

EDUCATIONAL COURSE FOR NURSES

Organized by the International Continence Society (ICS) in Cooperation with the Thai Continence Society (TCS)

Bangkok, November 4-6, 2010

Siriraj Hospital,
Mahidol University

Course-Directors:

Prof. Dr. Helmut Madersbacher (ICS) & Prof. Dr. Wachira Kochakarn (TCS)

PROGRAMME

Thursday, November 4, 2010-03-30

09.00	Welcome		
09.15	The International Continence Society and the Thai Continence Society present themselves		
09.30	Anatomy and physiology		
	of lower urinary tract	H.Madersbacher	45'
	<i>male and female</i>	W.Bower	
	of lower bowel function	Ch.Norton	45'
11.00-11.30	Break		
11.30	Why do people become incontinent?		
	Types of incontinence and principles of management	H.Madersbacher	45'
		W.Bower	
12.15	Nursing assessment of urinary incontinence	D.Mair	45'
13.30-14.0	Lunch		
14.00-15.00	How can the nurse help the doctor to manage incontinence, how can she help incontinent (elderly) people?	D.Mair	60'
	<i>Bladder diary, bladder training ...</i>		
15.00-15.45	How can the physiotherapist help to treat incontinence?	W.Bower	45'
15.45-16.15	Break		
16.15-17.00	Pharmacotherapy, electrotherapy and surgery for urinary incontinence	H.Madersbacher	45'
17.00-17.30	Intermittent catheterisation	D.Mair	30'
	<i>Aims, techniques and materials</i>		

Friday, November 5, 2010

09.00	Incontinence in children and adolescents	W.Bower
	- Normal milestones	

	- Describing dysfunction: bladder chart, uroflow trace, bowel diary		
	- Daytime incontinence: 1 st line management		
	- Nocturnal enuresis: aetiology and 1 st line management		
	- What to do when children do not respond to 1 st line treatment		
11.15	Break		
11.30	Causes of faecal incontinence and constipation	Ch.Norton	45'
	Nursing assessment of bowel function	Ch.Norton	45'
13.00-14.00	Lunch		
14.00	Helping people with faecal incontinence and constipation – the basics <i>Education, diet, fluids, exercises, medication, toilet access</i>	Ch.Norton	45'
	Stoma Care	S.Chuangsavadisak	45'
15.30	Advanced options - <i>Biofeedback, irrigation, electrical stimulation</i> and special considerations for nursing homes and disability	Ch.Norton	30'
16.00-16.15	Break		
16.15	Case discussion with the audience	W.Bower Ch.Norton D.Mair	30'
	Summary	Wachira Kochakarn H.Madersbacher	30'

FACULTY

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