



**ICS EDUCATIONAL COURSE**  
**São Paulo 28<sup>th</sup>- 29<sup>th</sup> July 2006**  
Coordinators: Linda Cardozo & Carlos Arturo Levi D'Ancona

Day 1		
AM 9:00-12:00	Arrive – Register  Nurses Workshop  Urodynamic Course Workshop  Physiotherapy Workshop	Mandy Wells & Celia Bosqueiro Werner Schaefer & Carlos D'Ancona Bary Berghmans & Mirca Batista Ocanhas
<b>12:00</b>	<b>Buffet Lunch</b>	
13:00	<b>Welcome</b>  <b>Brazilian Urological Society Presentation</b>	Nelson Rodrigues Netto Jr.  Sidney Glina
13:10	<b>Introduction – aims and objectives of course</b>	Linda Cardozo
13:15	<b>ICS Mission &amp; Education Committee</b>	Walter Artibani
13:30	<b>ICS Standardisation &amp; Terminology</b>	Philip Van Kerrebroeck
14:00	<b>How to predict outcome after BPE therapy</b>  Clinical Treatment Acute Urinary retention Detrusor Overactivity and Outlet Obstruction Detrusor Underactivity  Discussion of clinical cases	<b>Coordinator:</b> Nelson Rodrigues Netto Jr.  Valdemar Ortiz Walter Artibani Carlos D'Ancona John Heesakkers
<b>15:00</b>	<b>Coffee Break</b>	
15:30	<b>New prospects in urodynamics</b>	Werner Schaefer
16:00	<b>My drug is the best for Overactive Bladder Syndrome</b>  Tolterodine (Pfizer) Oxybutinin (Janssen Cilag & Apsen) Solifenacin (Astellas) Darifenacin (Novartis) Trospium (Indevus) Propiverine (Apogepha) Oxybutinin patch (UCB Pharma) "Placebo"  Discussion of clinical cases	<b>Coordinator:</b> Walter Artibani  Luis Carlos Almeida Rocha Carlos D'Ancona Jean-Jacques Wyndaele Joao Luis Amaro Aparecida Pacetta Helmut Madersbacher Linda Cardozo Roger Dmochowski
17:30	<b>What can nurses do to help in the management of incontinent patients</b>	Mandy Wells
<b>18:00</b>	<b>Close &amp; Welcome Reception</b>	



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Day 2		
08:30	<b>Do we still need intestinal segments to treat vesical dysfunction?</b>  Risk using intestinal segments How to avoid complications  New tissues Does radiation therapy preclude the use of intestinal segments?  Discussion of clinical cases	<b>Coordinator:</b> Irineu Rubinstein  John Heesakkers Nelson Rodrigues Netto Jr.  Helmut Madersbacher Ubirajara Ferreira
09:30	<b>What is new in Neurourology?</b>	Jean-Jacques Wyndaele
10:00	<b>Neurourology Update</b>  Neurostimulation Neuromodulation	<b>Coordinator:</b> Philip Van Kerrebroeck  Helmut Madersbacher Homero Bruschini
10:40      Coffee Break		
11:00	<b>Men who leak</b>  The impact on the quality of life Injectable procedures Urethral constrictor  Slings Artificial sphincter  Discussion of clinical cases	<b>Coordinator:</b> Carlos D'Ancona  Jean-Jacques Wyndaele John Heesakkers Salvador Villar Correia Lima Luis Augusto Seabra Rios Flavio Trigo Rocha
12:10      Buffet Lunch		



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**Day 2 Continued:**

13:00	<b>Debate – Physiotherapy Treatment in Stress Urinary Incontinence</b>  For Against	<b>Coordinator:</b> Paulo Palma  Bary Berghmans Marcos Tcherniakoviski
13:40	<b>What Duloxetine can offer in the treatment of SUI?</b>	Linda Cardozo
14:00	<b>My tape is the best for SUI</b>  How and Why tapes work TVT/TOT - Gynacare Sparc / Monarc -AMS Neomedic - Remeex System Saphyre - Promedon  Discussion of clinical cases	<b>Coordinator:</b> Linda Cardozo & Roger Dmochowski  Werner Schaefer Telma Guarisi Irineu Rubinstein Pedro Araño Cassio Luiz Zanettini Riccetto
15:10	<b>Coffee break</b>	
15:30	<b>Debate – Vaginal Prolapse</b>  To mesh  Or not to mesh	<b>Coordinator:</b> Linda Cardozo  Walter Artibani & Paulo Palma  Telma Guarisi & Marcia Salvador Geo
16:30	<b>How to deal with mixed incontinence</b>	Philip Van Kerrebroeck
17:00	<b>Close</b>	

<b>Nurse Workshop</b>		
09:00	<b>Introduction &amp; Presentation</b>	<b>Coordinators:</b> <b>Mandy Wells &amp; Celia Bosqueiro</b>
09:05	<b>Use of Catheters</b>  How to teach clean intermittent catheterisation Clean intermittent catheterisation, urinary infection and Quality of Life Pro's and cons of long term catheterisation Discussion of clinical cases	<b>Coordinator:</b> Maria Helena Baena de Moraes Lopes  Mandy Wells Celia Bosqueiro  Mandy Wells  Mandy Wells
10:05	<b>The role of the nurse in bladder care</b>	Mandy Wells
<b>10:35</b>	<b>Coffee Break</b>	
11:00	<b>Urinary Incontinence</b>  Management of urinary incontinence in Brazilian women Expert System on the differential diagnosis of urinary incontinence Elderly Care Discussion of clinical cases	<b>Coordinator:</b> Celia Bosqueiro Gisele Regina de Azevedo  Maria Helena Baena de Moraes Lopes Mandy Wells
<b>12:00</b>	<b>Close</b>	



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Urodynamics Workshop		
09:00	<b>Introduction &amp; Presentation</b>	Coordinators: Werner Schaefer & Carlos D'Ancona
09:05	<b>Basic Rules of Good Urodynamic Practice</b>	Werner Schaefer
09:20	<b>Benign Prostatic Obstruction</b>  The scientific background and clinical use of the nomograms  Non-invasive urodynamics  How to assess contractility  Discussion of clinical cases	Werner Schaefer  Carlos D'Ancona  Werner Schaefer
10:20	<b>Coffee Break</b>	
10:35	<b>Stress Urinary Incontinence</b>  Maximal urethral pressure – still alive?  The fundamental problems of urethral pressure measurements – what clinical importance?  Why do the stress test?  What is mixed incontinence?  Discussion of clinical cases	Cristiano Mendes  Werner Schaefer  Fernando Almeida  Werner Schaefer
12:00	<b>Close</b>	



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Workshop: Pelvic Physiotherapy for Urinary Incontinence: From evidence based theory to clinical practice		
09:00	<b>Introduction &amp; Presentation</b>	<b>Coordinators:</b> Bary Berghmans & Mirca Batista Ocanhas
09:05	How does pelvic floor training work in SUI - functional and anatomical basis?  Assessment and ICS Terminology of pelvic floor muscle function  Physiotherapeutic diagnostic process  Discussion of clinical cases	Bary Berghmans  Mirca Batista Ocanhas  Roberta Braga Correia
<b>10:20</b>	<b>Coffee Break</b>	
10:35	Evidence for pelvic physiotherapeutic modalities for treatment of urinary incontinence in women.  Answering the main research questions:  <i>Biofeedback yes or no; Electrical stimulation for stress, urge and OAB symptoms; Roles of cones</i>  Pelvic floor muscle training to prevent and to treat urinary incontinence  Pelvic floor muscle training to treat post prostatectomy incontinence  Discussion of clinical cases	Bary Berghmans  Andrea Marques  Mirca Batista Ocanhas
<b>12:00</b>	<b>Close</b>	