



## **ICS EDUCATIONAL COURSE IN COLLABORATION WITH THE BRAZILIAN SOCIETY OF UROLOGY – SECTION RS (SBU-RS)**

**Porto Alegre, Brazil 2011**

This is the first ICS Educational Course held in Porto Alegre, the main city of Southern Brazil, which **will take place on 15<sup>th</sup> and 16<sup>th</sup> July 2011.**

The educational course is aimed at urologists, gynecologists, gastroenterologists, proctologists, nurses, physiotherapists and public health providers. **The ICS Educational Course in Porto Alegre will be an “add-on course” to the SBU-RS International Meeting (*Jornada Internacional de Urologia da SBU-RS*)**

Topics in the programme include: Urinary Incontinence, Lower Urinary Tract Dysfunction, Pelvic Organ Prolapse and multidisciplinary approach.

**The course will be held at Plaza São Rafael Events Center**, Porto Alegre, Brazil. The Events Center has an infrastructure that is prepared to host all kinds of events, with 6,000 square meters and capacity up to 3000 people. It is characterized by the contemporary structure, located in the heart of the state's capital, which facilitates the access to the local.

**Márcio Augusto Averbeck, Alexandre Fornari and Carlos Levy D’Ancona are the ICS coordinators.** The Brazilian Society of Urology, Section RS (Rio Grande do Sul), along with its Female Urology Department, will support the event and promote it to its members.

Should you wish to have more information concerning this course then please either contact the ICS office or our webpage: [ccmeventos.com.br/uro2011](http://ccmeventos.com.br/uro2011)

## **TIMETABLE**

**ICS EDUCATIONAL COURSE**  
**Porto Alegre 15<sup>th</sup> - 16<sup>th</sup> July 2011**  
**Coordinators: Márcio Augusto Averbeck,**  
**Alexandre Fornari and Carlos Arturo Levi D’Ancona**

<b>DAY 1</b>		
<b>AM</b>	<b>Arrival – Registration</b>	
<b>8:00 -12:00</b>	<b>Nursing workshop (limited places)</b>	<b>Beatriz Yamada</b>
	<b>Physiotherapy Workshop</b>	<b>Renata Campos</b>
	<b>Urodynamic Course Workshop – Good Urodynamic Practices (limited places)</b>	<b>Werner Schaefer</b>
	<b>POP Workshop (limited places)</b>	<b>Female Urology Department – Brazilian Society of Urology and Brazilian Urogynecology Association</b>
<b>12:00</b>	<b>Buffet Lunch</b>	
<b>13:00</b>	<b>Open Ceremony</b>	<b>Márcio Augusto Averbeck, Alexandre Fornari e Carlos D’Ancona</b>
<b>13:20</b>	<b>ICS Mission &amp; Education Committee</b>	<b>Werner Schaefer</b>
<b>13:35</b>	<b>ICS Standardisation &amp; Terminology</b>	<b>Carlos D’Ancona</b>

<b>14:00</b>	<b>Female Urinary Incontinence</b>  <b>Conservative approach</b> <ul style="list-style-type: none"> <li>- Initial Evaluation and complementary investigation 10`</li> <li>- The role of physiotherapy 10`</li> <li>- The role of the nurse 10`</li> <li>- Discussion 20`</li> </ul>	<b>Helmut Madersbacher</b> <b>Renata Campos</b> <b>Beatriz Yamada</b>
<b>14:50</b>	<b>Surgical Treatment</b> <ul style="list-style-type: none"> <li>- Why my sling did not work? 10`</li> <li>- “De novo” urgency and urinary incontinence 10`</li> <li>- Postoperative urinary retention 10`</li> <li>- Leg pain after TOT 10`</li> <li>- Discussion 10`</li> </ul>	<b>Alexandre Fornari</b> <b>Miriam Dambros</b>  <b>Seabra Rios</b> <b>Rogério de Fraga</b>
<b>15:40</b>	<b>Coffee Break (30')</b>	
<b>16:10</b>	<b>Conservative management of urinary and fecal incontinence: The importance of multidisciplinary approach 30`</b>	<b>Vera Santos Dora Mair, Berry Berghmans, Renata Campos</b>
<b>16:40</b>	<b>Pelvic Organ Prolapse according to evidence-Based Medicine: QoL and Sexual Satisfaction</b>  To mesh 10` Or not to mesh 10` Discussion 15`	<b>Paulo Palma</b> <b>Marair Sartori</b>
<b>17:15</b>	<b>BPH</b>  The role of Urodynamics in BPH 15`  Conservative Treatment: when to stop? 15`  New perspectives on the surgical management: Will we continue doing TURP? 15`  Discussion 15`	<b>Werner Schaefer</b>  <b>Carlos D’Ancona</b>  <b>Helmut Madersbacher</b>
<b>20:00</b>	<b>Close &amp; Welcome Reception Dinner and Special Show</b>	

<b>DAY 2</b>		
<b>09:00</b>	<b>Neurogenic Bladder Dysfunction</b>  Spinal cord lesions versus LUT dysfunction 15`  The role of Physiotherapy 10`  Nursing care 10`  Discussion 10`	<b>Helmut Madersbacher</b>  <b>Berry Berghmans</b>  <b>Dora Mair</b>
<b>09:45</b>	<b>Biomechanics of Stress Urinary incontinence. Functional and Anatomic Aspects 30'</b>	<b>Werner Schaefer</b>
<b>10:15</b>	<b>Coffee Break (30')</b>	
<b>10:45</b>	<b>POP and Occult Urinary Incontinence: What is evidence-based? 15`</b>	<b>Karin Anzolch</b>
<b>11:00</b>	<b>Uterus-sparing surgery in the context of POP:</b>  <b>Yes 15 `</b>  <b>Or Not 15 `</b>  <b>Clinical case discussion 30`</b>	<b>Cássio Riccetto</b>  <b>Gynecologist</b>
<b>12:00</b>	<b>Buffet Lunch</b>	
<b>14:00</b>	<b>Idiopathic Overactive Bladder Syndrome</b>  Women 15 `  Elderly 15`  Failure of Conservative management 15`  Discussion 15`	<b>Helmut Madersbacher</b>  <b>Miriam Dambros</b>  <b>Carlos D'Ancona</b>
<b>15:00</b>	<b>New Perspectives on functional MRI: The Bladder, the Spincter, the Brain 20`</b>	<b>Werner Schaefer</b>

<b>15:30</b>	<b>Coffee Break (30')</b>	
<b>16:00</b>	<b>Post-Prostatectomy Urinary Incontinence</b>  Approach to the male patient 15`  Physiotherapy 15`  Slings 15`  Artificial Sphincter 15`  Discussion 15`	<b>Carlos D'Ancona</b>  <b>Bary Berghman</b>  <b>Márcio Averbeck</b>  <b>Helmut Madersbacher</b>
<b>17:15</b>	<b>Multidisciplinary approach to the incontinent patient: Clinical Cases 45`</b>  <b>Round Table:</b> Werner Schaefer, Helmut Madersbacher, Carlos D'Ancona, Paulo Palma, Dora Mair, Beatriz Yamada, Renata Campos, Marair Sartori, Bary Berghman	
<b>18:00</b>	<b>Close Ceremony</b>	

## **Additional information about Porto Alegre**

Porto Alegre (Portuguese pronunciation: [ˈportu aˈlɛɡɾi]) is the eleventh most populous municipality in Brazil and the centre of Brazil's fourth largest metropolitan area. It is also the capital city of the southernmost Brazilian state of Rio Grande do Sul. The city is the southernmost capital city of a Brazilian state. Porto Alegre is one of the most important cultural, political and economic centers of Brazil. Two Mercosul countries, Argentina and Uruguay, border Rio Grande do Sul.

Porto Alegre was founded in 1742 by immigrants from the Azores, Portugal. In the late 19th century the city received many immigrants from other parts of the world, particularly Germany, Italy, and Poland. The vast majority of the population is of European descent.

The city lies on the eastern bank of the Rio Guaíba (Guaíba Lake), where five rivers converge to form the Lagoa dos Patos (Lagoon of the Ducks), a giant freshwater lagoon navigable by even the largest of ships. This five-river junction has become an important alluvial port as well as a chief industrial and commercial center of Brazil.

The port of Porto Alegre is important for transporting local produce. The "Gaúcho capital" has a broad-based economy that lays particular emphasis on agriculture and industry. Agricultural production includes produce such as plums, peaches, rice and cassava grown on rural smallholdings. The shoe and leather industries are also important, especially in Novo Hamburgo, in the Metropolitan Region of Porto Alegre.

Porto Alegre has a long coastline on the Guaíba Lake, and its topography is punctuated by 40 hills. In the lake, a vast body of water, a maze of islands facing the city creates an archipelago where a unique ecosystem makes possible abundant wildlife. The city area concentrates 28% of the native flora of Rio Grande do Sul, with 9,288 species. Among these, there are many trees which are the vestiges of the Atlantic Forest. Fauna are also diversified, specially in the islands and hills. The Portoalegrense environs include many parks, squares and wooded streets.

In recent years, Porto Alegre hosted the World Social Forum, an initiative of several non-government organizations. The 9th Assembly of the World Council of Churches was held in Porto Alegre in 2006.