



## ICS 2009 Annual Report

### Reference and Administrative Details of the Charity, its Trustees and Advisors

<b>Company Number</b>	3589542											
<b>Registered Charity Number</b>	1074929											
<b>Registered Office</b>	9 Portland Square, Bristol, BS2 8ST											
<b>Correspondence Address</b>	19 Portland Square, Bristol, BS2 8SJ											
<b>E-mail</b>	<a href="mailto:info@icsoffice.org">info@icsoffice.org</a>											
<b>Website</b>	<a href="http://www.icsoffice.org">www.icsoffice.org</a>											
<b>Telephone</b>	+44 (0) 117 944 4881											
<b>Fax</b>	+44 (0) 117 944 4882											
<b>General Secretary</b>	Jacques Corcos – 3 year term (appointed 24/10/08) Executive Committee Member											
<b>Treasurer</b>	Ajay Singla – 3 year term (appointed 24/08/07) Executive Committee Member											
<b>Trustee</b>	Dirk De Ridder – 3 year term (appointed 24/10/08) Executive Committee Member											
<b>Trustee</b>	Heinz Koelbl - 3 year term (appointed 24/10/08) Executive Committee Member											
<b>Trustee</b>	Adrian Wagg - 3 year term (appointed 24/10/08) Executive Committee Member											
<b>Trustees – appointed 24/10/08</b>	Ted Arnold	Chantale Dumoulin	Mandy Fader Clare Fowler									
	Jerzy Gajewski	Limin Liao	Helmut Madersbacher Jane Meijlink									
	Katherine Moore	Sherif Mourad	Christopher Payne Piotr Radziszewski									
	Werner Schaefer	Jennifer Skelly	Vasan Srinii Jean-Jacques Wyndaele									
<b>Trustee – appointed 02/10/09</b>	Mary Pat Fitzgerald											
<b>Secretary</b>	Jordan’s Secretarial Services (resigned 16/04/2010) Avicia Burchill appointed 16/04/10											
<b>Auditors</b>	Goldwyns (Bristol) Limited, 9 Portland Square, Bristol BS2 8ST											
<b>Solicitors</b>	Henriques Griffiths, 18-20 Portland Square, Bristol BS2 8SJ											
<b>Bankers</b>	NatWest Bank, Filton Bristol Branch, PO Box 182, 4 Church Road, Bristol BS99 5AA CCLA Investment Management Ltd, COIF Charity Funds, 80 Cheapside, London, EC2V 6DZ											
<b>Staff</b>	Avicia Burchill Administrative Manager - Senior staff member delegated day-to-day management of ICS office											
	Dominic Turner IT Director											
	Daniel Snowdon Committees Coordinator											
	Ashley Brookes Analyst Programmer											
	Sarah Morris Administrative Assistant – part time (appointed 04/09)											
	Rebecca Cheetham Administrative Assistant – part time (appointed 06/08 – resigned 04/09)											
	Nicola Walsh Bookkeeper – contract appointment											
<b>ICS Honorary Members</b>	<table> <tr> <td>Peter Caldwell (Deceased)</td> <td>Patrick Bates</td> <td>Pieter Donker (Deceased)</td> </tr> <tr> <td>Peter Gammelgaard (Deceased)</td> <td>Eric Glen</td> <td>Axel Ingelman-Sundberg (Deceased)</td> </tr> <tr> <td>Guus Kramer</td> <td>David Rowan</td> <td></td> </tr> </table>			Peter Caldwell (Deceased)	Patrick Bates	Pieter Donker (Deceased)	Peter Gammelgaard (Deceased)	Eric Glen	Axel Ingelman-Sundberg (Deceased)	Guus Kramer	David Rowan	
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Guus Kramer	David Rowan											

## **What is the International Continence Society and what does it do?**

The International Continence Society (ICS) is a membership society for professionals working in the field of incontinence.

The objectives for which the Charity has been established are:

- The advancement of basic and clinical sciences concerned with the function and dysfunction of the urinary tract, bowel and pelvic floor.
- To raise public awareness of both urinary and anal incontinence, and other functional abnormalities, including obstruction and pain, and the fact that it can be corrected, improved or at least better managed, and to enhance the knowledge and skills of health professionals involved in prevention and management of incontinence and thereby to improve the standard of healthcare delivery

During 2009 the Memorandum of the ICS was updated to reflect the following points:

- that pelvic dysfunction includes bowel dysfunction – this new wording will make that scientific and medical reality clearer to the general reader
- that such medical issues and conditions can often be either corrected or improved or, at the very least, can now be better managed. The changes also reflect the twin aspects of the Society's educational work – in relation to the general public and in relation to advancing the knowledge of health professionals. The revised wording also explains more clearly to the general reader the important work the Society undertakes in promoting public education and awareness worldwide.

Considerable public benefit arises from these two aspects of the Society's educational work. With regard to the general public, significant and often harmful misunderstandings and stigmas still surround relevant medical conditions. With regard to healthcare professionals, their knowledge and skills are increased, to the benefit of current and future patients, by the dissemination of knowledge and sharing of best practice at events such as the Society's annual international scientific meeting and the workshops and courses it facilitates. It is in this regard that the ICS Board of Trustees has considered the public benefit of the ICS. The ICS feels that it clearly has the Charities Act aims of advancement of education and of health or the saving of lives. The ICS now has members in over 70 countries and therefore is helping individuals suffering from incontinence related issues on a global level.

Scientific knowledge and expertise on incontinence issues are exchanged between the multi-disciplinary medical professionals through the various forums which the ICS provides, including the Annual Scientific Meeting, newsletters and publication of research through Journals. Best practices from countries with established continence awareness programmes are shared with others who are trying to set up continence programmes within their country, hospital or clinic. With the dissemination of research into incontinence relief, the direct beneficiaries are the patients of those individuals who are members of the ICS or those who attend our congresses and courses.

The main objectives for 2009 were to start work on the three year strategy agreed by the Board of Trustees in January 2009. In addition, overall aims were to continue increasing the membership of the Society particularly from countries visited by the ICS to hold an Education Course. In addition, the Charity aimed to encourage more delegates to submit abstracts for presentation at the Annual Meeting. This in turn is expected to encourage a greater attendance at the Annual Meeting.

## **History:**

With Peter Caldwell as president, Shedden Alexander as vice president and Eric Glen as the organising secretary, the inaugural meeting of the Continent Club was held in Exeter in 1971. Over 60 participants attended the meeting from several countries and it was hailed as a great success, both scientifically and socially.

At the same meeting Dr Smeekes, from The Hague, emphasised the importance of standardising the nomenclature used in urodynamics.

At the third ICS conference held in Copenhagen in 1973, Tage Hald was elected first Chair of the ICS Standardisation Committee. His committee published the first ICS reports between 1976 and 1981. The Society has gone on to publish many reports and retains the copyright, enabling them to be published in a range of international journals.

In 1998 the Society was set up as a UK Charity under the guidance of Paul Abrams and now boasts a membership of around 2,000 from 70 different countries covering many disciplines including physicians, surgeons, nurses, physicists, physiotherapists, bio-medical engineers and scientists. The founder members decided that the Society should meet annually with a different meeting chair and venue each year. This Annual Meeting remains today one of the most valued dates in the urological and gynaecological calendars, attracting in excess of 3,000 delegates from all corners of the globe.

## **Structure, Governance and Management**

### **Board of Trustees**

The Board of Trustees is required to meet two times per year and is responsible for:

- The long-term direction of the Society
- The development of new projects in line with the Society's charitable aims
- Ensuring the Society's charitable aims and objectives are met
- Inspection of the Society's annual accounts
- Ensuring suitable accounting policies are established and applied consistently
- Monitoring and reporting the financial position to membership
- Safeguarding the assets of the charity and applying them properly
- Ensuring the Society is operating efficiently and effectively
- Ensuring proper records and reliable financial information are maintained
- Method, policies and procedures for recruitment, appointment, induction and training of new trustees

All nominated candidates for trustee positions will receive documents outlining their duties, responsibilities and any risks pertaining to the role of trustee. They can request attendance at a meeting of the Board of Trustees as observers, in preparation of their possible appointment, with the agreement of the Board.

The Nominations Committee will review all candidates for their suitability, prior to their nominations being put to the membership. All trustees are elected by the membership.

The Trustees have initiated a Statement of Policy with regard to the recruitment, induction and training of committee members. This endeavours to ensure that individuals with an interest in the works of the charity, with appropriate range of expertise and sufficiently diverse skills to provide a reasonable representation of the community are recruited, appointed and subsequently adequately versed in the affairs of the charity and the requirements and responsibilities of charity trusteeship.

### **Management Structure**

The ICS is a Company Limited by Guarantee governed by its Memorandum and Articles of Association, together with regularly updated Bylaws. These reflect the current activities of the Charity.

As a UK Registered Charity, the ICS Trustees are held responsible ultimately for the Charity and its affairs. However, the Society has a management structure and Bylaws which ensure that members have sufficient input on all decisions within the Society. The ICS is now made up of a large reinforced Board of Trustees which reflects the multi-disciplinary and geographical aspects of the society. These Trustees were nominated and elected by the membership and all major disciplines of the ICS are represented. Day-to-day management of the ICS has been delegated to the Executive Committee of the Board of Trustees. The Executive Committee are members of the Board of Trustees and were voted in by the Trustees.

Under supervision of the Trustees and the Executive Committee, day-to-day management of the Charity, the Society, its trading subsidiary and office staff, is delegated to the Administrative Manager. The Administrative Manager is a full-time employee of the Society and its trading subsidiary and reports directly to the Trustees who are ultimately responsible for the management and finances of the Society, as well as the review and approval of administrative procedures implemented by the Administrative Manager.

### **ICS Committees 2009**

The ICS currently has the following committees which focus on the different aspects of the ICS and under the direction of the Board of Trustees undertake projects to assist the Board to achieve its overall strategy and the aims of the Charity.

- ICS Education Committee
- ICS Standardisation Committee
- ICS Children's Committee
- ICS Continence Promotion Committee
- ICS Publications and Communications Committee
- ICS Neurourology Promotion Committee
- ICS Ethics Committee
- ICS Meetings Committee
- ICS Scientific Committee
- ICS Nursing Committee
- ICS Physiotherapy Committee

A chair for each of the above-mentioned committees is elected by electronic membership ballot, to hold office for three years (with the exception of the Scientific Committee chair who is in post for one year). Further information about the remit of each committee can be found on the ICS website.

### **Related Parties**

The Charity's wholly owned subsidiary Conticom ICS Limited was established to undertake the commercial trading activities of the Charity. Conticom ICS Limited gift aids its profits to the Charity.

### **Risk Management**

The Trustees have implemented a formal risk management process to assess business risks and implement risk management strategies.

The Trustees have identified the types of risks the Charity faces, and have prioritised them in terms of potential impact and likelihood of occurrence, and identified, where possible, means of mitigating the risks. The adequacy of internal controls is reviewed and costs of implementing new controls compared to benefits obtained and implemented, if agreed. Procedures have been established for reporting failure, immediately, to appropriate levels of management and to the Board of Trustees. The task of monitoring the Charity's financial control systems and procedures is delegated to the ICS Treasurer (Ajay Singla). In conjunction with the Administrative Manager and the Charity's auditors (Goldwyns [Bristol] Limited), the Treasurer reviews and reports to the Trustees on the working of these systems and procedures in relation to the wider issue of managing major risks identified as arising from or in connection with the Charity's activities.

The Trustees continue to keep under review the adequacy of our systems which are, in our opinion, appropriate for the Charity at present.

The Trustees believe an area of risk requiring particular attention is the ICS Annual Meeting, where possible cancellation or postponement due to terrorist attacks or natural disasters is a major concern. The Charity has passed on the major risk to our new permanent Congress Organiser who, from 2008, has born the financial risk of any cancellation or postponement. The Trustees are also ensuring that adequate levels of insurance are sought for each event.

A Nominations Committee has now been established to ensure that suitable Trustee candidates are put forward for ballot by the membership.

Although all efforts are made to ensure the administration of the Society could continue efficiently should certain key members of staff leave or be absent for any length of time, the positions of Administrative Manager and IT Director are of particular importance.

With regard to the Society's finances, the bookkeeper and Auditors are fully aware of the current status and systems used and could take over from the Administrative Manager in an emergency. A selected group of the Trustees and the Administrative Manager are all signatories to the Society's accounts and therefore the accounts can be maintained.

With regard to IT systems, the IT Director is documenting all design and maintenance work to ensure that another IT specialist could take over in an emergency. All systems and the ICS website are backed up and stored off site.

Wherever possible, all ICS office staff are trained and briefed in all office procedures.

## Objectives and Activities

The strategies employed in the year under review to achieve the Charity's objectives were:

- Under the direction of the newly appointed General Secretary, to implement a three year strategy
- To host the 2009 Annual Meeting in San Francisco and to increase delegate numbers and therefore income.
- To continue Educational Courses using the new "add-on" course
- To increase membership levels
- To review and implement changes to the Memorandum
- To hold additional ICS Committee meetings outside of the Annual Meeting to encourage continuous work throughout the year
- To increase and improve communications and publications with the members
- To continue development of the interactive website
- To continue the Neurourology Fellowship Scheme

## Achievements and Performance

### ICS Three Year Strategy

Jacques Corcos appointed ICS General Secretary presented a three year strategy to the Board of Trustees and the main objectives are:-

- The development of science with greater accessibility by all to research, training and scientific information
- A revisit of the Society's structure and governance, including a deep analysis of how our money is acquired and spent
- Attention and pro-action to address incontinence among the disadvantaged

The Board approved the strategy and discussed each of the objectives in full and in order to make the targets of the strategy achievable, several task forces were set up. Each Task Force was assigned an area to focus on. It was agreed that each group should design their groups' mandate and decide upon a Chair.

**Meetings Task Force:** This group surveyed the membership to find out exactly what the membership wants from the Annual Scientific Meeting. It was noted that most members were happy with the current format of the week's meeting. In addition this group has been working with Kenes to see if there are ways in which the costs for the Annual Scientific Meeting can be reduced in line with rationalising expenditure. A benchmarking process has been carried out to show how much the Annual Scientific Meeting should be spending in relation to income. The Meetings Task Force will continue its work.

**Fundraising industry Task Force:** This Task Force has been looking into ways in which the ICS can enter into relationships with industry while doing so in an ethical way and one that helps the ICS meet its objectives.

**Awards Task Force:** After recommendations from this Task Force the Board has implemented a new scheme for awards for Honorary Membership and a Life Time Achievement award. The Task Force continues its work focusing on fellowships, travel grants and other awards to stimulate research.

**Scientific Task Force:** This task force has continued its efforts to develop different ideas for the ICS scientific focus including the concept of providing seed funding for research projects.

**Foreign Affairs Task Force:** This Task Force has set in place new guidelines by which societies wishing to affiliate themselves with the ICS can apply. This gives a reduced rate of membership with all the main benefits to these societies as long as they have similar aims and objectives to the ICS. In 2009 the ICS affiliated with the Turkish Continence Society and the Italian Society for Urodynamics (SIUD).

**Governance Task Force:** This Taskforce continued the work done over the previous years and continued to review the ICS structure. The Task Force successfully implemented the new Memorandum and Bylaw changes at the 2009 AGM. It continues its work looking at committees' structure.

**Incontinence and Fistula for the Disadvantaged Task Force:** This taskforce reviewed the most important issues facing those from disadvantaged countries. Fistulas are still occurring in women in Third World countries in alarming numbers. This is a focus of the WHO and the ICS feels that it is immensely important to be involved in assisting in this preventable complication. The Task Force therefore recommended to the Board of Trustees that a new Fistula Committee be set up with the aim of looking into ways in which the ICS can assist either by providing funding for essential training or providing the training to doctors directly in their countries.

### **ICS Annual Scientific Meeting 2009**

The Annual Meeting remains the main focus of the ICS and consists of a scientific programme selected from submitted abstracts, along with workshops, courses, committee meetings and the Society's Annual General Meeting. The ICS policies, with respect to the Annual Meeting, are to be found in 'The ICS Annual Meeting Guidelines', which is available from the ICS office or website ([www.icsoffice.org](http://www.icsoffice.org)).

The 39th Annual Meeting of the International Continence Society took place this year in San Francisco, USA. It was attended by 2533 delegates and had over 40 exhibition stands. The Trustees were very pleased to see such a high attendance, especially considering that the meeting took place during a year of economical flux.

Once again the ICS achieved its highest ever number of submitted abstracts (when not a joint meeting) of 1003 showing that there is an increasing amount of research being undertaken around the world.

The education programme consisted of 16 ICS educational courses and 54 workshops, which was more than usual. Attendance was slightly lower than normal in these workshops and this will be taken into consideration for the future. The AGM saw the appointment of a new Trustee specifically to introduce another gynaecologist onto the Board.

According to the Annual Scientific Meeting guidelines, the Chairman has to identify a Charity or not-for-profit institution with similar aims to the ICS which will receive a donation from the ICS of

€50,000. This year Tony Stone identified the Frances Lazda Fund for Women's Urologic Health to receive this payment.

Our sincere thanks go to Tony Stone and his organising committee for their hard work and commitment to the ICS Annual Meeting.

The Charity's wholly owned subsidiary Conticom-ICS Limited, operates the Annual Meeting and its profit is gift aided to the ICS. Conticom-ICS also renewed its contract with Kenes International for a further three years.

### **Educational Courses 2009**

The original format of ICS Educational Courses that were financed by ICS alone was highly successful but expensive, with some running over budget. Thus the Education Committee has moved from stand-alone to add-on educational courses as its favourite format. Add-on courses are where the ICS contributes with faculty to an existing local meeting. Such add-on courses have a number of benefits over stand-alone courses. These include:

- Less/no financial risk. As the primary costs are borne by the host society;
- More time efficient as venue hire, delegate registration, audiovisual and equipment considerations are handled by the host society or their chosen representative;
- Enables closer collaboration with a foreign urology/continence-based society. This also assists course registration as the host society can call on its members and known associates to join or contribute.
- Much cheaper to run, overall. A typical add-on course costs approximately US\$10,000 whereas a stand-alone course costs upwards of US\$25,000.

Therefore, by focusing on add-on courses a wider range of educational opportunities can be undertaken each year, which allows the ICS to further extend the sharing of good practice and knowledge. The Educational Course Guidelines have been updated in general, and to reflect the focus on add-on courses.

It is encouraging to note that to date in 2009, all educational courses and guest lectures have come in under budget. Courses held in 2009 are outlined below.

#### **Pattaya, Thailand, 3-4 April 2009**

This was the ICS' first educational course in Thailand. This course was run as an add-on to the annual meeting of the Thai Urological Association (TUA), with eight ICS speakers attending. The course was a great success and stands as the highest attended ICS Educational Course to date, with over 450 participants registered. The ICS section of the programme took up two of the three days of the programme, with presentations by both ICS and TUA speakers. The success of the course has led to discussions over the affiliation of the TUA's members into the ICS.

#### **Beijing, China, 29-31 October 2009**

This will be the third ICS educational course held in China. This is an add-on course run in collaboration with the Chinese Continence Society's annual meeting. Five ICS speakers, and a selection of CCS speakers, will contribute to a programme that is held over two and a half days. The ICS continues to focus on China in view of the forthcoming Annual Scientific Meeting to be held there in 2012.



### **Goiania, Brazil, 7 November 2009**

This will be the second ICS educational course held in Brazil. This course will be run as an add-on to the bi-annual meeting of the Brazilian Society of Urology. The ICS will take up the first day of a four day event, which could see between 2000 to 3000 delegates attending. The course is being managed by Carlos D'Ancona and four ICS speakers will be in attendance.

### **Guest lectures**

After Werner Schaefer had given an official ICS Lecture, by invitation, on the Biomechanics of Incontinence at the Russian Urogynaecology Society in Moscow last year, the format of official ICS lectures was introduced as another effective and economic form of educational, but also promotional, activity for ICS. These are presented at relevant events by qualified ICS members, either by invitation, or on suggestion and with financial support of the ICS.

### **Italy**

Karel Everaert was guest speaker at the SIUD's meeting held in May 2009, in Naples, Italy. Karel's lecture was entitled, "The neuro-anatomy and neuro-physiology of the lower urinary tract therapeutic implication". The ICS provided the cost of flights for Karel.

### **Poland**

Jerzy Gajewski was invited to present a guest lecture at the annual Polish Urology Meeting, held in June 2009, Poznan, Poland. The lecture was titled, "The standardisation of urodynamic examination". The ICS provided the cost of flights for Jerzy.

### **Turkey**

Werner Schaefer will present an ICS lecture on Good Urodynamic Practice at the National Urogynaecology Congress in Istanbul in October, in addition to some other presentations, by invitation.

### **Brazil**

Jacques Corcos will give an ICS lecture on Neurogenic Bladder at the Brazilian Urology Meeting in Goiania, following the ICS add-on educational course there.

### **ICS Membership**

For the second year running the ICS achieved its record number of membership subscriptions of 2341 in 2009 (2058 in 2008). The reason for this increase is likely to be attributed to the additional members received through the affiliate societies. This increase in membership was represented by 609 new members and 1732 returning members. The Annual Membership subscription fee remains at £50 even though this is at a loss to the ICS, it is felt that it is important to keep the subscription low to encourage more members from varying disciplines and to not discriminate those with lower incomes.

### **Additional ICS Committee Meetings**

In 2005 it was agreed that committees could meet in addition to the Annual Meeting, so that the members could discuss and establish new projects throughout the year. This initiative has continued in 2009 with the Education Committee meeting in January 2009 in Bristol. The Continence Promotion Committee met in Stockholm to discuss further plans and the Nurses had their inaugural meeting in Bristol. The Board of Trustees met in January and June in addition to at the annual

meeting. The Trustees have noted the sizeable amount of costs related to having such a large Board and have pledged to review this situation in 2010.

#### **Other committee activities**

It has been clear to see that with a dedicated member of staff the committee activity and productivity has increased during 2009. There were several projects that occurred in 2009 and here are a few achievements highlighted.

#### **Fistula Committee**

This newly created Fistula Committee have produced a information leaflet on obstetric fistula.

#### **Continence Promotion Committee**

World Continence Week was launched in 2009 from June 22-28. The aim of World Continence Week is to raise awareness of bladder and bowel health issues and improve the lives of people with incontinence worldwide by drawing the attention of the general public and the global medical community to the life situation of people with incontinence. Many events all over the world were coordinated to happen during this week including public forums in Singapore and a health fair during lunch hours in Chicago.

#### **Standardisation Committee**

The Standardisation Committee met in Belgium in November to produce guidelines on how to produce a Terminology report. In addition a joint report with the International Urogynaecological Society has been produced on Female Pelvic Floor Dysfunction. This was published in both the Journal of Neurourology and Urodynamics and the International Urogynaecology Journal.

#### **Neurourology Promotion Committee**

The ICS awarded its second fellowship during 2009. Dr Emmanuel Braschi, a Paediatric Urologist from China, was awarded a three month fellowship placement which will take place in Clare Fowler's department in London.

#### **IT Department – Development Projects**

One of the main projects in 2009 was the new Abstracts Review system for the website. The ICS has moved to a system of using external reviewers for the abstracts and the IT department has developed a new online review system, to allow reviewers to review abstracts online. Together with more reviewers, this system improved the turn-around time of abstract reviewing and has allowed the Scientific Chair a greater oversight of the review system as a whole with the added benefit of viewing progress in real-time during the review phase. Once the scientific programme was created, the 2009 abstracts including all videos were then produced on a searchable USB stick. This was incredibly popular, allowing delegates to take home the entire proceedings of the annual meeting in their pocket.

This year a new online workshop submission system was created so that workshop applications for ICS-IUGA 2010 can be made online. Other improvements to the ICS website include integrated search options and the full roll-out of committee forums.

#### **Conticom ICS Limited**

The trading subsidiary continued to support the Charity in meeting its objectives.

## **Financial Review**

### **Investment Performance**

Surplus funds invested during the year in interest bearing deposit accounts earned income of £12,166 (2008 £60,121)

### **Reserves Policy**

The Trustees of ICS have adopted this reserves policy in order to determine prudent levels of financial reserves which ICS should maintain. The process for setting and monitoring the annual budget will take account of the level of reserves set by this policy. Reserves are maintained:-

- a) To provide a safeguard of two years' estimated operating costs of ICS and Conticom ICS Limited.
- b) To provide an element of contingency for unforeseen liabilities.
- c) To provide a permanent base for the Charity and safeguard future projects.

In determining the level of reserves the Trustees have taken into account the average annual operating costs of the last two years (2009: £546,698; 2008: £485,307). They have also allowed, within the contingency element, a figure of £50,000 in case of liabilities arising against ICS in respect of the Annual Meeting. The Annual Meeting is an annual international medical and scientific conference for specialists in the medical and scientific disciplines relevant to the charitable objects of ICS. Organisation of the Annual Meeting is contracted to an organiser (Kenes International will be the permanent organiser from 2008) by Conticom ICS Limited (the wholly-owned trading subsidiary of ICS).

The terms of the relevant agreement (on which legal advice was taken) provide for the organiser to accept all financial risks and for a proportion of any net surplus to be passed to ICS via Conticom ICS Limited. However, notwithstanding the provision regarding financial risks, the trustees consider it prudent to retain the contingency figure stated in case any liability should be alleged against ICS in the event of a major failure of the Annual Meeting, such as cancellation.

The Trustees consider it appropriate to retain two years' operating costs as ICS operates on an annual cycle and its key annual event (the Annual Meeting) has to be pre-planned on a four year cycle.

As of 31st December 2009, the consolidated balance sheet showed that the Charity and its subsidiary had combined carried forward funds of £1,681,925. The Trustees are aware of the surplus reserves held and are considering ways in which to utilise these extra funds in line with the charitable aims of the Charity.

### **Principal funding sources**

The principal funding sources of the Charity in the year were the annual meeting income of £467,214 (2008: £475,284), membership fees £112,116 (2008: £99,784) and investment income £12,166 (2008: £60,121).

With this funding, the Charity has been able to finance the additional educational activities, the running costs of the ICS Office and continue to produce the membership book and newsletters and the subscriptions to the NUU Journal. In addition it has allowed the Trustees, Executive, Education, Publication and Communication and Continence Promotion Committees to meet outside of the

Annual Meeting which has been found to be extremely useful in driving forward their ongoing projects.

The total profits of the trading subsidiary were £267,268(2008: £223,822), of which £266,444 (2008: £227,912) was gifted to the Charity to minimise any tax liability. The Trustees are pleased with the commercial success of the subsidiary which supports the Charity in meeting its objectives.

### Resources Expended

The principle resources of the Charity expended in the year under review were Educational Activities £96,641 (2008: £162,167), Publication of Research £171,331 (2008: £146,139), Annual Meeting expenditure £200,029 (2008: £142,196) and Governance Costs £78,697 (2008: £34,805).

As requested by the membership, below is an overview of the Annual Meeting income and expenditure and surplus.

	£	£	£	£	£
	2005	2006	2007	2008	2009
<b>Sponsorship &amp; exhibition</b>	£ 1,987,539	£ 623,872	£ 1,049,986	£ 654,254	£ 941,487
<b>Registrations</b>	£ 819,962	£ 534,042	£ 766,605	£ 721,975	£ 821,835
<b>Other income</b>	£ 79,200	£ 49,208	£ 86,453	£ 76,252	£ 106,211
<b>Total income</b>	£ 2,886,701	£ 1,207,122	£ 1,903,044	£ 1,452,481	£ 1,869,533
<b>Total expenditure</b>	£ 2,229,839	£ 882,614	£ 1,617,964	£ 1,144,711	£ 1,533,450
<b>Surplus</b>	£ 656,862	£ 324,509	£ 285,080	£ 307,770	£ 336,083
<b>Surplus of which Conticom received including Scientific Services Fee</b>	£ 485,524	£ 243,381	£ 323,333	£ 457,148**	£ 426,032**
<b>Donation to ICS</b>	£ 514,375	£ 309,033	£ 190,319	£ 227,912	£ 266,444

\*\* due to Kenes International now being the permanent congress organiser for the ICS Annual Meeting all surplus after costs are due to Conticom.

### Investment Powers and Policy

Under the Memorandum and Articles of Association, the charity has the power to invest in any way the Trustees wish. The Trustees, having regard to the liquidity requirements of operating the Charity and to the reserves policy, have operated a policy of keeping available funds in an interest bearing deposit account to see the best rate obtainable. Consideration to moving some funds into longer term deposit accounts is also being reviewed in view of low interest rates available.

### Plans for Future Periods

The Board of Trustees will continue its work surrounding the strategy and continue its work within the taskforces with the aim to produce more projects and activities that meet the charitable aims of the society.

## **ICS Annual Meeting 2010**

Chairs– Harold Drutz and Sender Herschorn

The 40th Annual Meeting of the International Continence Society will take place at the Metro Toronto Convention Centre, Toronto, Canada. The meeting will be a joint one with the International Urogynaecology Association (IUGA). The last time a joint meeting was held was 2004 in Paris. The Societies have agreed to come together every 5 years as both have very similar aims, objectives and members. The meeting will have a similar theme to normal with two days of workshops and three days of scientific presentations. It is expected that there will be several other activities because of the joint meeting. It is also hoped that more abstracts will be submitted and that overall the attendance at this meeting will be higher.

### **Future Meetings**

ICS 2011 – Glasgow, Scotland – Chair, Ian Ramsay

ICS 2012 – Beijing, China – Chair, Limin Liao

ICS 2013 – Barcelona, Spain – Chair, David Castro

### **Fistula Training course**

The Fistula Committee is planning to run a hands-on practical surgery training course in Cairo in 2010. Cairo offers suitable surgery training facilities and access to patients with fistulas. This will be aimed at delegates who conduct fistula repairs in their country and the hope is to provide them with training to take the skills back with them.

### **ICS History**

As the ICS is 40 years old, the Board of Trustees has commissioned a small group of dedicated ICS members to gather information about the ICS over the years. It is hoped that the history will be made into a book for sale to the ICS members.

### **Continence Promotion Committee Public Forum & World Continence Week**

The CPC will once again focus on the second World Continence Week and ensure a public forum occurs in Toronto.

### **2010 Educational Courses**

The following Educational Courses are currently planned for 2010.

- Add-on course, Sharm-el-Sheik, Egypt
- Add-on course, Santiago, Chile
- Add-on course, Bucharest, Romania
- Nursing Courses in India and China
- Add-on course, Turkey

The Education Committee will also be looking into the possibility of having an ICS Cadaver Training Centre in Portugal. In addition the e-learning project will still be assessed.

### **Planned IT Projects 2010**

Future plans include the development of e-learning modules for global access. In addition further development of the workshop application system is planned. It is also hoped that a review of the

front inter-face of the ICS website will be re-launched. There will be further development of committee micro-sites.

## **Trustees' Responsibilities in Relation to the Financial Statements**

The trustees, who are also directors of the International Continence Society for the purposes of company law, are responsible for preparing the Trustee Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charity company for the year. In preparing these financial statements the trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

In so far as the trustees are aware:

- There is no relevant audit information of which the charitable company's auditor is unaware; and
- The trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

### **Auditors**

A resolution will be proposed at the Annual General Meeting that Goldwyns (Bristol) Limited be re-appointed as auditors to the Charity for the ensuing year.

Approved, on behalf of the Trustees, by:

Treasurer  
Ajay Singla

Date

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF  
THE INTERNATIONAL CONTINENCE SOCIETY**

We have audited the consolidated financial statements of The International Continence Society for the year ended 31 December 2009, which comprise of the Charity's and the Consolidated Statement of Financial Activities (including Summary Income and Expenditure Account), the Charity's and the Consolidated Balance Sheet, and the related notes. These financial statements have been prepared under the accounting policies set out therein and the Financial Reporting Standard for Smaller Entities (effective April 2008)].

This report is made solely to the charitable company's members, as a body, in accordance with Sections 495 and 496 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members as a body, for our audit work, for this report, or for the opinions we have formed.

**Respective responsibilities of trustees and auditors**

The trustees' (who are also the directors of The International Continence Society for the purposes of company law) responsibilities for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and for being satisfied that the financial statements give a true and fair view are set out in the Statement of Trustees' Responsibilities.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland).

We report to you our opinion as to whether the financial statements give a true and fair view, have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice and have been prepared in accordance with the Companies Act 2006. We also report to you whether in our opinion the information given in the Trustees' Annual Report is consistent with the financial statements.

In addition we report to you if, in our opinion, the charity has not kept adequate accounting records, if the financial statements are not in agreement with the accounting records and returns, if we have not received all the information and explanations we require for our audit, or if certain disclosure of trustees' remuneration specified by law are not made.

We read the Trustees' Annual Report and consider the implications for our report if we become aware of any apparent misstatements within it.

**Basis of audit opinion**

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the trustees in the preparation of the financial statements, and of whether the accounting policies are appropriate to the charitable company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

*(Continued)*

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF  
THE INTERNATIONAL CONTINENCE SOCIETY**

**Opinion**

In our opinion:

- the financial statements give a true and fair view of the state of the charitable company's affairs as at 31 December 2009 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- the financial statements have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice [applicable to Smaller Entities];
- the financial statements have been prepared in accordance with the Companies Act 2006; and
- the information given in the Trustees' Annual Report is consistent with the financial statements.

*Christopher Brown FCA (Senior Statutory Auditor)  
For and on behalf of  
Goldwyns (Bristol) Limited  
Registered Auditor  
Chartered Accountants  
9 Portland Square  
BRISTOL  
BS2 8ST*

*Date.....*



THE INTERNATIONAL CONTINENCE SOCIETY

STATEMENT OF FINANCIAL ACTIVITIES  
(INCLUDING INCOME & EXPENDITURE ACCOUNT)  
FOR THE YEAR ENDED 31 DECEMBER 2009

		Unrestricted Year ended 31.12.09 £	Restricted Year ended 31.12.09 £	Total Year ended 31.12.09 £	Total Year ended 31.12.08 £
	Notes				
<b>Incoming resources</b>					
<b><i>Incoming resources from generated funds:</i></b>					
Voluntary Income:					
Donations and gifts	2	20,342	-	20,342	52,866
Investment Income					
Interest income	3	12,121	-	12,121	58,796
Gift aid donation from trading subsidiary	3	266,444	-	266,444	227,912
<b><i>Activities for generating funds:</i></b>					
Subscription income	4	112,116	-	112,116	99,784
<b><i>Incoming resources from charitable activities:</i></b>					
Educational activities		-	-	-	-
Other incoming resources	5	393	-	393	11,252
<b>Total incoming resources</b>		<b>411,416</b>	<b>-</b>	<b>411,416</b>	<b>450,610</b>
<b>Resources expended</b>					
<b><i>Costs of charitable activities:</i></b>					
Educational activities	6	94,685	1,956	96,641	51,576
Publication of research	6	171,331	-	171,331	146,139
<b>Governance costs</b>	7	<b>78,697</b>	<b>-</b>	<b>78,697</b>	<b>34,805</b>
<b>Total resources expended</b>		<b>344,713</b>	<b>1,956</b>	<b>346,669</b>	<b>232,520</b>
<b>Net incoming/(outgoing) resources and net movement in funds for the year</b>		<b>66,703</b>	<b>(1,956)</b>	<b>64,747</b>	<b>218,090</b>
Transfers	-	-	-	-	-
Fund balances brought forward at 1 January 2009		1,579,275	5,264	1,584,539	1,366,449
Fund balances carried forward at 31 December 2009		<b>1,645,978</b>	<b>3,308</b>	<b>1,649,286</b>	<b>1,584,539</b>

All the above results are derived from continuing activities. All gains and losses recognised in the period are included above.

THE INTERNATIONAL CONTINENCE SOCIETY

CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES  
(INCLUDING CONSOLIDATED INCOME & EXPENDITURE ACCOUNT)  
FOR THE YEAR ENDED 31 DECEMBER 2009

		Unrestricted Year ended 31.12.09 £	Restricted Year ended 31.12.09 £	Total Year ended 31.12.09 £	Total Year ended 31.12.08 £
	Notes				
<b>Incoming resources</b>					
<b><i>Incoming resources from generated funds:</i></b>					
Voluntary Income:					
Donations and gifts	2	20,342	-	20,342	52,866
Investment Income					
Interest income	3	12,166	-	12,166	60,121
<b><i>Activities for generating funds:</i></b>					
Subscription income	4	112,116	-	112,116	99,784
<b><i>Incoming resources from charitable activities:</i></b>					
Educational activities		-	-	-	-
Annual meeting income		467,214	-	467,214	475,284
Other incoming resources	5	431	-	431	11,252
<b>Total incoming resources</b>		612,269	-	612,269	699,307
<b>Resources expended</b>					
<b><i>Costs of charitable activities:</i></b>					
Educational activities	6	94,685	1,956	96,641	162,167
Publication of research	6	171,331	-	171,331	146,139
Annual meeting expenditure	6	200,029	-	200,029	142,196
<b>Governance costs</b>	7	78,697	-	78,697	34,805
<b>Total resources expended</b>		544,742	1,956	546,698	485,307
<b>Net incoming/(outgoing) resources and net movement in funds for the year</b>		67,527	(1,956)	65,571	214,000
Transfers		-	-	-	-
Fund balances brought forward at 1 January 2009		1,611,090	5,264	1,616,354	1,402,354
Fund balances carried forward at 31 December 2009		1,678,617	3,308	1,681,925	1,616,354

All the above results are derived from continuing activities. All gains and losses recognised in the period are included above.

THE INTERNATIONAL CONTINENCE SOCIETY

BALANCE SHEET AS AT 31 DECEMBER 2009

		2009		2008	
	Note	£	£	£	£
<b>FIXED ASSETS:</b>					
Investments	13		1		1
<b>CURRENT ASSETS:</b>					
Debtors	14	517,847		513,045	
Cash at bank and in hand		<u>1,159,594</u>		<u>1,091,844</u>	
		1,677,441		1,604,889	
<b>CREDITORS:</b> Amounts falling due within one year					
	15	<u>28,156</u>		<u>20,351</u>	
<b>NET CURRENT ASSETS:</b>			<u>1,649,285</u>		<u>1,584,538</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES:</b>			<u>£1,649,286</u>		<u>£1,584,539</u>
<b>FUNDS:</b>					
Unrestricted funds	17		1,645,978		1,579,275
Restricted funds	17		<u>3,308</u>		<u>5,264</u>
			<u>£1,649,286</u>		<u>£1,584,539</u>

These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the Trustees on ..... and were signed on its behalf by:

A Singla- TRUSTEE

THE INTERNATIONAL CONTINENCE SOCIETY

CONSOLIDATED BALANCE SHEET AS AT 31 DECEMBER 2009

		2009		2008	
	Note	£	£	£	£
<b>FIXED ASSETS:</b>					
Tangible assets	12		9,841		11,207
<b>CURRENT ASSETS:</b>					
Debtors	14	357,800		368,934	
Cash at bank and in hand		<u>1,360,259</u>		<u>1,270,855</u>	
		1,718,059		1,639,789	
<b>CREDITORS: Amounts falling due within one year</b>					
	15	<u>45,975</u>		<u>34,642</u>	
<b>NET CURRENT ASSETS:</b>					
			<u>1,672,084</u>		<u>1,605,147</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES:</b>					
			<u>1,681,925</u>		<u>£1,616,354</u>
<b>FUNDS:</b>					
Unrestricted funds	17		1,678,617		1,611,090
Restricted funds	17		<u>3,308</u>		<u>5,264</u>
			<u>1,681,925</u>		<u>£1,616,354</u>

These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2007).

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THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2009

1. ACCOUNTING POLICIES

a) **Basis of Preparation**

The financial statements have been prepared under the historical cost convention, in accordance with the Statement of Recommended Practice (SORP 2005), Accounting and Reporting by Charities issued in March 2005, applicable accounting standards and the Companies Act 2006.

b) **Group Accounts**

The results of Conticom - ICS Limited, a wholly owned subsidiary, have been consolidated on a line by line basis in the Statement of Financial Activities and the Balance sheet. Exemption from preparing a cash flow statement under FRS 1 has been taken.

c) **Company Status**

The charity is a company limited by guarantee. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

d) **Fund Accounting**

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

e) **Incoming Resources**

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Incoming resources from subscriptions are recognised in the Statement of Financial Activities on a calendar year basis and are deferred where they are received in advance.

f) **Resources Expended**

All expenditure included in the Statement of Financial Activities is accounted for on an accruals basis. Charitable activities include expenditure associated with the educational activities and the provision of membership services and includes both the direct costs and support costs relating to these activities. Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements. Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, e.g. staff costs by their time spent and other costs by their usage. Any irrecoverable VAT is charged to the Statement of Financial Activities or capitalised as part of the asset cost, where appropriate.

g) **Tangible Fixed Assets Depreciation**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and fittings	- 25% on cost
Computer equipment	- 33% on reducing balance

h) **Company Investments**

The investment in the subsidiary is stated at cost.

i) **Foreign Currencies**

Transactions in foreign currencies are recorded at the rate ruling at the date of transaction. Monetary assets and liabilities are retranslated at the rate of exchange ruling at the balance sheet date. All differences are taken to the Statement of Financial Activities.

j) **Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities over the period to which they relate.

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2009

k) **Pension costs**

The charity operates a defined contribution pension scheme. Contributions payable for the year are charged in the Statement of Financial Activities.

2. **DONATIONS AND GIFTS**

	Charity		Group	
	2009 £	2008 £	2009 £	2008 £
Royalty income	20,342	35,021	20,342	35,021
Other donors	-	17,845	-	17,845
	<u>20,342</u>	<u>52,866</u>	<u>20,342</u>	<u>52,866</u>

3. **INVESTMENT INCOME**

	Charity		Group	
	2009 £	2008 £	2009 £	2008 £
Interest receivable	12,121	58,796	12,166	60,121
Gift aid donation from trading subsidiary	266,444	227,912	-	-
	<u>278,565</u>	<u>286,708</u>	<u>12,166</u>	<u>60,121</u>

4. **SUBSCRIPTION INCOME**

	Charity & Group	
	2009 £	2008 £
Deferred balance brought forward	4,990	21,380
Membership income received during the year	119,261	83,394
Deferred balance carried forward	(12,135)	(4,990)
	<u>112,116</u>	<u>99,784</u>

5. **OTHER INCOMING RESOURCES**

	Charity		Group	
	2009 £	2008 £	2009 £	2008 £
Expenses reimbursement	356	-	356	-
Exchange rate gain	-	11,152	-	11,152
HMRC on-line filing incentive	37	100	75	100
	<u>393</u>	<u>11,252</u>	<u>431</u>	<u>11,252</u>

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2009

6. ANALYSIS OF CHARITABLE EXPENDITURE

	Educational Activities	Publication of Research	Annual meeting	Total 2009	Total 2008
	£	£	£	£	£
Journal and other membership costs	-	76,409	-	76,409	51,794
Travel and subsistence costs	2,012	1,965	-	3,977	8,350
Advertising and promotional events	-	15,611	-	15,611	9,553
Publication committee costs	-	407	-	407	5,329
Education committee costs	9,223	-	-	9,223	6,198
Nurses meeting costs	8,352	-	-	8,352	385
Nurses website costs	-	-	-	-	2,937
Advisory committee costs	-	-	-	-	3,881
Continence Promotion Committee costs	10,480	-	-	10,480	10,819
Standardisation Committee costs	5,060	-	-	5,060	-
Fellowship programme costs	4,433	-	-	4,433	1,844
Educational course costs	27,388	-	-	27,388	-
Printing and postage costs	2,292	13,512	-	15,804	14,580
Staff costs	18,532	50,347	-	68,879	67,682
Finance costs	3,709	7,920	-	11,629	4,947
Support costs (detailed in note 8)	5,160	5,160	-	10,320	9,416
<b>Charity total</b>	<u>96,641</u>	<u>171,331</u>	<u>-</u>	<u>238,053</u>	<u>197,715</u>
Annual meeting expenses	-	-	200,029	200,029	142,196
Educational course costs	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>110,591</u>
<b>Group total</b>	<u>96,641</u>	<u>171,331</u>	<u>200,029</u>	<u>465,470</u>	<u>450,502</u>

7. GOVERNANCE COSTS

	Charity & Group	
	2009	2008
	£	£
General Secretary costs	4,871	-
Printing and postage costs	724	-
Trustees' board costs	36,343	3,421
Advisory Committee costs	-	3,881
Staff costs	12,394	11,404
Support costs (detailed in note 8)	24,365	16,099
	<u>78,697</u>	<u>34,805</u>

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2009

8. SUPPORT COSTS

	Educational Activities Costs £	Publication of Research Costs £	Governance Costs £	Charity & Group	
				Total 2009 £	Total 2008 £
				Phone	817
Insurance	263	263	242	768	500
Rent, rates, light and heat	3,437	3,437	-	6,874	6,875
Sundry	643	643	-	1,286	902
Auditors remuneration (note 11)	-	-	11,882	11,882	9,919
Legal and professional	-	-	12,241	12,241	5,960
	<u>5,160</u>	<u>5,160</u>	<u>24,365</u>	<u>34,685</u>	<u>25,515</u>

9. TRUSTEES REMUNERATION

The trustees neither received nor waived any emoluments during the period (2008: £Nil).

Out of pocket expenses were reimbursed to trustees as follows:

	Charity & Group		Charity & Group	
	2009 Number	2008 Number	2009 £	2008 £
Travel and meeting expenses	19	} 5	43,787	} 9,794
Education course expenses	6		<u>8,371</u>	
			<u>52,158</u>	<u>9,794</u>

10. STAFF COSTS

	Charity		Group	
	2009 £	2008 £	2009 £	2008 £
Wages and salaries	71,346	67,912	142,718	135,823
National insurance contributions	7,367	6,971	14,733	13,941
Pension contributions	1,910	768	3,821	1,536
Recruitment and training	650	3,435	1,398	7,015
	<u>81,273</u>	<u>79,086</u>	<u>162,670</u>	<u>158,315</u>

No employee earned more than £60,000 during the year.



THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2009

The average number of full-time equivalent employees during the year was as follows:

	Charity		Group	
	2009 Number	2008 Number	2009 Number	2008 Number
Governance	1	1	1	1
Educational co-ordinator	1	1	1	1
Membership administrators	3	3	3	3

11. **AUDITORS REMUNERATION**

The auditors' remuneration consists of the following:

	Charity		Group	
	2009 £	2008 £	2009 £	2008 £
For audit services	4,700	6,132	8,900	10,732
For accounting services	2,350	1,774	4,950	4,179
For preparation of consolidated accounts	2,325	1,380	2,325	1,380
For VAT, taxation advice, and general meetings	1,645	-	1,895	-
For payroll bureau services	-	-	240	194
For other services	862	633	862	723
For preparation and filing annual return	-	-	-	90
	<u>11,882</u>	<u>9,919</u>	<u>19,172</u>	<u>17,298</u>

12. **CONSOLIDATED TANGIBLE FIXED ASSETS**

	Fixtures and Fittings	Computer Equipment	Total
	£	£	£
<b>COST:</b>			
At 1 January 2009	6,151	31,131	37,282
Additions	2,402	1,167	3,569
Disposals	-	-	-
At 31 December 2009	<u>8,553</u>	<u>32,298</u>	<u>40,851</u>
<b>DEPRECIATION:</b>			
At 1 January 2009	4,829	21,245	26,074
Charge for year	1,288	3,648	4,936
Eliminated on disposals	-	-	-
At 31 December 2009	<u>6,177</u>	<u>24,893</u>	<u>31,010</u>
<b>NET BOOK VALUE:</b>			
At 31 December 2009	<u>2,436</u>	<u>7,405</u>	<u>9,841</u>
At 31 December 2008	<u>1,322</u>	<u>9,886</u>	<u>11,208</u>

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2009

13. CHARITY FIXED ASSET INVESTMENTS

	£	
<b>COST:</b>		
At 1 January 2009		
and 31 December 2009		<u>1</u>
<b>NET BOOK VALUE:</b>		
At 31 December 2009		<u>1</u>
At 31 December 2008		<u>1</u>
	2009	2008
	£	£
Unlisted investments	1	1
	<u>    </u>	<u>    </u>

The charity's investments at the balance sheet date in the share capital of unlisted companies include the following:

**Conticom - ICS Limited**

Country of incorporation: England & Wales

Nature of business: Conference facilitator %

Class of shares: holding

Ordinary 100.00

	2009	2008
	£	£
Aggregate capital and reserves	32,640	31,816
Profit/(loss) for the year	<u>824</u>	<u>(4,090)</u>

**Results and net assets/(liabilities) of Conticom – ICS Limited**

	£	£
Turnover:		
Annual meeting income		467,214
Cost of sales:		
Annual meeting expenses		<u>(41,931)</u>
Gross profit		425,283
Administrative expenses (excluding gift aid donation)		<u>(158,098)</u>
Operating profit/(loss)		267,185
Interest receivable and other similar income		<u>83</u>
Net income/(loss)		267,268
Amount gift-aided to the charity		<u>(266,444)</u>
Retained profit for the year		824
Retained profit brought forward		31,815
Retained profit/(loss)carried forward		<u>32,639</u>
Assets		541,740
Liabilities		(509,100)

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2009

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2009	2008	2009	2008
	£	£	£	£
V.A.T	-	-	-	587
Trade debtors	20,342	35,021	347,640	360,637
Prepayments	6,214	5,226	10,150	7,710
Amounts due from group undertaking	491,281	472,798	-	-
Other debtors	10	-	10	-
	<u>517,847</u>	<u>513,045</u>	<u>357,800</u>	<u>368,934</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2009	2008	2009	2008
	£	£	£	£
Trade creditors	1,511	-	1,600	211
Other creditors	3,131	3,862	5,242	5,035
Social security and other taxes	-	-	8,061	5,476
Accruals and deferred income	23,514	16,489	30,914	23,920
VAT	-	-	158	-
	<u>28,156</u>	<u>20,351</u>	<u>45,975</u>	<u>34,642</u>

16. OPERATING LEASE COMMITMENTS

The following payments are committed to be paid within one year:

	Charity		Group	
	2009	2008	2009	2008
	£	£	£	£
Land and buildings expiring:				
Within one year	6,750	-	13,500	-
Between one and five years	-	6,750	-	13,500
	<u>6,750</u>	<u>6,750</u>	<u>13,500</u>	<u>13,500</u>
Other operating leases expiring:				
Within one year	-	-	111	153
Between one and five years	-	-	676	634
Over 5 years	938	938	938	938
	<u>938</u>	<u>938</u>	<u>1,725</u>	<u>1,725</u>

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2009

17. STATEMENT OF FUNDS

	At 01 January 09 £	Income £	Expenditure £	Transfers	At 31 December 09 £
<b>Unrestricted funds:</b>					
General fund	1,579,275	411,416	(344,713)	-	1,645,978
	-----	-----	-----	-----	-----
<b>Total unrestricted funds</b>	<b>1,579,275</b>	<b>411,416</b>	<b>(344,713)</b>	<b>-</b>	<b>1,645,978</b>
	-----	-----	-----	-----	-----
<b>Restricted funds:</b>					
Continence Promotion Committee fund	5,264	-	(1,956)	-	3,308
	-----	-----	-----	-----	-----
<b>Total restricted funds</b>	<b>5,264</b>	<b>-</b>	<b>(1,956)</b>	<b>-</b>	<b>3,308</b>
	-----	-----	-----	-----	-----
<b>Total charity funds</b>	<b>1,584,539</b>	<b>411,416</b>	<b>(346,669)</b>	<b>-</b>	<b>1,649,286</b>
	-----	-----	-----	-----	-----
<b>Subsidiary</b>	<b>31,815</b>	<b>467,297</b>	<b>(466,473)</b>	<b>-</b>	<b>32,639</b>
	-----	-----	-----	-----	-----
<b>Intercompany transactions</b>	<b>-</b>	<b>(266,444)</b>	<b>(266,444)</b>	<b>-</b>	<b>-</b>
	-----	-----	-----	-----	-----
<b>Total consolidated funds</b>	<b>1,616,354</b>	<b>612,269</b>	<b>(546,698)</b>	<b>-</b>	<b>1,681,925</b>
	=====	=====	=====	=====	=====

The Continence Promotion Committee fund was established during the previous financial year and the funds will support the activities of the Continence Promotion Committee.

The General fund represents the free funds of the charity, which are not designated for particular purposes.

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2009

18. ANALYSIS OF NET FUNDS BETWEEN FUNDS

<u>CHARITY</u>	Restricted Funds £	Unrestricted Funds £	Total Funds £
<b>Fund Balances at 31 December 2009 are represented by:</b>			
Fixed assets	-	1	1
Current assets	3,308	1,674,133	1,677,441
Current liabilities	-	(28,156)	(28,156)
<b>Total Net Assets</b>	<u>3,308</u>	<u>1,645,978</u>	<u>(1,649,286)</u>

<u>GROUP</u>	Restricted Funds £	Unrestricted Funds £	Total Funds £
<b>Fund Balances at 31 December 2009 are represented by:</b>			
Fixed assets	-	9,841	9,841
Current assets	3,308	1,714,751	1,718,059
Current liabilities	-	(45,975)	(45,975)
<b>Total Net Assets</b>	<u>3,308</u>	<u>1,678,617</u>	<u>1,681,925</u>

19. PENSION COMMITMENTS

During the year, the group paid into a defined contribution pension scheme. These monthly amounts, totalling £3,821 for the year (2008: £1,537), are included within staff costs in the Statement of Financial Activities.

There were outstanding group contributions of £203 (2008: £207) as at 31 December 2009.

20. TAXATION

As a registered charity the International Continence Society is exempt from taxation of income and gains falling within Section 505 Taxes Act 1988 or Section 256 Taxation of Chargeable Gains Act 1992 to the extent these are applied to its charitable objects. No tax charge has arisen during the year. No tax charge has arisen in the subsidiary as its profits are donated by way of Gift Aid to the charity.

21. RELATED PARTY DISCLOSURES

During the period a donation of £266,444 (2008: £227,912) was receivable from the charity's subsidiary, Conticom - ICS Limited.

At the balance sheet date the charity was owed £491,281 (2008: £472,798) by Conticom - ICS Limited. This balance is shown in 'amounts due from group undertaking'.

The above balances have been removed from the consolidated accounts.

22. CONTROLLING PARTY

The charity is under the joint control of the trustees, as set out in the trustees report.