format. “Quick Links” give access to useful information for journalists and the press who are using our website.

Links

The “Links” page now has a button “Add My Website” which allows people visiting the website to add their own links to our webpage for either Industry or Non-Profit organisations. This section is moderated by ICS Office staff and this ensures that only authorised links are published on the website.

Meetings & Courses Database

The “Meetings and Courses” module now allows people to “Promote my event” in the “Other Continence Events” section. This allows people to add details of other relevant events to our website. Again, this is moderated by staff and only authorised events are published.

E-Learning

Unfortunately E-Learning modules which were planned for 2008 have not come to fruition. This was due to delays in the release of Microsoft Silverlight v2 which is our chosen technology platform for online interactive development. In addition the decision to radically change the scientific review process for abstracts, to use external reviewers meant a major change was required to the review system. A new online review system was designed to cope with the logistical demands of the new system. It is hoped that work on the eLearning project can be taken forward in 2009.

Abstracts Administration

New Abstract Review, Scoring and Analysis modules, with a complementary Abstracts Publishing system were written to replace the old Windows software using the latest 3.5 Framework of the Windows .NET platform from Microsoft. This enabled a seamless transition of data from review to publishing, giving the Scientific Committee better tools than ever to visualise the abstract scores, discuss key papers and compose an exciting programme from the best abstracts submitted. The wealth of experience gained from the last 8 years of Scientific Committees were rolled into the latest version of this successful software package to make the process more streamlined and transparent than ever before.

Online Author Notification/Confirmation

The new online author notification & confirmation system streamlines the confirmation process by allowing authors (from disparate timezones) to confirm their slots in the programme themselves, avoiding thousands of telephone calls and emails to confirm the Scientific Programme – this halved the time required to confirm the Scientific Programme and reduced the administration overhead considerably.

Abstracts Publishing (Neurourology & Urodynamics – Abstracts Issue)

As part of the redevelopment of the Abstracts administration software the opportunity was taken to integrate fully with the latest version of Microsoft Office 2007, giving the most sophisticated pre-flight production of the Neurourology & Urodynamics Abstracts Issues ever, with every stage of the post-production process automated. With ever higher resolution digital images and the entire edition in colour this was the most visually appealing issue ever to be sent to Wiley by the ICS Office.

Online Abstract Publishing

New online publishing systems were developed this year to give search / scientific programme / author index services online are automatically generated on the fly by the new systems. These

integrate with all the other .NET based systems to automatically publish Abstracts online as soon as the scientific programme is finalised.

Online Video Abstracts

A new system for screening HD quality video abstracts online was introduced, allowing members to watch the latest surgical techniques both before and after the meeting itself. The promotion of video abstracts via the ICS Website during the Annual Meeting was a resounding success with the decision taken to expand this area to full blown podium video presented sessions for ICS 2009.

Neurourology Fellowships

The ICS awarded its first fellowship during 2008. Dr Jian Guo Wen a Paediatric Urologist from China was awarded a three month fellowship placement which took place in early 2009 at the Jewish General Hospital, Montreal (Canada) with Dr Jacques Corcos.

Investment Performance

Surplus funds invested during the year in an interest bearing deposit account earned interest of £58,796 (2007 £54,748)

Conticom ICS Limited

The trading subsidiary continued to support the Charity in meeting its objectives.

Financial Review

Reserves Policy

The Trustees of ICS have adopted this reserves policy in order to determine prudent levels of financial reserves which ICS should maintain. The process for setting and monitoring the annual budget will take account of the level of reserves set by this policy. Reserves are maintained:-

- a) To provide a safeguard of two years' estimated operating costs of ICS and Conticom ICS Limited.
- b) To provide an element of contingency for unforeseen liabilities.
- c) To provide a permanent base for the Charity and safe guard future projects.

In determining the level of reserves the Trustees have taken into account the average annual operating costs of the last two years (2008: £485,307, 2007: £557,599). They have also allowed, within the contingency element, a figure of £50,000 in case of liabilities arising against ICS in respect of the Annual Meeting. The Annual Meeting is an annual international medical and scientific conference for specialists in the medical and scientific disciplines relevant to the charitable objects of ICS. Organisation of the Annual Meeting is contracted to an organiser (Kenes International will be the permanent organiser from 2008) by Conticom ICS Limited (the wholly-owned trading subsidiary of ICS).

The terms of the relevant agreement (on which legal advice was taken) provide for the organiser to accept all financial risks and for a proportion of any net surplus to be passed to ICS via Conticom ICS Limited. However, notwithstanding the provision regarding financial risks, the trustees consider it prudent to retain the contingency figure stated in case any liability should be alleged against ICS in the event of a major failure of the Annual Meeting, such as cancellation.

The Trustees consider it appropriate to retain two years' operating costs as ICS operates on an annual cycle and its key annual event (the Annual Meeting) has to be pre-planned on a four year cycle.

As of 31st December 2008 the consolidated balance sheet showed the Charity and its subsidiary had a combined carried forward funds of £1,616,354. The Trustees are aware of the additional reserves held and are considering ways in which to utilise these extra funds in line with the charitable aims of the Charity.

Principal funding sources

The principal funding sources of the Charity in the year aside from the donation from Conticom ICS Limited, were membership fees £99,784 (2007: £85,390), other donations £52,866 (£38,365) and investment income £58,796 (2007: £54,748).

With this funding the Charity has been able to finance additional educational activities, the running costs of the ICS Office and continue to produce the membership book and newsletters and the subscriptions to the NUU Journal. In addition it has allowed the Trustees, Executive, Education, Publication and Communication and Continence Promotion Committees to meet outside of the Annual Meeting which has been found to be extremely useful in driving forward their ongoing projects.

The total profits of the trading subsidiary were £223,822 (2007: £190,721), which £227,912 (2007: £190,319) was gifted to the Charity to minimise any tax liability. The Trustees are pleased with the commercial success of the subsidiary which supports the Charity in meeting its objectives.

Resources Expended

The principle resources expended of the Charity in the year were Publication of Research £146,139 (2007: £116,839) and Governance Costs £34,805 (2007: £74,116).

The Educational Courses held during the year were organised under a new contract between Conticom ICS Limited and Kenes International. The overall net cost of the 2008 courses has been included within Conticom ICS Limited's financial statements under educational course costs. During 2007 and earlier years, before a formal contract was put in place, registration income and expenditure of the educational courses were included within the charity's financial statements, and sponsorship and exhibition income were included in Conticom ICS Limited's financial statements. The presentation in future years will be the same as this year's.

Direct costs (not including staff wages and other general office costs which are applied to the education activities through the accounting process) for the Berlin and Istanbul Education Courses went over the allocated budget. The reason for this over spend was due to a lack of revenues (registration and sponsorship) for the course. This was due to a short lead in time for the courses and also reduced attendance. The continuation of these courses in the current format will be reviewed by the Trustees. The total net cost for all three Educational Course activities was £120,843 (2007: £65,641).

As requested by the membership below is an overview of the Annual Meeting income and expenditure and surplus.

	€ 2005	€ 2006	€ 2007	\$ USD 2008	€ -0.705498 2008
Sponsorship & exhibition	2,888,096	926,154	1,427,951	1,182,296	834,107
Registrations	1,191,488	792,799	1,042,561	1,304,673	920,444
Other income – inc social functions	115,086	73,050	117,574	137,794	97,214
Total income	4,194,670	1,792,003	2,588,086	2,624,763	1,851,765
Total expenditure	3,240,183	1,310,262	2,200,385	2,068,596	1,459,390
Surplus	954,487	481,741	387,701	556,167**	392,375**
Conticom's share 75% Translated into sterling @ 31.12.05	707,680 485,524				
Conticom's share 75% Translated into sterling @ 31.12.06		361,306 £243,381			
Conticom's share (after deducting tax) Translated into sterling @ 31.12.07			311,619 £229,136		
Translated into sterling @ 31.12.08					£380,539

**** due to Kenes International now being the permanent congress organiser for the ICS Annual Meeting all surplus after costs are due to Conticom.**

Investment Powers and Policy

Under the Memorandum and Articles of Association, the charity has the power to invest in any way the Trustees wish. The Trustees, having regard to the liquidity requirements of operating the Charity

and to the reserves policy have operated a policy of keeping available funds in an interest bearing deposit account to see the best rate obtainable.

The ICS has taken the decision not to print and send the membership a copy of the Annual Report due to the increased costs of printing and postage. Instead the report will be available electronically via the ICS website and members will be notified. In addition a short overview of the accounts for the year will be prepared for the Newsletter. In addition this overview will provide specific details about the Annual Meeting activities and surplus. All back copies of the Newsletter are available on the ICS website.

Plans for Future Periods

ICS Three Year Strategy

Jacques Corcos appointed ICS General Secretary presented a three year strategy to the Board of Trustees and the main objectives are:-

- The development of science with greater accessibility by all to research, training and scientific information
- A revisit of the Society's structure and governance, including a deep analysis of how our money is acquired and spent
- Attention and pro-action to address incontinence among the disadvantaged

The Board approved the strategy and discussed each of the objectives in full and in order to make the targets of the strategy achievable, several task forces were set up. Each Task Force was assigned an area to focus on. It was agreed that each group should design their groups' mandate and decide upon a Chair. The task forces were given until the June 2009 meeting to review their specific areas and bring recommendations to the Board for consideration.

Meetings survey Task Force: Adrian Wagg (Chair), Ted Arnold, Limin Liao, Jennifer Skelly.

This group is tasked with reviewing issues surrounding the annual meeting and ensure the increase in flow of scientific information to members and non-members.

Fundraising industry Task Force: Ajay Singla (Chair) Clare Fowler, Jerzy Gajewski, Jean-Jacques Wyndaele

The ICS wishes to develop new and strengthen existing relationships with industry. This task force will review potential new partnerships and review ways in which to make the ICS more attractive. For example offer more interesting sponsor opportunities which will benefit the ICS membership overall i.e. scholarships, grants, fellowships etc.

Awards Task Force: Mandy Fader & Chris Payne

In order to encourage scientific creativity this task force will review the current scientific awards the ICS offers. In addition it will review other awards such as honorary members and life-time achievements.

Scientific Task Force: Vasan Srini (Chair) Ted Arnold, Chantale Dumoulin

This task force will be looking at different ways in which to develop the aspects of science that the ICS is involved in. They will look at creating 'expert cells' - these cells would be composed of few members recognised as experts in a very specific domain and will be in charge of maintaining the membership aware on the evolution of the domain (i.e. selection of best articles posted on our website and/or via direct emails to members, information about new products etc) They will also be

looking into the creation of 'research networks' national or international and provide them with the logistic and support to achieve their objectives. (i.e geriatric research network, stem cells etc)

Foreign Affairs Task Force: Helmut Madersbacher (Chair), Heinz Koelbl, Limin Liao, Jane Meijlink. A great way to increase the ICS visibility worldwide and to enhance awareness and interest in our specific areas of expertise, is to foster and create new relationships or affiliations with national continence societies. The Foreign Affairs task force will seek to develop these new relationships and create ideas for support to those Societies through education and possibly finance. The task force will also look into relationships with patient forums.

Governance Task Force: Ted Arnold (Chair) Dirk De Ridder, Katherine Moore, Piotr Radziszewski. Even though a large amount of work has been put into the ICS governance and structure over the last two years it does not mean that we should not continue to review and put in place checks and balances. The Governance task force will look at defining a mission statement for the ICS. Plus they will continue to ensure that the ICS structure corresponds to the ICS members wishes. In addition they will review the ICS internal committees and look to standardise the structure of our committees.

Incontinence and Fistula for the Disadvantaged Task Force: Sherif Mourad (Chair) Dirk De Ridder, Chantale Dumoulin, Limin Liao, Jane Meijlink, Vasan Srin.

The ICS must be one of the major players in the field of incontinence issues in disadvantaged countries. Training, teaching, prevention and well focused interventions must become one of our priorities. This taskforce will take forward these issues and investigate ways in which the ICS can become involved in existing programmes or develop and funds new ones.

In addition to the above strategy the other main objectives for the coming year are to continue increasing the membership numbers of the society and to encourage different disciplines to join. Several projects are planned to increase continence awareness both from a scientific and patient perspective.

ICS Annual Meeting 2009 – San Francisco, USA, 29th September – 3rd October 2009

Chair – Anthony Stone
Scientific Chair – Karl Kreder

The 39th Annual Meeting of the International Continence Society will take place at the Moscone Congress Centre. The pre-meeting programme (29th-30th September) will consist of over 50 courses and workshops on a range of multi-disciplinary topics. The diverse scientific programme (1st-3rd October) will cover a number of subjects and will be accessible to all health professionals. The abstract submission rules will also be reviewed in 2009 to encourage more Video Abstract submissions and due to the increased expected size of the meeting it is hoped that more abstracts can be selected to be presented. This may result in multiple sessions being run at the same time. The abstract submissions rules will also become simpler and clearer which in turn we hope will encourage more abstracts to be submitted.

Registration for 2008 can be made online through www.kenes.com/continence-meeting/

Annual Meeting Secretariat, Kenes International, 1 – 3 Rue de Chantepoulet, P.O. Box 1726, CH-1211 Geneva 1, Switzerland
Tel: +41 22 908 0488 ext. 275

Fax: +41 22 732 2850
E-mail: ics@kenes.com

Continence Promotion Committee Public Forum & World Continence Week

It is expected that the CPC will host a Public Forum again in San Francisco. The World Continence Week has been announced for 22-28th June 2009. This is planned to be an annual event which will help promote global awareness of incontinence by providing contact points for those seeking treatment and information, by creating a network of events and organisations and by promoting a multi-disciplinary approach to treatment.

2009 Educational Courses

The following courses have been planned for 2009:

Thailand in association with the Thai Urological Association, April 2009
Bratislava, September 2009
Brazil, November 2009

There may also be some opportunities arising where the ICS may be asked to provide speakers to attend an existing local meeting.

Voting

The following ICS Posts open for nomination until 1st April 2009 to start office 3rd October 2009
Continence Promotion Committee Chair
Neurourology Promotion Committee Chair

Planned IT Projects 2009

Future plans include rewriting the documents system on the website. It is hoped that this new more interactive system which will give improved access to members and allow committees to upload their own documents. Working drafts will be supported under the new system so that Committee Members can collaborate on draft reports before publication to members. It is also hoped that a new feature to the documents system will be for ICS Members to give their feedback about documents – to rate them on a 5-star system and add their comments.

In addition a new Abstracts Administration (Meeting Admin) system is planned plus online reviewing for the abstract scorers.

Trustees' Responsibilities in Relation to the Financial Statements

The trustees, who are also directors on the International Continence Society for the purposes of company law, are responsible for preparing the Trustee Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming

resources and application of resources, including the income and expenditure of the charity company for the year. In preparing these financial statements the trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

In so far as the trustees are aware:

- There is no relevant audit information of which the charitable company's auditor is unaware; and
- The trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

Auditors

A resolution will be proposed at the Annual General Meeting that Goldwyns (Bristol) Limited be re-appointed as auditors to the Charity for the ensuing year.

Approved, on behalf of the Trustees, by:

Treasurer
Ajay Singla
Date

INTERNATIONAL CONTINENCE SOCIETY ANNUAL GENERAL MEETING AGENDA

San Francisco, United States of America, 2nd October 2009

1. Approval of Minutes of AGM held 24th October 2008, Cairo, Egypt
2. Matters arising from the Minutes of the AGM
3. General Secretary Report
4. ICS Treasurer's Report & Statement of Accounts – Ajay Singla
 - a. Approval of 31 December 2008 Annual Accounts
 - b. Approval auditor's reappointment and remuneration
5. ICS Education Committee Report – Werner Schaefer
6. ICS Publications and Communications Committee Report – Jerzy Gajewski
7. ICS Continence Promotion Committee Report – Diane Newman
8. ICS Ethics Committee Report – Clare Fowler
9. ICS Standardisation Committee Report – Dirk De Ridder
10. ICS Neurourology Committee Report – Jacques Corcos
11. ICS Children's Committee Report – Wendy Bower
12. ICS Nursing Committee – Mandy Wells
13. ICS Physiotherapy Committee – Marijke Van Kampen
14. ICS Meetings Committee Report – Jacques Corcos
 - a. Announcement of elected persons from web ballot
 - b. Announcement of approved bids for 2013 Annual Meeting web ballot
 - c. Announcements of nominees required by 1st April 2010 for ICS posts web ballot
15. ICS Scientific Committee 2009 Report – Karl Kreder (ICS 2009 Scientific Chair)
16. ICS Neurourology & Urodynamics Report – Chris Chapple (Editor in Chief)
17. Date of Next Annual General Meeting – Toronto, Canada 26th August 2010
18. Any other Business

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF THE INTERNATIONAL CONTINENCE SOCIETY

We have audited the consolidated financial statements of The International Continence Society for the year ended 31 December 2008, which comprise of the Charity and Consolidated Statement of Financial Activities (including Summary Income and Expenditure Account), the Charity and Consolidated Balance Sheet, and the related notes. These financial statements have been prepared under the historical cost convention and the accounting policies set out therein and the requirements of the Financial Reporting Statement for Smaller Entities (effective January 2007).

This report is made solely to the charitable company's members, as a body, in accordance with Section 235 of the Companies Act 1985. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of directors and auditors

As described in the Statement of Trustees' responsibilities the trustees (who are also the directors of The International Continence Society for the purpose of company law) are responsible for the preparation of the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland).

We report to you our opinion as to whether the financial statements give a true and fair view and are properly prepared in accordance with the Companies Act 1985. We also report to you whether in our opinion the information given in the Trustees' Annual Report is consistent with the financial statements.

In addition, we report to you if, in our opinion the charity has not kept proper accounting records, if we have not received all the information and explanations we require for our audit, or if information specified by law regarding trustees' remuneration and other transactions with the charity is not disclosed.

We read other information contained in the Trustees' Annual Report and consider whether it is consistent with the audited financial statements. We consider the implications for our report if we become aware of any apparent misstatements within it. Our responsibilities do not extend to any other information.

Basis of audit opinion

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the trustees in the preparation of the financial statements, and of whether the accounting policies are appropriate to the charitable company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
THE INTERNATIONAL CONTINENCE SOCIETY**

Opinion

In our opinion:

- the financial statements give a true and fair view, in accordance with United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities of the state of the charitable company's and the group's affairs as at 31 December 2008, and of its incoming resources and application of resources, including its income and expenditure, in the year then ended;
- the financial statements have been properly prepared in accordance with the Companies Act 1985; and
- the information given in the Trustees' Annual Report is consistent with the financial statement.

Goldwyns (Bristol) Limited
Registered Auditor
Chartered Accountants
9 Portland Square
BRISTOL
BS2 8ST

Date.....

THE INTERNATIONAL CONTINENCE SOCIETY

STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2008

		Unrestricted Year ended 31.12.08 £	Restricted Year ended 31.12.08 £	Total Year ended 31.12.08 £	Total Year ended 31.12.07 £
	Notes				
Incoming resources					
<i>Incoming resources from generated funds:</i>					
Voluntary Income:					
Donations and gifts	2	35,021	17,845	52,866	38,365
Investment Income					
Interest income	4	58,796	-	58,796	54,748
Gift aid donation from trading subsidiary	4	227,912	-	227,912	190,319
<i>Activities for generating funds:</i>					
Subscription income	6	99,784	-	99,784	85,390
<i>Incoming resources from charitable activities:</i>					
Educational activities	5	-	-	-	36,244
Other incoming resources	7	11,252	-	11,252	706
Total incoming resources		432,765	17,845	450,610	405,772
Resources expended					
<i>Costs of charitable activities:</i>					
Educational activities	8	37,820	13,756	51,576	186,849
Publication of research	8	146,139	-	146,139	116,839
<i>Governance costs</i>	9	34,805	-	34,805	74,116
Total resources expended		218,764	13,756	232,520	377,804
Net incoming resources and net movement in funds for the year		214,001	4,089	218,090	27,968
Transfers		(237)	237	-	-
Fund balances brought forward at 1 January 2008		1,365,511	938	1,366,449	1,338,481
Fund balances carried forward at 31 December 2008		1,579,275	5,264	1,584,539	1,366,449

All the above results are derived from continuing activities. All gains and losses recognised in the period are included above.

THE INTERNATIONAL CONTINENCE SOCIETY

CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING CONSOLIDATED INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2008

		Unrestricted Year ended 31.12.08 £	Restricted Year ended 31.12.08 £	Total Year ended 31.12.08 £	Total Year ended 31.12.07 £
	Notes				
Incoming resources					
<i>Incoming resources from generated funds:</i>					
Voluntary Income:					
Donations and gifts	2	35,021	17,845	52,866	38,365
Investment Income					
Interest income	4	60,121	-	60,121	57,017
<i>Activities for generating funds:</i>					
Subscription income	6	99,784	-	99,784	85,390
Sponsorship and exhibition income	3	-	-	-	44,914
<i>Incoming resources from charitable activities:</i>					
Educational activities	5	-	-	-	36,244
Annual meeting income		475,284	-	475,284	323,333
Other incoming resources	7	11,252	-	11,252	706
Total incoming resources		681,462	17,845	699,307	585,969
Resources expended					
<i>Costs of charitable activities:</i>					
Educational activities	8	148,411	13,756	162,167	186,849
Publication of research	8	146,139	-	146,139	116,839
Annual meeting expenditure	8	142,196	-	142,196	179,795
<i>Governance costs</i>	9	34,805	-	34,805	74,116
Total resources expended		471,551	13,756	485,307	557,599
Net incoming resources and net movement in funds for the year		209,911	4,089	214,000	28,370
Transfers		(237)	237	-	-
Fund balances brought forward at 1 January 2008		1,401,416	938	1,402,354	1,373,984
Fund balances carried forward at 31 December 2008		1,611,090	5,264	1,616,354	1,402,354

All the above results are derived from continuing activities. All gains and losses recognised in the period are included above.

THE INTERNATIONAL CONTINENCE SOCIETY

BALANCE SHEET AS AT 31 DECEMBER 2008

		2008		2007	
	Note	£	£	£	£
FIXED ASSETS:					
Investments	15		1		1
CURRENT ASSETS:					
Debtors	16	513,045		271,286	
Cash at bank and in hand		<u>1,091,844</u>		<u>1,136,055</u>	
		1,604,889		1,407,341	
CREDITORS: Amounts falling due within one year	17	<u>20,351</u>		<u>40,893</u>	
NET CURRENT ASSETS:			<u>1,584,538</u>		<u>1,366,448</u>
TOTAL ASSETS LESS CURRENT LIABILITIES:			<u>1,584,539</u>		<u>£1,366,449</u>
FUNDS:					
Unrestricted funds	19		1,579,275		1,365,511
Restricted funds	19		<u>5,264</u>		<u>938</u>
			<u>1,584,539</u>		<u>£1,366,449</u>

These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2007).

ON BEHALF OF THE BOARD:

A Singla- TRUSTEE

Approved by the Board on

THE INTERNATIONAL CONTINENCE SOCIETY

CONSOLIDATED BALANCE SHEET AS AT 31 DECEMBER 2008

		2008		2007	
	Note	£	£	£	£
FIXED ASSETS:					
Tangible assets	14		11,207		16,334
CURRENT ASSETS:					
Debtors	16	368,934		271,499	
Cash at bank and in hand		<u>1,270,855</u>		<u>1,212,992</u>	
		1,639,789		1,484,491	
CREDITORS: Amounts falling due within one year	17	<u>34,642</u>		<u>98,471</u>	
NET CURRENT ASSETS:			<u>1,605,147</u>		<u>1,386,020</u>
TOTAL ASSETS LESS CURRENT LIABILITIES:			<u>1,616,354</u>		<u>£1,402,354</u>
FUNDS:					
Unrestricted funds	19		1,611,090		1,401,416
Restricted funds	19		<u>5,264</u>		<u>938</u>
			<u>1,616,354</u>		<u>£1,402,354</u>

These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2007).

ON BEHALF OF THE BOARD:

A Singla- TRUSTEE

Approved by the Board on

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2008

1. ACCOUNTING POLICIES

a) **Basis of Preparation**

The financial statements have been prepared under the historical cost convention, in accordance with the Statement of Recommended Practice (SORP 2005), Accounting and Reporting by Charities issued in March 2005, applicable accounting standards and the Companies Act 1985.

b) **Group Accounts**

The results of Conticom - ICS Limited, a wholly owned subsidiary, have been consolidated on a line by line basis in the Statement of Financial Activities and the Balance sheet. Exemption from preparing a cash flow statement under FRS 1 has been taken.

c) **Company Status**

The charity is a company limited by guarantee. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

d) **Fund Accounting**

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

e) **Incoming Resources**

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Incoming resources from subscriptions are recognised in the Statement of Financial Activities on a calendar year basis and are deferred where they are received in advance.

f) **Resources Expended**

All expenditure included in the Statement of Financial Activities is accounted for on an accruals basis. Charitable activities include expenditure associated with the educational activities and the provision of membership services and includes both the direct costs and support costs relating to these activities. Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements. Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, e.g. staff costs by their time spent and other costs by their usage. Any irrecoverable VAT is charged to the Statement of Financial Activities or capitalised as part of the asset cost, where appropriate.

g) **Tangible Fixed Assets Depreciation**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and fittings	- 25% on cost
Computer equipment	- 33% on reducing balance

h) **Group Investments**

The investment in the subsidiary is stated at cost.

i) **Foreign Currencies**

Transactions in foreign currencies are recorded at the rate ruling at the date of transaction. Monetary assets and liabilities are retranslated at the rate of exchange ruling at the balance sheet date. All differences are taken to the Statement of Financial Activities.

j) **Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities over the period to which they relate.

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2008**

j) Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities over the period to which they relate.

k) Pension costs

The charity operates a defined contribution pension scheme. Contributions payable for the year are charged in the Statement of Financial Activities.

2. DONATIONS AND GIFTS

	Charity		Group	
	2008	2007	2008	2007
	£	£	£	£
Other donors	52,866	38,365	52,866	38,365
	<u>52,866</u>	<u>38,365</u>	<u>52,866</u>	<u>38,365</u>

3. SPONSORSHIP AND EXHIBITION INCOME

	Charity		Group	
	2008	2007	2008	2007
	£	£	£	£
Partnership program sponsors:				
Medtronic	-	-	-	-
Pfizer	-	-	-	-
Educational course sponsors and exhibitors	-	-	-	44,914
	<u>-</u>	<u>-</u>	<u>-</u>	<u>44,914</u>

4. INVESTMENT INCOME

	Charity		Group	
	2008	2007	2008	2007
	£	£	£	£
Interest receivable	58,796	54,748	60,121	57,017
Gift aid donation from trading subsidiary	227,912	190,319	-	-
	<u>286,708</u>	<u>245,067</u>	<u>60,121</u>	<u>57,017</u>

5. EDUCATIONAL ACTIVITIES

	Charity		Group	
	2008	2007	2008	2007
	£	£	£	£
Educational course registration fees receivable during the year	-	36,244	-	36,244
	<u>-</u>	<u>36,244</u>	<u>-</u>	<u>36,244</u>

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2008**

The Educational Courses held during the year were organised under a new contract between Conticom ICS Limited and Kenes International. The overall net cost of the 2008 courses has been included within Conticom ICS Limited's financial statements under educational course costs. During 2007 and earlier years, before a formal contact was put in place, registration income and expenditure of the educational courses were included within the charity's financial statements, and sponsorship and exhibition income were included in Conticom ICS Limited's financial statements. The presentation in future years will be the same as this year's.

6. SUBSCRIPTION INCOME

	Charity & Group	
	2008	2007
	£	£
Deferred balance brought forward	21,380	32,334
Membership income received during the year	83,394	74,436
Deferred balance carried forward	(4,990)	(21,380)
	<u>99,784</u>	<u>85,390</u>

7. OTHER INCOMING RESOURCES

	Charity		Group	
	2008	2007	2008	2007
	£	£	£	£
Exchange rate gain	11,152	556	11,152	556
HMRC on-line filing incentive	100	150	100	150
	<u>11,252</u>	<u>706</u>	<u>11,252</u>	<u>706</u>

8. ANALYSIS OF CHARITABLE EXPENDITURE

	Educational Activities	Publication of Research	Annual meeting	Total 2008	Total 2007
	£	£	£	£	£
Journal and other membership costs	-	50,531	-	50,531	43,820
Membership book costs	-	1,263	-	1,263	4,765
Travel and subsistence costs	8,350	-	-	8,350	67,271
Advertising and promotional events	-	9,553	-	9,553	1,828
Educational course venue costs	-	-	-	-	59,151
Publication committee costs	-	5,329	-	5,329	1,514
Education committee costs	6,198	-	-	6,198	5,210
Nurses meeting costs	385	-	-	385	2,997
Nurses website costs	2,937	-	-	2,937	-
Advisory committee costs	-	3,881	-	3,881	381
Continence Promotion Committee costs	10,819	-	-	10,819	18,927
Fellowship programme costs	1,844	-	-	1,844	-
Printing and postage costs	2,600	11,980	-	14,580	29,665
Staff costs	12,950	54,732	-	67,682	54,296
Finance costs	785	4,162	-	4,947	4,925
Support costs (detailed in note 10)	4,708	4,708	-	9,416	8,938
Charity total	<u>51,576</u>	<u>146,139</u>	<u>-</u>	<u>197,715</u>	<u>303,688</u>
Annual meeting expenses	-	-	142,196	142,196	179,795
Educational course costs	<u>110,591</u>	<u>-</u>	<u>-</u>	<u>110,591</u>	<u>-</u>
Group total	<u>162,167</u>	<u>146,139</u>	<u>142,196</u>	<u>450,502</u>	<u>483,483</u>

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9. GOVERNANCE COSTS

	Charity & Group	
	2008	2007
	£	£
Executive Committee costs	3,421	2,424
Advisory Committee costs	3,881	382
Constitutional Review Committee costs	-	14,886
Printing and postage costs	-	10,807
Staff costs	11,404	18,658
Support costs (detailed in note 10)	16,099	26,959
	<u>34,805</u>	<u>74,116</u>

10. SUPPORT COSTS

	Charity & Group				
	Educational Activities Costs	Publication of Research Costs	Governance Costs	Total 2008	Total 2007
	£	£	£	£	£
Phone	680	679	-	1,359	1,335
Insurance	140	140	220	500	1,822
Rent, rates, light and heat	3,438	3,437	-	6,875	5,092
Sundry	450	452	-	902	888
Auditors remuneration	-	-	9,919	9,919	7,637
Legal and professional	-	-	5,960	5,960	19,123
	<u>4,708</u>	<u>4,708</u>	<u>16,099</u>	<u>25,515</u>	<u>35,897</u>

11. TRUSTEES REMUNERATION

The trustees neither received nor waived any emoluments during the period (2007: £Nil).

Out of pocket expenses were reimbursed to trustees as follows:

	Charity & Group		Charity & Group	
	2008	2007	2008	2007
	Number	Number	£	£
Travel and meeting expenses	5	4	<u>9,794</u>	<u>9,611</u>
			<u>9,794</u>	<u>9,611</u>

12. STAFF COSTS

	Charity		Group	
	2008	2007	2008	2007
	£	£	£	£
Wages and salaries	67,912	64,421	135,823	128,842
National insurance contributions	6,971	6,363	13,941	12,726
Pension contributions	768	1,568	1,536	3,136
Recruitment and training	3,435	601	7,015	1,203
	<u>79,086</u>	<u>72,953</u>	<u>158,315</u>	<u>145,907</u>

No employee earned more than £60,000 during the year.

THE INTERNATIONAL CONTINENCE SOCIETY

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The average number of full-time equivalent employees during the year was as follows:

	Charity		Group	
	2008	2007	2008	2007
	Number	Number	Number	Number
Governance	1	1	1	1
Educational co-ordinator	1	1	1	1
Membership administrators	3	2	3	2

13. **AUDITORS REMUNERATION**

The auditors remuneration consists of the following:

	Charity		Group	
	2008	2007	2008	2007
	£	£	£	£
For audit services	6,132	4,976	10,732	9,439
For accounting services	1,774	1,244	4,179	2,444
For preparation of consolidated accounts	1,380	1,175	1,380	1,175
For accounting software installation and support	-	130	-	130
For VAT and taxation advice	-	112	-	449
For payroll bureau services	-	-	194	621
For other services	633	-	723	-
For preparation and filing annual return	-	-	90	-
	<u>9,919</u>	<u>7,637</u>	<u>17,208</u>	<u>14,258</u>

14. **CONSOLIDATED TANGIBLE FIXED ASSETS**

	Fixtures and Fittings	Computer Equipment	Total
	£	£	£
COST:			
At 1 January 2008	6,151	30,252	36,403
Additions	-	879	879
Disposals	-	-	-
	<u>6,151</u>	<u>31,131</u>	<u>37,282</u>
At 31 December 2008	6,151	31,131	37,282
DEPRECIATION:			
At 1 January 2008	3,952	16,116	20,068
Charge for year	878	5,129	6,007
Eliminated on disposals	-	-	-
	<u>4,830</u>	<u>21,245</u>	<u>26,075</u>
At 31 December 2008	4,830	21,245	26,075
NET BOOK VALUE:			
At 31 December 2008	<u>1,321</u>	<u>9,886</u>	<u>11,207</u>
At 31 December 2007	<u>2,199</u>	<u>14,135</u>	<u>16,334</u>

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2008

15. CHARITY FIXED ASSET INVESTMENTS

	£	
COST:		
At 1 January 2008		
and 31 December 2008		<u>1</u>
NET BOOK VALUE:		
At 31 December 2008		<u>1</u>
At 31 December 2007		<u>1</u>
	2008	2007
	£	£
Unlisted investments	1	1
	<u>1</u>	<u>1</u>

The charity's investments at the balance sheet date in the share capital of unlisted companies include the following:

Conticom - ICS Limited

Country of incorporation: England & Wales

Nature of business: Conference facilitator %

Class of shares: holding

Ordinary 100.00

	2008	2007
	£	£
Aggregate capital and reserves	31,816	35,906
Profit/(loss) for the year	<u>(4,090)</u>	<u>402</u>

Results and net assets/(liabilities) of Conticom – ICS Limited

	£	£
Turnover:		
Annual meeting income		475,283
Cost of sales:		
Annual meeting expenses		<u>(23,710)</u>
Gross profit		451,573
Administrative expenses		<u>(229,076)</u>
Operating profit		222,497
Interest receivable and other similar income		<u>1,325</u>
Net income		223,822
Amount gift-aided to the charity		<u>(227,912)</u>
Retained loss for the year		(4,090)
Retained profit brought forward		35,905
Retained profit carried forward		<u>31,815</u>
Assets		518,905
Liabilities		487,089

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2008**

16. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2008	2007	2008	2007
	£	£	£	£
V.A.T	-	-	587	1,305
Trade debtors	35,021	9,901	360,637	257,738
Prepayments	5,226	9,654	7,710	12,456
Amounts due from group undertaking	472,798	251,731	-	-
	<u>513,045</u>	<u>271,286</u>	<u>368,934</u>	<u>271,499</u>

17. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2008	2007	2008	2007
	£	£	£	£
Trade creditors	-	1,058	211	45,305
Other creditors	3,862	2,203	5,035	3,186
Social security and other taxes	-	-	5,476	5,439
Accruals and deferred income	16,489	37,632	23,920	44,541
	<u>20,351</u>	<u>40,893</u>	<u>34,642</u>	<u>98,471</u>

18. OPERATING LEASE COMMITMENTS

The following payments are committed to be paid within one year:

	Charity		Group	
	2008	2007	2008	2007
	£	£	£	£
Land and buildings expiring:				
Within one year	-	-	-	-
Between one and five years	6,750	6,750	13,500	13,500
	<u>6,750</u>	<u>6,750</u>	<u>13,500</u>	<u>13,500</u>

	Charity		Group	
	2008	2007	2008	2007
	£	£	£	£
Other operating leases expiring:				
Within one year	-	-	153	-
Between one and five years	-	-	634	906
Over 5 years	938	-	938	-
	<u>938</u>	<u>-</u>	<u>1,725</u>	<u>906</u>

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS
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19. STATEMENT OF FUNDS

	At 01 January 08 £	Income £	Expenditure £	Transfers £	At 31 December 08 £
Unrestricted funds:					
General fund	1,365,511	432,765	(218,764)	(237)	1,579,275
Total unrestricted funds	1,365,511	432,765	(218,764)	(237)	1,579,275
Restricted funds:					
Continence Promotion Committee fund	938	15,145	(10,819)	-	5,264
Nurses website fund	-	2,700	(2,937)	237	-
Total restricted funds	938	17,845	(13,756)	237	5,264
Total charity funds	1,366,449	450,610	(232,520)	-	1,584,539
Subsidiary	35,905	476,609	(480,699)	-	31,815
Intercompany transactions	-	(227,912)	227,912	-	-
Total consolidated funds	1,402,354	699,307	(485,307)	-	1,616,354

The Continence Promotion Committee fund was established during the previous financial year and the funds will support the activities of the Continence Promotion Committee.

The Nurses' website fund was established during the year to support the creation of a website for nurses in the field of incontinence.

The General fund represents the free funds of the charity, which are not designated for particular purposes.

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2008

20. ANALYSIS OF NET FUNDS BETWEEN FUNDS

CHARITY

**Fund Balances at 31 December 2008
are represented by:**

	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fixed assets	-	1	1
Current assets	5,264	1,599,625	1,604,889
Current liabilities	-	(20,351)	(20,351)
Total Net Assets	5,264	1,579,275	1,584,539

GROUP

**Fund Balances at 31 December 2008
are represented by:**

	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fixed assets	-	11,207	11,207
Current assets	5,264	1,634,525	1,639,789
Current liabilities	-	(34,642)	(34,642)
Total Net Assets	5,264	1,611,090	1,616,354

21. PENSION COMMITMENTS

During the year, the charity paid into a defined contribution pension scheme. These monthly amounts, totalling £768 for the year (2007: £1,568), are included within staff costs in the Statement of Financial Activities.

There were no outstanding or prepaid contributions as at 31 December 2008.

22. TAXATION

As a registered charity the International Continence Society is exempt from taxation of income and gains falling within Section 505 Taxes Act 1988 or Section 256 Taxation of Chargeable Gains Act 1992 to the extent these are applied to its charitable objects. No tax charge has arisen during the year. No tax charge has arisen in the subsidiary as its profits are donated by way of Gift Aid to the charity.

23. RELATED PARTY DISCLOSURES

During the period a donation of £227,912 (2007: £190,319) was receivable from the charity's subsidiary, Conticom - ICS Limited.

At the balance sheet date the charity was owed £472,798 (2007: £251,731) by Conticom - ICS Limited. This balance is shown in 'amounts due from group undertaking'.

The above balances have been removed from the consolidated accounts.

24. CONTROLLING PARTY

The charity is under the joint control of the trustees, as set out in the trustees report.